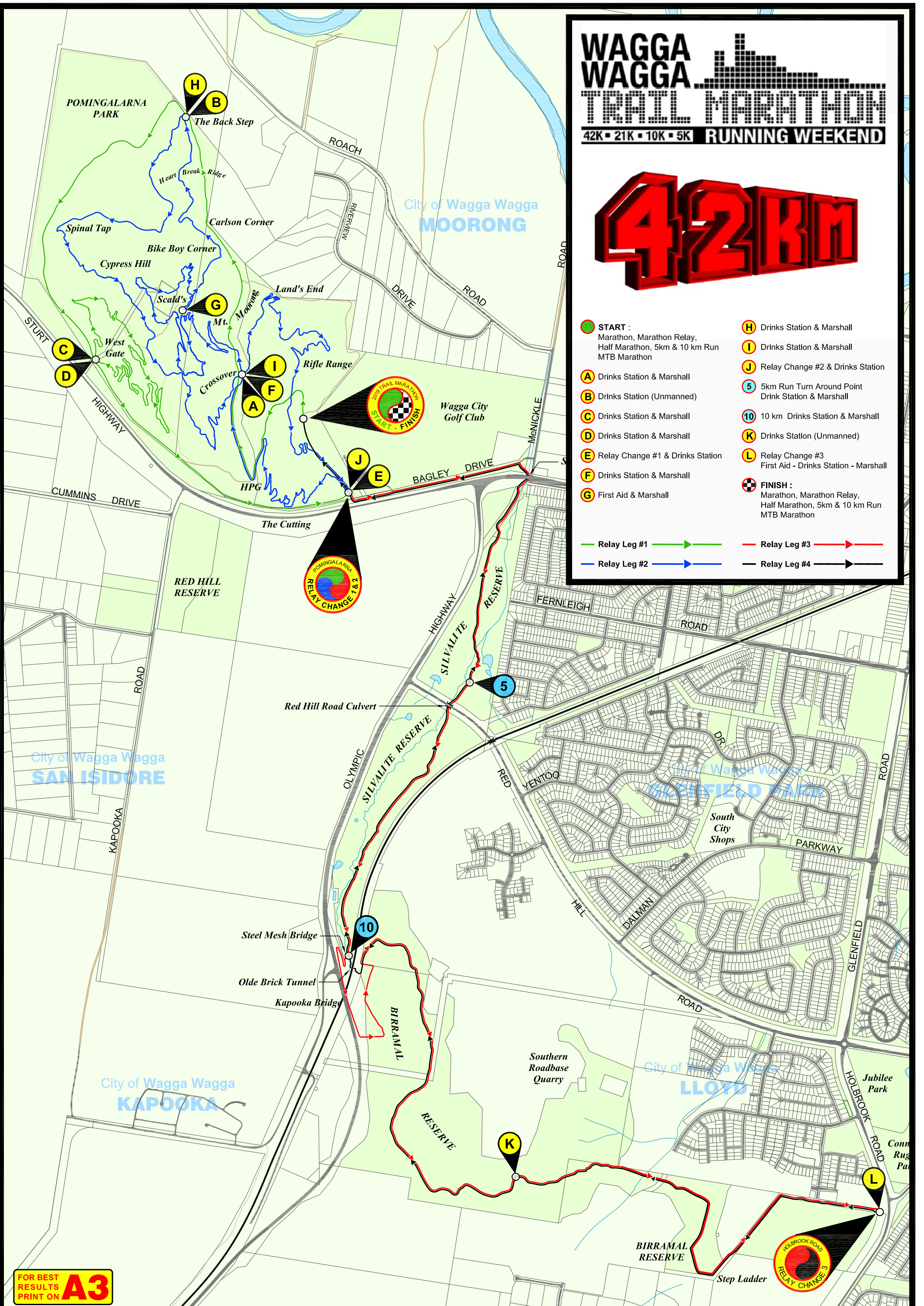


WAGGA WAGGA TRAIL MARATHON

42K • 21K • 10K • 5K RUNNING WEEKEND

42KM

- START :** Marathon, Marathon Relay, Half Marathon, 5km & 10 km Run, MTB Marathon
 - A** Drinks Station & Marshall
 - B** Drinks Station (Unmanned)
 - C** Drinks Station & Marshall
 - D** Drinks Station & Marshall
 - E** Relay Change #1 & Drinks Station
 - F** Drinks Station & Marshall
 - G** First Aid & Marshall
 - H** Drinks Station & Marshall
 - I** Drinks Station & Marshall
 - J** Relay Change #2 & Drinks Station
 - 5** 5km Run Turn Around Point, Drink Station & Marshall
 - 10** 10 km Drinks Station & Marshall
 - K** Drinks Station (Unmanned)
 - L** Relay Change #3, First Aid - Drinks Station - Marshall
 - FINISH :** Marathon, Marathon Relay, Half Marathon, 5km & 10 km Run, MTB Marathon
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- Relay Leg #1
 - Relay Leg #2
 - Relay Leg #3
 - Relay Leg #4



FOR BEST RESULTS PRINT ON **A3**

COURSE DESCRIPTION

MARATHON

From the start line, follow the outside loop fire road around Pomingalarna Park until you reach the San Isadore entrance gate. At this gate turn left then sharply right on to the MTB green loop and follow this winding single track around.

About 1.5 km in you will come out onto a fire road where you turn left and follow it along for about 100m then turn left back onto the green loop. Continue along this single track where you will cross this fire road slightly to the left where the single track continues back to the San Isadore gate.

Turn right then left back onto the fire road and continue along this road keeping right until you get back to the main gate. Turn left along the main dirt road and turn left after 150m onto the inside MTB track. Follow this single track clockwise.

Refer to the Wagga MTB 6 Hour Map (at end of this course description) for route to take for the inside course of Pomingalarna.

Turn right at end of single track and head 350m along the dirt road towards the main entrance gate to Pomingalarna Park. Go through the main gate veering left on to the dirt road and continue along the left side of Bagley Drive near the fence line of the golf course.

Opposite the Waterworks, you will turn right heading down a single dirt track and go through the tunnel under the main highway. You continue out of the tunnel and follow the track for approximately 100m, turning left into Silvalite Reserve through the style. Continue along the single track till you get to a Y intersection and veer left as per markings.

Continue along the single track staying right, going through the tunnel under Red Hill Road. Follow the track till you come to the Y intersection, turn right and head over the steel bridge following the track turning right down the road then left up the ramp over the Kapooka bridge. Turn left going down the stairs, continuing to follow the single track around the dam.

You then go left for a short distance, then right at the intersection and head up the hill towards Lloyd housing. Follow the fire road around Lloyd hills until you come to a Y intersection where you veer right up the hill, then right again past the artwork area. Continue down the hill over the style, turning left down

the hill to the fence line where you head right to the checkpoint at Mangoplah road. Head back up the fire road till you get to an intersection. Turn left at the intersection and head up, following the fence line over the style and continue along the fire road up and over Lloyd hills.

After approximately 4Km you will get back to an intersection where you will turn right on to single track, down a gully and through the tunnel under the railway line.

Turn sharp right after the tunnel and follow the single track. Take the left turn at the 5KM turn around point heading down the gully, turning right and following the single track past the Y intersection and through the tunnel under Red Hill Road. Follow the track heading towards the style out of Silvalite Reserve.

At the style turn right and head towards the tunnel under the highway, then turn left on to Bagley Drive and continue to run along the fence line of the golf course. Continue on to the dirt road heading into Pomingalarna Park, turning right into the main gate and then straight towards the finish line.