

April 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 29	March 30	March 31	1	2	3	4
			7am- Yoga 830a- S/S Cardio 530pm Line Dance	8am - S/S Circuit 9am- Line Dance	8am - S/S Boom	915am-Weight/Cardio 1030am-Line Dance
5	6	7	8	9	10	11
GYM CLOSED	8am- S/S Circuit 530p- Line Dance	8am - S/S Circuit 9am - S/S Circuit 530p -Spin	7am- Yoga 830a- S/S Cardio 530p- Line Dance	8am - S/S Circuit 9am- Line Dance	8am - S/S Zumba	8am-Line Dance 915am-Weight/Cardio 11am- Line Dance
HAPPY EASTER	Member Appreciation				Community Fundraiser Expo & 3 Wheel Mania Event. Join us!!	
12	13	14	15	16	17	18
	8am- S/S Circuit	8am - S/S Circuit 9am - S/S Circuit 530p -Spin	7am- Yoga 830a- S/S Cardio 530p- Line Dance	8am - S/S Circuit 9am- Line Dance	8am - S/S Boom	915am-Weight/Cardio 1030am-Line Dance
19	20	21	22	23	24	25
	8am- S/S Circuit	8am - S/S Circuit 9am - S/S Circuit 530p -Spin	7am- Yoga 830a- S/S Cardio 530p- Line Dance	8am - S/S Circuit 9am- Line Dance	8am- S/S Zumba	915am-Weight/Cardio 1030am-Line Dance
26	27	28	29	30	May 1	May 2
	8am- S/S Circuit	8am - S/S Circuit 9am - S/S Circuit 530p -Spin	7am- Yoga 830a- S/S Cardio 530p- Line Dance	8am - S/S Circuit 9am- Line Dance		
May 3	May 4	May 5	May 6	May 7	May 8	May 9