

January 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dec 26	Dec 27	Dec 28	Dec 29	Dec 30	Dec 31	1
						No Classes
						Gym Closed
						Happy New Year
2	3	4	5	6	7	8
	8am- S/S Circuit 530p- Zumba	8am - S/S Circuit 530p -Spin 630p - Xtreme Step	8am- S/S Cardio 5pm- Line Dance 6pm- Sit& Fit	8am - S/S Circuit 530p - Xtreme Step	8am - S/S Boom	930a-Weight/Cardio
	Member Appreciation					
9	10	11	12	13	14	15
	8am- S/S Circuit 530p- Zumba	8am - S/S Circuit 530p -Spin 630p - Xtreme Step	8am- S/S Cardio 5pm- Line Dance	8am - S/S Circuit 530p - Xtreme Step	8am - S/S Zumba 6pm- Zumba	930a-Weight/Cardio
16	17	18	19	20	21	22
	8am- S/S Circuit 530p- Zumba	8am - S/S Circuit 530p -Spin 630p - Xtreme Step	8am- S/S Cardio 5pm- Line Dance 6pm- Sit& Fit	8am - S/S Circuit 530p - Xtreme Step	8am- S/S Boom	930a-Weight/Cardio
23	24	25	26	27	28	29
	8am- S/S Circuit 530p- Zumba	8am - S/S Circuit 530p -Spin 630p - Xtreme Step	8am- S/S Cardio 5pm- Line Dance	8am - S/S Circuit 530p - Xtreme Step	8am - S/S Zumba 6pm- Zumba	930a-Weight/Cardio
30	31	Feb 1	Feb 2	Feb 3	Feb 4	Feb 5
	8am- S/S Circuit 530p- Zumba					