HARPREET (TINA) JOHL

DNP, MPH, APRN, RN, PHN, FNP-BC, PMHNP-BC, CNL

PROFESSIONAL LICENSES

California – Registered Nurse, Family Nurse Practitioner-BC, Psychiatric Mental Health Nurse Practitioner-BC	
Massachusetts – Registered Nurse, Psychiatric Mental Health Nurse Practitioner-BC	
Washington – Registered Nurse, Psychiatric Mental Health Nurse Practitioner-BC	
Spravato REMS Registered Provider	Buprenorphine Training Certification

EDUCATION

2024	UC Irvine	Addictions Medicine Fellowship PC-TEAMS, completion – February 29, 2024
2024	CA Inst. Integ Studies	CIIS - Psychedelic Assisted Psychotherapy Fellowship, completion – June 22, 2024
2024	Integrative Psyc. Inst.	IPI - Psychedelic Assisted Therapy Fellowship, completion – May 17, 2024
2023	Numinus/MAPS/Lykos	MDMA Assisted Therapy, completion – Dec 5, 2023
2022	Duke University	Transcranial Magnetic Stimulation Fellowship
2022	Veteran Affairs	Transcranial Magnetic Stimulation Training
2020	National University	Psychiatric Mental Health Nurse Practitioner, Post Master's Certificate
2020	Touro University	Doctor of Nursing Practice/Family Nurse Practitioner Program
2016	Touro University	Master of Science in Nursing, Clinical Nurse Leader
2005	Excelsior College	Associates of Science, Nursing
2001	Yale University	Master of Public Health, Public Health & Epidemiology of Microbial Diseases
1999	Univ of CA, Davis	Bachelor of Science, Biological Sciences and Psychology

TRAINING, CERTIFICATIONS, AND MEMBERSHIPS

- CA Registered Nurse (RN) Certification
- Public Health Nurse (PHN) Certification
- Clinical Nurse Leader (CNL) Certification
- Certified Correctional Health Professional (CCHP)
- American Correctional Association – Certified Health Services Administrator (ACA-HSA)
- Director of Staff Development Certificate
- Corrections: facility and statewide committees
- Safe Patient Handling and Mobility MH Training
- Passport to Success Nurse Manager Training
- Substance Use Disorder Care Collaboration
- Lean Six Sigma – Green, Yellow, and White belts
- Whole Health Coaching Training at VA National
- Whole Health Mental Health Training
- Univ of Florida – Telepresenter Certificate Program
- John's Hopkins - VA Evidence-based Training Program
- Care Coordination and Integrated Care Management Training
- Caregiver Support Program Steering Committee
- VA Patient Workflow Project Workgroup
- VA Hospital Discharge Inpatient and Primary Care Workgroup
- VA Staffing Methodology Presentations
- VA Nurse Manager Congress

EXPERIENCE WITH SURVEYING AUTHORITIES

Veteran Health Administration
11/2020 to present

→The Joint Commission (TJC) →Env. of Care (MHEOCC)
→Office of Inspector General (OIG)
→Root Cause Analysis (RCA)

CA Dept of Corrections & Rehabilitation-CDCR/CA Dept of Mental Health
7/2008 to 11/2020

→The Joint Commission
→Federal Receivership
→Coleman, Armstrong and Clark Court Monitors
→CA Dept of Public Health Licensing Division (CDPH)
→Office of Inspector General
→Prison Law Office (PLO)
→Death Reviews and RCAs

EXPERIENCE

11/30/20 to present – VETERAN AFFAIRS – Northern California Health Care Services

Psychiatric Mental Health Nurse Practitioner – Addictions Provider, Perm FT

Provide comprehensive care to Veterans struggling with substance use disorders by offering evidence-based interventions, including medication-assisted treatment and supportive therapy. Conduct thorough assessments to diagnose addiction issues and develop tailored treatment plans that address the unique needs of each Veteran. Collaborate with a multidisciplinary team to ensure coordinated and holistic care, fostering an environment of support and recovery. Educate Veterans and their families about addiction and the recovery process, empowering them with essential knowledge and resources. Additionally, provide coverage for other providers in the general mental health department when colleagues are on leave or positions are temporarily vacant, ensuring continuity of care and support for Veterans.

Previously Behavioral Health Inpatient Care Unit Nurse Manager and Virtual Mental Health Hub Registered Nurse.

2/2023 – present – WIRSA WELLNESS, Manteca, CA

Clinical Director/Psychiatric Mental Health Nurse Practitioner/SUD/General Mental Health

Provide comprehensive psychiatric and integrative mental health care including psychiatric evaluations, mental status examinations, diagnostic interviews, medication management, and laboratory monitoring. Address general mental health conditions and substance use disorders through evidence-based therapies, patient education, and coordinated referrals. Integrate psychopharmacology with complementary approaches such as mindfulness, lifestyle interventions, and ketamine-assisted therapy for treatment-resistant conditions, emphasizing holistic recovery and wellness.

4/2022 – present – HUMU HEALTH, Fairfield CA

Psychiatric Mental Health Nurse Practitioner/General Mental Health

Obtain complete psychiatric histories; perform mental status examinations; conduct psychiatric diagnostic interviews; conduct interviews for medication evaluation; provide medication management services; obtain and interpret laboratory tests; provide patient education and health promotion; provide individual and family therapy services; provide appropriate referral services; apply concepts from nursing research to psychiatric care; utilize electronic medical record software to capture patient data.

4/2022 – present – TOURO UNIVERSITY, Vallejo CA

Assistant Professor – Master of Science in Nursing/Family Nurse Practitioner Program

Teach assigned graduate level courses to MSN/FNP students. Provide mentorship and guidance to students in their FNP program.

10/2022 – 1/2023 – Done Health, San Francisco, CA

Psychiatric Mental Health Nurse Practitioner

Obtain complete psychiatric histories; perform mental status examinations; conduct psychiatric diagnostic interviews; conduct interviews for medication evaluation; provide medication management services for patients with Attention Deficit Hyperactivity Disorder (ADHD).

7/6/2020 to 11/29/2020 – DEUEL VOCATIONAL INSTITUTION/CDCR, Tracy CA – *2600 inmate patients*

Director of Nursing (DON)/Supervising Registered Nurse III – 8/22/20 to 11/29/20, Perm FT, *200 staff*

Administrative and Supervisory - As a senior management team member at Deuel Vocational Institute (DVI), direct, develop, and maintain standards, procedures, and polices, and ensure quality of nursing services and adequate nursing staffing levels. Provide nursing oversight for all 24-hr medical care areas of the facility serving 2600 patients. Identify and correct compliance concerns, perform audits and mock surveys to maintain facility compliance. Partake in surveys conducted by CDPH, OIG, ACA, Coleman-Armstrong-Clark court monitors, etc.

Formulate corrective action plans as required and roll-out interventions and training to meet the action plan deadlines. Directly supervise nursing mangers and provide oversight to Nursing Services, Training Department, and Nursing Staffing Office. Serve as the nursing representative for program-wide planning, budgeting, and evaluation activities related to establishing and/or terminating programs, projects, or services. Support and enforce facility's mission statement, strategic plans, performance improvement work plans (PIWPs).

Supervising Registered Nurse II/Nurse Manager – 7/6/20 to 8/21/20, Perm FT, ***20 staff.***

Administratively manage staff assignments in clinical areas and provide direct clinical and administrative supervision to the assigned program area and shift.

5/6/2013 to 7/5/2020 CALIFORNIA HEALTH CARE FACILITY/CDCR Prison Hospital, Stockton CA ***514 inpatient beds***

Chief Nursing Executive/Director of Nursing (DON) – 10/4/16 to 7/3/20, Perm FT, ***800 staff***

As an executive team member of California Health Care Facility - Psychiatric Inpatient Program, perform duties of DON/CNS and provided nursing oversight over 514 Joint Commission accredited mental health beds. Instrumental in training and implementing the Electronic Health Record System in July 2017 at the largest inpatient areas in the CDCR/nation. Provided input in areas including but not limited to strategic planning, performance improvement work plans (PIWPs), standards of practice, standards of nursing care, rules and regulations, codes, standards of regulatory agencies and nursing principles, practices, and techniques. Worked with QM to ensure program and compliance were met and required corrective action plans were completed.

Supervising Registered Nurse/SRN II/House Supervisor 9/11/2014 to 10/3/2016, Perm FT, ***340 staff***

Served as a nurse manager on various medical and psychiatric units, and staffing office. As a house supervisor, planned, organized, directed, and assigned nursing work assignments per the needs of the facility. Ensured adequate staff to patient ratios within the scope of the Nurse Practice Act to ensure safe patient care. Conducted audits to ensure compliance. Conducted required staff trainings, and other supervisory duties. As a staffing supervisor, administratively managed unit staffing assignments for all the units at the entire facility.

Quality Management (QM) Supervising Registered Nurse 5/6/2013 to 9/10/2014, Perm FT, ***7 staff***

As a QM nurse manager, involved in facility activation on 7/22/2013. Implemented facility audits and facilitated all facility surveys. Tracked and reviewed sentinel event documentation, and all facility corrective action plans for CADPH, TJC, OIG, various court monitors. Recommended policy changes and designed clinical risk management structure, including incident reporting/management system. Recommended efficient workflows. Conducted TJC related staff trainings and mock surveys to ensure facility survey readiness.

7/2016 to 12/2016 UNIVERSITY OF PHOENIX, Salida CA

Nursing Instructor, Part-Time

Taught Epidemiology and Public Health courses in an accelerated nursing program (LVN to BSN). Provide lectures in Epidemiology and Public health in on-campus courses. Assist students with public health rotations and assignments. Guide nursing students in their internship

7/7/2008 to 5/5/2013 DEPARTMENT OF STATE HOSPITALS/MENTAL HEALTH, Coalinga CA, ***1500 inpatient beds***

Nursing Policy and Procedure Health Services Specialist/House Sup, Perm FT 10/2012 to 5/2013, ***100 staff***

As a house supervisor, planned, organized, directed, and assigned the work of staff in the assigned unit. Provided administrative support to Central Nursing Services (CNS). Chaired Nursing Policy and Procedures (NPP) Committee and was responsible for establishing new NPP's and revising new NPP's to outline the most current best nursing practices. Participated in state-wide Clinical Operations Advisory Council committees and chaired statewide COAC Nursing Policy Committee and participated in enterprise risk management projects.

Registered Nurse – 7/2008 to 10/2012, Perm FT

Provide direct nursing care to forensic patient population in a mental health hospital. Performed assessments and completed change in condition, assisted Physicians during sick calls, updated interdisciplinary treatment plans, conducted case management, provided patient education, and treatments. Also provided training department with help as a BLS trainer.

5/2005 to 7/2017 CONTINUING HEALTH EDUCATION, San Jose CA

Administrator and Lead Instructor, Part Time, *5 staff*

Organized and offered clinical skills workshops for RN students. Conducted mock testing scenarios and tested students on skills stations. Developed business plan, maintained and prepared records and reports, inventoried and procured medical supplies and equipment. Reviewed changes in curriculum and updated training materials. Website: www.continuinghealtheducation.com

12/2007 to 9/2008 KAISER PERMANENTE, SAN JOSE MEDICAL CENTER, San Jose, CA

Registered Nurse II, Telemetry, Perm FT, transitioned to per diem in July 2008

Provided nursing care to telemetry patients. Administered medications, treatments, dressing changes, transfusions, medical treatments, per MD orders. In absence of designated charge nurse/break relief nurse, planned, organized, directed, and assigned nursing duties and responsibilities to assigned nursing staff.

7/2006 to 12/2007 DAMERON HOSPITAL, Stockton, CA

Registered Nurse, Orthopedic Med-Surg, Perm FT

Provided nursing care to pre-op and post-op orthopedic patients in addition to general med-surg department overflow patients. Administered medications, treatments, dressing changes, and patient-controlled anesthesia, blood transfusions, auto-transfusions, and other orthopedic equipment per MD orders.

11/2001 to 12/2007 STARLIGHT ADOLESCENT CENTER, San Jose, CA, *40 inpatient MH beds*

House Supervisor/Charge Nurse 1/2005 to 12/2007, Part Time, *20 staff*

Performed administrative tasks and supervised nursing staff during assigned shift. Supervised facility as a House Supervisor during the assigned shifts, and planed, organized, and directed nursing service operations on all units. Ensured adequate staff to patient ratios for safe patient care. Administered medications and treatments per doctor's orders. Supervise, protect, counsel and care for severely emotionally disturbed (SED) adolescents.

Youth Counselor 11/2001 to 1/2005, Perm FT

Provided safety checks and assisted with unit activities. Conducted 1:1 patient monitoring for patients with active suicidal ideation. Provided input in IDTTs regarding patient safety and behavior interventions.

8/2002 to 1/2006 CALIFORNIA COMMUNITY COLLEGES, San Jose and Aptos, CA

Adjunct College Instructor – Microbiology, Health Sciences, Part Time

Taught Microbiology and Health Science courses at 3 different California Community Colleges (Evergreen Valley College, San Jose City College, Cabrillo College). Designed curriculum for first online health science courses.

10/2002 to 3/2003 CALIFORNIA FAMILY HEALTH COUNCIL, San Jose, CA

Health Consultant – Reproductive Health, Part Time

Worked on a federally funded Title X project, to help develop health education materials in Punjabi language for the Nuva Ring and Birth Control Patch. With assistance of translators, translated educational pamphlets to Punjabi. Held focus groups with Punjabi women and discussed the accuracy and comprehensibility of the information. Compiled data and submitted reports to CFHC with the recommended changes.

8/2001 to 1/2002 & 8/2002 to 10/2002 UCSF, DEPARTMENT OF ADOLESCENT MEDICINE, San Francisco, CA
Research site – Kaiser San Jose Medical Center, San Jose, CA

Consultant /Project Coordinator – Pro-Teens Research Project, Temp FT, *4 staff*

Worked as a project coordinator at one of the 3 Northern California research sites. Coordinated UCSF's Pro-Teen research project in San Jose, CA. Worked closely with the primary care team and conducted health education sessions on topics such as drug and alcohol abuse, tobacco use, unsafe sexual practices, unsafe driving practices, nutrition, etc. Used databases such as Excel and Access for data management, updated survey tools and patient records, in addition to updating site performance reports. Presented site specific research results and made recommendations to enhance treatment modalities for adolescent patients.

6/2000 to 9/2000 FAMILY HEALTH CENTERS OF HAWAII, Honolulu, HI

Health Administrator Intern/Health Educator, Temp FT

Clinic Administration and Operations: Provided family planning and birth control education to patients. Initiated a strategic planning project to improve services for low-income Oahu patients. Evaluated existing clinic services, reviewed existing grant funding and accounting records, and assisted with additional grant applications to attain funding for low-income patients.

1/2000 to 6/2000 UNITED NATIONS CHILDREN'S EMERGENCY FUND (UNICEF) HEADQUARTERS, New York City, NY

Consultant – Adolescent Health, Part Time

Examined the crucial role of parents in fostering adolescent health and evaluated UNICEF's adolescent health programs as a part of a global review of adolescent health. Created a Parental Involvement in Adolescent Development (PIAD) assessment tool for UNICEF's country offices to examine parents' role in maximizing adolescent capacities. Evaluated programs aimed at improving the health of adolescent mothers and helped finalize assessment tool and report for global sites.

1/1993 to 6/1998, PINE TREE GARDENS – HOME FOR MENTALLY ILL, Davis, CA, *16 inpatient beds*

Mental Health Counselor/intern initially, and live-in counselor 97-98, Part Time

Counseled residents who suffered from schizophrenia, depression, personality disorders and other psychiatric disorders. Administered medicines, prepared meals, motivated and guided patients to attain jobs to become self-sufficient. Took immediate action and initiated referrals in case of emergencies. Kept an updated log of patient activities.

5/1993 to 6/1995 UNIVERSITY OF CALIFORNIA, SCHOOL OF MEDICINE, Davis, CA

Research Assistant – Endocrinology, Part Time

Utilized ELISA assays and followed defined procedures for the Polyclonal Pregnanediol Glucuronide and Estrone-Conjugate Enzyme Immunoassay to quantify progesterone, estrogen, follicle stimulating hormone, and luteinizing hormone in samples. Involved in many ongoing projects including investigation of the effects of different levels of exercise/body mass on women's menstrual cycles and analysis of reproductive cycles of endangered animals.

3/1994 to 3/1995 University of California – Cowell Health Center, Davis, CA

Reproductive Health Consultant/Health Educator, Part Time

Conducted required health education and birth control classes prior to provider referral for contraceptives. Held health education presentations in campus dormitories, topics included sexually transmitted diseases, contraceptives, abortion, prenatal services, date rape, violence and safety, etc.

6/1994 to 8/1994 UNIVERSITY OF PENNSYLVANIA, SCHOOL OF MEDICINE, Philadelphia, PA

Research Fellow - Pathology Department, Full Time

Designed an ELISA assay to quantify rabies glycoprotein. Validated specific antibodies and antigens to formulate a "sandwich" assay for the detection of the rabies virus. Utilized various laboratory techniques such as polyacrylamide gel electrophoresis, western blots, BCA protein assay, etc. Conducted a professional presentation to the Biomedical Graduate Studies Program participants and faculty to share project results and made recommendations to improve detection accuracy.

11/1993 to 12/1994 UNIVERSITY OF CALIFORNIA, Davis, CA

Research Assistant – Department of Vegetable Crops/Plant Pathology, Part Time

Screened lettuce plants for spontaneous resistance gene mutations. Although lettuce plants are naturally resistant to fungus, certain spontaneous mutations may make them susceptible to attack from fungus. Susceptible plants were then isolated for DNA analysis to detect changes or deletions in DNA sequences. Tracked various lab projects and implemented procedures

6/1993 to 9/1993 CALIFORNIA DEPARTMENT OF HEALTH SERVICES, Sacramento, CA

Research Intern – Breast and Cervical Cancer Control Program, Part Time

Encouraged hospitals to initiate low-cost programs for breast and cervical cancer screening with the use of state government assistance and subsidies. Corresponded with hospitals and clinics throughout Northern California and connected them with available services and programs and provided information regarding available state funding to implement screening programs.

1/1993 to 3/1993 UNIVERSITY OF CALIFORNIA, SCHOOL OF VETERINARY MEDICINE, Davis, CA

Research Assistant – Bovine In-vitro Fertilization, Part Time

Assisted researchers with ongoing experiments in bovine in-vitro fertilization. Responsible for experimental procedures and analysis of data.

COMMUNITY AND VOLUNTEERING ACTIVITIES

- **Committee Overseeing Volunteer Services Representative, Yale Univ.,** New Haven, CT
- **Amnesty International, Davis Chapter,** Davis, CA
- **Pine Tree Gardens, Home for mentally ill,** Davis, CA
- **Mission de la Casa, Nursing and Rehabilitation Center,** San Jose, CA
- **Clinica Tepati, Free Saturday Clinic,** Sacramento, CA
- **Davis Community Meals,** Davis, CA

PUBLICATIONS

- Shideler, S.E., Munro, C.J., Johl, H.K., Taylor, H.W., and Lasley, B.L."Urine and Fecal Sample Collection on Filter Paper for Ovarian Hormone Evaluations." American Journal of Primatology, 1995: v 37, pages: 305-315.

PROFESSIONAL PRESENTATIONS

- Doctor of Nursing Practice Capstone Project. *"Peer-led Diabetes Self-Management Education Intervention in a Correctional Setting".* Presented at Touro University, December 2019.
- Master of Nursing, Clinical Nurse Leader Capstone Project. *"Critical Analysis of the Staffing Crisis at DSH-Stockton: Census and Utilization Management Based Interventions"*. Presented at Touro University, December 2016.
- A Thesis Presentation to The Faculty of the Department of Epidemiology and Public Health, Yale University School of Medicine. *"Temporal Trends Analysis of Perinatal Necrotizing Enterocolitis"*, April 2001.
- Fellowship Presentation to the Biomedical Graduate Studies Fellowship Program, University of Pennsylvania. *"Quantifying Rabies glycoprotein using an ELISA assay*", August 1994.