

February 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan 26	Jan 27	Jan 28	Jan 29	Jan 30	Jan 31	1
						915am-Weight/Cardio
2	3	4	5	6	7	8
	8am- S/S Circuit 530p- Line Dance	8am - S/S Circuit 9am - S/S Circuit 530p -Spin	7am- Yoga 830am- S/S Cardio 530p- Line Dance	8am - S/S Circuit 9am - Line Dance	8am - S/S Zumba	915am-Weight/Cardio
	Member Appreciation					
9	10	11	12	13	14	15
	8am- S/S Circuit	8am - S/S Circuit 9am - S/S Circuit 530p -Spin	7am- Yoga 830am- S/S Cardio 530p- Line Dance	8am - S/S Circuit 9am - Line Dance	8am - S/S Boom	915am-Weight/Cardio
					Valentine's Day	
16	17	18	19	20	21	22
	8am- S/S Circuit	8am - S/S Circuit 9am - S/S Circuit 530p -Spin	7am- Yoga 830am- S/S Cardio 530p- Line Dance	8am - S/S Circuit 9am - Line Dance	8am - S/S Zumba	915am-Weight/Cardio
23	24	25	26	27	28	March 1
	8am- S/S Circuit	8am - S/S Circuit 9am - S/S Circuit 530p -Spin	7am- Yoga 830am- S/S Cardio 530p- Line Dance	8am - S/S Circuit 9am - Line Dance	8am - S/S Boom	
March 3	March 4	March 5	March 6	March 7	March 8	March 9