

April 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 30	March 31	1	2	3	4	5
		8am - S/S Circuit 9am - S/S Circuit 530p -Spin	7am- Yoga 830a- S/S Cardio 530pm Line Dance	8am - S/S Circuit 9am- Line Dance	8am - S/S Zumba	915am-Weight/Cardio
6	7	8	9	10	11	12
	8am- S/S Circuit 530p- Line Dance	8am - S/S Circuit 9am - S/S Circuit 530p -Spin	7am- Yoga 830a- S/S Cardio 530p- Line Dance	8am - S/S Circuit 9am- Line Dance	8am - S/S Boom	915am-Weight/Cardio
13	14	15	16	17	18	19
	8am- S/S Circuit	8am - S/S Circuit 9am - S/S Circuit 530p -Spin	7am- Yoga 830a- S/S Cardio 530p- Line Dance	8am - S/S Circuit 9am- Line Dance	8am - S/S Zumba	915am-Weight/Cardio
20	21	22	23	24	25	26
GYM CLOSED	8am- S/S Circuit	8am - S/S Circuit 9am - S/S Circuit 530p -Spin	7am- Yoga 830a- S/S Cardio 530p- Line Dance	8am - S/S Circuit 9am- Line Dance	8am- S/S Boom	915am-Weight/Cardio
HAPPY EASTER						
27	28	29	30	May 1	May 2	May 3
	8am- S/S Circuit	8am - S/S Circuit 9am - S/S Circuit 530p -Spin	7am- Yoga 830a- S/S Cardio 530p- Line Dance			
May 4	May 5	May 6	May 7	May 8	May 9	May 10