

# Rock "905"

The monthly newsletter of  
Rock Lake Presbyterian Church  
905 Village Drive, South Charleston, WV 25309



"...on this rock I will build my church..."

**February 2024**



## HOW WILL YOU SPEND LENT ?

Throughout the history of the Church, Lent has been set aside to prepare the followers of Jesus to observe his death, and celebrate his resurrection.

I find for myself, it's important for me to think about how I want to spend the season of Lent, in order to prepare to celebrate the joy of Easter. It's a busy time! The temptation is to postpone spiritual preparation until it's more convenient, or at the end of our long "to-do" lists. I have found that there is a connection, at least for me, in how much effort I put into Lent, and how deeply I can celebrate the Day of Resurrection. Perhaps you find this too.

Here are some short suggestions to consider for the six weeks of Lent, which begin on Ash Wednesday, February 14, this year:

- \*During Lent, if you don't need it, don't buy it.
- \*Throw or give away 40 things for the 40 days of Lent.
- \*No gossiping.
- \*No eating after dinner.
- \*No soda.
- \*Don't eat out.
- \*Don't complain.
- \*Replace 30 minutes of TV or Face Book with 30 extra minutes of prayer or devotional reading.
- \*Say 3 nice things to 3 people each day.
- \*Send a note of appreciation or encouragement to someone.
- \*Sit in silence for 10 minutes each day.
- \*Pay anonymously for someone's coffee, or meal, or turnpike toll.
- \*Fast for one meal a week and donate the cost to a food pantry.
- \*"Fast" from the notion that nothing you do makes any difference.

Try one or more! See if it makes a difference as you journey through Lent.

May we each keep a holy Lent as we prepare for the joy of Easter!

Love and Blessings to each one,

*Patricia*



Ash Wednesday is on February 14<sup>th</sup> this year. RLPC will have a service on Wednesday, February 14 from 12:00 noon to 12:30, with communion and imposition of ashes.

Watch the March newsletter and bulletins for more details about each event during Lent.



This month, in addition to praying for our church and congregation, please pray for these churches and their ministry that may all we do be to the Glory of God!

**February 4**

Alexander Mem. Presby. Church, Stony Bottom  
Bethlehem Presbyterian Church, Shinnston  
Kiawaithanji Church  
Gaaki Parish

**February 18**

Edgewood Presbyterian Church, Lewisburg  
Liberty Presbyterian Church, Green Bank  
Giakanja Parish

**February 11**

Big Spring Presbyterian Church, Slatyfork  
First Unit Presbyterian Church, Ravenswood  
Kesler Memorial Presbyterian Church, Hico  
Mutathini Church  
Gaaki Parish

**February 25**

First Presbyterian Church, Thomas  
Keller Presbyterian Church, Pence Springs  
Gaiachamwenge Church  
Giakanja Parish



## **SOUPER BOWL SUNDAY MISSION**

RLPC is once again on a Souper Bowl Sunday Mission. The Session got in a huddle and decided to call a new play.

We are asking the congregation to make a 50 yard or so dash to your grocery store and tackle some soup cans and bring them to the goal line (the Church).

We will have a container outside of the doors facing Village Drive for drop off between the hours of 9:00 am and 12:00 noon February 1 - 9. Sandy will gather them inside each day. If you cannot make the hours, please drop off anyway. If some should disappear, then they still went to those who needed them most. We are hoping to score BIG!!

Please join in the fun and let's see how many cans we can take to our local Heart and Hand Food Pantry.

Checks are also welcome.

Finally, for the February 11 Souper Bowl potluck, please bring your favorite soup or chili dish! We will provide bread, crackers, and drinks.



- |    |                         |    |                          |
|----|-------------------------|----|--------------------------|
| 3  | <b>Gary Crosby</b>      | 16 | <b>Shannon Thornhill</b> |
| 9  | <b>Adilynn Hardin</b>   | 17 | <b>Chris Barnes</b>      |
| 16 | <b>Michelle Broyles</b> |    |                          |

**No Anniversaries this Month**

**PLEASE NOTE: In case of a possible event cancellation, please check your email for more information.**

## HANDWORK FOR MISSION



On December 17, Patricia dedicated 28 lap robes, 6 baby blankets and 6 scarves during the morning worship service.

These items were donated to various facilities and persons with the hope that they will provide warmth and comfort to them.

RLPC recently donated 15 scarves to the free bin at Heart and Hand and 13 baby blankets to the Right Start program.

We appreciate the hard work, talent, and creativity of our Handwork for Mission team (L to R):  
Alice Vandelinde, Susan Hamilton, and Mary Wagner.

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## Bridgeview Food Ministry

The Bridgeview Food Ministry are packing lunches the last Sunday of the month after worship service. We are asking for church volunteers to help. Food items can be dropped off at the church during office hours (9 until noon Monday through Friday).

Join us and help with this great project by donating food, money, or time.

Items needed:

Mac & Cheese (microwavable and single serving)

Pudding Cups

Juice Boxes

Individual Cereal Boxes

Snack Bags (pretzels, cheezits, goldfish, gummies, chips, cookies – individual packages)

Chocolate Milk

Ravioli (or other Chef Boyardee Pastas, microwavable, single serving)

Applesauce or Fruit Cups





Through the Kroger Community Rewards Program, Kroger will donate to RLPC 5% of all grocery/pharmacy purchases YOU make just by using your Kroger Plus Card. Please sign up for this FREE profitable program for RLPC. You only have to open an account and register your Kroger Plus Card online at: krogercommunityrewards.com.

OR

You can simply telephone Kroger Community Rewards at 1-800-576-4377. They will assist you with registering your Kroger Plus Card. You will need to have handy either your Kroger Plus Card number or your alternate ID (your telephone number).

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**CENTS-ABILITY OFFERING**



From the PCUSA website:

“Cents-Ability is one way that families, congregations, and presbyteries can support the battle against hunger and poverty. Every member is invited to contribute a few cents at every meal. Funds are then used to support local hunger ministries, as well as national and international projects through the Presbyterian Hunger Program.”

**The next offering will be collected Sunday, March 31, 2024.** So, start to collect your 5 cents per meal each day. Proceeds will go to Heart & Hand. Please remember people who are less fortunate by donating to this, and all Cents-Ability offerings.

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Since RLPC is now open for in-person worship on Sundays, we want to welcome everyone!



We understand that there are some who are uncomfortable attending in-person worship and hope that you are able to join the service on YouTube.

We appreciate your continued gifts to the church. There are several ways that you may make a donation. By logging onto the church website at [www.rlpc.org](http://www.rlpc.org) you can give through PayPal. Also, outside the choir room is a mailbox where you can drop your offering. Or you can send a check by mail to the church’s address: 905 Village Drive, South Charleston,

WV 25309.

Please contact Mary Wagner for further information. (304)768-4141.

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**January 2024 Session Digest**



next month.

The session met on January 31, too late to include in this digest. Items of interest from this meeting will be included in the February Session Digest

With Christ’s Peace,  
Ken










**ARE YOU READY FOR SPRING???**

*(Thanks to John Solberg, Rev. Dr. Patricia Jarvis, and Susan Hamilton)*



# Rock Lake Presbyterian Church

# February 2024

| Sunday                                                                                                                                                   | Monday                                                                                                                                                                      | Tuesday                                                                                    | Wednesday                                                                                                                                   | Thursday                                                                                              | Friday                                                                                                                                                                                | Saturday                          |
|----------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|
|                                                                                                                                                          |                                                                                                                                                                             |                                                                                            |                                                                                                                                             | <b>1</b> 9:00 am Church Office Open<br>1:00 pm Handwork for Mission(P)<br>6:30 pm Grandparents Bridge | <b>2</b> 9:00 am Church Office Open<br>6:00 pm Foundation to Freedom (NA) (P)<br><br>GROUNDHOG DAY | <b>3</b> 8:30 am Manna Meal Work  |
| <b>4</b> 10:00 am RLPC Worship<br><br>Holy Communion                    | <b>5</b> 9:00 am Church Office Open<br>2:30 pm Amethyst Group (P)                                                                                                           | <b>6</b> 8:30 am Manna Meal Work<br>9:00 am Church Office Open                             | <b>7</b> 9:00 am Church Office Open                                                                                                         | <b>8</b> 9:00 am Church Office Open<br>1:00 pm Handwork for Mission(P)                                | <b>9</b> 9:00 am Church Office Open<br>6:00 pm Foundation to Freedom (NA) (P)                                                                                                         | <b>10</b> 8:30 am Manna Meal Work |
| <b>11</b> 10:00 am RLPC Worship<br><br>Transfiguration SUNDAY           | <b>12</b> 9:00 am Church Office Open<br>2:30 pm Amethyst Group (P)                                                                                                          | <b>13</b> 8:30 am Manna Meal Work<br>9:00 am Church Office Open<br>9:30 Carbide OldTimers  | <b>14</b> 9:00 am Church Office Open<br><br>ASH WEDNESDAY | <b>15</b> 9:00 am Church Office Open<br>1:00 pm Handwork for Mission (P)                              | <b>16</b> 9:00 am Church Office Open<br>6:00 pm Foundation to Freedom (NA) (P)                                                                                                        | <b>17</b> 8:30 am Manna Meal Work |
| <b>18</b> 10:00 am RLPC Worship<br><br>1 <sup>st</sup> Sunday in Lent  | <b>19</b> 9:00 am Church Office Open<br>2:30 pm Amethyst Group (P)<br><br>PRESIDENTS DAY | <b>20</b> 8:30 am Manna Meal Work<br>9:00 am Church Office Open<br>6:30 pm Session Meeting | <b>21</b> 9:00 am Church Office Open                                                                                                        | <b>22</b> 9:00 am Church Office Open<br>1:00 pm Handwork for Mission (P)                              | <b>23</b> 9:00 am Church Office Open<br>6:00 pm Foundation to Freedom (NA) (P)                                                                                                        | <b>24</b> 8:30 am Manna Meal Work |
| <b>25</b> 10:00 am RLPC Worship<br><br>2 <sup>nd</sup> Sunday in Lent | <b>26</b> 9:00 am Church Office Open<br>2:30 pm Amethyst Group (P)                                                                                                          | <b>27</b> 8:30 am Manna Meal Work<br>9:00 am Church Office Open                            | <b>28</b> 9:00 am Church Office Open                                                                                                        | <b>29</b> 9:00 am Church Office Open<br>1:00 pm Handwork for Mission (P)                              |                                                                                                                                                                                       |                                   |



*Rock Lake Presbyterian Church  
905 Village Drive  
South Charleston, WV 25309*

«AddressBlock»

**Church Staff**

|                          |                      |
|--------------------------|----------------------|
| Rev. Dr. Patricia Jarvis | Pastor               |
| Sandy McNeely            | Church Secretary     |
| Mary Wagner              | Treasurer            |
| Marilyn Padon            | Music Director       |
| Pam Ferrell              | Organist/Accompanist |

**ROCK LAKE PRESBYTERIAN CHURCH**  
905 VILLAGE DRIVE  
SOUTH CHARLESTON, WV 25309  
304-768-4141  
EMAIL: [rocklakepreschurch@gmail.com](mailto:rocklakepreschurch@gmail.com)  
WEBSITE: [www.rlpc.org](http://www.rlpc.org)

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Rock Lake Presbyterian Church

**The Session**

**Class of 2023**  
John Solberg 304-415-1704  
Open

**Class of 2024**  
Mary Wagner 304-552-1627  
Ken Schmidt 304-881-2408

**Class of 2025**  
David Broyles 304-545-8821

**Committee Chairs**

|                               |                      |
|-------------------------------|----------------------|
| <i>Christian Nurture</i>      | <i>Open</i>          |
| <i>Congregational Care</i>    | <i>Open</i>          |
| <i>Administration/Finance</i> | <i>David Broyles</i> |
| <i>Property</i>               | <i>John Solberg</i>  |
| <i>Worship</i>                | <i>Mary Wagner</i>   |
| <i>Mission &amp; Service</i>  | <i>Ken Schmidt</i>   |