

Rock "905"

The monthly newsletter of
Rock Lake Presbyterian Church
905 Village Drive, South Charleston, WV 25309



"...on this rock I will build my church..."
Matthew 16:18

February 2023

Souper Bowl of Caring 2023

In 1990, a simple prayer: "Lord, even as we enjoy the Super Bowl football game, help us be mindful of those who are without a bowl of soup to eat" was delivered to a small youth group at Spring Valley Presbyterian Church in Columbia, SC led by Brad Smith, who was serving as a seminary intern at the time.

This gave birth to an Idea. Why not harness the energy and enthusiasm of Super Bowl weekend, a time when people come together for football, food and fun, to unite the nation for a higher good? Individuals and groups could collect dollars in soup pots and canned food for those in need and send every dollar and food donation DIRECTLY to a local charity of THEIR choice.



The first year, they invited 22 area churches to join the team and collected \$5,700 with 100% of donations distributed to local-area charities.

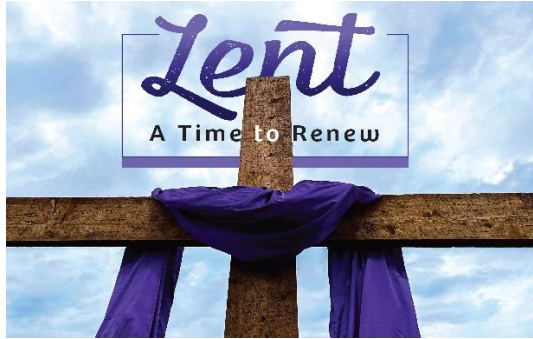
That was 1990. Since then, Tackle Hunger, with its signature Souper Bowl of Caring event has become a national, grass-roots, youth-inspired movement where ordinary people are doing extraordinary good. Over \$170 MILLION in dollars and food has been generated while benefiting thousands of soup kitchens, food banks, meal programs and other hunger-relief charities in local communities.

Thousands of participants including: churches, schools, youth groups, community partners, grocery partners, local businesses, media partners, NFL teams and passionate individuals have experienced for themselves, the joy and satisfaction of giving, serving and inspiring people across the country to follow their generous example.

Super Bowl LVII will be held on Sunday, February 12. That is also the date we celebrate the Souper Bowl of Caring 2023. **Rock Lake invites all members and friends to drop off cans of soup and/or donations during the week before February 12.** An estimated 111 million people watch the Big Game while 53 million Americans struggle with hunger. Don't sit on the sidelines. Join us in making a difference in our community now! The best time to drop your offering by is weekdays, 9:30am-12:30pm from Wednesday, February 1-Friday, February 10. If your offering is cash or check, please make sure you bring your offering to the office. Soup donations may be left in the Sanctuary beside the pulpit.

All proceeds will be donated to Heart & Hand! Bless you for your generosity!

Ken Schmidt, Mission & Service Chair



How Will You Spend Lent?

We are only weeks away from the holy season of Lent. The name comes from a word meaning "spring" and is a special time when we prepare ourselves spiritually to celebrate the event which is the centerpiece of the Christian faith: the Resurrection of our Lord Jesus.

Lent is an opportunity for us to examine our lives, see where changes need to be made (that's called "repentance"!) and do our best to change course in our life's journey. The New Testament was originally written in Greek, and the Greek word for repentance is "metanoia" which literally means to change directions. Repentance is more than being sorry. It means to move in a new direction!

Some other features of Lent have traditionally been:

- *spiritual growth (you may want to be especially faithful in attending worship and study offered)
- *prayer and fasting (and fasting can mean not only food but things that you know have too much power in your life)
- *generosity and intentional good deeds (Luke's gospel calls this "alms-giving")
- *the addition of some activity that you know will please our Lord Jesus (being in compassionate touch with someone else?)

A three-part prayer clinic will be offered after worship on February 26, March 5, and March 19.

Ash Wednesday will be available on February 22, from noon to 12:30 pm and again in the evening from 5:00 pm to 7:30 pm.

May we all experience a Holy Lent and a joyful Easter!

Patricia

Thanks to everyone who attended the annual congregation meeting on January 29. The reports from committees and the financial reports were presented. David Broyles was elected to be Elder in class of 2025 and Margie Gumowski was elected to the nominating committee, class of 2025. The budget for 2023 was presented. Now it is up to us as members and Session to get on with the reason for our being – To Care and Share Together the good news of the Gospel!



3 Gary Crosby
9 Adilynn Hardin
16 Michelle Broyles

16 Shannon Thornhill
17 Chris Barnes

No Anniversaries this Month



Our deepest sympathy to the family of Sam Ford, age 96, of Groveton, Texas and previously South Charleston, West Virginia. Sam was a member of Rock Lake Presbyterian Church. He worked at Union Carbide in Texas City, Texas and South Charleston, WV before he retired. Sam is survived by his son David Ford and wife Sue, Groveton, TX, daughter Janet Schnell and husband Marty, League City TX and grandchildren Angela Jesse, Nolan Jones, Kelsi Jones, Chandler Ford, Evgeniy Ford, and Anastasya Hollis. To read his obituary, please go to:

<https://www.grovetonfuneralhome.com/guestbook/samuel-ford#guestbook>



Thank You from Sam Ford's Family

To Dad's Church Family,

Thank you so much for the beautiful potted plant in his remembrance! It means a lot to us. Also, thank you for your prayers and cards.

Dad watched RLPC every Sunday on TV. He would say "there's my church".

Again, thank you for caring.

Love,
The Samuel Ford family
David and Sue Ford
Janet Schnell

A note from Jackie Pauley's family:

On behalf of our family, we want to thank everyone that participated in Mom's birthday card surprise. She received 80 cards so far, and we are aware of more that will be coming in the mail.

She LOVED each card – as well as the notes with memories and the sweet and funny messages too.

Thank you for making her feel so special on her birthday!

*Sincerely,
Scarlett and Scott*



 **NOTES**

THE SACRAMENT OF HOLY COMMUNION is celebrated the first Sunday of each month. For those who attend in-person worship service, we are serving communion in the traditional manner. If you are participating at home, please prepare your elements beforehand.

A wonderful way to help your church is to be an Audio-Visual (AV) team member. RLPC is planning to have a third AV team formed to give the existing two AV teams a little break. We have good checklist documentation and will train you. Call Scott Hamilton at 304 746-5457(H) or Ken Schmidt at 304 768-8565(H) or 304 881-2408.

A new 2023 RLPC Directory has been published with your current information that we have on file. Please check to see that your address, email address and phone numbers are correct. If not, please call the church office at 304-768-4141.

If you have a name change or a change to your mailing address or email address, please notify the church office at rocklakepreschurch@gmail.com or 304-768-4141. We would like to keep our Directory current.



**February 12th Sunday Potluck
and
Souper Bowl of Caring 2023**

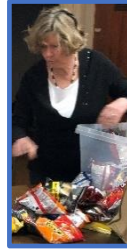


Our 2nd Sunday Potluck and the Souper Bowl of Caring will be on February 12th. We invite everyone to the potluck after worship that day. Because we also celebrate Souper Bowl on February 12th, we ask that you bring either a soup or sandwiches for the potluck. Even if you cannot bring any food to the potluck, we invite you to bring your most important ingredient- YOU!



Bridgeview Food Ministry

The Bridgeview Food Ministry are packing lunches the last Sunday of the month after worship service. We are asking for church volunteers to help. Food items can be dropped off at the church during office hours (9 until noon Monday through Friday).



These pictures are from the last packing on January 29. Join us and help with this great project by donating food, money, or time.

Below is a list of foods needed for the program:

- Mac & Cheese (microwavable and single serving)
- Pudding Cup, Applesauce, or Fruit Cup
- Juice Box
- Individual cereal package
- White milk (non-refrigerated, single serving – example: Horizon brand)
- Chocolate milk
- Ravioli (or other Chef Boyardee Pastas, microwavable, single serving)

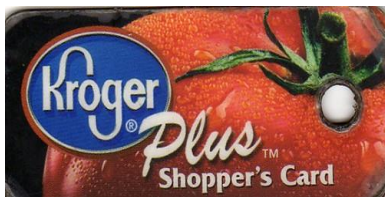


CENTS-ABILITY OFFERING

From the PCUSA website:

“Cents-Ability is one way that families, congregations, and presbyteries can support the battle against hunger and poverty. Every member is invited to contribute a few cents at every meal. Funds are then used to support local hunger ministries, as well as national and international projects through the Presbyterian Hunger Program.”

Thanks to everyone who responded to our first Cents-ability offering of the year. You donated \$106.52 of which 75% goes to the Presbytery Hunger Program and 25% goes to Heart and Hand. The next offering will be collected Sunday, April 30, 2023. So, start collect your 5 cents per meal each day. Proceeds will go to Heart & Hand. Please remember people who are less fortunate by donating to this, and all Cents-Ability offerings.



Through the Kroger Community Rewards Program, Kroger will donate to RLPC 5% of all grocery/pharmacy purchases YOU make just by using your Kroger Plus Card. Please sign up for this FREE profitable program for RLPC. You only have to open an account and register your Kroger Plus Card online at: krogercommunityrewards.com.

OR

You can simply telephone Kroger Community Rewards at 1-800-576-4377. They will assist you with registering your Kroger Plus Card. You will need to have handy either your Kroger Plus Card number or your alternate ID (your telephone number).





Heart + Hand
OUTREACH MINISTRIES

January 9, 2023

Dear Church Partner,

We are so very grateful to your congregation for your support of the mission of Heart and Hand Outreach ministries... ***“to demonstrate the love of Christ and to minister to needs both physical and spiritual as we assist those who live among us”***. We could not assist over 5,000 individuals annually without your concern and commitment.

As we begin this new year, we are in great need for diapers and ask that you prayerfully consider helping if you can. In years past, we benefited from being reimbursed for diaper purchases through the Regional Family Resource Network. However, their grant money ended in July of last year and we no longer receive any assistance for diaper purchases.

We provide diapers to individuals weekly to meet their baby care needs and our supplies are running very low.

Please consider joining with us to continue to meet this need by donating diapers in sizes 4, 5 and 6, along with Pull-Ups in sizes 2T-3T, 3T-4T and 4T-5T.

In this inflationary environment, food, utility and housing costs are impacting household budgets more than ever and requests for other necessities, such as diapers, are increasing by the month. Any help you can give is greatly appreciated!

You may drop off your diaper donations at 212 D Street, South Charleston, or mail checks to the same address with “diapers” in the memo. Also, if you have diaper collections at your church, we will be happy to arrange to pick them up.

God bless you for your work in ministry and for being our partner in the mission fields of our own communities.

With gratitude,

Eddie Bucklen

Executive Director

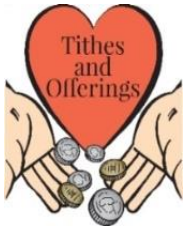
hhomwv.org

212 D Street
South Charleston, WV 25303
p: 304-744-6741



December Income \$34,156.94
December Expense \$12,904.57

Year to Date Income (2022) \$145,256.04
Year to Date Expense (2022) \$111,718.65



Since RLPC is now open for in-person worship on Sundays, we want to welcome everyone! We understand that there are some who are uncomfortable attending in-person worship and hope that you are able to watch the service on YouTube. We appreciate your continued gifts to the church. There are several ways that you may make a donation. By logging onto the church website at www.rlpc.org you can give through PayPal. Also, outside the choir room is a mailbox where you can drop your offering. Or you can send a check by mail to the church's address: 905 Village Drive, South Charleston, WV 25309.

Please contact Mary Wagner for further information. (304)768-4141.

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**WEBSITE AND FACEBOOK**

You will find on the *Home Page* of the church's web site [www.rlpc.org](http://www.rlpc.org) the link to the current Sunday worship bulletin. <http://rebrand.ly/n2uc6x2> will take you to the latest worship experience available on YouTube plus past services.

<https://www.facebook.com/Rock-Lake-Presbyterian-Church-195172942357/> will take you to Rock Lake's Facebook page. Please like us on Facebook!

Please be aware if you are not computer savvy or would just like a CD of the entire service or the sermon, contact the church office (304) 768-4141 and one will be made available to you.

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January 2023 Session Digest



Session Notes

WORSHIP (W): The estimated January 1 communicants were 54. The next communion celebration will be February 5. **If you are joining worship at home that day, please remember to prepare your elements in advance.**

The committee is working on Lenten and Easter worship.

ADMINISTRATION & FINANCE (A&F): The church finished 2022 with more than a \$33,000 surplus. The Nominating Committee still seeks 1 session nominee for the class of 2025. The current 2023 budget commitment is \$60,460 (that number, reported to session on January 17, is now \$76,900 as of January 23). If you have not yet responded, we ask you to prayerfully consider how you will support RLPC in 2023.

The 2023 proposed budget was approved.

CHRISTIAN NURTURE (CN):

MISSION & SERVICE (M&S): Preparations are underway for the Souper Bowl of Caring on February 12. Look for the article 'Souper Bowl of Caring 2023' elsewhere in this newsletter.

Since that is also the second Sunday of February, we ask second Sunday potluck attendees bring soups and/or grilled cheese sandwiches for the potluck that day.

PROPERTY (P):

CONGREGATIONAL CARE (CC): The next second Sunday potluck will be February 12, with soups and grilled cheese sandwiches being requested, since it is also Souper Bowl Sunday. Keep in mind that the most important ingredient is YOU!

OTHER: a. A four months long negotiation with Pollen8 to allow their use of the kitchen for a catering business was abandoned; b. the 2022 Statistical Report, with 87 active members at the end of the year, was approved. This report forms the basis for presbytery's per-capita investment for the following year.

With Christ's Peace,

Ken



A note from your Nominating Committee...

We still seek two nominees for the 2025 session class, and a nominee for the 2023 session class.

Is the Holy Spirit's still, small voice calling you to get involved? Have you served on session in the past, but haven't recently? Or have you never served on session, but are being called now?

If the Lord is calling you to action, BE **BOLD!** Call one of the nominating committee members listed below for information.

If you have a person in mind who would be I-D-E-A-L, won't you share that person's name with us?

And please pray for those we have contacted, and for us as we seek to discern God's will for this part of Christ's body.

Your nominating committee,

Linda Hunt 304-546-4974
Judy Powers 304-549-8562

Ron Rogillio 304-541-1243
Ken Schmidt 304-881-2408

WORSHIP REMINDER

A reminder that we are moving back to a way we customarily closed our worship services before the pandemic.

At the close of the worship service, we will be seated to listen to the Postlude prepared for us by Pam. The preacher and liturgist will move to the back of the sanctuary during this time to be ready to greet worshippers as they exit the sanctuary. After the conclusion of the Postlude, worshippers will leave the sanctuary.

The Prelude and Postlude are like brackets that mark the beginning and end of our worship time together, and are an important part of the worship experience.

How blessed we are to be able to worship together in our lovely sanctuary, with beautiful music, and as part of the church family!

WORSHIP LEADERS FOR FEBRUARY

<u>Liturgists</u>		<u>Pulpit Supply</u>
Feb 5	John Solberg	Ravi Isaiah
Feb 12	David Broyles	Ravi Isaiah
Feb 19	John Haynes	Patricia Jarvis
Feb. 26	Margie Gumowski	Patricia Jarvis



Thanks to Scott Hamilton for this inspirational picture.

WE ARE
CALLED TO PROCLAIM
THE GOOD NEWS
OF THE LORD, OUR GOD;



WE ARE
CHALLENGED TO FOLLOW
THE EXAMPLE OF
JESUS CHRIST;

AND WE ARE
CHARGED TO PROVIDE
FELLOWSHIP
WHERE ALL CAN FIND
RENEWAL AND FULFILLMENT
THROUGH THE WORK OF
THE HOLY SPIRIT.

Mission Statement for Rock Lake Presbyterian Church
Adopted May 8, 2007

Rock Lake Presbyterian Church

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 am Church Office Open	2 9:00 am Church Office Open 1:00 pm Handwork for Mission(P) 6:30 pm Grandparents & Friends Bridge (P)  GROUNDHOG DAY	3 9:00 am Church Office Open 6:00 pm Foundation to Freedom (NA) (P)	4 8:30 am Manna Meal Work
5 10:00 am RLPC Worship (live and online)	6 9:00 am Church Office Open 2:30 pm Amethyst Group (P)	7 8:30 am Manna Meal Work 9:00 am Church Office Open	8 9:00 am Church Office Open	9 9:00 am Church Office Open 1:00 pm Handwork for Mission (P)	10 9:00 am Church Office Open 6:00 pm Foundation to Freedom (NA) (P)	11 8:30 am Manna Meal Work
12 10:00 am RLPC Worship (live and online) 	13 9:00 am Church Office Open 2:30 pm Amethyst Group (P)	14 8:30 am Manna Meal Work 9:00 am Church Office Open 9:30 am Carbide Old-Timers 	15 9:00 am Church Office Open	16 9:00 am Church Office Open 1:00 pm Handwork for Mission (P)	17 9:00 am Church Office Open 6:00 pm Foundation to Freedom (NA) (P)	18 8:30 am Manna Meal Work
19 10:00 am RLPC Worship (live and online)	20 9:00 am Church Office Open 2:30 pm Amethyst Group (P) 	21 8:30 am Manna Meal Work 9:00 am Church Office Open 6:30 pm Session Meeting	22 9:00 am Church Office Open  ASH WEDNESDAY	23 9:00 am Church Office Open 1:00 pm Handwork for Mission(P)	24 9:00 am Church Office Open 6:00 pm Foundation to Freedom (NA) (P)	25 8:30 am Manna Meal Work
26 10:00 am RLPC Worship (live and online)	27 9:00 am Church Office Open 2:30 pm Amethyst Group (P)	28 9:00 am Church Office Open 8:30 am Manna Meal Work				



Rock Lake Presbyterian Church
 905 Village Drive
 South Charleston, WV 25309

«AddressBlock»

Church Staff

Rev. Dr. Patricia Jarvis	Pastor
Sandy McNeely	Church Secretary
Mary Wagner	Treasurer
Marilyn Padon	Music Director
Pam Ferrell	Organist/Accompanist

ROCK LAKE PRESBYTERIAN CHURCH
 905 VILLAGE DRIVE
 SOUTH CHARLESTON, WV 25309
 304-768-4141
 EMAIL: rocklakepreschurch@gmail.com
 WEBSITE: www.rlpc.org

Like us on Facebook
 Rock Lake Presbyterian Church

The Session

Class of 2022
 Scott Hamilton 304-746-5457
 John Haynes 304-345-7388

Class of 2023
 John Solberg 304-415-1704

Class of 2024
 Mary Wagner 304-552-1627
 Ken Schmidt 304-881-2408

Committee Chairs

Christian Nurture	John Haynes
Congregational Care	John Haynes
Administration/Finance	Scott Hamilton
Property	John Solberg
Worship	Mary Wagner
Mission & Service	Ken Schmidt