

# MAY 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mar 28	Mar 29	Mar 30	Mar 31			1
						830a-Xtreme Step 930a-Weight/Cardio
2	3	4	5	6	7	8
8am - S/S Circuit 530p - Zumba	8am - S/S Circuit 530p -Spin 630p - Xtreme Step	8am - S/S Cardio 630p Yoga	8am - S/S Circuit 530p - Xtreme Step 630p Yoga	8am - S/S BOOM	930a-Weight/Cardio	
<b>MEMBER APPRECIATION</b>						
9	10	11	12	13	14	15
8am - S/S Circuit 530p - Zumba <i>Mother's Day</i>	8am - S/S Circuit 530p -Spin 630p - Xtreme Step	8am - S/S Cardio 630p Yoga	8am - S/S Circuit 530p - Xtreme Step 630p Yoga	8am - S/S Zumba	930a-Weight/Cardio	
16	17	18	19	20	21	22
8am - S/S Circuit 530p - Zumba	8am - S/S Circuit 530p -Spin 630p - Xtreme Step	8am - S/S Cardio 630p Yoga	8am - S/S Circuit 530p - Xtreme Step 630p Yoga	8am - S/S BOOM	930a-Weight/Cardio	
23	24	25	26	27	28	29
8am - S/S Circuit 530p - Zumba	8am - S/S Circuit 530p -Spin 630p - Xtreme Step	8am - S/S Cardio 630p Yoga	8am - S/S Circuit 530p - Xtreme Step 630p Yoga	8am - S/S Zumba	930a Weight/cardio	
30	31	May 4	May 5	May 6	May 7	May 8
Gym Closed <i>Memorial Day</i>						

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