



TAP INTO A NEW POSSIBILITY *for mental health*

Patient Consultation Guide

NeuroStar® is a **safe and effective** TMS treatment covered by most insurance carriers. It's non-drug and non-invasive.



Depression
Adult

Depression
Adolescent

OCD

What To Expect

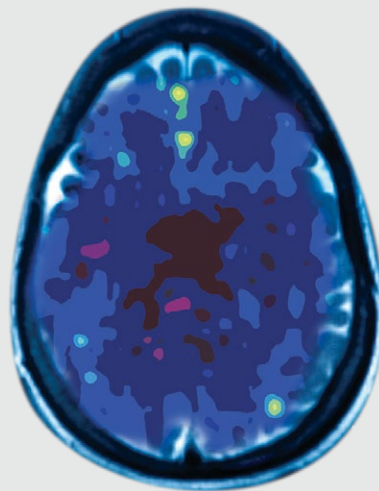
Insurance

Mental Health Challenges **Start In The Brain** **NeuroStar Treats Them At The Source**

Dark areas show where brain cells are not functioning as they should.

Highlighted areas indicate healthy brain function.

Depressed Brain



Non-depressed Brain

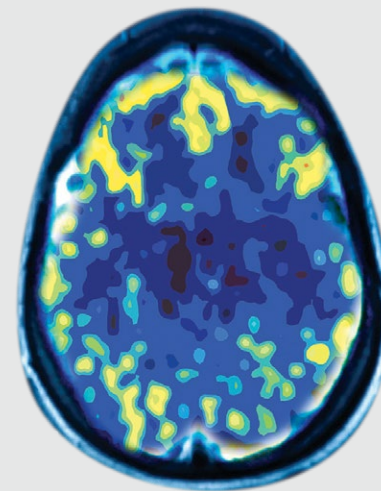


Image Source: Mark George, M.D., Biological Psychiatry Branch Division of Intramural Research Programs, National Institute of Mental Health, 1993.

When Medications Haven't Worked, More Isn't Always The Answer

Unlike medications that travel through the entire body through the bloodstream, NeuroStar focuses treatment directly at the source—the brain.

Effective

NeuroStar uses focused magnetic pulses to reignite dormant synapses in the brain.^[5,6]

Proven

More than 7.6 million treatments have been performed with more than 209,000 patients.^[1]

Trusted

NeuroStar is the TMS therapy most recommended by doctors.

NeuroStar can help get your **life back on track.**



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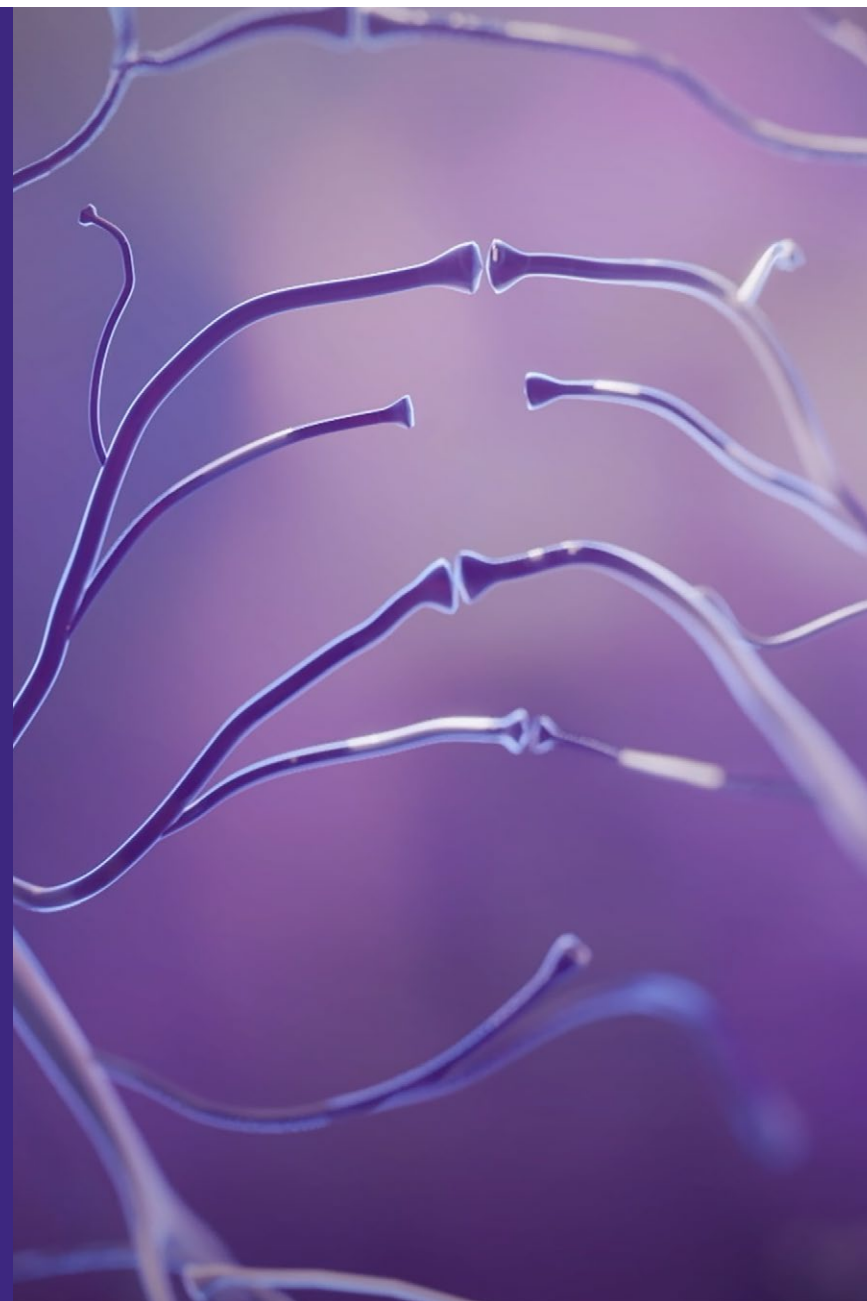
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TMS Is Like **Physical Therapy For The Brain**

Scientists believe NeuroStar's pattern of repetitive stimulation of the brain increases neuroplasticity — the brain's ability to adapt and change.

Like regular exercise, **consistency is key to strengthening your synapses and preventing further weakening.** So, completing the full treatment regimen recommended by your doctor is **key to receiving the best results.**^[8]



Depression

Adult

You Are Not Alone

More than **280 million people** around the world **struggle to control this disease.**^[2]

Over 2/3

of major depression patients aren't happy with their current treatment and want a new option.^[1]

Over 10 Years

is the average amount of time depression sufferers have been treating their depression without awareness of other treatment options.^[1]

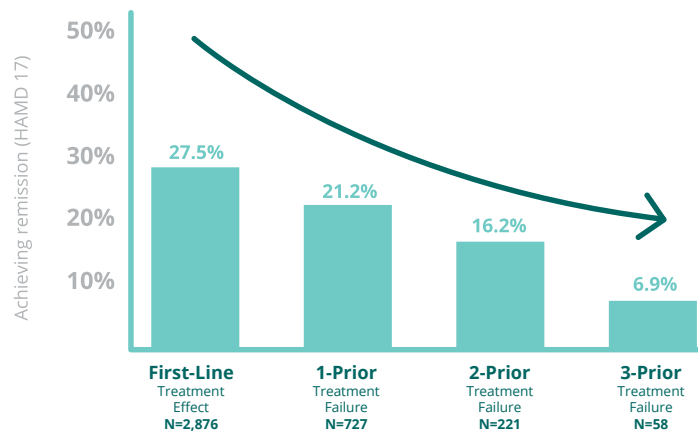
If antidepressants haven't worked for you, that **doesn't mean you're out of options.**



More Medication Isn't Always The Answer^[3-6]

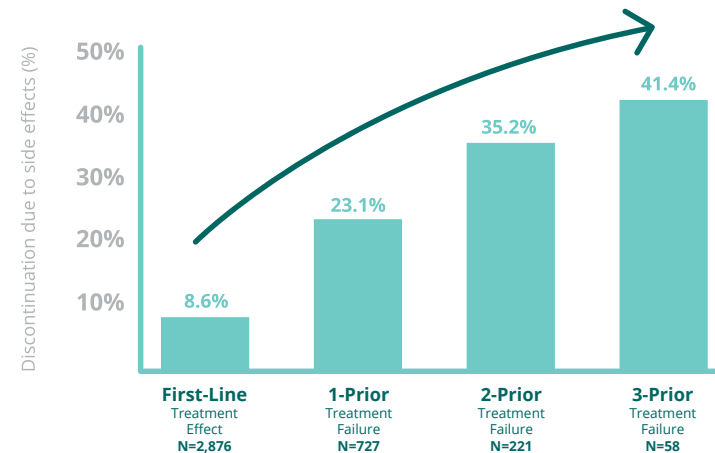
With every new medication you try:^[3-6]

Your chances of feeling better go down,



STAR*D Study n=4,041

and the likelihood you will stop taking your medication because of side effects goes up.



STAR*D Study n=4,041

Results from the STAR*D study, medication attempts (n=4,041)^{3,4}

NeuroStar Is **Non-Drug Depression Treatment** That Works^{*,7]}



**of Patients Saw Improvement
in Depression Symptoms**



**of Patients Saw Symptom
Relief (Remission)**

*Patient results may vary. The outcomes reported represent the subset of study patients for which the CGI-S data were reported before and after an acute course of NeuroStar TMS. Patients were treated under real-world conditions where they may have been prescribed concomitant depression treatments including medications. "Improvement in depression symptoms" was defined as a CGI-S score ≤ 3 and "symptom relief (remission)" was defined as a CGI-S score ≤ 2 at the end of treatment.

NeuroStar Can Help Resolve Comorbid Anxiety Symptoms

Many people with MDD experience anxiety along with their depression. The good news is that NeuroStar can help resolve comorbid anxiety symptoms in MDD patients.^[9]



Patients had their anxiety reduced by 50%, and for 38% of them, it “went away.”



Reported their Moderate/Severe anxiety was reduced to Mild/Minimal after NeuroStar treatment.

Your Customized Treatment Plan

Completing the total number of prescribed sessions gives you the best chance for recovery.^[8]

NeuroStar treatment starts with a personalized brain mapping (called a “Motor Threshold” or “MT”) to ensure you get 100% of the therapy at the right location.



Sessions last as little as **19 minutes**.



There’s no sedation, so you can **resume normal activities** (including driving home) **immediately after treatment**.



A full course of treatment is typically **36 treatments**. Your doctor’s specific treatment plan may differ.



The Best Evidence Is **A Changed Life**

"It's like my chains had been broken. This passion for life just flew back into me."

*Cara, Became NeuroStar
TMS Employee*



"I missed a lot of years...I don't take life for granted anymore."

Lisa, Entrepreneur



"Colors are brighter, music sounds better...I'm living full days again."

*Jess, Tried Several
Different Antidepressants*



"I wake up smiling. I get to see my daughter how a father should see their kid. NeuroStar gave that back to me."

Daniel, Navy Veteran



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Tap Into A New Possibility For Adolescent Depression

Each year, 1 in 5 US adolescents experience at least one major depressive episode.^[11]

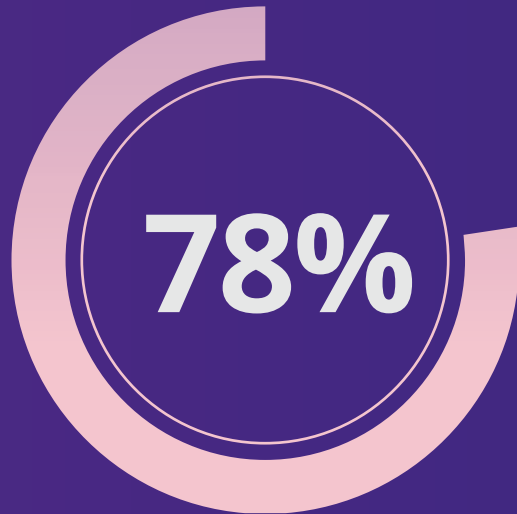
Depression among adolescents can **disrupt crucial aspects of development**, such as academic performance, relationships with peers and family members, and overall **emotional well-being**.

If antidepressants alone haven't helped, adding **NeuroStar TMS** to your treatment regimen **may increase your chances of finding relief**.

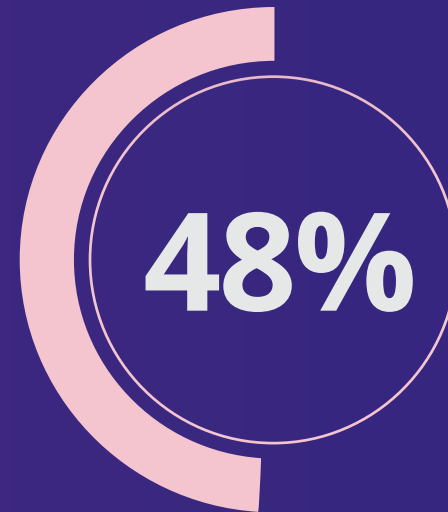


NeuroStar Is A **Non-Drug Depression Treatment** That Works

NeuroStar is proven effective for adolescents.^[15]



of Patients Saw Improvement
in Depression Symptoms



of Patients Saw Symptom
Relief (Remission)

Your Customized Treatment Plan

NeuroStar treatment starts with a personalized brain mapping (called a “Motor Threshold” or “MT”) to make sure you get 100% of the therapy at the right location.



Sessions last as little as **19 minutes**.



There's no sedation, so you can **resume normal activities** (including driving home or going back to school) **immediately after treatment**.



A full course of treatment is typically **36 treatments**. Your doctor's specific treatment plan may differ.



The Best Evidence Is A Changed Life

"Depression really hit me hard in high school. I was on so many different medications that **I didn't feel like myself...**My mom found [NeuroStar] TMS, and I decided to give it a try. **It was great — the best thing that ever happened to me.**"

—Aubrey, *Real NeuroStar Patient*

"With NeuroStar TMS, **we felt there is hope after all.**"

—Patricia, *Parent of a Real NeuroStar Patient*

"I can say from my experience, [NeuroStar] is probably the **best thing I've done in my life. I recommend it totally 100%.**"

—Chrissy, *Real NeuroStar Patient*



Aubrey

Obsessive Compulsive Disorder

What Is OCD?

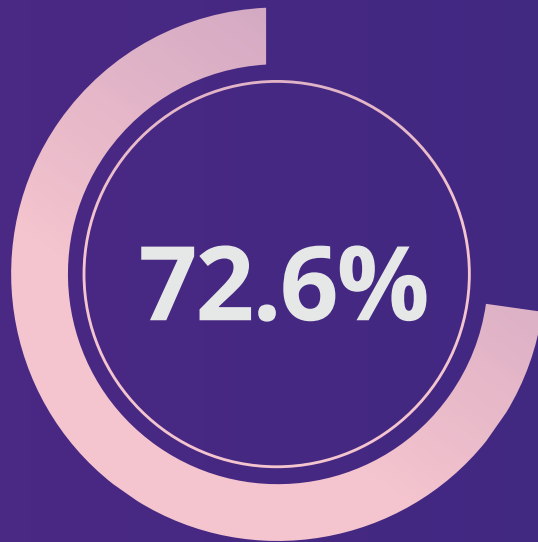
How Common Is It?

Obsessive-Compulsive Disorder (OCD) is a mental health disorder characterized by **uncontrollable thoughts and fears** (obsessions), which may lead to repetitive behavior (compulsions).

An estimated **4 million adults** in the U.S. had **OCD in the past year**, and approximately one-half (50.6%) had serious impairment.^[12]

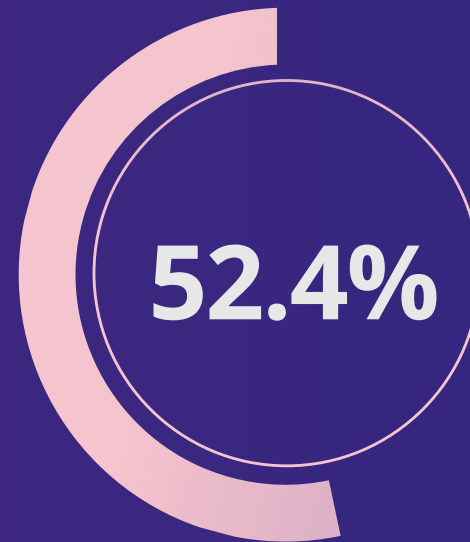


TMS Helps Life Become Manageable Again^[13]



First Response

First time YBOCS score met response criteria



Sustained Response

At least one month having met Response criteria

Note: This study was not performed with a NeuroStar TMS device.

Your Customized Treatment Plan

NeuroStar treatment starts with a personalized brain mapping (called a “Motor Threshold” or “MT”) to make sure you get 100% of the therapy at the right location.



Sessions last as little as **18 minutes**.



There's no sedation, so you can **resume normal activities** (including driving home) **immediately after treatment**.



A full course of treatment is typically **29 treatments**. Your doctor's specific treatment plan may differ.



NeuroStar

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The Best Evidence Is A Changed Life

“I have my life back! It’s changed everything. No more days of consuming depression and OCD. No more obsessing and entertaining compulsions. I can do normal things now, like walk my dog or read, because I’m not constantly mentally checking things.”

–Mandy, *Real NeuroStar Patient*



What To Expect

What To Expect During A NeuroStar Treatment Session

- 1 You'll recline in a comfortable chair — you can read or watch TV during the treatment.
- 2 Focused magnetic pulses will deliver the therapy to the area of your brain that regulates mood. Some people report it feels like a tapping, tingling, or warming sensation at the location of the treatment.
- 3 **You will remain alert** and aware throughout treatment, and you can resume normal activities immediately after.



Completion Is Key

Similar to other treatments like physical therapy or a course of antibiotics, **completing the recommended number of sessions gives you the best results and full benefits of the treatment.** ^[8]

In a study of **more than 7,000 adult patients with MDD**, those who completed a full **36-treatment course** reported:^[8]



**Greater
Remission Rate**



**Greater
Response Rate**

compared to patients who ended their TMS course with fewer than 30 sessions.

What's Next?

What questions do you have?

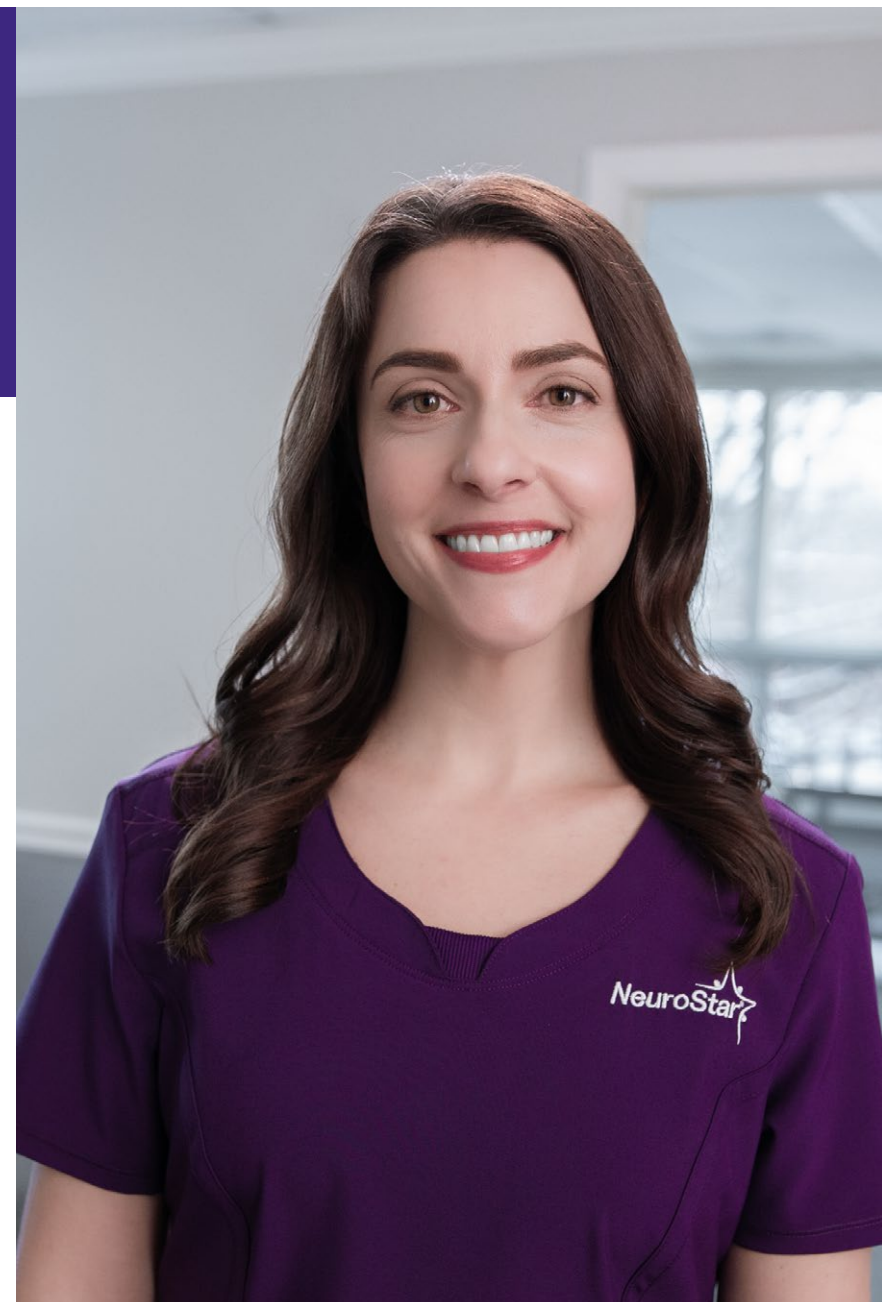
As you consider taking the next steps, know that:

Mental health is a long-term challenge, but NeuroStar has helped many patients just like you find relief.

Many people find that when they complete their treatment plan, **they are able to maintain better mental health and live their lives to the fullest.**

Every person's journey is unique. Rely on us to help you navigate the journey. Communicate with your treater and trust the process.

The next step is to schedule your first treatment session and get you on the road to feeling like yourself again.



Insurance

NeuroStar Is Covered By Most Insurance Plans

NeuroStar TMS is **covered by most national insurance carriers**, including Medicare and TRICARE.

More than 300 million people in the U.S. have insurance that covers NeuroStar.^[1]

NeuroStar also partners with organizations, including CareCredit and Advance Care, to provide financing options for patients whose treatment is not covered by insurance, as well as managing copays, deductibles, and full cash-pay.



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Indications and Safety Information

About NeuroStar® Advanced Therapy For Mental Health

Adult Indications for Use

The NeuroStar Advanced Therapy System is indicated for the treatment of depressive episodes and for decreasing anxiety symptoms for those who may exhibit comorbid anxiety symptoms in adult patients suffering from Major Depressive Disorder (MOD) and who failed to achieve satisfactory improvement from previous antidepressant medication treatment in the current episode.

The NeuroStar Advanced Therapy System is intended to be used as an adjunct for the treatment of adult patients suffering from Obsessive-Compulsive Disorder (OCD).

Adolescent Indications for Use

NeuroStar Advanced Therapy is indicated as an adjunct for the treatment of Major Depressive Disorder (MOD) in adolescent patients (15-21).

NeuroStar Advanced Therapy is only available by prescription. A doctor can help decide if NeuroStar Advanced Therapy is right for you. Patients' results may vary.

Important Safety Information

The most common side effect is pain or discomfort at or near the treatment site. These events are transient; they occur during the TMS treatment course and do not occur for most patients after the first week of treatment. There is a rare risk of seizure associated with the use of TMS therapy (<0.1% per patient).

See neurostar.com for full safety and prescribing information.

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Use this guide in conjunction with the “DUETS Patient Consultation Form” to educate your patients about NeuroStar TMS, how it works, and why it may be right for them.

The "Presentation Notes" pages serve as a valuable resource containing additional information and details that are essential to explain to the patient. During the consultation process, these pages act as a guide, helping you address any questions that may arise and providing reassurance to individuals considering NeuroStar TMS treatment.

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