Lana R. Castle

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> Writer, editor, page designer & publishing coach with diverse background & over 30 years of experience

- Skills & Experience-

Writing & Editing

- Books & Newsletters
- Fiction & Nonfiction
- Educational & Technical
- Articles, Blogs & Columns
- Scripts & Speeches

Design & Production

- Page Design & Layout
- Graphics & Cartooning
- Photography
- Audio & Video Production

- Freelance History -

Freelance Editor, Page Designer & Publishing Coach (1989-present) -Sample Book Projects:

- Cold Hard Ride by Anthony Whitt, 2014 (Edited, designed, laid out & produced print-ready & ebook files)
- The Truth About Carpal Tunnel Syndrome by Jill Gambaro, 2014 (Coached about publishing & edited book proposal)
- My Father's Eyes by Sheila Allee, SACPress, 2014 (Copyedited, designed & produced print-ready files)
- Diary of Jayne: Entombed by A.M. Ramirez, 2014 (Edited, designed & produced print-ready & ebook files)
- *Hard Land to Rule* by Anthony Whitt, 2013 (Edited, designed, laid out & produced print-ready & ebook files)
- Waking Up to Spirit: Twenty Stories of Transformation by Unity Church of • the Hills, 2013 (Contributed an essay, edited, designed & produced printready & ebook files)
- *Keepsakes of the Garden: The Transformative Path* by Fatima T. Maciazek 2013. (Coached about ebook publishing)
- The Diamond in the Onion Suit by Mickey Michaels, Possibility Press, 2013 (Edited, designed & produced print-ready files)
- Roundtrip from Texas: More Travels and Essays from Sonja Klein by Sonja Klein, Ambush Publishing, 2013 (Edited, designed & produced print-ready & ebook files)

- Website Design

- *Diary of Jayne* by A.M. Ramirez, 2013 (Edited, designed & produced printready & ebook files)
- The Gift of Divine Guidance: From the Soul of an Artist by Lucille Edgarian, Balboa Press, 2012 (Edited text & photos; submitted for publication)
- Honk If You Married Sonja: The Travels and Essays of Sonja Klein by Sonja Klein, Ambush Publishing, 2011 (Edited, designed & produced print-ready & ebook files)

Freelance Writer (1989-present)

- Authored & produced art for four trade books of my own:
 - Get That Book Published! A Roadmap for Today's Writer (Castle Communications, 2012)
 - Finding Your Bipolar Muse: How to Master Depressive Droughts and Manic Floods and Access Your Creative Power (Da Capo/Perseus Books/Marlowe and Company, 2006)
 - Bipolar Disorder Demystified: Mastering the Tightrope of Manic Depression (Da Capo/Perseus Books/Marlowe and Company, 2003), which has sold over 73,000 copies & also been published in Brazil & Japan
 - Style Meister: The Quick-Reference Custom Style Guide (Castle Communications, 1998)

- Other Accomplishments -

- Regularly narrate & record audiobooks for people with vision impairments or reading disabilities such as dyslexia
- Wrote scripts, directed studio productions & provided on-camera talent for self-paced video series to train technicians worldwide to service new laptops & peripherals
- Designed & taught workshops & informal classes on publishing options, editing & proofreading, type specification, graphics & print production, printon-demand & ebook production, creativity & mental health issues
- Founded & manage Unity Hills Books & Media, the publishing arm of Unity Church of the Hills in Austin, Texas

- Education -

M.A., The University of Texas at Austin, Curriculum & Instruction: Educational Communications/Instructional Design

B.S., Kansas State University, Speech & Theatre/English minor

Extensive continuing education in communications & publishing