

JULY 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 27	June 28	June 29	June 30	1	2	3
				8am - S/S Circuit 530p - Xtreme Step	8am - S/S Zumba 6pm- Zumba	930a-Weight/Cardio
4	5	6	7	8	9	10
Gym Closed	8am - S/S Circuit 530p - Zumba	8am - S/S Circuit 530p -Spin 630p - Xtreme Step	8am - S/S Cardio 6pm- Sit&Fit	8am - S/S Circuit 530p - Xtreme Step	8am - S/S BOOM	930a-Weight/Cardio
Independence Day	MEMBER APPRECIATION					
11	12	13	14	15	16	17
	8am - S/S Circuit 530p - Zumba	8am - S/S Circuit 530p -Spin 630p - Xtreme Step	8am - S/S Cardio	8am - S/S Circuit 530p - Xtreme Step	8am - S/S Zumba 6pm- Zumba	930a-Weight/Cardio
18	19	20	21	22	23	24
	8am - S/S Circuit 530p - Zumba	8am - S/S Circuit 530p -Spin 630p - Xtreme Step	8am - S/S Cardio 6pm-Sit&Fit	8am - S/S Circuit 530p - Xtreme Step	8am - S/S BOOM	930a-Weight/Cardio
25	26	27	28	29	30	31
	8am - S/S Circuit 530p - Zumba	8am - S/S Circuit 530p -Spin 630p - Xtreme Step	8am - S/S Cardio	8am - S/S Circuit 530p - Xtreme Step	8am - S/S Zumba 6pm-Zumba	930a-Weight/Cardio
Aug 1	Aug 2	Aug 3	Aug 4	Aug 5	Aug 6	Aug 7

© calendarlabs.com