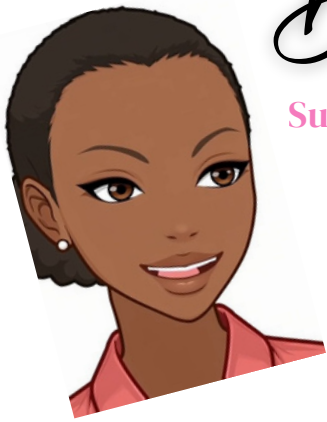


Dr. Denize Discusses...

Supporting your health journey, while improving health delivery.



JULY 2026

THE MONTH OF INDEPENDENCE

July is Uterine Fibroid Month

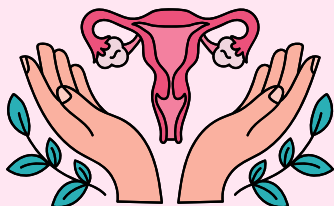
Uterine fibroids (also known as leiomyoma) are noncancerous growths that live in various sites of the uterus. Fibroids are tumors made of smooth muscle. These can cause discomfort, pain and heavy bleeding. Treatment is only needed if they are causing problems. Uterine fibroids are responsible for 70-80% of benign tumors in the female genital tract. Women often have fibroids for many years before they are detected. Treatment options often include:

- Non-steroidal anti-inflammatory drugs
- Anti-fibrinolytic drugs
- Injectable therapies
- Surgery when necessary



DID YOU KNOW?

- Up to $\frac{2}{3}$ of women suffer from fibroids
- Fibroids are more prevalent in black women
- Having a mother, sister or grandmother with history of fibroids increases your risk.
- Common symptoms can include heavy menstrual bleeding, pelvic pain and/or pressure, growing stomach, pain during sex, and lower back and stomach pain



“A woman's health is her capital”



SHOP NOW

