## The 10km Run

- From the start line, head 350m along the dirt road towards the main entrance gate to Pomingalarna Park.
- Go through the main gate veering left on to the dirt road and continue along the right-hand side of Bagley Drive.
- Opposite the Waterworks, you will turn right off Bagley Drive down a single dirt track and go through the tunnel under the main highway.
- You continue out of the tunnel and follow the track for approximately 100m, turning left into Silvalite Reserve through the style.
- Continue along the single track till you get to a Y intersection and via left as per markings.
- Continue along the single track past the turn off for the 5Km following the single track staying right, going through the tunnel under Red Hill Road.
- Follow the track till you come to the Y intersection, turn right and head over the steel bridge following the track to towards the stairs up Kapooka Bridge.
- Turn left at the top of the stairs, go along the path and turn left down the stairs and continue to follow the single track around the dam.
- You then turn left at the intersection and head through the tunnel under the railway line.
- Turn sharp right after the tunnel and follow the single track, past the Y intersection and through the tunnel under Red Hill Road.
- Follow the track; take the left turn at the 5KM turn around point heading down the gully, turning right and following the single track heading towards the style out of Silvalite Reserve.
- At the style turn right and head towards the tunnel under the highway, then turn left on to Bagley Drive and continue to run on the left-hand side of the road.
- Continue on to the dirt road heading into Pomingalarna Park, turning right into the main gate and then turn sharp left up the dirt road towards the San Isadore gate.

- You then take the third turn to the right and head up the hill to a four-way intersection, take the sharp right turn and follow the single track down the hill.
- You will then come out back onto the dirt road, turn left for approximately 15m and turn left back onto the single track which will bring you back out onto the main Pomingalarna road where you will turn left and head straight along the dirt road to the finish line.

