

Rock "905"

The monthly newsletter of
Rock Lake Presbyterian Church
905 Village Drive, South Charleston, WV 25309



"...on this rock I will build my church..."

June 2024

Dear Brothers & Sisters in Christ,

From Isaiah 55:11 come these words: "So shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and succeed in the thing for which I sent it."

Some years ago a friend in the church I was serving showed me a treasure he had found in his great-great-grandmother's Bible: a "quarterly ticket". It was dated 1884, and signed by her Methodist preacher. Once each quarter, the circuit-riding preacher came through the small towns to boost the faithful and verify patterns of attendance. Two signatures verified that the member had been faithful in worship attendance at his or her church during the most recent three-month period.

Can you imagine collecting tickets for a worship service today? We can scarcely imagine the power of the discipline of such a practice.

Such faithfulness is difficult to sustain in our day. Weekend leisure becomes the norm. "Night and day" sales draw huge crowds to the shopping malls. Leisure activities of all kinds lure us and then sometimes remake us into tired, cranky people who face the new week without being refreshed.

For some Christians, even the slightest distraction gives us an excuse to stay away from the worship gathering of the church family: I am too tired; it's my only day off' I have company visiting this weekend; I have too much to do to take the time. These are all familiar to me, because I have tempted by them all!

In order to be "card carrying" believers today, we have to be very intentional about the spiritual discipline of weekly worship. Religious author James Smart once said, "Worship is the Christian's vital breath."

Join me and your brother and sisters in our household of faith in making sure we breathe well this week and as we move into the summer months!

Blessing & Love,
Rev. Clare Sulgit, St. Marys UMC
Guest Columnist



This month, in addition to praying for our church and congregation, please pray for these churches and their ministry that may all we do be to the Glory of God!

June 2

Eleanor Presbyterian Church
Falls View Presbyterian, Charlton Heights
Muruguru Church
Kagumo Parish

Gatitu Church
Riamukurwe Parish

June 23

Baxter Presbyterian Church, Dunmore
Frankford Presbyterian Church
Rware Parish

June 9

Old Stone Presbyterian Church, Lewisburg
St. Andrew Presbyterian Church, Pinch
Riamukurwe Parish

June 30

First Presbyterian Church, Kenova
First Presbyterian Church, Weston
Grace Covenant Presbyterian Church
Kigwandi Church
Riamukurwe Parish

June 16

Ronceverte Presbyterian Church
Trinity Presbyterian Church, Shady Spring



Our deepest sympathy to the family of Eugene (Gene) Bishop, 94, who passed away on Thursday, May 2, 2024, at Magnolia Assisted Living in Hurricane, WV.

Gene is survived by his wife of 70 years, Dayneze; sons, Gary (Karen), Greg, and daughter, Gina Cunningham (Dave); 7 grandchildren, and 11 great grandchildren.

Gene was a member of Rock Lake Presbyterian Church. To read his obituary, please go to:

<https://snodgrassfuneral.com/eugene-gene-bishop/>



RLPC celebrated Mother's Day on Sunday, May 12 by gifting roses to the wonderful women in our lives. Ron Rogillio and Eric Hamilton passed out the roses.



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|----|-----------------|----|-----------------|
| 02 | Susan Kuhn | 17 | Dan Shriver |
| 05 | Linda Hunt | 20 | Justin Broyles |
| 07 | Phyllis Fenwick | 22 | Elaine Crabtree |
| 08 | Ed Bailey | 28 | Janell Childers |
| 15 | John Haynes | 29 | Susan Hamilton |



- | | | | |
|----|--------------------------|----|--------------------------|
| 09 | Scott and Susan Hamilton | 21 | Ken and Olga Schmidt |
| 15 | Gary and Jane Crosby | 27 | Don and Michelle Broyles |
| 19 | Dan and Cheryl Shriver | | |



OUR GRADUATES

On Saturday, May 11, 2024 Rock Lake Presbyterian Church member, Layne Gumowski, graduated from West Virginia University in Morgantown, WV.

She graduated Cum Laude with a Bachelor's of Science in Geology, with a focus in Environmental Geochemistry.

Beginning early June, Layne will have a full-time position with the research lab where she has interned/worked at for the past three summers.

She is very excited to get to look at rocks all day!!



2024 PEARL INGHAM APPLICATIONS

Applications for the 2024 Pearl Inghram Scholarship are now available. To be considered for the scholarship, the applicant must have graduated from high school by spring/summer of 2024 or in a previous year. Applicants must also be enrolled in college, trade school, or other post high school professional training program for the fall of 2024. Completed applications must be in

the church office by 1 PM, July 8. Applicants will be notified of the Scholarship Committee's decision by email on or before July 22. A check will be mailed directly to the applicant awarded the scholarship no later than August 16. APPLICATION FORMS can be requested by calling the church office at 304 768-4141 weekday mornings or by emailing rocklakepreschurch@gmail.com.



Bridgeview Food Ministry

The Bridgeview Food Ministry is temporarily on hold until August (due to summer).

We will keep you updated in the bulletin and newsletter with further information.

INSTALLING THE EXTERNAL WI-FI FOR THE NEW LED SIGN



Eric Hamilton was in Charleston for Mother's Day on his way to an Appalachian Trail reunion in Damascus, VA. After worship, Eric with his parents' help, installed a new external Wi-Fi access point (AP) to communicate with a new LED sign that will eventually replace RLPC's existing sign at the far end of the parking lot. It involved running 120' of ethernet cable above the drop ceiling out to the new AP above the doors by the bridge. Then he connected the cable to the church's network and finally programmed the AP while standing next to it.



Through the Kroger Community Rewards Program, Kroger will donate to RLPC 5% of all grocery/pharmacy purchases YOU make just by using your Kroger Plus Card. Please sign up for this FREE profitable program for RLPC. You only have to open an account and register your Kroger Plus Card online at: krogercommunityrewards.com.

OR

You can simply telephone Kroger Community Rewards at 1-800-576-4377. They will assist you with registering your Kroger Plus Card. You will need to have handy either your Kroger Plus Card number or your alternate ID (your telephone number).

CENTS-ABILITY OFFERING



From the PCUSA website:

“Cents-Ability is one way that families, congregations, and presbyteries can support the battle against hunger and poverty. Every member is invited to contribute a few cents at every meal. Funds are then used to support local hunger ministries, as well as national and international projects through the Presbyterian Hunger Program.”

The next offering will be collected Sunday, June 30, 2024. So, start to collect your 5 cents per meal each day. Proceeds will go to Heart & Hand. Please remember people who are less fortunate by donating to this, and all Cents-Ability offerings.



April Income \$ 7,633.71 April Expense \$ 11,544.64



We understand that there are some who are uncomfortable attending in-person worship and hope that you are able to join the service on YouTube.

We appreciate your continued gifts to the church. There are several ways that you may make a donation. By logging onto the church website at www.rlpc.org you can give through PayPal. Also, outside the choir room is a mailbox where you can drop your offering.

Or you can send a check by mail to the church’s address: 905 Village Drive, South Charleston, WV 25309.

Please contact Mary Wagner for further information. 304-552-1627.



May 2024 Session Digest

WORSHIP (W): On May 5, RLPC had an estimated 29 communicants between on-line and live. The next communion celebration will be June 2. **If you are joining worship at home that day, please remember to prepare your elements in advance.**

The May 5 communion had a combined in-person and on-line congregation estimated at 29 communicants. The pew woodwork has been cleaned. Work will proceed on the cushions, walls above the HVAC vents, cleaning the pulpit area.

The worship service preparation for the 75th anniversary service on Sunday, October 27 is underway.

ADMINISTRATION & FINANCE (A&F): The general account has a \$72,400 balance. The budget vs. actual shows a negative balance of about \$-3,910 for March, and \$-815 for 2024 YTD, reflecting a 2nd quarter \$3,248 insurance payment.

CHRISTIAN NURTURE (CN):

MISSION & SERVICE (M&S): The Pentecost offering to date is \$720.

PROPERTY (P): The bird droppings outside the bridge entry are from a nest on the flat roof. The walk will be cleaned after the nest is emptied.

CONGREGATIONAL CARE (CC): The next second Sunday potluck will be June 9 following worship. Don't forget, the most important ingredient is Y-O-U!

OTHER: a. Session approved up to two months of lease forgiveness due to Pollen8's ABHC having to vacate the RLCLC after the April flood. The clerk approved \$1,250 of lease forgiveness after a discussion with Pollen8. That amount has been added to the flood insurance claim. b. Session approved Pollen8's request to mount an ABHC sign over the RLCLC building sign, subject to provisions in the lease with Pollen8.

With Christ's Peace,

Ken

988 – More Details

Have you noticed the posters highlighting 988 around the church? 988 is a service provided by the Substance Abuse and Mental Health Services Administration (SAMHSA). Their website is SAMHSA.gov. I called 988 to ensure that the line is operational in our area; there is a short automated menu to direct callers to one of three queues. Because this is an emergency intervention line, I did not move past the menu. Following is a write-up excerpted from the website.

Ken Schmidt

About 988

People can call or text 988 or chat 988lifeline.org for themselves or if they are worried about a loved one who may need crisis support. 988 serves as a universal entry point so that no matter where you live in the United States, you can reach a caring, trained counselor who can help. 988 offers 24/7 access to trained crisis counselors who can help people experiencing mental health-related distress. That could be:

- Thoughts of suicide
- Mental health or substance use crises
- Emotional distress

Need for 988

Too many people are experiencing suicidal crisis or mental health-related distress without the support and care they need, and sadly, the pandemic only made a bad situation worse when it comes to mental health and wellness in America. There are urgent realities driving the need for crisis service transformation across our country.

In 2021 and 2022:

- The U.S. had one death by suicide about every 11 minutes
- For people aged 10–14 and 25–34 years, suicide was the second-leading cause of death
- Suicide rates increased significantly among non-Hispanic Black & American Indian and Alaska Native people
- More than 950,000 youth aged 12-17 and 1.6 million adults attempted suicide
- About 107,000 people died from drug overdoses

Yet, there is hope. The 988 Lifeline helps thousands of people struggling to overcome suicidal crises or mental health-related distress every day.

Vision for 988

The 988 dialing code operates through what was formerly known as the National Suicide Prevention Lifeline. It is a network of over 200 locally operated and funded crisis centers around the country.

Congress designated 988 in 2020 and the Lifeline transitioned to the 3-digit number in July 2022. As a part of the federal government's commitment to addressing the mental health crisis in America, unprecedented federal resources have been invested to scale up crisis centers in support of 988.

Transition to 988 is an important step forward and offers an unprecedented opportunity to strengthen and transform crisis care in our country. While this is an exciting time to re-imagine how we provide crisis services in the U.S., the full vision of a transformed crisis care system with 988 at its core will not be built overnight. Transformation of this scale will take time. That success depends heavily on state and territory support, so states and the federal government must all work together.

Transformation of this scale is never easy. The sustainable success of 988 depends heavily on the willingness of state, territorial, and local leaders to make additional investments in shoring up their crisis care systems. The federal government cannot do this alone.

We anticipate that 988 will continue to grow and evolve over the years, much the way 911 and emergency medical services have grown over the past five decades. We do expect a more rapid 988 transition to occur to meet the expected demand for 24/7 access to trained counselors who can help people experiencing suicidal thoughts, substance use, and other mental health crises.

In the longer term, the vision for 988 is to build a robust crisis care response system across the country that links people who call, text, or chat to community-based providers who can deliver a full range of crisis care services, if needed (like mobile crisis teams or stabilization centers), in addition to connecting people in need to tools and resources that will help prevent future crisis situations.

Rock Lake Presbyterian Church

June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:30 am Manna Meal Work
2 10:00 am RLPC Worship 	3 9:00 am Church Office Open 2:30 pm Amethyst Group (P)	4 8:30 am Manna Meal Work 9:00 am Church Office Open	5 9:00 am Church Office Open	6 9:00 am Church Office Open 1:00 pm Handwork for Mission(P)	7 9:00 am Church Office Open 6:00 pm Foundation to Freedom (NA) (P)	8 8:30 am Manna Meal Work
9 10:00 am RLPC Worship 	10 9:00 am Church Office Open 2:30 pm Amethyst Group (P)	11 8:30 am Manna Meal Work 9:00 am Church Office Open 9:30 Carbide OldTimers	12 9:00 am Church Office Open	13 9:00 am Church Office Open 1:00 pm Handwork for Mission (P)	14 9:00 am Church Office Open 6:00 pm Foundation to Freedom (NA) (P) 	15 8:30 am Manna Meal Work
16 10:00 am RLPC Worship 	17 9:00 am Church Office Open 2:30 pm Amethyst Group (P)	18 8:30 am Manna Meal Work 9:00 am Church Office Open 6:30 pm Session Meeting	19 9:00 am Church Office Open	20 9:00 am Church Office Open 1:00 pm Handwork for Mission (P) 	21 9:00 am Church Office Open 6:00 pm Foundation to Freedom (NA) (P)	22 8:30 am Manna Meal Work
23 10:00 am RLPC Worship	24 9:00 am Church Office Open 2:30 pm Amethyst Group (P) 	25 8:30 am Manna Meal Work 9:00 am Church Office Open	26 9:00 am Church Office Open	27 9:00 am Church Office Open 1:00 pm Handwork for Mission (P)	28 9:00 am Church Office Open 6:00 pm Foundation to Freedom (NA) (P)	29 8:30 am Manna Meal Work
30 10:00 am RLPC Worship Cents-A-Bility						



*Rock Lake Presbyterian Church
905 Village Drive
South Charleston, WV 25309*

«AddressBlock»

Church Staff

Rev. Dr. Patricia Jarvis	Pastor
Sandy McNeely	Church Secretary
Mary Wagner	Treasurer
Marilyn Padon	Music Director
Pam Ferrell	Organist/Accompanist

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Rock Lake Presbyterian Church**

The Session

Class of 2024
Mary Wagner 304-552-1627
Ken Schmidt 304-768-8565

Class of 2025
David Broyles 304-545-8821
Ron Rogillio 304-541-1243

Class of 2026
John Solberg 304-415-1704
DeeDee Means 304-744-0887

Committee Chairs

<i>Christian Nurture</i>	<i>DeeDee Means</i>
<i>Congregational Care</i>	<i>Ken Schmidt</i>
<i>Administration/Finance</i>	<i>David Broyles</i>
<i>Property</i>	<i>John Solberg</i>
<i>Worship</i>	<i>Mary Wagner</i>
<i>Mission & Service</i>	<i>Ron Rogillio</i>