



5KM

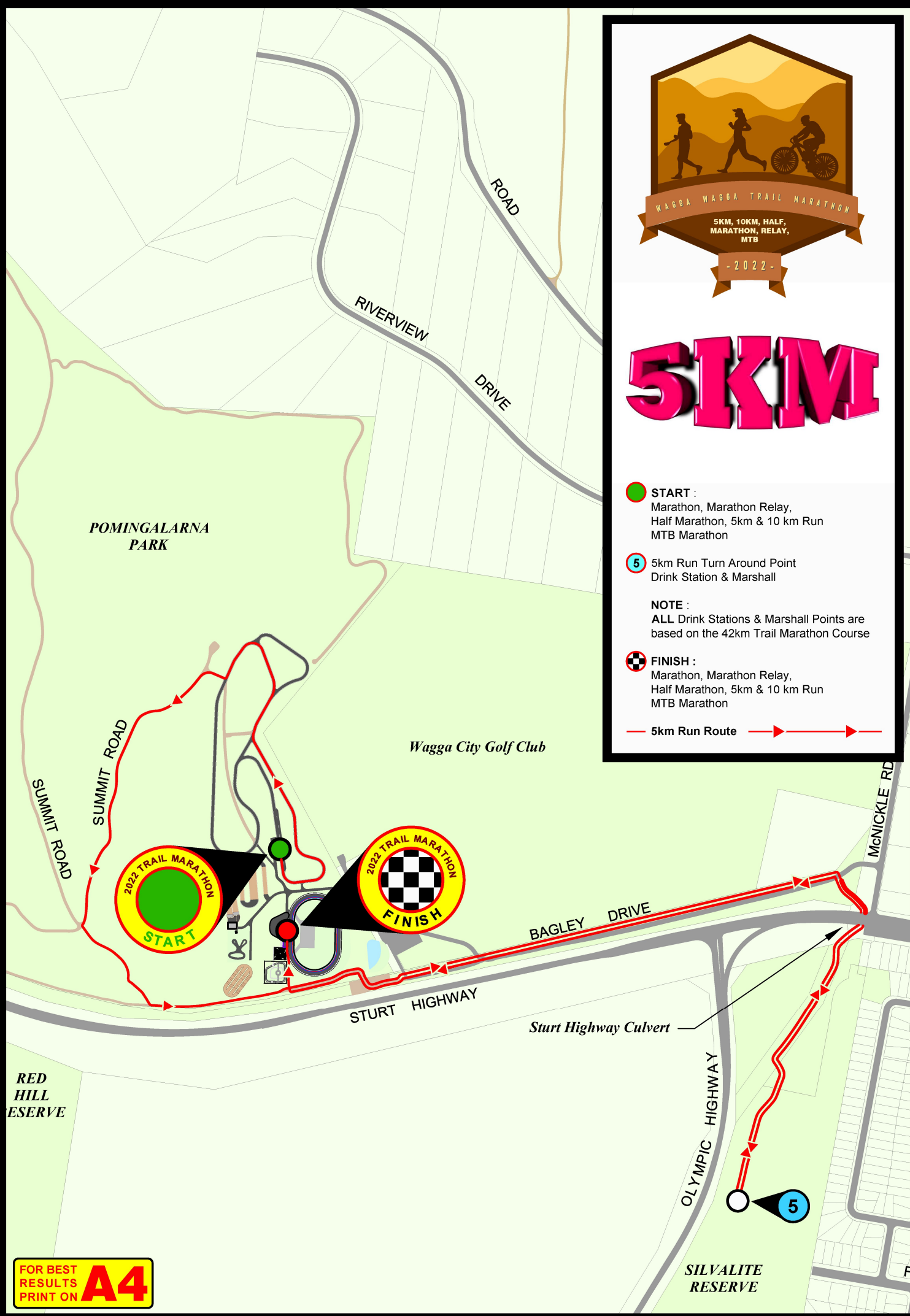
START :
Marathon, Marathon Relay,
Half Marathon, 5km & 10 km Run
MTB Marathon

5 5km Run Turn Around Point
Drink Station & Marshall

NOTE :
ALL Drink Stations & Marshall Points are
based on the 42km Trail Marathon Course

FINISH :
Marathon, Marathon Relay,
Half Marathon, 5km & 10 km Run
MTB Marathon

5km Run Route → → → → →



FOR BEST
RESULTS
PRINT ON **A4**