## A Journey of Breath and Sound

With Esther Hall, Jim French and Sarah Jane Cooper



AND

22<sup>nd</sup> February 2026 1pm-3pm

Where? Scarborough Art Gallery, The Crescent,

Scarborough. YO11 2PW

£40/person (including tea/coffee) Cost?

We invite you to a deep and accessible 2 hour extravaganza of evolution. Open and expand your ability to receive, using mantra. Then immerse in the high vibrations of voice and sound-bath.

For more information and to book tickets:

https://www.weevolve.uk.com/event-list









