

|                 | <b>Time</b> | <b>Stage 1</b> | <b>Stage 2</b> | <b>Stage 3</b> | <b>Stage 4</b> | <b>Stage 5</b> | <b>Stage 6</b> | <b>Stage 7</b> | <b>Stage 8</b> | <b>Stage 9</b> | <b>Stage 10</b> |
|-----------------|-------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|-----------------|
| <b>Saturday</b> |             |                |                |                |                |                |                |                |                |                |                 |
|                 | 7:30        | 1              | 2              | 3              | 4              | 5              | 6              | 7              | 8              |                |                 |
|                 | 8:30        |                | 1              | 2              | 3              | 4              | 5              | 6              | 7              | 8              |                 |
|                 | 9:30        |                |                | 1              | 2              | 3              | 4              | 5              | 6              | 7              | 8               |
|                 | 10:30       | 8              |                |                | 1              | 2              | 3              | 4              | 5              | 6              | 7               |
|                 | 11:30       | 7              | 8              |                |                | 1              | 2              | 3              | 4              | 5              | 6               |
| <b>Lunch</b>    | 12:30-1     |                |                |                |                |                |                |                |                |                |                 |
|                 | 1           | 9              | 10             | 11             | 12             | 13             | 14             | 15             | 16             |                |                 |
|                 | 2           |                | 9              | 10             | 11             | 12             | 13             | 14             | 15             | 16             |                 |
|                 | 3           |                |                | 9              | 10             | 11             | 12             | 13             | 14             | 15             | 16              |
|                 | 4           | 16             |                |                | 9              | 10             | 11             | 12             | 13             | 14             | 15              |
|                 | 5           | 15             | 16             |                |                | 9              | 10             | 11             | 12             | 13             | 14              |
|                 |             |                |                |                |                |                |                |                |                |                |                 |
|                 | <b>Time</b> | <b>Stage 1</b> | <b>Stage 2</b> | <b>Stage 3</b> | <b>Stage 4</b> | <b>Stage 5</b> | <b>Stage 6</b> | <b>Stage 7</b> | <b>Stage 8</b> | <b>Stage 9</b> | <b>Stage 10</b> |
| <b>Sunday</b>   |             |                |                |                |                |                |                |                |                |                |                 |
|                 | 7:30        | 14             | 15             | 16             |                |                | 9              | 10             | 11             | 12             | 13              |
|                 | 8:30        | 13             | 14             | 15             | 16             |                |                | 9              | 10             | 11             | 12              |
|                 | 9:30        | 12             | 13             | 14             | 15             | 16             |                |                | 9              | 10             | 11              |
|                 | 10:30       | 11             | 12             | 13             | 14             | 15             | 16             |                |                | 9              | 10              |
|                 | 11:30       | 10             | 11             | 12             | 13             | 14             | 15             | 16             |                |                | 9               |
| <b>Lunch</b>    | 12:30-1     |                |                |                |                |                |                |                |                |                |                 |
|                 | 1           | 6              | 7              | 8              |                |                | 1              | 2              | 3              | 4              | 5               |
|                 | 2           | 5              | 6              | 7              | 8              |                |                | 1              | 2              | 3              | 4               |
|                 | 3           | 4              | 5              | 6              | 7              | 8              |                |                | 1              | 2              | 3               |
|                 | 4           | 3              | 4              | 5              | 6              | 7              | 8              |                |                | 1              | 2               |
|                 | 5           | 2              | 3              | 4              | 5              | 6              | 7              | 8              |                |                | 1               |