Assess for Red Flags Concussion/Head Injury symptoms and/or signs of raised intracranial pressure If no red flags severe or worsening headache > severe dizziness Standardized assessments* vomiting (more than 3 times) **1. Use a symptom scale** to track recovery, for example: motor weakness Post Concussion Symptom Inventory (PSCI) Parent, Adolescent lowered level of consciousness and Child versions disorientation, confusion b. Sports Concussion Assessment Tool (SCAT6) for ages 13 and diplopia over (use the Child SCAT6 for ages 5-12) seizure hard neurological signs 2. Assess injury and pre-morbid factors severe mechanism of injury Concussion Evaluation checklist (PACE) Assessment of infants poor feeding, continued crying irritability, unusual agitation Management* physical & cognitive rest for 1-2 days graded return to school and Re-assess every activities (most children are back to 1-2 weeks school full-time by 2 weeks) **Emergency** III. graded return to sport Department IV. give symptom specific advice Persistent symptoms Recovery No (symptoms 4 weeks post-injury back to pre-**Involve MDT** injury levels) Consider referral to Yes **QPRS Complex Concussion MDT Clinic at Queensland Children's Hospital** Return to sport letter https://www.childrens.health.qld.gov.au (>21 days post injury) /chq/health-professionals/referringpatients/

*Refer to Health Professionals section of website for assessment templates and further information on management

Severe mechanism of injury: motor vehicle accident with patient ejection, death of another passenger or rollover; pedestrian or bicyclist without helmet struck by motorised vehicle; falls of 1 m or more for children aged less than 2 years, and more than 1.5 m for children aged 2 years or older; or head struck by a high-impact object.

Definition of Complex Concussion Case

Complex injury (e.g., possible rotational / neck injury, severe signs and symptoms)

Persistent increase in symptoms compared to baseline (greater than 4 weeks)

History of multiple concussions where further opinion/referral is needed (accepted case by case basis)

QPRS Queensland Paediatric Rehabilitation Service – Complex Concussion Clinic