May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 28	April 29	April 30	1 7am- Yoga 830a- S/S Cardio 5pm- Line Dance	2 8am - S/S Circuit 9am- Line Dance	3 8am - S/S Zumba	4 915am-Weight/Cardio
5	6 8am- S/S Circuit Member Apprecation	7 8am - S/S Circuit 9am - S/S Circuit 530p -Spin	8 7am- Yoga 830a- S/S Cardio 5pm- Line Dance	9 8am - S/S Circuit 9am- Line Dance	10 8am - S/S Boom	11 915am-Weight/Cardio
12	13 8am- S/S Circuit	14 8am - S/S Circuit 9am - S/S Circuit 530p -Spin	15 7am- Yoga 830a- S/S Cardio 5pm- Line Dance	16 8am - S/S Circuit 9am- Line Dance	17 8am - S/S Zumba	18 915am-Weight/Cardio
19 Gym Closed Mother's Day	20 8am- S/S Circuit	21 8am - S/S Circuit 9am - S/S Circuit 530p -Spin	22 7am- Yoga 830a- S/S Cardio 5pm- Line Dance	23 8am - S/S Circuit 9am- Line Dance	24 8am- S/S Boom	25 915am-Weight/Cardio
25	27 Gym Closed Memorial Day	28 8am - S/S Circuit 9am - S/S Circuit 530p -Spin	29 7am- Yoga 830a- S/S Cardio 5pm- Line Dance	30 8am - S/S Circuit 9am- Line Dance	31 8am- S/S Zumba	June 1
June 2	June 3	June 4	June 5	June 6	June 7	June 8

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