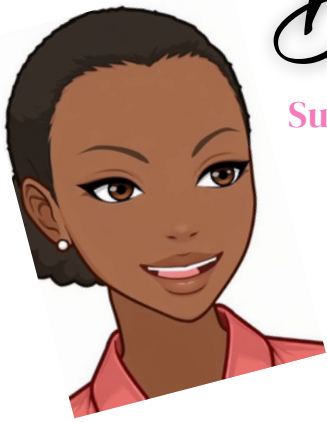


# Dr. Denize Discusses...

Supporting your health journey, while improving health delivery.



## JUNE 2026

### WOMEN'S HISTORY MONTH

#### Summers around the corner!

The first official day of summer is Saturday, June 20<sup>th</sup>. Protect yourself in the summer heat and wear sunscreen. It's hard to believe that we are halfway through the year!



#### DID YOU KNOW?

- Women often have stronger immune systems than men.
- Ovaries are among the first organs to age—doing so roughly 2.5 times faster than the rest of the body.
- Uterine Fibroids: These are the most common noncancerous tumors in women of reproductive age
- About 1 in 4 women develop pelvic floor problem

“Fall in love with the process of becoming the very best version of yourself”



SHOP NOW

