**Starting and Maintaining a Conversation**

**Common Topics for Teens/Young Adults**

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| School or Work | Video/Computer Games | Classes |
| Problems with friends | Computers/Technology | Tests/Papers/ Schoolwork |
| Problems with family | Comic books/anime/manga | Teachers/Supervisors |
| Boyfriends/Girlfriends | Movies | College/Job Applications |
| Dating | TV Shows | Sports |
| Parties/Get togethers | You Tube/Viral Videos | Cars/Motorcycles/Bikes |
| Weekend Activities | Internet Websites | Celebrities |
| Meet-up groups | Music/Concerts | Fashion/Clothes |
| Social Clubs/activities | Books | Shopping |
| Hobbies/Interests | News/media/politics | Makeup/hair |

**Rules for Trading Information**

* Ask the other person questions---Answer your own question--- Ask follow-up questions
* Find common interests
* Share the conversation
* Don’t be a conversation hog
* Don’t be an interviewer
* Don’t get too personal at first

**Steps for Starting a Conversation**

1. Casually Look Over
2. Use a Prop
3. Find a Common Interest
4. Mention the Common Interest

-Ask a question -Make a comment -Give a compliment

1. Trade Information
2. Assess Interest (Talking to me? Looking at me? Facing me?)
3. Introduce yourself- …by the way my name is…

**Trading Information and Maintaining Conversations**

* Don’t be repetitive
* Listen to your friend
* Ask open-ended questions
* Don’t brag
* Don’t be argumentative
* Don’t police
* Don’t tease
* Use good volume control
* Use good body boundaries
* Use good eye contact