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VEXYRICON

(vex-ear-ih-con)

Version 2.66

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-----=(outlines near utopia)-----

This entire book has nothing to do with “religion” nor “spirituality”. It is meant to be a realistic mindset shift meant to solve the problems people are facing, through logic. I know this book has a funny name, but this is like math. If I make a claim, it’s because I am able to put it behind a sensible logical argument. That goes for every claim I make.

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-----=INTRODUCTION=-----

Every human’s life purpose is literally just to achieve the best existence they can. I’m pretty sure the **meaning of life** is that it’s a game with both great potential for happiness, and great potential for pain. So, the “game”, obviously, is to achieve max happiness, the best existence you can. By living, you play the game, opening yourself to be vulnerable to experience both life’s full potential for happiness and full potential for pain. And by dying, you give up the potential for happiness and pain for what I’ll assume to be a void of nothingness (**we’ve apparently found no proof of any afterlife**, I told you this book is **logic based**, and it’s **smarter** to assume nothingness to be safe and not act like we can just kill ourselves and risk losing all the potential life offers only to be met with literally nothing). So, the meaning of life and your life’s purpose, are the same, as you can see: to achieve the best existence possible. **The reason people “don’t know” their life’s purpose today, is because they were convinced to give up on it. Let me explain:** As a kid, you might come up with big dreams, and not think about their limitations. But as an adult, you’re taught to accept some hopelessness, like accepting that that you will die one day, and that you only have a bit over 100 years to live, at max. Accepting that then makes a lot of, if not all of your **truly** greatest dreams “unachievable”. **I’m not talking about average dreams genius.** I’m talking about **the greatest dreams you can imagine, the full extent of all the potential that exists** for us to

make a reality in this existence we're in. When I said "max happiness" I wasn't kidding. **Those huge dreams are and were always your and our true purpose to achieve as people, the true path to "max happiness" and the best existence we could be living.** The very best dreams you can imagine achieving. Every individual person is and was always meant to have the mindset of intending to take seriously the goal of solving any and every obstacle in their way of achieving such dreams. This includes overcoming death itself. **Here is why:** What the hell can you do with 100 years of life? Definitely not achieve all these "greatest dreams" I'm talking about. Our happiness and achievement of our best, true life purpose, is literally crippled by death not having yet been solved by the medical advancement of society. **But on top of that... There is enough potential for happiness in this existence that the public hasn't discovered yet,** to the point where, if a person witnesses all of or even just "enough" of that potential in one place at one time, **they will be ignited to be uncorrupt & take seriously overcoming everything in their way of it, even death.** I'm not saying they'd definitely succeed in overcoming death, but they **sure would try.** My point with this is: **human beings, since the beginning of time, were meant to have the mindset of creating the best existence possible and overcoming anything in their way of that, as a team, not succumbing to hopelessness. Even toward death itself. It is our literal life purpose, to achieve the best existence possible as an uncorrupt team, and teaching our kids to accept hopelessness, even teaching yourself that, while it seems sane, is a major reason for deep-rooted depression in this society, as well as corruption.** The only way for me to prove this claim is true to you, is to show you all of that potential. **So that's what I'll do in this book. This explains it: he who sees enough of a "why", will find almost any "how".** This is how you were meant to be. There is simply too much potential you'll see you'll be giving up by accepting hopelessness, accepting death... Too much potential happiness you'll be losing, for you to be okay with accepting that hopelessness. I know, seems unbelievable, but **equally is the reward,** and it's important you see that. Like I said, these dreams are your entire life purpose, and the meaning of life is to achieve the greatest of them. **And when this book shows what that's like... You will sprint after it.**

=-----=> Wake Up Sleepy Head, For Your Own Sake? <~=-----=

The amount of regret you'll feel when it's too late, when you're now too old or just 100% guaranteed to die, will scale with the amount of potential that exists in life you see you'll now be losing by dying, the amount of potential you lived your life having given up on chasing. **As someone who's seen a lot of that potential, there's a ton, and thus potential for a ton of regret.** That's not fun ☹️, and what's even less fun is that **most people are headed straight toward all that regret.** Without first witnessing all the potential this existence can offer you, you haven't even seen what you're giving up on by accepting this hopelessness mindset society has taught you. **It's smart to at least see the other side of this coin. And I'm saying, you'll see enough potential I assure you, to the point you will burn to sprint after it,** after you witness it. I have put basically **all of it into plain English for you; this book** should share sensible, full solutions to what seems to be **almost all** individual **and** societal issues. I **don't** mean true "perfection" or "utopia", but the result of this is... **△ CLOSE △**. It is the greatest thing I've ever seen, solving pains you probably weren't aware you had; making life better in ways you didn't know it can be. Just keep reading. And yes, just so you know, this book **does** share the plan to overcome death in the next 50 years, **or less.**

=-----=END OF INTRO=-----=

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This marks the end of book I, the attention-grabbing thesis, "the arrow", and marks the beginning of "the sword":

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THE SWORD, THE IMPORTANT MAIN TEXTBOOK

Textbook of human magnetism, intended to outline the path to the best existence possible. It's all "just an opinion". It's separated into two books: book II has the full plans steps A-Z, and the required/important context. Book III has all the extra, minor context/answers your doubts with it. Any entry in book II has an identically titled one in book III, but the one in book III is only the "extra context", supporting evidence, and answers to potential doubts you might have about that entry or the logic in it. In short, book II is all the plans A-Z, while book III is their evidence and proof.

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BOOK II TABLE OF CONTENTS

Book II contains only the most important info, formulas, and this entire book's main plan's steps from A-Z. The Plan. If you have unanswered questions or doubts about an entry in it, check its book III twin which should answer them!

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Reading Tips.....Page 006

Introductory info that is possibly helpful to know about this book before/whilst reading it.

Foundations of the Individual.....Page 007

Self-explanatory title.

Moral Reality.....Page 011

Definition of moral reality = an un-validly arguable fairest assessment of a situation.

Anti-Censorship.....Page 013

The only thing that should be censored is spam, and I've defined what that is in this chapter.

Economics.....Page 015

Due to moral reality's alignment with everyone's true most viable path, logic and reason can now be our currency...

Anti-Toxicity.....Page 017

Defense against unjust toxicity from others. Not as much sunshine and (rain)bows as extreme positive energy...

Weapon Laws.....Page 021

Self-defense should be an equal playing field, and criminals don't care about "laws" standing in their way.

Open-Mindedness.....Page 023

Willingness to hear out the ideas of those talking to you (as long as they get to the point & have relevant speech).

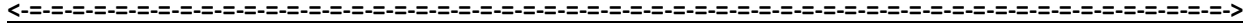
Extreme Positive Energy.....Page 025

The opposite of anti-toxicity, only fully usable for certain people. More sunshine and (rain)bows than anti-toxicity.

The Gender Attractiveness Imbalance.....Page 030

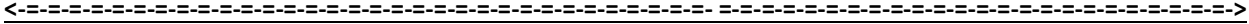
One gender is having an easier time gaining attractiveness... While the other faces tyranny, stopping theirs...

Eye for an Eye Dynamics	Page 032
<i>Moral reality, among other things, enables this; it's the path to true justice.</i>	
Self-Discipline	Page 033
<i>Gettin' shit done</i>	
Contemplation	Page 037
<i>Thinking for yourself; your weapon against "impossible" problems, and how I found most of what's in this book.</i>	
Moral Reality Laws	Page 039
<i>Moral realities that seem to remain true in all or almost all scenarios...</i>	
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<i>Self-explanatory title.</i>	
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<i>Ever seen a good movie? Don't you think they get to the point and progress the plot in those? Life should be similar.</i>	
Miscellaneous	Page 044
<i>Unsorted. Remember, if something's in book II, it's because of its importance alone.</i>	
Contemplation Notepads	Page 045
<i>The organized system of notepads I used to create the whole vexyricon and find most of the info in it.</i>	
The Judgement List Method	Page 048
<i>The method for finding ("farming") new impactful song motivations of all kinds and angles of impact.</i>	
The "Ocean of Context" Table of Contents	Page 051
<i>Book III, containing answers to questions, doubts, and containing all other extra context, entries, and information.</i>	



READING TIPS

Introductory info that is possibly helpful to know about this book before/whilst reading it.

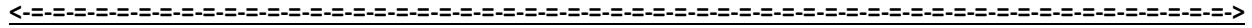


“human magnetism”

I don't see a problem with this being the title of the movement this book creates. It's accurate, and *you'll see why*. “*Human magnet*” is just a term I'll use meaning “the legendary version of oneself” throughout this book. I think that's okay, because the level of “*legendary self*” this book can turn even a *single person* into, is... Something I'd never seen before. Never even knew anything like this was possible. A strong human magnet has been the most impactful motivation I've ever seen, and it'll be *really funny* if I can somehow manage to help everyone become *that legendary* with this little nuke of a book. The three “*overarching traits*” of a “human magnet” are power, attractiveness, and understanding, with all other traits being sub-traits of those three that give someone more of those three.

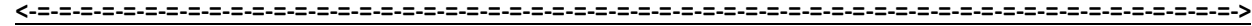
warning: cross-referencing

Occasionally, things in this book mention things lower down in the book you may not have read about yet. In the same sense, things already mentioned may be cited again since so many things connect to and support others here. Rest assured, everything should be easy to find, and if it isn't with the table of contents, search for it with CTRL+F...



FOUNDATIONS OF THE INDIVIDUAL

Self-explanatory title.



the law of motivations

This is the *most important thing in the entire vexyricon*. It says, if a person witnesses enough of their best existence possible at once, they *will* feel ignited, possibly on an *unimaginable level*, to achieve that existence and make what they saw a reality. This is a *warning*, and I suggest taking it *extremely* seriously, because the amount of regret you'll feel on your death bed from ignoring this law and not chasing that best existence, will scale with the amount of potential you'll be seeing existed in life that you gave up on chasing and will now lose access to, because now you're guaranteed to die. And as I said, there's enough potential to the point you'll very possibly be ignited on an *unimaginable* level, burning to make that potential a reality when you see it. And so in the same sense, if you're on your death bed, you can experience *unimaginably* painful levels of regret, anger, depression, etc. Seemingly everyone in this society hasn't experienced this (the "*law of motivations*"), and so they are wasting their life, chasing pointless and incomparably worse sources of instant gratification and fulfillment instead as a result, like some NPC, no joke, due to having accepted the hopelessness mindset society taught them, and thus having given up on their true purpose of achieving the best existence possible & having the mindset of solving anything in their way of that existence instead of succumbing to hopelessness (especially since *they will willingly adopt that solving mindset when they witness enough of life's potential/witness enough of the best existence possible at once. Everyone would chase it*). You need to experience a powerful level of this law. It is a dire warning, the direst in existence & in your *entire life*.

the solving mentality

The solving mentality is *this*: intend to overcome and solve any and *every* obstacle standing in your way of your best life/existence possible. This means death itself. The economy. Along with any and every major individual *and* societal issue making your existence *significantly less than the best that is possible*. Lucky for you, this book lists the solutions/plans to solving most issues *for you*. Our life purpose is literally to achieve the best existence possible, to achieve any and every one of those big dreams you had as a kid that made you so invigorated, to achieve an unjust-pain free existence far better than even what you might've had as a kid; and when you were taught to accept the hopelessness of death, this purpose was thrown out the window, because those dreams are too big to achieve in just 100 years, and what's the point in working your ass off just to experience maybe 20 years of that best existence only to die and lose access. Further, *reality is, you will willingly choose this mindset when you see how good this existence can be with these problems solved*. You won't even just *choose* this; you'll wish you'd never lacked it.

This is a vital foundation of basically everything in this book. People refusing to acknowledge the importance of this one mentality, is why you guys haven't been able to find *real solutions* to these issues you then give up on and call "*subjective*" as some coping mechanism for the reality that those very issues are *only solvable* with this "*solving mentality*" which society taught you not to even consider. With this foundational mindset completely out of all of y'all's consideration at a society-wide level, *it's no wonder* we haven't found objective solutions to these issues and no wonder why you guys had to resort to just coping by labelling them as "*subjective*". You're literally trying to construct a building on top of sand, and resorting to calling the entire project "not objectively possible" when the building keeps falling over, rather than putting a solid foundation there first, all because said solid foundation is made of a material alloy you've been taught is "impossible to manufacture", *all* while you're now looking at the very bo-

ok that tells you every step in how to manufacture it (this book). Accepting the reality of this “solving mindset’s” necessity, has thus enabled me to find *all these other solutions* to these “impossible seeming” societal problems we’re facing, *so yes*, this mentality is ridiculously foundational to *everything* in this book, and to *actually, truly* solving any of the issues *in and outside of it*. This is literally the very *definition* of “foundational” info if there ever was one.

the law of pain / law of leverage

This is basically just the common saying “work smarter, not harder”. Doing things in a “hard” or “painful” way in any way, tends to signal that more correct ways exist and should be found through contemplation/thinking outside the box. This just reminds you to find the correct/best way to do things. Like in eating healthy, with healthy yet tasty recipes, eating healthy will be easier. When bending over or with any body movement; there’s a correct, most painless, and likely even comfortable way to do it. Use this law in *all you do, with the exception of emergencies*. “Work smarter, not harder”, at an *intelligent max*, meaning don’t spend 50 years contemplating why you stubbed your toe, but rather focus on solving *significant enough* occurrences of *unjust* pain you notice. Including *elusive* kinds like, say, *awkwardness*, or *other forms of discomfort*. A big flaw with this society is us *not truly solving elusive kinds*. You’ll see a common person experience the discomfort from elusive pains when they happen, but rarely dissect it.

“passing the first layer”

This is a requirement of anyone claiming to be a “*human magnet*” because it basically proves a person’s awareness of the true best existence possible, and that their *allegiance* and their genuine self’s desires now truly lay in chasing making it all a reality; the existence aligning with *fairness* rather than selfishness, the existence *this book describes*. This *basically proves a person is uncorrupted*, and now, reliably, does in fact, have their eyes set on making said best existence possible aligning with fairness etc., a reality. This works, because when someone understands enough parts of the best existence possible described in this book, *they will genuinely desire to be uncorrupt* and make it a reality. For example, they’ll see fairness almost always aligns with their path to max happiness, & its objectivity.

These will be the topics someone must prove they understand fully before being considered “passed the first layer”:

Objectivity of fairness.....	Page ???
Why fairness can align with anyone’s path to max happiness in almost all scenarios.....	Page ???
Open-mindedness.....	Page ???
The economy of the best society possible.....	Page ???
Dynamics of insecurity.....	Page ???
Anti-toxicity.....	Page ???
Anti-censorship.....	Page ???
Weapon laws.....	Page ???
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Seeing other's for their potential instead of just their immediate flaws.....	Page ???
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Every detail about the law of motivations, impact of how it feels, everything.....	Page ???
Dynamics of motivational impact.....	Page ???
The solving mentality.....	Page ???
The law of pain/leverage.....	Page ???
Contemplation.....	Page ???

dynamics of motivational impact

Think of it like a *puzzle*; the more pieces (of potential) that fit together (that you're aware are real) at one time in one place, the more of an impactful overall image you'll perceive and potentially be impacted on an extreme level emotionally by. This is why *passing the first layer* works. All those topics it tells you to prove you fully understand, are individual pieces of the best existence possible; and when you truly & fully understand enough of them, the bigger picture you're then able to now see they combine to form, is stupendously glorious. As long as what's impacting you is acceptable and attractive from a realistic and moral perspective, it doesn't matter what it is, what matters is how deeply it impacts you (how many puzzle pieces of a "best existence possible" are in whatever image it paints in your head). So, to strengthen your sensitivity to impact, you must become aware of more of life's potential.

"exploring the first layer"

Knowledge alone, even of all the pieces of the best existence possible, likely won't be enough to keep you awake to the *law of motivations' warning*, so it's a good idea to find sensually impactful *examples* of that knowledge which strongly impact you and drive you to pursue making the best existence possible, a reality. Even then, *one* impactful example likely won't be enough to keep you awake. The more of them you find, and the stronger what you find is, the more motivation you'll reap; the more you'll be re-woken up to the *law of motivations*. Also, there seems to always exist new unique examples to find which can, if found, show you an angle of the best existence possible you didn't see before, so don't assume you've already seen all of them. Finding impactful examples is important, but there comes a point when you also need to be responsible and make progress in life instead of just hunting for more *reasons* to make progress in life, so maybe take it easy when you feel you've found enough impactful examples. Lastly, I'm pretty sure the most sole impact occurs seeing strong human magnets of the gender you're attracted to.

the law of tyranny

Aim to keep any tyrannical force that has too threatening of power over you satisfied until it no longer has power over you and isn't a threat to you. View all of it like any game of chess. Plot-armor doesn't exist in life and trying to follow willpower or ego over logic and reason can make it far harder to win against the threat or can even get you killed. Understanding what the tyrant wants and their perspective can aid in convincing them to lower their guard. This justifies some lying and manipulation; don't feel guilty for lying to a tyrant who has left you few other choices. Tyranny comes in many forms and places, like the closed-mindedness of any individual exercising power over you. This is more of a suggestion or warning but, do know the consequences which are possible from ignoring this law...

“magnetic vampirism”, one of, if not the most motivating and thus most important things in existence

Is experiencing the *combination* of realistically maximum love and realistically maximum lust with a human magnet of the gender you’re attracted to. As you can expect, the *absolute* “maximums” are only truly reached by that person being “maxed” out, which you’ll basically never *realistically* find. That’s *why* I said “realistically maximum” in the first sentence. And so, the impossibility of being able to find a *truly* maxed out individual, doesn’t even matter, because even them being remotely close to “maxed out” (any average human magnet is close enough), will still make this one of if not *the absolute most motivating experiences* in existence, thus still fitting with this entry’s title.

So having said all that, and because it is the case... *In the interest of you experiencing the law of motivations* to the maximum extent possible in order to be woken up to it to the max extent possible, and considering that this is one of, if not *the very most* impactful, major, and most motivating pieces making up all the law of motivation’s impact...

Any sexual preference or taste you have that does not break moral reality in any way/cause any unjust pain, should be explored, not in public, to discover and experience, ideally, it’s *maximum* ability for motivational impact on you, its “best” form; its maximum “law of motivations” infliction on you. Whatever way you find its “best” form, is up to you. I really don’t wanna sound *lewd* here so, sorry if the wording is confusing, I can’t help it. I guess *reality is lewd*.

It’s not like you won’t like it though. This book teaches much of maximum love. This says max lust is for you to find...

MORAL REALITY

Definition of moral reality = an un-validly arguable fairest assessment of a situation.

fairness is, at least, almost fully objective

There is an un-validly arguable, fairest assessment to almost all dilemmas (a moral reality) we can find and unite on. There are scenarios where it *isn't easy to locate* and there will be disagreements, but in most cases that isn't the case, *meaning people can be nearly fully united in terms of morality*. This entire entry only matters, because of *this*:

fairness can align with everyone's path to max happiness in almost all scenarios (just educate everyone on this)

What this means, is, doing the morally right thing can align with everyone's path to max happiness in *almost every scenario*; doing the right thing is almost always in everyone's best interest, and as the entry above says, there's a "most fair" way to handle *at least* most situations, an objective "most morally right" solution, a *moral reality* we can't *validly* disagree with. One main barrier needing to be crossed to *purify society* is educating its people clearly enough, and truly proving to them, how fairness can almost always align with their path to max happiness. I understand and you're probably asking, "how exactly can fairness almost always align like that?". Here's *a couple* reasons why:

The dynamics to bringing empathy, genuine self-expression, self-awareness, mental health, human connection, open-mindedness and achieving justice, dissolution of unjust bullying and unjust censorship, dissolution of existential crisis, productive and interesting communication, self-improvement, true self-discipline, motivation, and a plethora of other things, all to an all-time high in society, are outlined in this book. Basically, life will be so good that, for starters, people will have a much greater desire to not fuck up their life and become an enemy of this society from committing crime. Secondly, due to the solving mindset causing people to be actually dedicated to achieving a "best existence possible" for humanity due to them not intending to die and therefore truly viewing life as their canvas, *having the absolute maximum emotional attachment and true dedication to life* and truly caring about it to the max all *because* with the *solving mindset*, they *set their eyes* on making their wildest dreams a reality instead of giving up on them, because they don't intend on dying, they intend on solving death, they intend on solving the time limit death oppresses them with, not succumbing to it, and therefore, there's literally, basically no limit to what they can achieve since that time limit is just another roadblock they intend to jump over. You'll be paying attention to the long-term potential you can make a reality (the best dreams you can imagine making a reality, now that you have limitless time). This is why people will care to such a max level about actually creating the best existence possible, because of the limitless potential that will be opened to them with the *solving mindset*. They will be more than motivated to care about and actually chase achieving this "best existence possible". Thirdly, fair unity leads to more happiness than divided anarchy, since we'll achieve much more as a unified team than with division/anarchy.

And yes, the solving mindset does depend on constantly being sure you really will solve issues like death, no doubts. No delusion here, only confidence reflecting logic, reason, and reality. It all depends on if you find plans that'll work.

This book is supposed to provide that plan, lucky for you. Fourthly, people will be more dedicated to investigations and achieving justice, due to actually caring about achieving the best existence possible from the solving mindset. People will also have the training and mental health to responsibly carry the same caliber weapons as criminals, deterring crime more. People will know their exact individual path to max happiness, and if not, know how to find it.

how to find a situation's moral reality

This is done by applying the law of pain to the situation the best you can (confronting the situation from others' points of view; the problems/pain they face as well as your own) and confronting any valid arguments from any valid perspective, to find the *unargued fairest assessment of the situation* (the literal definition of moral reality). We use the law of pain because any fracture in moral reality tends to result in *unjust* pain from someone's point of view, thus, picking up zero fractures aka zero unjust/unfair pains, in your solution, means it's likely following a moral reality, especially when there are no visible valid counterarguments. We can only do our best at finding moral reality...

ANTI – CENSORSHIP

The only thing that should be censored is spam, and I've defined what that is in this chapter.

anti-censorship

Anti-censorship is an extremely *vital* foundation of creating the best society possible. Anti-censorship says: “the only communication that should be censored/muted is significant enough spam”, and I already *defined* spam for you *in here*. The only thing that should be punished is unjust harm caused by communication, not the communication itself. For example, lying to burning building victims about an escape stairway on the other side of the building so that you can have a clear path out, resulting in their deaths. Unjust threats warrant investigation, and the only thing that deserves punishment from such a threat, is valid harm or cost caused to victims because of it, including valid costly measures taken by the victim out of fear. Such little censorship is viable and reasonable for multiple reasons:

For one, the *anti-toxicity law of moral reality*, which says moral reality can always win against injustice in any verbal conflict, as long as someone's there who understands (the) moral reality deeply enough to expose it, because moral reality almost always aligns with everyone's path to max happiness, and the bully breaking moral reality, almost always means that bully is straight up straying from their own path to max happiness, which is foundationally stupid. In other words, you just need an understanding deep enough to expose their stupidity with max efficiency and stab valid holes in their unjust ego and reputation, not to mention other anti-toxicity traits. Read *how to roast*...

Not only that law, but the *dynamics of insecurity* as well: all insecurities can now be handled properly, as long as a person truly has the *solving mindset*, which we are all meant to have anyways. Are you aware how many suicides happen due to us not having the solving mindset? People feel too much hopelessness from things like currently unfixable biological flaws, to the point of suicide. Do you see all the hopelessness mindset has done, on top of that? Is that not enough evidence for you to accept this solving mindset *is* the one we were *meant* to have from birth? Seeing life's potential alone (*the law of motivations*) will ignite a nuclear explosion-sized fire inside you to chase after it anyways. Good luck denying the solving mindset's necessity *after experiencing that*. With all insecurities being able to be handled, and verbal justice being able to be achieved by simply having a deep enough understanding, on top of the rest of anti-toxicity, there basically doesn't have to be any danger of unjust verbal bullying *even with* such little censorship. This isn't even considering the other supporting info in this book, such as communication skills.

In a society where everyone's able to express their full genuine self without unjust censorship, people will receive more genuine feedback for growth and development of their genuine personality, to the point this creates a society of the most magnetic personalities imaginable. This is *one* big part of what I mean by people reaching their “*legendary*” selves. Anti-censorship is *one big main key* to deepen our relationships to their deepest levels possible, expose and confront the most relevant problems the *now educated* population will actually care about, maintain the foundational aspect of the best society possible called *open-mindedness*, and grow into the best versions of ourselves from not only receiving maximal genuine and relevant feedback from others about ourselves, but also knowing *how to handle the feedback in any form* it may come in by using things like the *dynamics of insecurity*, for example. This polishes your genuine self to be a *diamond*. We've resorted to accepting unjust censorship today, mainly since we don't know about anti-toxicity, things like the dynamics to insecurity, we reject the solving mindset, and more...

anti-censorship – what spam is:

-continuous, irrelevant enough speech, labelable as irrelevant depending on how the arguments for said label hold up & whether that label aligns with the moral reality of the situation. *Valid counterarguments must be confronted.* Our collective goal should be to locate moral reality, so, seriously, just argue your case if you feel unjustly censored.

-communication which is shown to serve no other purpose than deafening others (it's a form of unjust censorship).

-communication repeated so much by a single person that it has the genuine effect of deafening/censoring others...

-a thing displayed in places it isn't explicitly stated to be allowed to be in, so disturbing it can genuinely nauseate or sicken the average person (who wants to throw up?). If you have some rare sensitivity, that's a medical condition to fix, and the public being censored shouldn't be the solution to it, otherwise we'd end up being hyper-censored due to all the people with similar conditions. Rather, a better solution is that a cure should be found for your illness.

-nudity displayed in areas it isn't explicitly communicated that it can be displayed in. This doesn't need explanation.

anti-censorship – what spam is not:

-misinformation of adults (the person's reputation should be impacted instead of censored, & with anonymous on-line accounts, people should read that information with a grain of doubt, we can never stop that form of misinfo...)

-racism, sexism, literally any-ism, "hate speech". People expressing those "isms" unjustly should feel valid criticism, not censorship. And like I said all you need to do is deepen your understanding to be able to roast them effectively.

And if you don't want to "roast" bad people, you don't need to. Use extreme positive energy instead of anti-toxicity.

And if you aren't compatible with extreme positive energy, just read & use the Socratic method anti-toxicity entry...

anti-censorship must be a fair game

Anyone, such as children, who can't handle the full, entire, adult level verbal disrespect or toxicity potentially earned by their own unjust disrespect toward others, shouldn't be allowed to use such verbal toxicity in the first place. It's not fair to let someone be disrespectful unjustly while expecting that person to not receive deserved verbal disrespect back. If they're going to play this game, it should be fair. When someone learns either anti-toxicity or extreme positive energy, they'll know how to handle any form of verbal toxicity dished out toward them, but if they haven't learned how to handle all possible toxicity or disrespect receivable, they shouldn't be allowed to dish it out...

ECONOMICS

Due to moral reality's alignment with everyone's true most viable path, logic and reason can now be our currency...

the right "economy"

Is organized teamwork toward creating the best existence possible. Not money based, rather logic and fairness based, especially considering fairness is mostly objective (follows objective logic in almost all situations). Our unargued and communicated purpose as a society, is creating our best existence possible. But it doesn't stop there: the most viable path to said "best existence possible", for any individual human on this planet, shares a ridiculous amount of major and similar crucial factors, with literally every other human's individual most viable path. Yes, you read that claim right. One person might like the color red and another blue, but when it comes to the huge, crucial pieces of what actually matters to us, we're actually pretty damn similar: things like human connection, feeling understood, feeling worth something, feeling justice has been satisfied, feeling purposeful, even feeling attraction, these things are majorly similar among a majority of the population, and are the major motivators and pieces of any human's happiness. On top of this, fairness is also mostly objective, and can align with literally everyone's most viable path to max happiness, in almost all scenarios (that's the main reason behind everything in this entire entry, actually) (citing: moral reality chapter). So, since we're so similar in terms of what actually matters to us and follows the reality and logic of what truly matters logically (ignoring people's false delusions they'll just abandon (if sane) when they see this "reality" enough), and since our purpose is to create the "best existence possible", which we share so much of, the right "economy" is one where the "currency" used is simply the best presented logic and reason tied to the goal of creating the best existence possible, considering fairness aligns with everyone's most viable path to max happiness in almost all scenarios, and thus can and will leave everyone happy in almost all scenarios, on top of considering, our "best existences possible" even as individuals, share such a ridiculous amount of crucial major similarities amongst every human even at an individual level. And don't even get me started about what the masses passing the first layer will do for purifying this corrupt economy, thus solidifying this "economic" system.

But nooo, in this current corrupt economy, not only do we give up on the solving mentality and give up on finding the moral reality of a situation to instead resort to fighting, forcing, or enslaving each other (sometimes even in elusive ways that require stupid amounts of thought and preparation in comparison to the effort finding a moral reality would've required), we resort to this division-endorsing currency called "money" letting people then have more reason to be corrupt and cheat to obtain since we're all so infected with this hopelessness acceptance, selfish, instant gratification addicted mentality. Like what did you expect, being infected with that? This economy is "every man for himself, me me me, my unconfronted philosophy (unconfronted due to you being unmotivated, aka not being passed the first layer), my unconfronted opinions and desires are best mine mine mine". Selfishness, division... I'm pretty sure the reason we established money as a currency in the first place, is because people in this corrupt society are so lost in their own material lives that they've replaced creating the true best existence possible aligning with fairness; replaced it with addiction to instant gratification and self-service, because there is nothing better to strive for that they know of, because there is such a lack of understanding and knowledge of how good that true best existence possible is (this book should fix that, showing how good it is; it's a lack of "passing the first layer"). People are enchanted with money as drug to cope with, distract themselves, and hide from the purposelessness & existential crisis infecting them from allowing the hopelessness acceptance mentality instead of truly having the solving mentality. That drug, money, has no real place in a society of progressively thinking and intellectually enlightened individuals. It is simply an indicator of unsolved conflicts between and within us. If we fix that (use this book) and make it so we can agree on what's happening in society and wake up, I don't think we'll need money anymore. And I am legit claiming, we can. We can be in agreement, in almost all scenarios. Because, fairness is objective in almost all scenarios and can align with everyone's most viable path to max happiness in almost all scenarios. I'm claiming that humanity can be something like 95% united... united in 95% of scenarios, with how objective fairness is.

Money shouldn't be the required tool for fulfilling our desires, but rather logic and reason aligned with the actual best existence possible. And this works, because moral reality can align with everyone's most viable path to their best existence possible in nearly all scenarios. In other words, doing the right thing is nearly always the best thing too.

ANTI – TOXICITY

Defense against unjust toxicity from others. Not as much sunshine and (rain)bows as extreme positive energy...

what's anti-toxicity

It's a defense against unjust toxicity from others; the path of validly criticizing unjust bullies and attacking their ego to maintain justice. It's the philosophy opposite of "*extreme positive energy*", yet neither are wrong. Anti-toxicity is for people whose genuine self gravitates more toward anger rather than sadness when others treat them unjustly. Anti-toxicity is a big yin-yang justification for anti-censorship; funny enough, both are needed to enable each other.

Think of anti-aircraft missiles. What do those do? Launch missiles to destroy incoming attacking missiles or planes.

tyranny is anti-toxicity's only weakness

For example, if you're in an environment where someone's likely to shoot you when you validly criticize them, that's a form of tyranny, unjust violence tyranny. Or perhaps you're trapped under some oppressive ruler who censors free speech, and especially censors criticism toward himself... All forms of pathetic tyranny. Then again, what *isn't* weakened under tyrannical oppression? Self-expression must be *truly* enabled, for anti-toxicity to be *truly* enabled. For self-expression to truly be enabled, check the entries on anti-censorship and weapon laws. That is how to do it.

dynamics of insecurity

Aim to confront and overcome every insecurity you notice within yourself, in effort to max out your self-esteem. These are the only two paths you can take to overcome any given insecurity: the path of *contemplation* or of *fixing*...

The path of contemplation is for this: sometimes, you feel insecure about something when you don't even need to. Therefore, this is the path of deepening your understanding by contemplating, to the point you unarguably prove this insecurity *isn't* worthy of being an insecurity; *isn't* a flaw to fix and *isn't* causing unjust pain. To achieve this, you contemplate and confront all valid arguments and perspectives causing or stopping the insecurity's existence in as blunt and gruesome wording as is realistically possible for the harshest critic to use against you in public, so you can be sure your view on that insecurity, is the harshest, yet validly realistic view. You see, if this harsh, blunt, and gruesome wording wasn't a valid to some extent and wasn't the wording you should throw at yourself in private confrontation of the insecurity, then it probably wouldn't bother you so much to have it thrown at you in public, because you'd know deep down, people, including yourself, likely would just perceive the person as *too delusionally harsh*. But be real, we're calling it validly harsh because you *are* bothered by it, and thus *should* confront that gruesome yet valid wording privately, for iron self-esteem, invincible to any possible wording you could encounter, since you already confronted the most valid yet harsh wording in existence! You see where I'm going with this? This is one way truly megalithic self-esteem can be built. It's not as hard as I make it sound either! With this path, eventually you can be so versed on the entire reality of the subject of whatever this insecurity is and whether it is worthy of being an insecurity or not and why, that you'll either finally realize it's a flaw to fix and take the *path of fixing*, or you'll have deepened your understanding of all valid arguments involved in this insecurity, to the point you just hilariously win against any argument or attempted insult shot at you by any ignorant critic. And remember, the contemplation path is only for when an insecurity isn't something to be insecure over, and for proving why, completely.

I would just like to take a second to remind you that you're using the chain reaction II with the contemplation path.

The second path is the path of fixing. This path is for when you discover an insecurity is, in reality, a problem that should be solved and not accepted. The solving mentality is required for this, as this path can seem difficult with things like *hopeless-seeming biological flaws*, like shortness in males, for example. There *is* a solution. It might just be a tall mountain to climb to achieve it. What matters is that you be strong enough to keep the mindset that you truly intend to climb any of those mountains instead of giving in to hopelessness, and as the law of motivations says, when you witness enough of a best existence possible at once, you *will* sprint to climb those mountains anyways, so stop bullshitting yourself, boss. And if someone roasts you despite you already saying you're intending to fix said flaw, that makes them vulnerable to be roasted since they're breaking moral reality if you're smart enough to do it.

The last resort: if you're insecure about something that *is* worthy of being an insecurity in reality, but doesn't cause unjust pain, and you don't want to fix it, your only option is to instead accept whatever labels come with that insecurity as a part of your identity; whatever labels reality attaches to it are now part of you, since you don't intend to fix it. What matters most, is that the flaw doesn't break moral reality/cause unjust pain at all, or that must be fixed.

expose "dick riding"

If someone keeps falsely criticizing you and can't back up their criticism (It's false so of course they can't), they're just riding your dick. A *fan*. Label them as such, repeatedly. Watch how they're *unable to dodge* that label, because factually, they aren't saying any valid criticism about you... *The label reflects reality*. Laugh as their illogical waste of time tactic of false criticism is blowing up in their face with just some funny words (these are just one way of saying it, just a single example). If this person is able to actually put valid arguments or evidence behind theirs, this won't, and *shouldn't* work anyways... Because at that point you should confront it, by using the *dynamics of insecurity*.

Keep in mind, this is also effective against someone who keeps bashing you for shit you already said you want to fix.

socratic method in anti-toxicity

Another tactic for someone falsely criticizing you, is to just ask them for evidence, ask them "based on what", or just ask them "how?". This is less aggressive than calling them a dick rider or a fan... It's a more productive approach.

confront labels put on you first and foremost

if somebody calls you a name, it's best if you address that label's accuracy first and foremost rather than just responding with an insult/label back at them... If you respond just with an immediate insult back, all it seems is... You're hurt by their insult and aren't denying/disproving their label they put on you. It seems you're insecure about a part of yourself and are trying to pathetically run away, hiss, and hide from the self-improvement of facing that flaw you do seem to know you have; facing it by either contemplating until you can unarguably present why it's not a valid flaw and doesn't need to be an insecurity, or facing it by seeing it truly is a flaw and then intending to fix it (aka, applying the *dynamics of insecurity*). Even if you know the label isn't true, don't *blow up*, just label them a dick rider...

This really only applies when you actually get butthurt at any level from a criticism, valid or not. If you don't care, you won't be butthurt even 1%, won't need this, and can probably just say whatever you want; but the second you actually get butthurt even 1%, always take this route, because if you don't, you'll be displaying stupidity to everyone. Even if you just ignore the critic despite the fact his criticism gets on your nerves, in time you will just explode...

the anti-toxicity law of moral reality

This says moral reality can win every verbal conflict/roast (as long as tyranny isn't censoring it). The reason I say every verbal conflict, is because a *moral reality* is an unarguable fairest assessment of a situation. Therefore, if it's actually the moral reality, it can't be validly refuted, so when you present a criticism aligning with the moral reality of the situation *truly*, the target really has no other choice but to take the *fixing path* from the *dynamics of insecurity*. The core of why this is the case, is because moral reality almost always aligns with everyone's path to max happiness, and by default, that means someone breaking moral reality, is almost always someone straying from their very own path to max happiness; and with a little depth of understanding, you can expose the full picture of this and its consequences... Exposing their idiocy. Due to this, understanding moral reality or being able to accurately find the moral reality of any given scenario you get into is a useful skill and is the only other requirement for this "winning".

This law is important *because*: it states anyone being verbally bullied *unjustly* can in fact validly damage the bullies' ego to the *exact amount the bully deserves* (the victim breaking moral reality by going overboard would then make *them* vulnerable to valid insulting labels), the only *requirement* to damaging said bully's ego, is to have the understanding deep enough to expose stupidity with max efficiency; understanding of many things helps; relevant topics.

how to roast

One foundation of "roasting" is knowing the *anti-toxicity law of moral reality*: knowing that since moral reality almost always aligns with *everyone's* path to max happiness, people breaking moral reality (committing injustice), are almost always doing something foundationally stupid; literally not in alignment with their own path to max happiness... Thus meaning, their stupidity can be exposed embarrassingly if you obtain a deep understanding (through contemplation for example) of the *worst consequences* their stupidity will lead them to. You can expose those *worst consequences*; thus exposing the their stupidity in the *worst*, most maximally damaging way. Since those are the *worst consequences*, you're exposing *the most damning evidence of their idiocy*, and very likely damaging their *unwarranted* ego. This is a very powerful law to know, and if you ever have trouble actually using it as a defensive weapon, you probably just need to *contemplate* to deepen your understanding to the point you *can* effectively expose a bullies' idiocy... The point you *can* effectively use this as a defensive weapon. The law works, you just need to first have gained the depth of understanding as ammo to use it. You never try to shoot a gun without the right ammo, the same way you must *understand the most relevant things* (have the *right ammo type*) for your *criticisms to hurt*.

On top of understanding the *anti-toxicity law of moral reality*, deepening your understanding of the aspects of the most viable path to max happiness all humans share (the thing this book lists), can significantly increase your ability to criticize ("roast"). This is because, as it so happens, humans share *quite a lot of major pieces* of said "path to max happiness": people seek purpose, human connection, to feel understood, feel worth something, *I could write a book about it* (I literally am). So, the reason understanding these common pieces to the "most viable path to max happiness" deeply does this, is because everyone wants max happiness... So if you understand the most viable path to max happiness *deeply* (this book), that *literally* can enable you to basically *fucking audit* someone on *all* the most *valid* aspects of their stupidity (our *most valid core life purpose* is achieving max happiness; so this is the *most valid criticism topic* you can possibly criticize someone on, and thus can be the most *damaging* ego-wise). This is also because you'll mentally possess unarguable, most viable pieces they *can't validly refute*, unarguable things like *laws of moral reality*, these rock-solid anti-toxicity dynamics, or everything in this book. Quite *hilariously menacing*.

Another aspect of roasting is *accurate*, yet *gruesome* wording. Every word you use or don't use, certainly has the power to change the entire emotional aura and amount of insulting disrespect you're communicating toward an unjust bully, so it's a good idea to understand the tone *each of your words* carries and exactly how each one changes the overall amount of insult carried within your criticism, to both make sure you aren't going overboard in disrespecting someone, nor letting them get away without enough of a deservingly injured ego. Just be smart using this...

handling valid criticism

Don't deny reality unless threatened by tyranny. The right thing to do when someone presents you with a valid flaw you have, is to accept reality and have the intention to *fix* that flaw. This works because of *the solving mentality*. This is the right way to handle valid criticism, and if someone keeps on disrespecting you with something you've already announced you want to fix, that opens them to be validly criticized/disrespected, as now they're breaking moral reality (citing: *anti-toxicity law of moral reality*): "moral reality can win any verbal conflict as long as tyranny isn't censoring it and as long as one's understanding is deep enough to expose it". Whenever someone verbally disrespects you unjustly, it makes them vulnerable to be disrespected *equally as severely*, the only requirement being that your understanding is deep enough to "*summon*" the most effective valid criticisms onto the bully by first gaining said understanding. Remember, a main reason "hurting their ego" occurs is through being damage to their image publicly, not privately, because of how crucial human connection and one's social reputation is to their happiness, and because some evil people will only care or have any consequences when they're criticized validly *in public*.

WEAPON LAWS

Self-defense should be an equal playing field, and criminals don't care about "laws" standing in their way.

weapon laws

To solve the widespread unjust violence tyranny of this corrupt society, everyone, upon reaching a certain age, should be allowed to carry a reasonable weapon *after* passing safety and proper training, *the first layer*, and passing on the mental health plane. The reason I say this, is because the entries in this book being the center of society should, *with certainty*, heal people's mental health and educate them *so significantly*, that people, especially being past the first layer, will be extremely responsible with weapons equal to what any a criminal might possibly use against them. People will actually want far more, to be good, uncorrupt people, focused on achieving the *true* best existence possible, and will be educated fully on how to do so. On top of this, society will be centered around the *correct economy*, giving people less of a reason to resort to crime for *monetary reasons on top of all those other reasons...* So, with all that, as well as education on how and when to morally use a weapon against whom, this will be intelligent, and will deter crime to an *absurd* level. *This being enabled causes a chain reaction enabling anti-toxicity.*

This being implemented successfully, is one major step in absurdly abolishing any looming threat of unjust violence tyranny stopping self-expression and stopping a ton of enjoyment in our lives. Nobody, not even at their "legendary self" can express their full, true, genuine self safely in an unjust society like this one ruled at its core by corruption, tyranny, greed, and filled with people who *do not* have the right mentality they were meant to have, and are instead enslaved, like drones, to a mentality or widespread plaguing number of dominant ideologies which have similarly created a culture of relatively purposeless "NPC drones" who's primary goals are, truly, at their core, just to milk as much instant gratification from life before their inevitable death as they can; see it as some house party to have fun at and uncaringly make the janitor want to die when he sees the aftermath... Look around you. No one cares about the true "best existence possible", rather majorly self-centered instant gratification *at a majority level...*

This unfortunate societal environment, oppressed far too often by the looming possibility of unjust violence tyranny, *will remain castrating you, me, and everyone, until it's fixed, by good, armed, motivated, intelligent men outnumbering the criminal fucks 100 to 1.* The only way to a society where you can express your full genuine self and not fear getting shot or *falsely imprisoned and kept there*, is the society this book outlines. People today have horrible mental health due to the things in this book not being spread in society, resulting in much if not almost all of societies' unjust weapon use (also applies to suicide). In this society, you'll be shot in an alleyway and *not ever be found.*

*Like anti-toxicity, being educated on how to morally handle injustice on the physical plane enables these gun laws.
Like gun training, being educated on how to morally handle injustice on the verbal plane enables anti-censorship.*

people will feel much more able to be themselves, open and honest on a level unseen in this corrupt society

Due to proper weapon laws, anti-censorship, anti-toxicity/extreme positive energy, open-mindedness, moral reality, people being passed the first layer, and basically everything else in this book, people should feel safe enough to be their full genuine self, and if their genuine self is currently underdeveloped and *cringe*, they'll get honest feedback and access to *easy instructions* on fixing that or even contemplating how to if, say, it's a new/unexplored issue. This will be a society where deep understanding, adept contemplation skill, and motivation to find answers in the first place, is all commonly found among the population anyways. Imagine what all this could do to the suicide rat-

e. If someone has an unpopular opinion to share, the chance they'll be shot for sharing it will be *absurdly* low compared to today. In fact, the "*true open-mindedness*" entry being followed, will make this an even *safer, freer* society than that of america's false "free speech" for you to voice any opinion in no matter how controversial, as long as it isn't simply *spam*. If someone feels they've been treated unjustly, there are too many avenues in this book I've outlined to achieving peace and justice. Human connection and our drive to solve crimes will be far stronger as well.

OPEN – MINDEDNESS

Willingness to hear out the ideas of those talking to you (as long as they get to the point & have relevant speech).

open-mindedness – when you feel like someone’s wasting your time

If you can unarguably show how the person speaking to you doesn’t have *relevant speech*, you can communicate that to them, so as to not waste your time hearing something irrelevant to you. So, *all you need to do* is deepen your understanding, to be able to *accurately know and share the reason* their speech is irrelevant to your quest/path. Once you do, you’ll be able to easily, quickly contemplate and communicate it and you’ll have *done nothing wrong*. If they have *valid arguments* against your reasoning, obviously you should hear them out or they wouldn’t be valid.

Even just truthfully telling someone their speech is too irrelevant, is having at least heard and confronted it enough.

open-mindedness – even argue against yourself for the sake of finding truth

Aim to address any evidence for why you’re potentially wrong, not just evidence for why others are, whether that evidence came from some valid doubt which popped *into your own mind* or came from someone who’s arguing against your ideas, doesn’t matter. It can come from *anywhere*. I don’t care that it’s “debate suicide” to argue against yourself; *your goal is to find the path to the best existence possible*, don’t let your *ego* get in the way of that. The only exception I can think of is someone holding a gun to your head stopping you from being honest in the debate or they’ll shoot you, aka unjust violence tyranny (if so, read the *law of tyranny*). The main idea is, don’t debate *only* with the goal of pleasuring your ego, but *also* with the goal of gaining a deeper understanding of reality, other’s perspectives, of finding solutions that fix sources of pain you notice, and finally, of knowing your logic truly holds up!

Sometimes a valid doubt pops in my head seeming like a huge unnecessary rabbit hole, so I confront it alone later...

true open-mindedness

One aspect of truly thinking for yourself and of *true open-mindedness*, is even asking yourself “why is it bad to be a bad person” in order to *truly* deepen your understanding of the logic behind that, and in the interest of truly outlining moral reality and the best existence possible. Sometimes our “traditions” that remain unchallenged by the *herd mentality* masses aren’t all perfect; and sometimes we can be missing out on a lot of potential in life by sticking with the *wrong morals*... What’s really bad, is when people in society are *ostracized* for being open to (mentally/verbally, not physically) explore the possibility of new ideas and moral values, ostracized by others closed-mindedly *without those ostracizing them being able to actually form a coherent argument* as to why these new ideas are wrong. Even worse, some closed-minded extremists resort to unjust *violence* tyranny when presented with new ideas, sometimes even despite having not even presented an attempt at a counterargument. Just *tyranny*. Yeah, true open-mindedness can lead someone to some bad new ideas, the same as how chemists sometimes accidentally create mustard gas instead of what they wanted. Still, those bad conclusions should be met with communication and reason, not unjust violence tyranny, closed-minded ostracization, or unjust emotional abuse. Aim for moral reality.

Behold, true open-mindedness, the kind this corrupt society may “cancel” you for if you show it in some subjects.

effects of this open-mindedness

This will ideally be a society where anyone can convince anyone of any *valid* need for change, as long as they communicate while still following *relevant speech*, enough moral reality and conclusive, unargued logic behind why the change is necessary. This book provides enough info and exact *instructions*, to the point anyone's suggestions will likely only pass as unarguable if they truly, actually are in alignment with the most viable path to the best existence possible... Especially when this society is composed primarily, if not fully, of people who are *past the first layer*, adept at deep contemplation, at finding moral reality, and the most viable path to the best existence possible... And may I remind you, that we share a huge amount of major steps on said "most viable path to the best existence possible", so subjectivity *won't* be an issue. This won't pan out perfectly, but will pan out *impressively close to perfect*.

EXTREME POSITIVE ENERGY

The opposite of anti-toxicity, only fully usable for certain people. More sunshine and (rain)bows than anti-toxicity.

extreme positive energy description

This is basically the opposite of anti-toxicity. Anti-toxicity takes the approach of validly criticizing those who break moral reality, while extreme positive energy takes the path of being maximally understanding toward others, in basically all scenarios. The philosophy of anti-toxicity is like “it’s not always wrong to hate someone” whilst the philosophy of extreme positive energy is like “it’s never wrong not to hate someone”. Both are true, yet take different approaches to how moral reality is followed. Anti-toxicity takes the path of anger when injustice/fracturing of moral reality happens, whilst extreme positive energy takes the path of sadness from understanding the whole picture of the potential for happiness being lost and the whole picture of the confusion evil people have and their lostness.

There are still majorly useful lessons to be learned from the perspective of EPE, even if you follow anti-toxicity.

There are still majorly useful lessons to be learned from the perspective of anti-toxicity, even if you follow EPE.

warning: genuine self’s compatibility

An incompatible person can use extreme positive energy or *act like it to an extent* without being uncomfortable, but it takes a special kind of person who’s actually compatible with extreme positive energy to not be uncomfortable using it to its maximum extent: things will get uncomfortable when someone who’s genuine self gravitates more toward anger, is being told by their extreme positive energy to now start *shedding tears* and such... Gets awkward.

A compatible person’s core genuine self and personality they genuinely prefer to have, gravitates more toward sadness in the face of injustice, than anger. My theory for *why* this personality is so non-existent in this corrupt society, is because to be that way, requires deep enough understanding; and that level of understanding is non-existent in this society. People in this society are just so heavily uneducated on the things in this book and thus lack understanding. So, even people born *compatible* with this trait, grew up learning to gravitate toward anger, because they had no other way to vent their emotions... The level of understanding required was simply not found by anyone in society nor did it seem possible to find it, likely *because* one of the *first core ingredients* is the solving mindset which they’d likely be called insane for advocating for, so achieving this extreme positive energy fully (the most magnetic version of their genuine core personality) was seemingly impossible to them. Rest easy, knowing this: their core self hasn’t just “become” anti-toxicity. It’s still likely leaning *just as much* more toward favoring extreme positive energy. They just lack the main ingredient to even be able to have and use the shit: extremely deep understanding...

Think of it like this: to even be able to truly have “extreme positive energy” requires “extreme deep understanding”.

If your genuine self gravitates more toward anger, you’re probably more compatible with anti-toxicity. Due to this, extreme positive energy is almost what I’d call a more “feminine” trait, while perhaps anti-toxicity is a more “masculine” leaning one. There’s no actual power/intelligence difference between either; you’re *not* weaker if you’re more naturally compatible with extreme positive energy, and not stronger if you’re more compatible with anti-toxicity. The only difference between these two, is how they achieve justice and react to injustice. Both try to be moral...

evil people are almost always just unaware of the true path to max happiness

This is a *major enabler* of extreme positive energy. It's made possible by the fact that moral reality *almost* always aligns with *everyone's* individual path to max happiness. So, those *breaking* moral reality, are almost always just *unaware of the true path to max happiness*. An EPE human magnet uses this philosophy to *enable* their preferred emotional nature of caring and understanding toward others rather than the path anti-toxicity magnets usually take to achieve justice (which is to usually just slam *valid* verbal artillery into the evil person's ego and reputation). The reason this enables EPE, is because it takes the place of anti-toxicity's verbal artillery; it acts as a primary path for EPE magnets to achieve peace and true justice, *while still maintaining this preferred emotional outlook of genuine caring and being maximally understanding toward others*. You might ask, "how does this lead to peace & justice?":

It can, because EPE magnets take the path of informing/educating the evil person about the true path to max happiness, and EPE magnets *know* they must *first* achieve a deep enough understanding of *said true path* to max happiness to even achieve this and educate/reach the evil person logically. This isn't really hard; you just need a deep enough understanding to truly provide a path said evil person *sees they truly prefer*... Your peace as an EPE magnet simply depends on whether the fact that moral reality aligns with everyone's path to max happiness in almost all scenarios *is in fact a fact, which it is*. So, this is a viable path for EPE magnets who have this understanding, because:

True justice can be achieved with this. This is because, remember; the definition of moral reality is: "the fairest assessment of a situation", and if the *true* fairest assessment of a situation aligns with the evil person's path to max happiness in almost all scenarios, that means the *fixing or repayment* of damages the evil person *sees* they validly owe for, *will* be understood and agreed to be repaid/fixd by them, or else the moral reality wouldn't be being fully followed/fulfilled; they *wouldn't be achieving max happiness* and would *feel the consequences* of that... I know you're gonna ask "why would they willingly repay victims of the damage they caused?" It *goes back to why* I said moral reality can almost align with everyone's path to max happiness at all *in the first place*, way back in the *moral reality chapter*. So here's a couple reasons I'll remind you of: for one, think about human connection and how crucial it is for one's happiness; think about self-esteem and self-image and how awareness that moral reality almost always aligns can now make you internally aware of your own stupidity and how that can affect self-image. Think about how people in this society, (now maxed out human magnets who are actually likeable and admirable) will have valid reason to dislike and validly criticize this evil person for the unfixed/unrepaid damage they caused, if they simply decide not to fix it or give victims what they're owed. Think about the court system and jail time, think about how good life will be in this *uncorrupt* society and all this evil person would be missing out on by being a valid enemy of it... Do I need to explain any further? If you need more, go read the original entry in the *moral reality chapter* called "*moral reality can almost always align with everyone's path to max happiness*" explaining the other reasons.

understanding how you're making others feel

An EPE magnet doesn't want to *genuinely* hurt others or their feelings. Key word being *genuinely* (they might playfully tease for example, but it comes from a place of genuine care, never any intention of being an attack at all). You might say, "well won't EPE magnets be unfunny?". No; an EPE magnet does express humor, just in a way that takes an attempted full understanding of others' pain, perspectives, and the effects of that humor on their feelings into account on a more *sensitive* level. Keep in mind that, deeper emotional intelligence and intelligence in general, can give you a deeper ability to avoid actually hurting your target's feelings, whilst still having quality intelligent humor.

Yes, as an EPE magnet, you *might* reach a point where you can't avoid saying something like "you're wasting your life" with your emotions and worry for the person's well-being peaked and tears coming down your face for example. But those words aren't an attempted attack at all, but rather *fully* coming from a place of caring and concern, and *just as importantly*, from a place of *maximum understanding*, meaning there is no resentment for them in you...

Anti-toxicity magnets will just ignore this entry, rather only caring about understanding how moral reality "feels".

understanding others' pain on top of understanding their lostness

This is a minor aiding tool for extreme positive energy. It is to also understand the shit people are going through or may be going through to perhaps drive them to do what they're doing (if say, it's morally wrong). Truly understanding others' perspectives in this sense and what they're going through emotionally can replace your capacity for anger toward them with deeper empathy or sympathy, and so this acts as yet another *avenue* for an EPE magnet being able to maintain their preferred "caring and understanding" nature toward others in any situation they get in.

understanding others potential

Seeing people for how legendary they can become rather than just seeing them for their immediate flaws, can act as yet another significant avenue for enabling the care and understanding of an EPE magnet. In other words, lacking understanding of human potential can increase your capacity for feeling discriminatory prejudice towards people when seeing their current flawed self, whereas seeing someone for their maximum potential despite their current apparent flaws can replace that capacity for discrimination/prejudice with *deeper empathy & care* toward them.

So, someone who has this trait to an extreme level, by becoming aware of the extreme amounts of human potential that exists, can feel an extremely deeper love, care, and empathy toward people, thus... = more extreme positive energy. See the connections yet? I underlined them for you genius... Deepening your understanding is the *main key* to extreme positive energy. In understanding human potential this deeply, EPE magnets can find more empathy even towards people who everyone else may hate; and yes, this trait can be strengthened to extreme levels, since the max amount of potential humans have as individuals, in reality, is extreme. So, just become understanding/knowledgeable enough about that potential *on an equally extreme level*. This is kind of exactly like how *passing the first layer* works; knowing as much potential exists as you can by, say, *reading the dynamics in this book* for example (this book *lists common aspects* of everyone's "maxed out" self), and then now being able to imagine what others would look like having achieved said maxed self, even if they're currently not maxed (who the hell is, anyways?). In the same sense, passing the first layer works by seeing this potential not only in others from reading this book, but in all aspects of society, since this book lists not only human traits, but societal ones like the best economy possible... All relevant aspects of the best existence possible. Seeing how the two are similar? I am. This is a major EPE aid.

People in a ditch may want to get out of it, but it's harder to when people only treat them like they belong there ☹️

extreme positive energy is not forced nor acting

No part of extreme positive energy is about faking emotions, because it's based on real convictions; it's based on understanding realities, to open you to the ability and option to be *understanding, empathetic, and caring* to a max level if you so *choose* to be. Extreme positive energy *is a choice*, it gives you the *ammo* in the form of *understanding* to be able to choose to have it in all scenarios, but the choice to use that understanding path it gives you the option of taking, is *up to your preference*. In everything involved in EPE, the EPE magnet is this way because it's just their genuine self, the way they genuinely *prefer* to be and are *most comfortable* being. That's why I say this personality isn't for everyone, it must align with your genuine personality. EPE magnets are understanding because they *want* to be maximally understanding. Other magnets aren't because they *don't care* to be, and that's okay. They want to be a good person but they're fine with hating unjust people. EPE magnets just *aren't* fine with hating people.

Extreme positive energy simply gives you the ammo to walk its path. How much of that path you walk is up to you... Basically, you may not prefer to go full EPE. Or you might. What I'll say is, full EPE magnets are extremely magnetic.

putting yourself in others' perspectives to a maxed extent can be painful

Most people “understand others’ perspectives” by stopping at just seeing their pain from an outside lens, like “oh, sucks for you bro...”, but if a person is *dying for example*, being a *maximally understanding* EPE magnet, would result in you understanding who this person can or could have been, the *full picture* of their potential and what’s being lost in the scope of the *law of motivations*, *almost* as if the EPE magnet *themselves* were the one dying and thus *losing all the potential of the law of motivations, themselves*. This is one aspect of what being “maximally understanding” *means*. This is choosing to operate at the very *deepest* level of understanding of others’ *perspectives*, and *this, is why* EPE can be more emotionally painful to fully operate on. After learning of all the human potential and avenues for understanding that exist, caring about others to this level *becomes enabled as a path you can choose* to follow or not: the EPE chapter provides the *ammo* to be that caring, ammo in the form of teaching avenues of understanding so effective they enable this level of care. But remember, choosing *not* to take EPE’s path, *is* morally ok.

tactical, strategic intelligence still matters the absolute most in life

For example, even for an EPE magnet, if an evil individual is too much of an immediate threat to innocent people’s lives, the evil person may need to be physically (mobility-wise) disabled or killed before causing more harm, in defense. An EPE magnet might be maximally understanding and caring, but that *doesn’t* mean they’re going to be *unintelligent* or weak *in any way*, nor have a heart attack after having to defend themselves... *Not only* should they be understanding of others, but also understanding of what’s *truly* most important, *because of the law of motivations*: tactical, strategic intelligence, *must* take priority above all, even for an EPE magnet. And when I say tactical and strategic, I don’t just mean “*in the moment*”, I mean *maximum* strategic intelligence *all the way* down to your *very core life plans, blueprints, and overall goals* for achieving a *best existence possible*. Being maximally understanding of the person you just had to kill for example, *doesn’t* negate the fact that *you* yourself have an unimaginably motivating best existence possible you must create above *literally everything else in life*, and the fact you *can’t do that* if you let yourself be *murdered*, especially on top of *knowing the law of motivations* and having *passed the first layer*. Literally *anyone’s* legendary selves’ admirability depends, at an *extremely vital* level, on the level of tactical intelligence they operate on, in every area of life from overall life plan to each small situation they encounter. You admire *winners*, and as I’ve said, *moral reality almost always aligns with everyone’s path to max happiness*, so an EPE magnet can be a good, intelligent person, and *still a winner*, in almost all scenarios. An EPE magnet isn’t just some crybaby who gets emotionally overwhelmed and has to take a breather or some shit, tactical, strategic intelligence still trumps literally everything in their life simply *because of the law of motivations* and takes just as central a role in *igniting an EPE magnet’s focus & self-discipline* to exactly *as extreme a level as any anti-toxicity magnet, anywhere*.

care and concern instead of anger

Genuine EPE magnets have this path *enabled*, because genuine care and concern toward others is *enabled* as a choice; enabled by their preference and knowledge of the paths to achieving true justice without hatred, and enabled by their awareness of, and focus on, human potential. For example, when someone's unjustly toxic toward an EPE magnet, they may try to understand their pain, asking “what’s wrong”, because they’re picking up potential excessive negative emotion in this seemingly unjust person and asking with genuine care and concern instead of trying to roast them, because that’s their genuine self. They don’t say it passive-aggressively or any bullshit like that either; it’s *genuine* care and *genuine* lack of anger enabled by the *genuine* understanding via the realities this chapter *teaches*. Everything in EPE is genuine. If you’re preferring to be passive aggressive, the likelihood is that your genuine self fits more with *anti-toxicity* than EPE. This route of care and concern is simply EPE being EPE, at the very least as an attempt at understanding an unjust person’s pains, perspective, and what's going on, since they truly care.

handling verbal bullying

To handle unjust verbal bullying, an EPE magnet would take the aspects of anti-toxicity that *don't* involve hatred or "verbal artillery", and instead applies those aspects in a genuinely maximally understanding and caring way. Things like the dynamics of insecurity, or the Socratic method, as well as finding the moral reality of situations (keeping in mind that moral reality almost always aligns with *everyone's* path to max happiness). With the dynamics of insecurity alone, an EPE magnet can handle basically any verbal criticism, but on top of that, an EPE magnet showing care and concern, will actually aim to understand why the unjust person is behaving unjustly and help them solve their pains if the EPE magnet's own path to max happiness allows it, due to having *genuine* care for others; very friendly.

The level of understanding of others this chapter teaches, is exactly what enables this level of caring toward others.

sadness instead of anger

This is the true nature of those who *actually* gravitate toward preferring to have EPE over anti-toxicity. *Every human* must take either the path of *anger* or the path of *sadness* as a way to *actually vent* the emotions they get from experiencing unjust pain, *on top of* applying the default and *obvious* path of using problem solving and intelligent action to fully achieve justice. Problem is, *sadness instead of anger* isn't going to achieve justice, *unless* you pair it with all the anger-less paths this chapter *teaches you about*; things like the entry on "educating bullies on the actual path to max happiness when they're obviously straying from it by committing injustice", for example. That's a path to potentially achieve justice without anger... So, with enough of these paths now opened to you by this chapter explaining them, sadness is truly enabled as an option to express in place of anger, and is the venting path *aligned* to EPE's preferred nature of being caring and maximally understanding instead of toxic. In other words, you've needed a deep understanding of the paths to justice in this chapter which don't involve the verbal artillery or hatred of anti-toxicity to *ever even be able* to use sadness instead of anger in the first place, since you're no longer an infant whose mom saves it whenever it cries. As an adult, you need paths to *independently* achieve justice, not rely on mom coming to your aid. This is why you see everyone resorting to anger even if their genuine core self seemingly gravitates more toward EPE; because we lacked the understanding which opens these paths to achieving justice without hatred, the paths this chapter exactly teaches. *Real* EPE magnets have sadness instead since *now they can*.

And in case you don't remember, this isn't forced, these emotions rely on realities, and thus are their real emotions, enabled by their understanding of realities like the reality of human potential & "understanding others' pain" entry. This entire chapter enables this genuine caring and understanding nature of EPE magnets as a choice, & preference. How much EPE someone expresses, is their choice. This chapter enables it to be expressed any time, even in torture.

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THE GENDER ATTRACTIVENESS IMBALANCE

One gender is having an easier time gaining attractiveness... While the other faces tyranny, stopping theirs...

<----->

attraction between the genders is a yin-yang of character and appearance

Physical appearance plays a bigger role in a woman's attractiveness than her character, and character plays a bigger role in a man's attractiveness than his physical appearance. However, having a good character still boosts a woman's attractiveness, and having a good physical appearance still boosts a man's attractiveness, just at minor levels for each. It's a yin-yang. "Good character", entails having admirability, power, humor, intelligence, and lots more. While there *are* these major and minor contributors to attractiveness, the minor ones are still needed to an extent.

This describes a majority level perception in society and isn't to say that every single person ever sees it this way.

the gender attractiveness imbalance

For a man to express and even *grow* his character to be its best, he *can't be unjustly censored, at all*. In other words, a man needs to be able to express his character fully, in order to display the full amount of its attractiveness he currently has. And by the way, if the man is expressing things fitting this book's description of spam, it *won't* appear attractive, since things fitting that definition of spam, are foundationally not in alignment with the man's true path to max happiness since they break *moral reality* (the unarguable fairest assessment of the situation, *keeping in mind*: fairness almost always aligns with everyone's path to max happiness) and are therefore foundationally dumb and unattractive for him to express, thus straying from his own path to max happiness for the same reason him verbally bullying someone unjustly is. So yes, there he'd receive unarguably justified censorship and valid unarguable criticism which would then validly damage his public and self-image and attractiveness, but he *broke moral reality*, it's literally *justified*. So, in clearer words: a man needs to be able to express his full character, to show its full amount of attractiveness (good aspects, not flaws like the stupidity he'd show (and be justly put in his place) by "spamming"). Still, even a man expressing a flawed "cringe" genuine self like that, in a *society centered around the things in this book*, wouldn't find himself unjustly bullied or shot (without the bullies having a high likelihood of seriously regretting it), but rather would find himself with an opportunity to sharpen that self to be its best, and have access to info about how to. Therefore, anti-censorship isn't *only* one key to full self-expression, but full self-development.

So yes, full self-expression, which *follows moral reality* absolutely must be enabled, and face zero unjust censorship, for any given man to express his full character's attractiveness. The unjust censorship this corrupt society has put in place, is one of the *main* reasons I'm claiming: *men's attractiveness is crippled compared to women's*, and a *gender attractiveness imbalance cancer has formed*, due to women being able to easily obtain very uncrippled, untyrannized levels of attractiveness in the form of physical appearance, thus being closer to their max attractiveness than men *even possibly can be*, due to this widespread *unjust censorship tyranny* we've allowed in society from our lack of understanding of the *dynamics of insecurity, anti-toxicity, extreme positive energy*, even involving the *solving mindset*, and this is stopping men from expressing their full selves. *We are censoring men even though those men aren't spamming*, and this book's definition of spam is the only thing that should be censored anywhere, period.

This censorship comes in *many* forms. For one example, a companies' focus on maximizing fulfillment of their instant-gratification greed mindset's desires ("the customer is *always* right" type bullshit) rather than valuing *justice* or achieving a best existence possible (likely due to the widespread lack of having passed the first layer and lack of th-

e solving mindset). So, companies like to enforce censorship masked as “being professional”, and will *fire you even if you didn’t break “moral reality”* but said something that deservingly pissed off some unjust person “*higher in the pecking order*” than you... In other words, *tyranny*. This has been implemented in many places aside from business. For example, a “high-risk of unjust violence” culture has formed in society, making self-expression a high-risk thing, simply because people in this society are completely oblivious to the dynamics of insecurity, as well as anti-toxicity.

Aside from censorship though, anyone’s *character* depends on knowing *a lot more* traits and dynamics than their physical appearance does... And guess what, this book *lists them*. It’s literally a guide to the aspects of anyone’s best existence possible they share in common with all other humans; things our “most viable paths” have in common between all humans, and *guess what that also means?* A part of anyone’s “best existence possible” is... *drum roll... reaching the best version of themselves*, or in clearer words, the *best version of their character*. So, another huge reason for this gender attractiveness imbalance, is simply that men in this society are unaware of the foundations to their true legendary self this book would straight up just *tell* them... (considering achieving maximally attractive character *depends* on knowing the “foundations to your best self” which this book just hands you). So just read, lol.

the gender attention imbalance

Due to there being an attractiveness imbalance, there is, as a result, a “received attention imbalance” now too, and this is a primary reason for so much “male loneliness” in society. There’s a ridiculous amount of evidence for this. Look at women’s hypergamy for example. Look at who initiates most divorces (and let’s be real, has more options).

the gender ambition imbalance

Due to human connection and receiving attention/validation being such a crucial motivation for any human, I have this *theory* that an “ambition imbalance” has been inflicted on women, because the lack of this book’s character-improving knowledge in society has been plaguing us for... *ever*; and so, this whole time, women have been receiving less motivation to achieve greatness than men since men are shown so much less attention and validation (have you seen the rate of validation and attention women receive, in comparison to men...?). Basically, men receiving so much less attention and validation due to the attractiveness imbalance, has made men search for that validation with *making themselves worth something*, since they don’t have that “inherent value” from being a “genetic celebrity” that many women seem to be easily able to achieve a status of. So, I theorize, the reason society follows such a *patriarchal* dynamic today, is because women’s validation desires are so heavily met in comparison to men’s, that women have less ambition/drive to achieve greatness to “earn” more validation, because they get more *daily*.

solutions to all this

As a man, educate yourself on what women want, since it’s finally been found (the knowledge in this book) (they want a human magnet). Get rid of all unjust censorship in society. Have society be centered around *moral reality* from the masses being educated clearly enough about how it does in fact, align with everyone’s path to max happiness in almost all scenarios, to the point a woman who breaks moral reality *won’t* be supported blindly by those around her, but will be pressured to follow moral reality lest those around her not want anything to do with her and even throw deserved valid criticism at her (obviously the same goes for men). This will all *equalize the playing field*.

Society and law enforcement not valuing moral reality is the core issue. Castrating censorship, is a symptom of that.

EYE FOR AN EYE DYNAMICS

Moral reality, among other things, enables this; it's the path to true justice.

eye for an eye achieves true, full justice

Finding the moral reality of a situation, (the fairest assessment of that situation) requires confronting all valid arguments against your proposed moral reality. Finding the "moral reality punishment" that fits a given crime, is found the same way; through an open-minded hearing with no unjust censorship, with the goal of finding the most unarguable, "bedrock" moral reality we can. The punishment should cause, at maximum, the equivalent amount of pain or damage to those proven guilty, as they caused to victims. This achieves maximum satisfaction of moral reality.

innocent unless proven guilty/evidence is king

This is to ensure to a maximum level that we don't punish innocent people. When determining the moral reality of any situation, *ever*, you must remember that *evidence is king*. I'd much rather a criminal be loose in a society of armed, extremely intelligent human magnets who are good at investigating... Then an innocent person be put through potentially hellish torture, death, or all of the above all because some evil genius targeted them and took advantage of a court system which would imprison his target without having 100% reliable proof of guilt, wouldn't you?

punishment satisfying moral reality is what matters at the core of everything

Court ordered punishments don't always need to be some kind of exact "twin" of the crime committed; like if someone is a rapist, it doesn't mean we go rape *them* necessarily. What matters, is that an equal amount of damage or suffering is inflicted on the criminal if they can't truly adequately somehow "pay" the victim back in some valid way. Like the title says, moral reality being satisfied is all that really matters when determining a punishment; and that just means, you don't go overboard with how much damage or pain you're punishing criminals with, and you don't go underboard either, unless all of the victims of this criminal agree to this proposed underboard punishment.

SELF-DISCIPLINE

Gettin' shit done

self-discipline overarching philosophy

Work *is* just what's required to reach the end goal: the best existence possible, but the law of motivations beckons you. What matters, is that you're truly following the most viable path to said best existence possible (citing: *path confidence*). So basically yes, the end goal *is* mainly just creating the most fun pleasurable unending life at the end of the day, and your amount of self-discipline *is* just the speed at which you're deciding to do those chores and thus the speed at which you can reach that best existence possible if you succeed without getting game over, *dying...*

Strong self-discipline isn't supposed to be very hard, but you do need this book's info to obtain easy, true discipline.

the core warning and reason for self-discipline

Is the law of motivations. If a person witnesses enough of their best existence possible at once, they *will* feel ignited, possibly on an *unimaginable level*, to achieve that existence and make what they saw a reality. This is a warning, and I suggest taking it *extremely* seriously... blah blah, blah blah, blah. Yeah go re-read the entry if you need a refresher lmao. Witnessing this law proves this "ignition" as an unimaginably important warning to never be neglected.

Motivations like songs, or other sensual enough examples, can *inflict* the *impact of the law of motivations* onto a person. A motivations' impact is a heavy enough display and thus reminder of what you truly want to be pursuing most. Ignoring it will lead to further horrible regret when you're impacted by it again. Live knowing the law of motivations, and the warning it tells you, *no matter the hell around you*. Experiencing it proves to you once again how much you *want* to be disciplined; shows you your most fulfilling path; too many parts of a best existence possible to ignore *without a mental scab forming in you*. And remember, other motivations you haven't seen yet basically always exist, which would impact you unimaginably deeply in their own *possibly new ways*, so don't start thinking you've found all of them, because the likelihood of you being wrong, is high. Still think following it *isn't* worth it? *Ok:*

The urgent burning desire experiencing this law can induce, is *unimaginably vicious* at max strength. Ridiculously unimaginable. You might think "oh I've felt this law to an extreme level before" and you may have, but I guarantee the *memory* of that impact isn't at all vivid enough to completely re-ignite you to the same exact level as you were when impacted. That's why the law of motivations is *unimaginably* powerful and should be respected as such at all times. A memory of being impacted will never be as strong as actually being impacted again. Therefore, in moments of temptation to waste time, remember this, and how you'd feel impact on *unimaginable* levels; take what you spend your time on as seriously as these warnings tell you to. The more strong motivation examples you find, the more you'll find yourself waking back up; and your sensitivity to motivations depends purely on how much potential you're aware of; *how "passed the first layer" you are*; how many dynamics of the best existence possible you truly understand (use this book). This law *is the most important* thing you'll ever see. *If you saw heaven you'd chase it.*

foundations of true self-discipline

Since your true life purpose is to achieve the best existence, the foundations of true self-discipline, are these: seeing enough of life's potential, and knowing genuinely you can make that potential a reality permanently (immortality). Without that belief strong, you may be motivated to achieve all that potential, but there'll be an underlying infection in you, over the apparent inevitable ending to your existence: death. This "death depression" infects self-discipline like a disease, since you'll know you can only experience some bullshit "free trial" of life's potential, even if you can make it all a reality; and we've found no proof of an afterlife nor reincarnation. Only those who genuinely and constantly progress on a believable path to make all of life's potential a reality truly and permanently by even solving death, will truly have a belief in truly staying disciplined, because only then will they genuinely believe it matters & is therefore definitely worth having discipline in the subject of achieving the best existence possible (which might I remind you, includes this person truly understanding and being allegiant to fairness in almost all scenarios, further hinting this is how we were meant to be from the beginning). They will see how worthwhile and possible it is to achieve this unending, reliable & stable existence with all the potential they've now seen. Unfortunately for some older folks, this is bad news. Although, you were born into existence once, so maybe it'll happen again, who knows? Anyways, I call this true self-discipline, because it's tied to your true life purpose, achieving the best existence possible (It's literally the most motivating path you can find in life as a person). So, I call it this because it's the path you were meant to take, and your desire to procrastinate on this path will be lower than any other path you've taken. That's real "path confidence". These are just the two foundations of true self-discipline, not all the dynamics.

Finally, the third "unofficial" foundation, is the law of pain; "work smarter, not harder". The key to "easy" discipline.

path confidence

Path confidence can be defined as "how confident you are that your path is your most viable path to achieving the best existence possible". Lacking path confidence, can be one major & elusive cause of temptation to procrastinate.

Ever wondered why you procrastinate on schoolwork? It's majorly because deep down, you're not confident enough the schoolwork is a part of your most viable path to your best existence possible. Deep down, you want to be chasing that existence; your true (solving mentality) dreams. But alas, y'all would rather create entire industries around trying to force yourselves to do things you don't actually want to do nor should have to do if it weren't for tyranny, without actually confronting the underlying lack of path confidence in you tied to *drum roll* the hopelessness mindset you've been taught to accept. Y'all really live with a mindset that blocks out the true meaning of life due to you accepting hopelessness then go wonder why the inner child in you just sees life as a temporary joyride mainly focused on maximizing dopamine before your complete end, not caring about true problem solving nor eternal, truly motivating & fulfilling dreams and goals; instead you just take some unmotivating cookie cutter copy/paste career just meant to make you your money so you can just milk more instant gratification from life all to run from and distract yourself from the existential crisis you gave up on confronting. Look deep. We're currently a society based on (often far too selfish) max instant gratification; not on max fulfillment nor purpose, and definitely not on the purpose of creating the best existence possible. This hopelessness, and not having seen life's potential, are the two foundational things we lack killinq self-discipline (as the foundations of true self-discipline entry already stated).

That big rant though, is one reason I say most people in this society are depressed at the core. They're even taught from childhood that these institutions like college and getting a good paying job are to be the epitome of their focus, all these bullshit distractions from their actual core life purpose, which is to create the best existence possible (of which this book outlines enough unifying foundations of, which we would agree on, all the other aspects are unproblematic and individual preferences, and if they present a problem, we are to solve it, it's really pretty simple; if this book hasn't successfully solved something, you don't throw it away genius, we'll work on solving that thing).

path speed & risk

If you pick too *safe* and/or *slow* of a path, you can infect yourself with depression from not making progress quick enough since deep down (even if deep in your subconscious), *you'll know you're wasting time*. For example, I could've spent 4 years in college to get a degree and financial stability, and I chose to drop out to write this book, working a minimum wage job, contemplating/problem solving to myself at work, basically writing this book at work. So, sometimes, the true most viable path may have people telling you you're insane, but you should only reconsider *if* they (or even you) share *valid arguments against your path, that you can't argue*. I've made more progress than and am happier than I would've ever been staying in college 4 years wasting energy learning math I don't *currently* need for these goals. In fact, I firsthand experienced this "lack of path speed depression" when I was in college, *giving in to my fear* of this corrupt tyrannical society/economy instead of confronting it and finding the true most viable yet speedy path to undermining the shit. I fixed that depression by choosing to try and dismantle this tyranny faster instead, speed-running the true, ultimate goal. So just keep path confidence and path speed in the back of your mind, *always*. With it I've made ridiculous progress on my *real path*, so I'm now fulfilled at ridiculous levels I'd never have seen if I was appeasing this tyranny or wasting my time on some *overly safe* path. You must be *fearless* sometimes and confront what you really, deep down, think is the most viable path you *truly* want, and the law of motivations will *damningly* prove to you what you want most, *beware*. You must recognize all these extra bullshit wastes of time that don't align with your speed-running path to the best existence possible, as just that: wastes of time. You might find yourself forced into doing those wastes of time anyways, under *tyranny* in its different forms... But never lose sight of the reality this book has now awakened you to, for your own sake. Be absolutely and maximally *honest* with yourself, especially because of the law of motivations. When I say maximally honest, I mean you must consider even the most outrageous (but morally acceptable) paths: if you find you lack path speed, you're likely ready to take an *acceptably riskier*, but *faster* path, if it's more viable and *intelligent*. But do remember, it's important that you don't take *unintelligent* risks. Like don't *die*, but don't waste time on too much of a "safe but slow" path you know is unnecessarily slow. It'll make you depressed. That's the main idea here. The most viable path for you to be taking, is the path with the most *intelligent* combination of riskiness & speed. That's basically the *formula* to "path viability": *max intelligent (healthy) risk + max intelligent (healthy) speed = max intelligent viability*.

jog but don't sprint unless it's an emergency

To avoid the exhaust and potential *burnout* from sprinting toward whatever goals you have, if you've got a choice, jog intelligently but painlessly toward accomplishing goals, rather than sprinting towards them. To jog "intelligently" means to just *follow the law of pain*, and do things in an efficient way. Aim to remain *calm* and *focused* on your goals, even when you're contemplating impossible-seeming issues. Sprinting *isn't* just limited to your *speed*; avoid sprinting by over-exerting yourself, and instead of procrastinating at any level when tired, try to fall asleep. If you can't, then aim to keep jogging. When you feel tempted to procrastinate, you *conference* with yourself until you *truly conclude that conference* with your next path step *clear* to you with *little to no temptation fog blocking your confidence in that path*. Sometimes, taking another look at your strongest motivations can refresh your discipline. I know the law of motivations will make you "feel like chasing them at max speed", but it doesn't *say to do* that! All we can and *should* do, is follow the most intelligent, *viable* path we *can*, and *not* burning out *is* a piece of that path.

(this entry has been sponsored and brought to you by the law of pain[™]; the law of pain[™], approves this message)

the final step, choosing to be disciplined

There comes a point in self-discipline when you've matured enough from finding enough *motivations* and matured enough in the methodology of being productive in an easy, *law of pain* way of "working smarter not harder" to the point the one thing maintaining self-discipline depends on, is your *choice* to maintain it and to maintain your focus.

sometimes you can use impactful, motivating things to help wake yourself back up

Use “exploring the first layer”, use the judgement list method, and use the important memories notepad, just as a few examples. The important memories notepad can serve as a place to put descriptions of times you were impacted by the law of motivations or had an experience similar to that. The judgement list method can become very powerful, especially when you’ve gotten to the point where your favorite music playlist has *hundreds* of songs in it...

CONTEMPLATION

Thinking for yourself; your weapon against “impossible” problems, and how I found most of what’s in this book.

the chain reaction I

The dynamics to the best existence possible you already know of, are the most viable details for finding new dynamics to the best existence possible, like a chain reaction. You find a couple foundational, important dynamics in that subject, and you’ll likely be able to apply those to other issues to find further dynamics of the path to the best existence possible. There’ve been countless impossible-seeming society-wide dilemmas I’ve seen defeated with this.

dynamics of thinking outside the box

Your ability to think outside the box on any specific issue depends on the relevance and volume of surrounding knowledge relating to your issue’s topic you possess. Also known as *“the chain reaction I”*. This is because, the more relevant surrounding details you know, the more points of connection (*lightbulbs*) your mind can potentially make. In other words, your mind is like a toolbox, and the problem you’re facing might need a very specific tool to be fixed in the best way, so the more (relevant/valuable) tools (surrounding knowledge) you have, the more you may fix.

So basically, you can develop “investigative tools” in practicing contemplation, tools like “compare & contrast”, etc.

how to contemplate

It’s literally just talking/thinking to yourself, whichever you prefer. There are two modes of contemplation: surface-level thinking and thinking outside the box. Surface-level thinking is just having a simple-minded, blunt conversation with yourself, where one side of you asks questions, and the other side answers without having to think very much, hence the term “blunt” conversation. You can do that for as long as you’re still making progress, but it’s important that you’re able to recognize when it’s time to think outside of the box; *recognize when you’ve reached the front door of a boss battle*. Thinking outside the box is really our only weapon against those, and your ability to do that, depends on how many valuable and relevant surrounding details to the specific topic you possess, since increased relevant surrounding details means increased potential connections (*lightbulbs*) that can go off in your head to defeat said boss. The greater the volume & value of details you have, the easier the boss battle can be, basically.

the sweeping method

Unexpected new questions can appear in any given contemplation labyrinth you’re navigating; contemplation isn’t always just a straight path forward. The sweeping method just says leave little to no questions *relevant to your path to the best existence possible* unanswered when contemplating, allow little to none of those holes in your understanding. Many of these new questions may seem annoying, specifically these no effort, lazy seeming but yet so complicated ones like “why is this this way”. Yet, questions like that are the keys to deepening and densifying your understanding of the topic at hand and how it connects to surrounding topics. These annoying surprise hallways of thought can lead to new, unexpected but very valuable conclusions and connections. Staying loyal to the sweeping method should strengthen *“the chain reaction I”* in you, due to your understanding becoming solid metal rather th-

an Swiss cheese. The more you successfully contemplate and the more you deepen your understanding, the more power you can obtain. Just look at this *damned book* as proof; you never know what you'll find using this method...

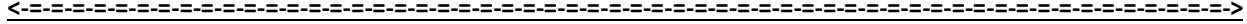
the chain reaction II

When proposing potential new path steps to a best existence possible, the harder the arguments or scenarios that argue against your proposed step you confront/disprove, the more potentially clearly proven your proposed step will seem, and the higher volume of easier arguments directly under those harder ones, will have been disproven. For example, to find that fairness is mostly objective, I had to confront the most difficult trolley problems imaginable, and in doing that, all the trolley problems under them, similar but easier, were thus confronted automatically.

Yes, new arguments harder for a different reason than you expected may present themselves. Confront those too. For example, I not only had to confront human vs. human trolley problems, but "last chicken" vs human ones, too.

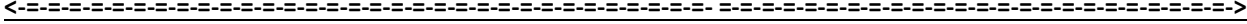
root solutions vs. surface solutions

Surface solutions are called that because they're less viably aligned to achieving the best existence possible than others. My definition of *root solution* is this: "the more root a solution is, the more viably it aligns with our most root purpose: achieving the best existence possible". Aim to locate and follow, *the most potently root solutions you can*. For example, one *surface* solution to littering might be to pick up trash on the streets in comparison to a more root solution of outlining a mindset which makes everyone actually want to get rid of all trash everywhere (if it works). This is just another way of me saying "follow the most viable path toward the best existence possible, at all times".



MORAL REALITY LAWS

Moral realities that seem to remain true in all or almost all scenarios...



how to find a law of moral reality

laws of moral reality are found by applying the *chain reaction II* to your proposed law *on top* of applying the instructions to *finding a situation's moral reality*, since the only difference is that moral reality laws remain true in all, or nearly all situations. A proposed law must prove itself by holding up against all valid conceivable hardest scenarios.

FOUNDATIONS OF SOCIETY

Self-explanatory title.

everyone in society must be passed the first layer

This is because of our current society's widespread lack of desire to "create the best existence possible". People are far more focused on self-centered instant gratification than the path to true max happiness would have them be, and the only barrier is them seeing that, aka, passing the first layer, since that proves someone *knows* and *desires* the *actual* path to max happiness. It's the most *uncorrupt* a person can get. This being absent from society is why the environment is in the shape it's in, why government corruption is rampant, as well as basically all other corruption. Such rampant corruption only reflects such a rampant ignorance of the true path to max happiness, so the only way to fix that is to make that path clear and known. People will actually *want* to max out every aspect of society. Be aware of the effects of this foundation not being followed. It is exactly what's led to the horrible state we're in...

achieving near-complete ideological unity in society

Our aim is to find the most viable path to the best existence possible, which we happen to share many crucially huge aspects of, even at an individual level. If anyone has an ideology different from the current one proven to align the most with the unargued "most viable path to a best existence possible", their unproven ideology should be compared to the *already proven* ideology, to verify which is truly the more viable path to the best existence possible.

The evidence should be examined behind whether their beliefs are true or not, and the rabbit hole of proving or disproving their beliefs, to find the *truth*, should be explored. It's not as hard as it sounds, and this book should give you the ammo you need for it. The goal here is to find out who's on the wrong path, and why, considering our collective purpose is to achieve the best existence possible, and considering said best existence possible for anyone has so many foundational aspects in common with every other person's. After the right path has been *unarguably* identified, it is the *definition of delusion* for whoever was on the wrong path to remain on their wrong path. Therefore, if they stay on it, they can validly be labelled as delusional but should still be free to believe what they choose.

That is, as long as their delusion doesn't unjustly negatively impact others, or society. If that occurs, then we'll be able to put into communicable reasons how and why, and let them argue against it until we find the unarguable fairest conclusion we can collectively come up with, the moral reality. Basically, you can be delusional if you want, as long as you're replenishing the societal resources you consume, like food, if technology hasn't already advanced to the point that job is so automated that the resource is plentiful enough, just for one example. Locate moral reality.

People can pretty much just exist and do nothing if they choose, as long as they replenish the resources they use up.

The reason this should be okay, is because with how clear the proven most viable path to max happiness will be, those who let themselves resort to delusion, will likely be few in numbers, especially when the law of motivations' impact is made so visible now. I am basically saying there will be so few people desiring a delusion, that this'll work.

RELEVANT SPEECH

Ever seen a good movie? Don't you think they get to the point and progress the plot in those? Life should be similar.

relevant speech intro

This is how attention grabbing and attractive your speech is. Strong relevant speech is foundational to *literally everyone's* legendary self, so it's majorly important to strengthen your own deeply, as without a strong level of this trait, you'll be *validly* annoying. Relevant speech isn't understanding others' perspectives; they might be ignorant to what's truly most relevant to them according to reality. So, relevant speech is instead about understanding "reality's" perspective (what's most relevant to be saying *according to reality*, that reality *being* that our most *relevant* topic of discussion is: *things relevant to the most viable path to the best existence possible* of course) and communicating things relevant to that path *in a timely manner*, with as much *clarity* as possible. Keep in mind, humans share many major path steps on said "most viable path to the best existence possible", so subjectivity is no major issue.

the three core ingredients which determine overall speech relevance (importance, time, and clarity)

The three foundations of *relevant speech* which *determine the overall relevance of your speech*, are these: the first, is your speech's *relevance to the most viable path to the best existence possible*, because that's the most relevant topic anybody can be talking about at any time, according to reality. This is measurable by communicable logic and reason; in other words, you can determine how important and relevant what you're saying is to said most viable path simply by examining and contemplating the logic behind your opinion for its relevance, and confronting any valid counterarguments... *similar to how you'd find a situation's moral reality*. You're just open-mindedly locating the "reality" of how important what you're saying truly is to the "most viable path toward the best existence possible".

The *second* foundational ingredient which determines the overall relevance of your speech, is *time*. Communicating your ideas in as timely a manner as is possible without negatively affecting the clarity of your ideas. This can be improved by a number of tips and tricks; I'll try to list good ones I know in this chapter. Nobody likes wasted time... The *final* foundational ingredient is *clarity* of your ideas. Clarity refers to how *easy to understand* and how *organized* your communication of your ideas is, how well it all fits. Like timeliness, this can be improved by tips and tricks.

clarity tip – don't try to fumble when explaining your logic

If you can't fully and clearly enough explain the full context and proof behind your claim, don't try and "make up" or speed contemplate those proofs. Just admit you don't yet know with absolute certainty. There's a *high* chance you'll just be saying some incorrect bullshit, and instead of cleverly convincing others you're right, you'll just make them think you've gone crazy. It basically fucks your speech's clarity, due to *high risk of you being wrong*. This may also *validly* lessen the listener's opinion of you, and their tolerance to listen in the future. If you haven't polished the context or proof behind your claims, just *accept that, say it to them, and end it there* rather than fumbling. It's not going to make *you* look like a waste of time, if you *don't waste their time*, and you say this *immediately* instead. If you start fumbling, it means you've obviously still got connections to find and contemplate on your own. *So do it.*

Maybe just try to *fully verify* your claims enough with yourself and any counterarguments you can possibly imagine *before* presenting them to others *confidently*. Like, if you're going to say your claims so *confidently*, maybe you sh-

ould try to make sure that confidence you're expressing with the claims is *warranted* by first *really testing* those claims yourself during contemplation, with arguments *for & especially against them*. If unverified, you contemplate...

the relevant speech nonfiction format

This is the format to use when you've got a rabbit hole you believe others should look into. This is the format to present the rabbit hole in, and if you don't follow this format, then you shouldn't expect them to look very far into it, because you won't be presenting the info in the most relevant and proper form in terms of your "relevant speech". You'll be presenting irrelevant information to them if you don't follow this format, since you'll be presenting things in the wrong order. *The right order*, is from the most important, relevant info, to the least, and it's not the reader's fault if you're over here shoving less important things at them first (basically wasting their time); not their fault you placed the irrelevant stuff before the more important stuff in your presentation of this rabbit hole... They're expecting this proper order of most relevant info to least relevant and if you don't follow that, expect zero readers.

So, this format is composed of three sections. The first, is the "attention grabbing thesis", which presents your *most important main idea*, main point you're trying to communicate; the main idea as to why what you're proposing is relevant and important to their path to a best existence possible enough for them to spend time reading what you're telling them to. The second section is the "important textbook" containing all the most important "formulas", plain steps, and any other important info. And finally, the third section, is the "ocean of extra context textbook", containing any useful extra context or answers to valid arguments and doubts others may have. All the extra context that isn't important enough to make it into the "important textbook" but is still important enough to be *provided* to those reading, *if they need it, findable via the highly organized table(s) of contents*. You decide what goes in where.

For organization, your whole "book" (the compilation of all three sections), should use table(s) of contents (for each section big enough to need one). Aim to put everything in the entire book in the order of most relevant/important/interesting to the least; from *which entries are listed first inside chapters, to which chapters are listed first inside sections*. This whole format is basically intended to be an organized walk in the park for readers; this format will take your "rabbit hole" and present it in the absolute most maximally interesting way to them, purely because this format is in the order of what's most interesting (*important/relevant*) to mention, to what's *least* relevant, and is fully organized. You see, that's the reason it's the proper format, because if you want to ask someone to spend time looking into a rabbit hole of info, this is the correct way to do it, by making sure it's following relevant speech and not wasting their time; making sure to share the most important info *right away*, and then keep that pattern going.

This is the one true format for *literally any time anyone tells you to look into any rabbit hole, ever*. The author of the presentation of that rabbit hole must follow this format and show how it aligns viably enough with your path to a best existence possible for you to spend time to keep looking into and reading the presentation or you can leave.

The longer name for this is the "proper, required, relevant speech nonfiction rabbit hole book presentation format".

someone presenting unarguable reasons for the irrelevance of your presentation doesn't need to hear it further

If someone can say a valid reason why your proposed rabbit hole of information or book you recommended doesn't follow this format, in other words, showing valid reasons why it isn't following relevant enough speech to keep hearing, they are not breaking moral reality. They're telling you that you need to organize your info properly, and why, or they'll tell you your main thesis and path you've presented isn't important enough in the scope of the path they're *already on* and why, or whatever. Do not expect someone to look into your rabbit holes if you don't follow this format well enough and are presented with unarguable evidence that you truthfully aren't. So go fix your stuff.

To make your writing itself relevant, simply follow the three cores of relevant speech: importance, time, and clarity.

clarity tip – quality of vocabulary

(*Immersion of vocabulary*;) Aim to communicate using words that most effectively immerse the listener into your exact perspective emotionally, instead of, for example, (*complexity of vocabulary*;) aiming to sound smarter using *overly* complex vocabulary they have to go waste time defining. Don't let your ego get in the way... (*Attractiveness of vocabulary*;) Aim also to use wording that is contextually attractive to imagine and hear out loud instead of wording that makes others gag or *validly* think you're some mentally deranged psychopath from how unattractive it is.

time tip – abbreviating words

This refers to using abbreviations of words whenever it won't negatively impact the *clarity* of your message. For example, saying "aren't" instead of "are not". On a rare occasion, the longer version ("are not") may seem better for emotional emphasis, but most times, you'll find the abbreviation to seemingly improve the "*relevant speech*" of your message. Abbreviation is *majorly* beneficial in attractive *text/writing*, & minorly beneficial in attractive *speech*.

joking and other forms of communication like anti-toxicity can still be relevant depending on their value

Jokes and other forms of communication can still be relevant if they're warranted in the scope of still following the law of motivations. What determines their relevancy, is their value, if you know how to make funny enough (high value enough) jokes, of course. Relevant speech isn't about only having robotic, productive, humorless conversations. That would take a lot of fun out of life, and would be hypocrisy in the scope of our goal of truly achieving a best existence possible. It wouldn't follow the law of pain, either. Just because you aren't discussing something "extremely productive" or extremely relevant to your goals and self-discipline path, doesn't necessarily mean what you're discussing is irrelevant. You have to remember the entry "*jog but don't sprint*". What matters is that you simply don't let yourself *forget* the warning the law of motivations tells you, at even the slightest level, so you don't *actually* fall victim to it. Good enough jokes, or just getting to know someone by asking questions about their individual dreams and goals, can align with your path to a best existence possible (these things can be smart and ok to express) if say, you've calculated if they're still warranted in the scope of the law of motivations and the *direness of your situation* (you're not hiding from a murderer for example). And like I said, how *actually* funny of a joke it is *can* determine how aligned with your path to the best life possible it is to say it. Getting to know someone, and forming relationships, *especially* romantic ones, are such major parts of anyone's "best life possible", I'd be dumb to deny it.

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MISCELLANEOUS

Unsorted. Remember, if something's in book II, it's because of its importance alone.

<----->

even if you've seen "proof of an afterlife", know the danger dying can open you up to

When you see the potential this life holds, you'll definitely not even want to take a chance of losing it by being wrong about there being an afterlife; letting your physical body die only to be met with potentially nothing, or worse, something hellish. So, even if you've seen what you'd call "proof of an afterlife", you'll want to at least also witness all the potential you'd be losing by letting your body die physically and being wrong, and you might want to also remember all the pain and suffering possible in this existence that could potentially meet you on the other side as well. My point is, we don't know what comes after death, so we should aim to *prevent death*, and, instead, *advance technology to the point we can expose the truth about this existence*, answer all these questions *without risking our entire existence*, risking losing access to all of life's potential for happiness, or risk subjugating yourself to any kind of hell. And *I'm warning you*, when you see enough of life's potential for *both*, you'll *very likely agree with this*.

CONTEMPLATION NOTEPADS

The organized system of notepads I use to deepen my understanding. This is exactly how I wrote the vexyicon.

value of digital notepads

Digital notepads can be used as a waiting room for things you need to confront when you get the time, a record of important memories, a to-do list, a record what you contemplate and solutions you've found, or more. This chapter shares how I use these to contemplate/solve problems, develop theories, plans, and deepen my understanding. It's basically an "industrial *factory*" for dynamics of near utopia and a best existence possible so yes, it's important.

use speech to text

There's a nice tool on many phones that lets you press a microphone icon and just speak into your phone and have your speech semi-accurately converted into text. This makes recording extremely detailed/long notes much easier, especially when I'm at work and can't waste time. As long as you speak clearly, these notes can reflect your dialect.

security for accidental deletions

I've got a bot which records every time I edit or delete a message/note in any one of these notepads. It pastes the entire message in its own little notepad, too, not just the edited or deleted part. I do this cause I very much value recordkeeping of these topics and conversations of contemplating solutions, for history. The only thing that isn't backed up is basically the out-loud verbal conversations I didn't type where I just talked to myself, but the conclusions to those talks often if not always are typed out so I remember them, so even those solutions get recorded. A bot is just my idea, you do whatever you can. This is like with the "backing up [Judged] playlists", just my method/idea.

the confrontation list notepad

If any question pops up in your head relevant to your path to max happiness that you feel you might want to contemplate/find an answer to, as long as you aren't *on fire* or *bleeding to death*, you should put that question into this notepad (you wouldn't put "clean your room" in this notepad, there's nothing there to contemplate, that's a concluded plan, not a *complicated question* requiring contemplation). Yeah, you may find it annoying the number of difficult-to-answer questions that pop up all at once whenever you're sorting through your unsorted notes and you r-evisit some theory you came up with ages ago you didn't fully contemplate... But still, put those difficult questions in here, unless you're prepared to *fully* contemplate them *right away*... I say this because for example, I contemplate better at work than at home; so, find a convenient time for you, I find it more convenient to put things in this notepad unless I *know I will* knock them out right away; your choice. Just remember to follow the *sweeping method*.

Also, I sometimes end up including a lot of context in each confrontation list entry because that's what was needed to truly answer its question, so if you do too, it can make it easier to repeat the main question of the entry at the end of the entry, again, separated from the huge mass of context involved in it, so you can see the exact question you want answered, immediately, and clearly. This can make the confrontation list smoother to make progress on.

By putting things you haven't answered or can't remember the answer to into your confrontation list, you'll be training your memory to remember the solutions you come up with, so if my memory fails me, I might re-contemplate.

the storage document

This is a text file containing *anything and everything you no longer need*. Outdated/disproven theories, completed to-do list tasks, storage for old important memories, and more. I'm pretty generous with what I put here. It's more of a tool to ensure that my notepad's history is recorded, so you may even see things put in here twice, since the concern really isn't on this document's size; but purely on ensuring I have every single outdated thing pasted here as recorded history. If it takes two pastes on different occasions for me to remember for sure it's in there, that is ok.

Since it can be right next to my other notepads, I also use a "storage notepad" as a place to compile outdated notes eventually into massive blocks of text, which I can then paste into the storage document all at once. It saves time.

the important memories notepad

I use this for long term important memories; not as a to-do-list. I usually recite, in fairly great detail, times I was impacted by the *law of motivations*; *exactly what I saw* in the motivation/song/whatever impacted me, so when I'm viewing the words and attached media in this notepad in the future, I'll be as accurately reminded as possible; hopefully transported back to that exact experience (kinda unrealistic expectations). This is obviously because I'd be impacted again, it can have a re-motivating effect. That's been my main use for this notepad. Aside from that, I may write notes about imagined places or creative concepts I come up with, like "the stone city", if I come up with some new dynamic for how that place would function or whatever. All these notepads are just the way I do things...

When I want to empty the important memories notepad into the storage document, I just type "important memory" at the beginning of each note, so when I paste all of them into the storage document, each one will have the words "important memory" at their beginning so I can just "CTRL + F" and search "important memory", which will display every instance of those words occurring throughout the entire storage document, for me to find all of them...

the conclusions notepad

This is for answered/concluded questions from the confrontation list, as well as from anywhere else, like the internet for example. I simply treat this as somewhat of an "unsorted notepad" because once a question from the confrontation list is answered and put here, I then have to decide whether the information I found by answering the confronted entry is important enough to be a new vexyricon entry, or whether it leads to new questions/has to be put back into the confrontation list in some way, or whether it isn't needed anymore and can go to the storage notepad, for example. The main idea here is that this is the pool of unsorted conclusions and findings from all places.

【Vexyricon】

Treat this with as much importance as the **【Favorite Music List】** entry from the judgement list method chapter. This is the "*most important conclusions*" notepad. For me, it's a book I named the Vexyricon. You name your "most important conclusions" notepad whatever you want. Just like the favorite music list, this is one of the most important possessions you will ever own. Good luck finding better conclusions than this book shares... I'd say just use this.

When something in the conclusions notepad shows it's important enough to be here, I just cut and paste it here, and then make it seem concise & square. Its logic should already be sensible and polished fully, otherwise it'd either

go back into the confrontation list or I'd confront (contemplate) it right then and there. Similar to how I made "bio-mes" of songs and blended the thumbnail colors of all my favorite music list's songs to make a sort of rainbow effect as you scroll through it, I put effort into making my "*most important conclusions*" notepad (vexyricon) look good.

the control center notepad

This is like an "important memories" notepad but for more urgent and immediately relevant notes, like important reminders. If I find a really important new discovery, I might put it here, or if I find a new strategy for solving a problem I must remember to practice each day, I might put it here, it's really up to your judgement what you put here.

THE JUDGEMENT LIST METHOD

The method for finding new song motivations of all kinds, method for “farming” impactful motivations.

intro requirement (passing the first layer)

To even *be* impacted on a deeper level, you need to have been educated on enough of life’s potential; passed the first layer enough, as stated in the *dynamics of motivational impact*. That’s how your sensitivity to impact can be increased, and how to make the judgement list method maximally useful to you. The “bigger picture” all this book’s “first layer passing” contents paint is a powerful enough image to increase your sensitivity to impact significantly to where you can be impacted on an extreme level by songs you find, and their imagery. Many times, it’s the imagery combined with the audio of a song that leads to more impact rather than just audio; this is because the more angles of potential you’re perceiving, the more impact you can feel. Remember, that’s literally how *passing the first layer* works. The more potential you’re being reminded of at any time from any angle of your perception, sight, hearing, smell, feeling understood, feeling human connection, hope, purpose, justice, confidence, you name it, determines how much it impacts you; the bigger the picture it paints, the more impacted you can be. Therefore, this entry is just explaining the sensitivity to impact required to use the judgement list method effectively in the first place, to even *be able* to feel/perceive high impact *at all*. Without doing this, high impact will be rare, if it *ever even occurs*...

the judgement list method

The judgement list method is that I use YouTube playlists to process/sort every song I judge, to *farm new impactful songs*, increasing my motivation and ability to wake up to the *law of motivations*. I’ll put one headphone in at work, and an eight-hour shift may sometimes yield 100 judged songs. The longer you’ve been judging songs, the more impactful artists you’ll have found, and the more channels of new, good songs you’ll have that you can add to your judgement list; the more fruitful your judgement list will be. *After passing the first layer*, this is a profitable activity.

[Judgement List] playlist

Where new, unheard songs go. I set it so new songs are added to the bottom, obviously, and remove judged songs. In the judgement list, I let myself judge with only one headphone in; but when re-judging, I’ll use two headphones.

multiselect chrome extension

Adding/removing songs from the judgement list is a pain unless you get a multiselect tool for YouTube, where you can copy/paste hundreds of songs fast/remove duplicates. This is just an example obviously; get the tool you want.

timestamp playlists 0, :30, :40, :50, 1:00, 1:10, 5:00, 23:59:10

When I’m listening to the judgement list, and I hear a good enough part of a song I feel I need to re-judge, I’ll put it in one of these. If the good part happens at 2:05 in the song for example, I’ll put it in the 2:00 playlist. I have playli-

sts for 0-5:00 by default, for each 10 second interval. If a song has a timestamp at later than 5:00, I make a new temporary timestamp playlist for it until I re-judge its timestamp, then I'll delete it since it's past 5:00. This helps lots.

[Judgement List 2] playlist

If enough of a song is good, instead of putting it in timestamp playlists, I'll just put it in here. This is for entire songs I need to re-judge, not timestamps. The whole thing. This gets re-judged first since it's got the highest success rate.

【Favorite Music List】

These are the best and most impactful songs you've ever heard. My FML has genuinely been one of the main and sometimes only reasons why I didn't fall asleep on some bullshit and forget about the law of motivations. It just kept waking me back up when I listened to it, and still does, now more than ever since it's only gotten stronger. This is why passing the first layer is important and why this judgement list method is important, because your FML is such a resource to wake you back up to the law of motivations. *This is one of the most important possessions you will ever own.* Put the whole damn playlist, in full HD, in an EMP-proof bag and bury the fucker in an underground bunker so a nuke can't even destroy it. The bunker is a joke, but the bag isn't, and neither is the importance of this...

As of judging 15000 songs, I'd found around 300 FML-quality impactful songs (w/targeted judgement not random).

[Make Soundbank] playlist

A "soundbank" is my term for when I cut the good parts out of a song and re-upload the song with only those in it. I title the upload "soundbank (notes triggering memory of any liminal or impactful imagery) (exact title of origin video)", so I can copy and paste that exact title into the search bar if I ever need to find that exact origin video again.

[Make Soundbank] save-for-later method

When saving a video for later to get it out of clogging my playlists, I first leave the song in its respective timestamped playlists, then I download the song and rename the file to be for example "make soundbank 0, 1:10, Shadow Corridor(影廊)bgm「靈魂の淵叢」720p30.mp4", making sure to put the timestamps in the file name since obviously I'm now taking the video out of all of its playlists on YouTube. In this example, 720p is the song's quality, and 30 is its frame rate. Once downloaded, now that I've recorded all timestamps into the file name, I can take it out of its timestamped playlists on YouTube, take it out of [Make Soundbank], put the origin in [Edit Origins] and then put the file somewhere for later when I'm ready to make it into a soundbank. Obviously, I try to find the most HD video.

[Soundbanks] playlist

This is for all *made* soundbanks. [Soundbanks] is organized into 3 sections. How I define those sections' boundaries is I literally just uploaded a video of a door 3 different times, yes, thank you for the applause, extreme genius, I know. The top section of the playlist is gold, then silver, then bronze soundbanks. Aside from the FML, this is the only other playlist I back up by downloading. They're in three files, gold, silver, and bronze, and my file system seems to order them based on name; alphabetical order, so, I make sure the YouTube list perfectly reflects that exact order. If I stop caring about a soundbank, I'll rename the upload to "deadbank (its title)", then remove it from all playlists.

[Judged] playlist(s)

Songs I've heard that I don't care about get put here. It's an indicator for me to not accidentally put them in the [Judgement List] again. The only reason I can't just have one single [Judged] for all the trash to go into and am forced to have like [Judged 1], [Judged 2] etc. is because YouTube has a limit of 5000 videos per playlist. It is to be fixed.

backing up non-downloaded playlists

You'll probably want to use *both of these methods*, because unjust channel termination is unfortunately a real threat in this tyranny and unjust-censorship infected society. I've lost thousands of songs of progress because of that.

Text file (safest) method: go to the playlist, make sure the entire playlist is loaded on your tab. Hit CTRL+A (which selects everything on the entire page). Hit CTRL+C to copy every word selected (in blue) on the page, then go and create a "new text file" in your computer files. Then paste everything with CTRL+V. What you should then see in the text file is, some extra text to delete possibly, then under it, a list of each video's title, channel that uploaded it, its length, its views, and even what number video it is in the playlist. I say do this for each non-downloaded playlist. I usually put the date the backup was made in the text file's name and keep all old file versions in a separate folder.

Alt channel (most convenient) method: use the multiselect chrome extension to load the entire playlist on another YouTube account and just paste all the videos into that alt account's version of the playlist. Easy, done. So now, if they terminate your main, you can just copy and paste the most recently backed up twin version of that list from your alt. The phantom ban evader. The only annoying thing about this is how you'll make a backup and a month later you may have 1000+ new songs in your main channel you now need to add to the alt's twin of said [Judged] list, because you'll need to load the entire main's playlist on your screen, and loading thousands of videos can be laggy.

saved song playlists [Gold Songs], [Silver Songs], [Bronze Songs]

[Gold Songs] is for... gee I wonder, [Silver Songs] is for... gee, I wonder? And [Bronze Songs] is for songs that *may or may not be rejected upon applying for a minimum wage job*. Please don't tell me I actually have to explain these playlists to you, they are literally so obvious... I used to treat my judgement list method very "black and white", saying "it's either an FML song or a "judged" one, and this system is better... Judging songs isn't *that* black & white. You'll find segments that are only 5 seconds long in an otherwise terrible song, and those 5 seconds might be the most impactful 5 seconds you've heard all week. The most legendary soundbanks I have, are as good as FML songs.

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This marks the end of the important textbook, "the sword", and the beginning of the ocean of context "the shield".

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THE SHIELD, OCEAN OF CONTEXT TEXTBOOK

Full context and answers to doubts about the entries of the main textbook of human magnetism, with all extra info.

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BOOK III TABLE OF CONTENTS

Book III is for those who need more evidence or have doubts and need answers. It has all the other, minor context. You'll see this has a mirror entry of each entry in book II, for easily finding your answers, they'll be in its twin here.

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READING TIPS (JUSTIFICATIONS)

Mirror of the book II chapter "Reading Tips" containing any justifications.

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justifications for: the whole book, the whole "vexyricon"

- **question:** why didn't anybody find these dynamics to "near utopia" before you? I do not believe this shit...

Honestly, I'm not 100% sure, and this question really bugs me as much as it probably does you. It's creeping me out.

But, on top of the solving mindset being viciously labelled as 'insanity' due to almost all of society collectively accepting hopelessness on the issue of "solving death by advancing medicine and technology" (the solving mindset is literally the main ingredient key as to what led to me to all these other solutions I would not have found without it), the internet wasn't advanced enough for people to have something like an FML (music) playlist findable and creatable at the tip of their fingers due to impactful music and even impactful media, especially the combination of the two, being less accessible than it was when I was born (2002). I just recognize that the FML playlist I made through high school became so crucial in me doing this, because I would have just fallen back asleep had I not had it and kept growing it with other impactful song motivations I would find via judgement list method. My FML was created in 2016. The impactful video + audio combination, on top of me finding other impactful motivations outside of just song media, even in examples I got from some anime, not only kept waking me the fuck back up on a weekly basis as to what I wanted to do with my life now, but gave me blueprints as to exactly where to look to find the exact dynamics to making that potential a reality, through contemplation. As long as your emotional state is stable/healthy enough (just passing a basic threshold where you aren't losing sleep or dying emotionally), you'll likely find your desire to listen to your FML regenerate, and thus you'll find random days where you suddenly just have this urge to go revisit the songs – and this is exactly what happened to me with my FML, but mine was full of extremely impactful examples which mirrored the exact blueprints of extremely impactful potential I saw all over the internet in various places. At first, all the way until 2022, I didn't even consider the solving mindset, but the vexyricon was also created in 2016, and the FML and being rejected by those I had a crush on kept me working on it. But alas, at the dawn of July 2022, solving mindset was accepted, and I started taking outlining all the other dynamics in this book seriously, and outlined them successfully. I genuinely don't know why it seems like nobody else has succeeded in doing this yet, I genuinely dislike that, and it's really weirding me out to be honest, like I don't know what's going on in my own life or some shit. Regardless, these are currently the best explanations I can come up with. The solving mindset wasn't accepted at all by society in the past, and thinkers of the past may not have had access to enough impactful motivation from something like an FML waking them back up on a weekly basis, nor from internet media.

FOUNDATIONS OF THE INDIVIDUAL (JUSTIFICATIONS)

Mirror of the book II chapter "Foundations of the Individual" containing any justifications.

justifications for: the law of motivations

Extra context: you have to also remember all the very unpleasant or even hellish shit you will have to suffer through by succumbing to hopelessness and accepting this "norm" plan of retiring, growing old, not stopping this corrupt system government from implementing even worse, more tyrannical oppression than it already has... Accepting death, accepting a relative purposelessness and pointlessness in comparison to how good life could have been had you succeeded in solving everything and following the law of motivations rather than ignoring it... I'm just making this entry to remind you, it's not only "heaven" you're giving up, but also you allowing these hellish pains involved in this path of accepting hopelessness as well. This is basically saying the same thing as the entry titled "you need to be aware of both sides of life's potential"; reminding you that there is great potential for pain and suffering at the hands of evil if you succumb to hopelessness, allowing it to exist/grow, on top of the pleasures you're giving up.

*Aren't you just sooo excited for the retirement home, erectile dysfunction, or heart attacks with a 500k medical bill?
Aren't you just sooo stoked to accept that path rather than the one leading to the literal best existence imaginable?*

justifications for: the solving mentality

- **question:** why is the solving mindset the one we're all "meant to have"?

Read the law of motivations. Have you witnessed it? Go witness it and then see if you still have doubt toward this... On top of that stuff have you yet realized our greedy and selfish human nature is basically the root of all corruption in this world? Do you realize, the only true way to *fix* that nature, is to make life mean far too much? How will life have any meaning if religion *isn't* true and life just *ends*? At a majority level, people will remain selfish and uncarin- g. The only true solution, is to outline obvious, unending meaning to the masses, and make corruption undesirable. And the solving mindset, is literally the only way to achieve that unending meaning, with solving even death itself...

Adults were supposed to be chasing the dreams they gave up on, those dreams are the interesting shit they should be able to converse about, but alas, instead, due to not seeing what they're giving up (seeing all of life's potential, witnessing the law of motivations), due to not seeing that, they've allowed a mentality of "well, I'm just here to screw around for 100 years and have fun (which might I remind you, especially in a society as corrupt as this one, isn't a path that will lead to true fulfillment, an underlying depression will always linger in you over the pointlessness of it & you'll see this in older folks if they ever do witness what they gave up on, as a very bad emotional outburst). That underlying depression is there, because truthfully, you're allowing the wrong mindset and you're losing at life. There is no other path to take than this. This book lists the foundations of everybody's best existence and purpose.

MORAL REALITY (JUSTIFICATIONS)

Mirror of the book II chapter "Moral Reality" containing any justifications.

justifications for: fairness is, at least, almost fully objective

- **explanation of:** there is an un-validly arguable, fairest assessment to almost all dilemmas (a moral realit...

You can find a moral reality, (an unarguable fairest assessment of the situation), for almost all situations, by going down the rabbit hole of exploring details, evidence, and valid arguments presented *until* you find this "unarguable" assessment of the situation to which others have no valid arguments against. This is why we have a court system, i-t's our attempt at finding the moral reality of whatever situations fall into its lap. We have a court system because we literally *know* this level of objectivity exists. And what do they do in court? They examine the evidence, valid arguments, and details of the situation until they reach an unarguable fairest conclusion, solution & overall assessment of the situation. Finding a moral reality is exactly like a judicial court. You have to go fully down the rabbit hole, you absolutely must dive fully into the situation's details, evidence, and arguments to fully locate the moral reality.

- **question:** but can't someone just claim someone else is lying and we have to call that a valid argument? Thus meaning the arguments may never end as we would just keep having to investigate forever and ever?

No: they have to have reasons behind their arguments we'd explore, and they have to be reasonable, relevant ones. The court can only do its best at determining the moral reality, and I'm saying, once we've *done* our best, there will be no better arguments or conclusions to present, otherwise we will have *not done our best*, and will have not found the best conclusion we could reasonably come to based on all relevant available evidence. I'm simply saying that we must go to the end of each valid rabbit hole until we do find that unarguable seemingly fairest assessment of whatever conflict we're analyzing, and I'm saying we can find that, a "moral reality" in nearly all situations faced. There simply seems to be no other option, than the court doing its *best* to find the moral reality, with any system...

Extra context: you have to keep in mind, if someone keeps falsely accusing someone else of lying and we find out or corner them, eventually it's going to be obvious who's intentions lie (literally) where... Investigation can be performed in many ways verbally and physically, so it is reasonable of me to say we'd eventually find a *best* judgement.

Extra context: there are a plethora of ways to investigate and find unarguable conclusions in court conflicts. For example, taking a look at someone's past record of lying, or determining whether they have a bias against the person they're falsely accusing, to cite that as a potential motivation for false accusations, and that was just two examples. On top of that, don't forget tools like having witnesses say their accusations under oath, risking their own freedom. Obviously, we won't be able to get to the truth always, but I'm just saying, it's not rocket science and is very possible for us as a society to measure and function on the most fair middle ground between letting someone off loose and unjustly convicting someone, based on whatever evidence is available, with us doing our best to find the moral reality of the situation based on that evidence available, since all we *can* do, is our best. I'm simply telling you near utopia is possible, and this problem of "not always being able to find who the true criminal is" shouldn't prevent it.

- **explanation of:** There are scenarios where (moral reality) isn't easy to locate and there will be disagree...

With the exception of "*trolley scenario-like*" issues, it's basically common sense that in most conflicts a "moral reality" can be found; like I said, it's *why we have a court system already* in the first place. That basically proves this to an extent, and even if a moral reality somehow can't be found for every situation, it doesn't change the rest of this book nor does it make near utopia impossible, & *shouldn't even be a significant hindrance* for creating near utopia.

Don't try to prove *fully* objective fairness. It's eaten so many hours of my free time. It literally doesn't affect near utopia. It's reasonable to just accept that things like the *trolley scenario* aren't objectively solvable, but despite that, all or almost all other types of scenarios are certainly solvable, or at least do have a "best" conclusion we can come to and not have there be any validly arguable better, fairer conclusion. You just gotta navigate its rabbit holes.

- **question:** but what about all the different moral ideologies throughout the world?

There are certain *unarguable* aspects of *everyone's* "best existence possible" or "max happiness". Yes, we do have differing individual goals, like I might want to live in a castle and someone else might want to live on a farm, but the key is, those aren't seriously division-causing differences. And I know there are people who have their religion telling them killing others for x belief is their goal, but with how objective fairness/moral reality is, we can unarguably disprove those false morals by going down the rabbit hole and comparing them to the actual unarguable aspects of everyone's path to max happiness (what this book attempts to list). Moral reality, among the other things in this book, are meant to be unarguable truths that apply to everyone's most viable path to max happiness, so with all these other ideologies with differing morals, I'm saying we can *at least*, almost always unarguably *corner* false ones, and thus "*disprove*" any ideology straying from the actual unarguable path to max happiness, *to whatever degree its straying* from that path. So I *am* saying, there are certain unarguable aspects everyone's paths have in common, like the fact this mostly-objective fairness aligns with everyone's most viable path to max happiness almost always. The law of motivations appeals to our human nature so stupidly strongly, that people will see this as certainly true.

Do also refer to the entry about: "achieving near-complete ideological unity in society", from foundations of society.

Extra context: the reason this works, is because think of it this way: whoever is spreading their false ideology, is being like a salesman of it, and saying "hello world! This ideology is the true universal path to max happiness for humans! The most viable path!". They're making that claim. So, if we *do* have pieces of knowledge we've found and *know* are in fact currently unargued aspects of everyone's path to max happiness (what this book attempts to list), then we can compare the aspects of this "salesman's" path to those we know of... And if the aspects listed in this book are actually the unarguable ones I think they are... Then we have a shitload of *ammo* to compare his stuff with. Still... At its core, this works depending on whether the current dominant path to max happiness truly proves to be unarguable, and because of the reality that what centrally matters to everyone, *is* "max happiness" and fulfillment.

justifications for: fairness can align with everyone's path to max happiness in almost all scenarios (just educate...

- **explanation of:** the entire entry

People passing the first layer and life thus becoming so damn good from the things in this book being implemented into society, on top of all the things the entry already tells you, are the main idea behind why doing the right thing will be so heavily known to be in any citizen's best interest. People in this society will *desire* to be uncorrupt for so many reasons, this entire book's info combined is practically that reason since it's a list of and literal instructions to the most crucial aspects of anyone's *best existence possible*. At least one of the main reasons humans gravitated toward a fair moral society rather than anarchy, is because we can accomplish *more* with fair unity than divided anarchy. That's one of the main reasons fairness aligns with our true path to our best existence possible in the first place, on top of the fact that our best existence(s) possible share so many crucial pieces with one another at an individual level. Like I've said, yes, some people might like red and others might like blue, but when it comes to the most crucial aspects of our best existence(s) possible, we share *and can be united on chasing together*, a ton of stuff.

- **question:** "but isn't everyone's idea of "max happiness" different?"

Um no, *not really*. Regardless, it doesn't matter: why do you not commit crime? Why do you not bully others? Why do you not treat others unfairly? The consequences. Not only that, but the info in this book is going to literally turn everyone in society into a legendary version of themselves, an actually understanding, admirable, intelligent, fun-

y, very likeable, attractive version, and so human connection will be at an all time high due to the dynamics literally being known by everyone at a deep level... Not to mention the emotional attachment overcoming death would inflict on people in society—making them actually see this existence like some Minecraft world they can make anything out of; not to mention the freedom of self-expression from things like anti-censorship, anti-toxicity, and the correct gun laws being in place. Not to mention the stupid amount of emotional attachment the existence of real “extreme positive energy” human magnets can cause... Basically, people are going to care a lot more about others, have a lot more faith in problem solving, see a lot more potential in the world and society to make it the best rather than give up on it like they do in this society since they’re born into it and immediately bombarded with impossible seeming problems to solve like the extreme amounts of government corruption, everyone saying they only have a hundred years to live... I could go on. People are going to have a much greater desire to be fair and not mess this existence up, with all the things in this book in place, and that’s why fairness will align with everyone’s path to max happiness in almost all scenarios. There are very few where it won’t, like the rare occasions where someone’s life has to end because, for example, you’re out in space and there aren’t enough air tanks to save everyone on a ship losing it’s oxygen... Shit like that. You have to remember, how often thinking outside the box and innovating can get you out of those scenarios as well. Still, those unfixable scenarios are seemingly extremely few and far between. And did I mention, that people will have a much greater drive to investigate and solve crimes as a result, as well?

I’m saying, people’s desires might be different, but they’re not so different to the point conflict & crime is necessary. For example, I might like red and you like blue but the consequences of dealing with that unjustly will be very unfun. With immortality, the common person will have far more options and reasons (not losing access to life’s potential) to not resort to crime, and to rather take the fair path, even if it’s a little longer. On top of this, think about the technological advancements making more paths available than crime... Or you know what, just go read the whole list of reasons moral reality aligns with everyone’s most viable path to max happiness, inside the extra context chapter.

- **question:** but what about psychopaths who lack empathy and don’t care about human connection?

Apathy takes the color out of life. Yeah, psychopaths lack sympathy and feeling bad for others, but they *also* lack the ability to feel love or connection with others. In other words, yes, they lack the sadness we get from feeling bad for others, but they also lack the emotional high we’re feeling with others from the results of human connection. For this reason, I think it’s safe to conclude that psychopathy makes you miss out on life emotionally, and it’s not a “desirable” way to be, but on top of this, I’d say a *stronger* reason why it’s undesirable is the level of unjust behavior it tends to lead to, so, I’d say we *are* justified in labelling it as an illness that a cure must be made for. Therefore, psychopathy shouldn’t be an issue getting in the way of this entry, because I just told you how it, in reality, doesn’t align with anyone’s true path to max happiness because it takes one of if not the most crucial pieces from their life.

ANTI – CENSORSHIP (JUSTIFICATIONS)

Mirror of the book II chapter “Anti-Censorship” containing any justifications.

justifications for: anti-censorship

Extra context: the law of motivations; people are supposed to confront their insecurities, not hide from them or expect others to act like they don't exist, because of the solving mindset (the law of motivations rather), and because our purpose is to achieve the best existence possible, not succumb to a lesser one... Also, if someone absolutely must, for whatever reason, not confront their insecurities at all, and they don't want to become the “best version of themselves”, they simply should not ever expect to successfully impose on others to “avoid those topics” or be censored unjustly in conversation about them, but rather accept whatever labels reality attaches to them due to their choice to not confront the insecurity and disprove that label or fix it. On top of that, instead of censoring people unjustly and being literally *counter-productive* to achieving a best existence possible for humanity, you can just simply understand moral reality enough to expose it if anyone breaks it and bullies you unjustly, no censorship necessary. The likelihood of *being blind to the law of motivations* seems high if you refuse to confront your insecurity. Unjust censorship only promotes the growth of a culture of social anxiety and tightens an unjust rope around everyone's neck, ignoring the proper ways to handle and respond to unjust verbal communication, which are either anti-toxicity or extreme positive energy. The justified censorship of spam within this book, doesn't create any anxiety.

- **question:** why should only spam be censored?

Read the dynamics of insecurity. Read all of anti-toxicity. Read all of extreme positive energy. Quit being tyrannical: there are a *plethora* of ways to deal with any form of verbal self-expression that isn't spam (we'd just mute spam), and disabling self-expression to any unjust level is one *major* cause of the current *gender attractiveness imbalance*, which is a major contributor to the increased suicide rate for men due to human connection being so crucial in life.

- **question:** what about someone who's mute/can't speak to defend themselves against now uncensored verbal toxicity they might fall victim to when they don't deserve it? What about mentally ill people who can't emotionally handle the level of self-esteem shattering, blunt, vulgar criticism, potentially said to them?

The dynamics to handling all levels of vulgarity are outlined in both anti-toxicity and extreme positive energy, as well as the dynamics to fully confronting all insecurities you might struggle with. Realistically, someone who's mute will, in such an uncorrupt + human connection and empathy-centered society as this book outlines, will be defended by people who see this unjust bullshit happening, see them being bullied. Not only that, but due to everyone knowing moral reality and the dynamics to anti-toxicity and extreme positive energy being known by the entire public due to those being taught in schools, whoever this bully is, either is new to this society completely and hasn't seen the “ego destruction” that bullies face pulling the shit he's pulling, or he genuinely thinks he's following moral reality. Either way, in such a moral reality-centered society, people will very likely come to this mute person's aid verbally. Even if nobody is around to do that, the mute person's inability to speak is simply an issue we need to solve, with advancing medical technology. But on top of that, this mute person will have been educated themselves on all of anti-toxicity, the dynamics of insecurity, and extreme positive energy as well, so... They will know how to confront all their insecurities to the point the bully shouldn't have any serious mental health implications on them. As for a mentally ill person not being able to handle the level of blunt vulgarity in society potentially spawning from this low level of censorship, as I said, everyone will be taught the proper ways to confront all types of verbal bullying truly, it has already been outlined in this book. If this person, despite knowing those dynamics, still struggles with this, I don't think it's a justification for censoring all of society more, but rather for more quickly curing their illness.

justifications for: anti-censorship – what spam is:

- **explanation of:** -continuous, irrelevant enough speech, labelable as irrelevant depending on how the arg...

The reason this is here, is because the moral reality of any given situation *does* depend on its details, so having a sort of "court session" to find said moral reality about whether spam is occurring, may very well be necessary to do. Spam may or may not be occurring, but this is here to ensure if any valid unarguable argument is able to be presented to shift the moral reality conclusion, to a more accurate conclusion, this is here to ensure that one gets found.

justifications for: anti-censorship – what spam is not:

- **question:** but why should my kids have to hear vulgarity in public?

They don't "have to", if you have some valid unarguable perspective to share as to why vulgarity shouldn't be allowed in public, please do share it. Otherwise, it is unjust to censor people if it doesn't fit this book's definition of spam, especially affecting men's attractiveness, and if your kids are that pressed, get some earmuffs. What level of hell would you rather create: allowing vulgarity and having no real consequences occur (please say if there are any), or censoring vulgarity (that isn't spam), contributing to the increased male suicide rate indirectly, as well as creating a bland, corporate-like environment where humor is at least slightly crippled, and male attractiveness as well...? This book already provides the ammo to achieve verbal justice despite all levels of vulgarity, how about you *use* it... Censoring people's genuine selves is unnecessary, and whatever ideals you're functioning on, compare them to the entire picture this book paints, the whole book, rather than just assuming everyone will just be cussing like a sailor. Behaving unattractively like that will more likely get someone validly criticized rather than others joining in to do it. Oh and if this still isn't enough for you, there's this thing called EPE that doesn't involve any of this, maybe use it...?

If you became confused as to why I mentioned the male suicide rate... Check "the gender attractiveness imbalance".

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ECONOMICS (JUSTIFICATIONS)

Mirror of the book II chapter "Economics" containing any justifications.

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Nothing Here Yet

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ANTI – TOXICITY (JUSTIFICATIONS)

Mirror of the book II chapter “Anti-Toxicity” containing any justifications.

justifications for: dynamics of insecurity

- **question:** why should people confront their insecurities instead of ignore them and expect others to, too?

On top of the power of the law of motivations showing them proof, there are many instances where confronting an insecurity leads to understanding a new piece of moral reality, which can not only lead to thus seeing more potential in life from multiple angles like how it increases your admirability as a person to understand moral reality deeper from others perspectives due to you seeming more fair and thus likeable, but also, understanding new pieces of moral reality, if done commonly through confronting our insecurities being a common thing, can lead to the masses making the common man have a deep understanding of moral reality, a deep level of self-esteem and confidence, a deep level of admirability, and a plethora of other things like even increasing empathy overall in society due to everyone being so badass *and* admirable. I guess it does all tie back to the law of motivations, but you see it yet?

Extra context: not “every” confronted insecurity will lead to a new piece of moral reality being understood; for example, let’s say you use the last resort method, where you conclude an insecurity is worthy of being labelled disgusting but *doesn't* break moral reality, you wouldn't find any new “pieces of moral reality” during that necessarily.

justifications for: socratic method in anti-toxicity

Extra context: this is also a primary tool to use under *tyranny*. Basically, sometimes, asking someone rhetorical questions which lead them to the reality you’re trying to show them instead of always blatantly stating your possibly *volatile* opinions towards this potentially emotionally *volatile* person/tyrant, can be a useful tool in talking productively and keeping yourself safe in the face of their tyranny, or can be used for understanding a person’s perspective on opinions you have without “poking the tiger” too much since they’re being some *illogical little bitch*, apparently.

Although, even if there’s no “tyranny” you might resort to this when you just want answers and without any drama.

I’ve used this tool a lot; found it extremely useful in many situations. It may do you good to get good at using it too.

justifications for: the anti-toxicity law of moral reality

This is an absolutely massive, monolithic, B** s**** justification for anti-censorship, because it is proof that any level of vulgarity can still be uncensored and verbal justice still be achieved as long as someone with a deep enough understanding of the situation’s moral reality or moral reality in general is present. This is a literal *cure for bullying*.

justifications for: how to roast

- **question:** but isn't roasting, procrastination? Or a waste of time?

When someone unjustly disrespects you, odds are, your emotions will be affected. The main point against your question here, is that “roasting” unjust bullies who *deserve it*, is a great way to practice and further *develop* your own

anti-toxicity and therefore, as a result, your self-confidence and attractiveness, because you'll be exposing yourself to all their genuine attempts at verbally bullying you back, to repair their own unwarranted ego from the cannonballs you've just launched at them (considering any unfair, unjust or tyrannical response will be unviable for them in the now uncorrupt society they are *surrounded* by). Despite that being my main answer, I'll still say this: it will appease you as the victim, emotionally, to achieve verbal justice, if your genuine self aligns with anti-toxicity of course.

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WEAPON LAWS (JUSTIFICATIONS)

Mirror of the book II chapter "Weapon Laws" containing any justifications.

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Nothing Here Yet

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OPEN – MINDEDNESS (JUSTIFICATIONS)

Mirror of the book II chapter "Open-Mindedness" containing any justifications.

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Nothing Here Yet

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EXTREME POSITIVE ENERGY (JUSTIFICATIONS)

Mirror of the book II chapter "Extreme Positive Energy" containing any justifications.

justifications for: the entire chapter

- **question:** but isn't understanding others' perspectives fully, just fully following moral reality? Like if EPE is going to understand others' perspectives more fully but anti-toxicity isn't, isn't EPE just following moral reality better than anti-toxicity? Either that, or EPE is being delusional by understanding irrelevant feelings.

No. Neither. Here's the thing: others' perspectives and feelings aren't always justified, people can feel a certain way about something emotionally, but their feelings might be based in their own ignorance of the actual moral reality of the situation, for example. Anti-toxicity doesn't recognize those feelings, doesn't care to, and doesn't *need* to, to still be following moral reality. Anti-toxicity recognizes emotions that are *warranted* in the scope of the moral reality of the given situation; like I said, "the only perspective anti-toxicity truly cares about, is that of moral reality". EPE on the other hand, cares about and desires and chooses to be understanding toward others' feelings, even if those feelings aren't "warranted" in the scope of the true moral reality of the situation. EPE has more sympathy and care toward others' feelings even if those feelings are rooted in ignorance, because it's EPE's preference to be that way, have that much caring and understanding toward others. And as you know, the entries in the EPE chapter are what gives an EPE magnet the fuel: the understanding, to care on this level and *be* understanding of others to this level. So no, EPE is *not* being delusional by choosing to be understanding and caring toward others' feelings no matter what ignorance those feelings are based on. EPE is simply being their desired genuinely caring and understanding self. Keep in mind, an EPE magnet still knows moral reality just like anyone else would and isn't delusional... They're just having sympathy and care toward others' feelings because the chapter's entries enable them to genuinely feel that way toward anyone. You know, entries like "understanding others' potential" along with the others...

Extra context: this further justifies why I refer to EPE as a more "*feminine*" personality for its more caring nature, while, as you can see, anti-toxicity is accurately a more "*masculine*" personality for its more blunt and hard nature.

Extra context: for example, anti-toxicity, might playfully joke about something, and get someone insecurely, unjustly offended at the joke. Anti-toxicity will say something like "just use the dynamics of insecurity", and let's say the moral reality warrants that response as *okay*. EPE however, due to their nature, would have the thought process of something like "I'm pretty sure this joke hurts their feelings so I might not say it" even if their feelings being hurt isn't necessarily the fault of the one making the joke, but of the one getting offended not using the dynamics of insecurity and not understanding the moral reality of this situation. Basically, anti-toxicity has no issue with just bluntly making playful pokes at someone's insecurity even if it's going to offend them, because anti-toxicity only cares about whether their own behavior is justified in the eyes of the moral reality of the situation. Meanwhile, EPE uses understanding of others to a *max* level, as you can see in this example, to fulfill their caring nature to that *max* level, even caring about feelings or others getting offended when they don't *need* to. EPE will still educate them (kindly), pointing them to the dynamics of insecurity just like anti-toxicity, for their own sake, just with less "blunt" wording.

- **question:** but why would EPE aim to understand an evil person's feelings?

Because, the EPE magnet knows objective fairness, knows the true morality the evil person might be ignorant of, and does care about it, but... The EPE magnet also just *genuinely cares* about others' feelings; understands their potential and their lostness *even if* they're evil, because that's how their genuine self prefers to be. And as I said, this level of genuine (not fake at all) care is *genuinely* achievable, and is simply made a *choice*, by using the EPE chapter.

justifications for: care and concern instead of anger

- **question:** why would EPE say “what’s wrong” (that exact wording), is it special wording somehow?

No. It’s just genuine care and concern coming from understanding the potential pain a toxic person could be going through. I tried to contemplate an answer to this question because I was using the sweeping method on hard mode, and it gave me a headache, and here’s why: it’s because this shit isn’t even involved in EPE: this entire question is all completely a matter of relevant speech. So, the answer (if this wording is truly top-tier), is because this wording is following the main foundations of relevant speech somehow: time, clarity, and importance to max happiness. Or, perhaps, more accurately, this exact wording would be following the entry “quality of vocabulary” and its info... So, I am answering this question actually just as one example for you to avoid potential overthinking paths like this.

justifications for: sadness instead of anger

- **question:** how exactly does understanding enable sadness instead of anger as a venting mechanism?

This is because understanding things like how moral reality almost always aligns with anyone’s path to max happiness, understanding others’ pain and understanding others’ potential, all of these things are gateways to enabling the EPE magnet to choose the path of maximum understanding toward others and empathy in literally all scenarios.

- **question:** so, would you say sadness instead of anger is also enabled by justice being able to be achieved?

Yes, I would, but it can’t always be, and what’s a maxed EPE magnet going to do, then? They’d probably have some kind of meltdown. Choosing to be understanding really is the only gateway to always utilizing sadness over anger... This is why EPE can become hard, or *really* hard to have, in *extreme* scenarios against pure evil... Say perhaps the evil has trapped you in a situation where you’re *guaranteed* to die and lose all life’s potential... EPE might cry a river. I mean you must remember, I said that’s a scenario where justice *isn’t* achievable, so going berserk won’t save you. At the end of the day, whether you go berserk or cry some river in the most extreme scenarios, is really up to you... But when justice *is* achievable, being understanding is very easy, as long as you are absolutely sure it’s achievable... Luckily “the EPE magnet being inevitably killed” types of scenarios are probably not an average Tuesday encounter, and almost all realistic scenarios will be easy to be maximally understanding toward others in, so this should be ok.

EPE may be very hard to maintain in the absolute most extreme cases, like during torture, but it is never impossible.

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THE GENDER ATTRACTIVENESS IMBALANCE (JUSTIFICATIONS)

Mirror of the book II chapter "The Gender Attractiveness Imbalance" containing any justifications.

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Nothing Here Yet

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EYE FOR AN EYE DYNAMICS (JUSTIFICATIONS)

Mirror of the book II chapter "Eye for an Eye Dynamics" containing any justifications.

justifications for: eye for an eye achieves true, full justice

- **question:** what about "eye for an eye leaves the whole world blind"? won't the angry revenge never end?

Moral reality disproves this. We have a court system for a reason, to determine the unarguable moral reality of the situation. Remember, people, especially being passed the first layer, will have a heavy self-pressure on themselves to not commit injustice and end up being validly hated by everyone or in jail. Conflicts will be concluded and the moral reality found, as their conclusion will simply be public info, there shouldn't be any confusion about that reality. So basically, the entire public should have both the motivation and logic, to not unjustly re-light the revenge flame.

- **question:** but we aren't able to prioritize repairing the damage done to the victim?

Yes, you are. You're just as able with any other system as you are with this one. If someone is killed, we can't resurrect them, but having a system other than the "eye for an eye" one in this book isn't going to change that. With this one, at least we can satisfy justice *truly* for the victim in terms of punishment for the criminal. Considering that's all we can realistically do right now, I don't see a better system? By definition, this is the only way to true justice. Justice is simply a balance. You mess up that balance by committing injustice, and if you can't fix it, you pay in *pain*.

If the damage done to the victim is truly fully repaired, then there would be no need for punishment to fill its place...

justifications for: punishment satisfying moral reality is what matters at the core of everything

- **question:** if a judge wrongfully convicts an innocent man to 3 years in prison, one might say it's the same as John breaking someone's arm, thus making the judge guilty to serve those 3, like John is guilty for the injury... So, based on this, in your system nobody is going to want to be a judge, we are not perfect judges!

Here's my conclusion: all we can do as the "judge" is try our best with the evidence and arguments available. It's not the *judge's* fault for making an incorrect judgement when *reality itself* doesn't have enough evidence available for him to *make* the correct judgement. In other words, as long as the judge is actually trying to do his job of course, the judge isn't the guilty one, but more so, reality itself is the guilty one, for not providing enough evidence to reach an accurate conclusion. Listen, all we can do, ever, with any system (not just mine), is our *best* to determine the true fairest conclusion to a conflict. That's it. Now, there are tons of ways to investigate, and we can advance technology or whatever to find even more potential ways to investigate, but at the end of the day, the only thing that will truly be able to solve all crime accurately, is a damn *time machine*. Near utopia is still possible, despite this.

- **question:** why don't you make an entry saying, "falsely accusing someone should result in the accuser being sentenced to the same or "of equal suffering" punishment as the one they were accusing would have"?

Accusing someone falsely will not be the same as going "evil genius" mode on someone by setting them up, planting fake evidence, and really, really deceiving the court to the point you actually manage to wrongfully convict someone. "Evil genius mode" is the type of shit that deserves this punishment, but just falsely accusing someone should almost always if not always end in the accusation not having significant evidence, and the accuser being exposed.

In other words, the social backlash should be enough, considering no wrongful conviction occurs. But, if it occurs... It's definitely only fair that the accuser would owe equal to the unjust pain they'd knowingly caused the defendant.

SELF – DISCIPLINE (JUSTIFICATIONS)

Mirror of the book II chapter "Self-Discipline" containing any justifications.

justifications for: self-discipline overarching philosophy

- **explanation of:** work *is* just what's required to reach the end goal: the best existence possible, but the la...

That's it. It's just chores required to make potential you've seen, into a reality in your life. That doesn't mean we're going to be fat lazy fucks one day, as that isn't the true best existence possible according to the majority-level perception of what's attractive, for example. Solving stupid pains is the main idea, and that would literally create more. And yes, I mean stupid, unintelligent pains. Intelligence is the fuel behind truly locating the *best* existence possible.

justifications for: foundations of true self-discipline

- **explanation of:** the foundations of true self-discipline, are these: seeing enough of life's potential, and k...

By "seeing enough of life's potential", I basically mean *passing the first layer*. But you can keep passing it further...

- **explanation of:** your desire to procrastinate on this path will be lower than any other path you've taken...

I'm referring, of course, to paths you had to use self-discipline on; unfun "chore" paths you had to forcefully walk...

CONTEMPLATION (JUSTIFICATIONS)

Mirror of the book II chapter "Contemplation" containing any justifications.

justifications for: the entire chapter

Everyone thinking for themselves and being motivated to do so to a very deep level, philosophically, especially on subjects like morality (moral reality) and achieving the best existence possible, combined with everyone being open-minded, having relevant speech, and understanding what exactly should and shouldn't be censored, are all extremely valuable skills and topics to know, and this is a large reason why I think it's highly unintelligent for anyone to label this book or the movement it creates, as some sort of "indoctrination" or your psyop buzzword "cult" you idiots like to throw around toward any movement you dislike. I simply think this doesn't fit that description. Individual admirability based on extremely dense conclusions (sweeping method), are simply vital to (densely) solving our issues as a society and reaching the best version of ourselves, the way you can just accurately dissect situations those in this society seem to do little more than repeat false, hopeless, conclusions they've heard their "experts" say. Studying a topic does give a different level of credibility, I'm just citing how nobody seems to have the motivation to realize or especially confront the fact that these "experts" haven't seemingly actually solved this stuff, otherwise we'd be sitting here, already with at least some of the info in this book already known by you *parrots* and 'experts'.

justifications for: the sweeping method

- **question:** but aren't you just telling people to overthink by confronting every question?

What you're confronting should have significant enough value/align significantly enough with your most viable path to max happiness, or you should at least have some feeling it might, before spending time on it. There are things that you simply don't need to know right now, especially with the *time* constraint death puts on you. Even *without* that time constraint, you still want to be contemplating things relevant enough to your most viable path, because otherwise, you'd simply be wasting your time. So in the end, it's all about the level of relevance to that viable path.

In using the contemplation notepads, you might add a "not for vexyricon, for later" notepad to store "those" topics.

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MORAL REALITY LAWS (JUSTIFICATIONS)

Mirror of the book II chapter "Moral Reality Laws" containing any justifications.

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Nothing Here Yet

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FOUNDATIONS OF SOCIETY (JUSTIFICATIONS)

Mirror of the book II chapter "Foundations of Society" containing any justifications.

justification for: achieving near-complete ideological unity in society

- **question:** so, someone can be delusional as long as it doesn't break the law or cause significant injustices?

Yes, because the proven most viable path to max happiness will likely be clear and widely *desirable* to *most* of society thus making a few delusional people not an *issue*, and because of scenarios like this: let's say John thinks he was abducted by aliens and has a memory of the aliens telling him they'll end all life on earth if he doesn't store resources from his society for x amount of years for the aliens to come take samples of (weird example, I know). John probably won't be able to convince anyone he's *not* delusional, because *let's say there's no evidence* of this happening. May he be hallucinating? Certainly. But imagine he *isn't*, and the planet gets obliterated or some shit all because we just *had* to force everyone to prove they weren't delusional even despite their beliefs not actually unjustly hurting anyone significantly. Maybe that's a stupid example for me to use, but I'm just trying to problem solve, ok? I'd love to see you successfully come up with a better solution here. There is one issue: if the "aliens" are ordering John to do some seriously unjust-pain-causing illegal stuff, without his claims being proven, we might have to step in and stop it from happening, so in that case we'd be *screwed* and the aliens would nuke our planet or whatever... But what am I gonna do? Allow *unproven*, potential *delusions* to be able to justify committing significant injustices?

Extra context: I said John is taking "*samples*", meaning he wasn't stealing tons, or significant amounts of resources.

- **question:** so, an ideology will be considered "disproven" if the *unarguable* conclusion based on examining all available relevant evidence and context deems it disproven, even if all we can do is our *best* in determining the most accurate conclusion, only able to work with evidence we know of, and may make mistakes?

Yes. Just like we can only do our best in determining an accurate conclusion in judicial settings, if we are trying to determine the most viable path to max happiness for humanity considering how similar and unifiable we are... All we can do, is our best, in determining an accurate conclusion. But as I said, you are free to be what may be considered "delusional" by believing in an ideology that isn't the current unargued "most viable path to max happiness", because we, as a society, may not always have the proper evidence available to actually determine a correct conclusion, and so if you've seen proof of something, and our conclusion is in fact wrong, we shouldn't be forcing you to abandon your ideology just cause we didn't see the proof you might have seen (assuming you *weren't* hallucinating). Rest assured, anti-toxicity still works by you simply responding with this perspective that you've seen something, if say, someone tries to bully you with this label despite you knowing you can't help but believe in your ideology.

Extra context: There are so many unarguable laws of moral reality and unarguable guidelines to the actual most viable path to the best existence possible to find and understand, even just the ones in this book, for literally anybody, that any ideology straying from them, should be *easily* backed into an unarguable corner and disproven to whatever level it strays from said *actual* most viable path. Even straying 1% results in the 1% more viable path winning.

- **question:** but how are you calling it near complete ideological unity if you're going to allow delusions?

Because, as I said, the current, proven, most viable path to max happiness and the best existence possible (this book for example), will be so clearly outlined and make life so obviously amazingly good, and be so visible to the masses, that I seriously doubt the amount of people still resorting to delusion will have any significant negative impact. In case you forgot, I'm literally doing that before your very eyes... Trying to answer every doubt and show the path.

Basically, since such a nice *near*-complete-utopia is possible, *near*-complete ideological unity should be possible once the path to that unimaginably nice *near*-complete-utopia is outlined, visible, and proven clearly, to the masses. This is especially true due to how similar our ideas of max happiness are (all of our crucial pieces are similar, like human connection, feeling understood, feeling justice is satisfied, purpose, self-esteem and worth, confidence, etc.).

Extra context: so, in other words, this achieving near complete ideological unity entry should be a *recipe*, for readers, and the key is if they maximally outline/spread a most viable path by maximally exploring these rabbit holes, this formula should be maximally effective, thus maximally unifying... A bit of a yin yang of *smart* effort and results.

- **question:** why should “the rabbit hole behind whether their beliefs are true or not be fully explored”?

It’s also likely the most in the interest of finding the true, most viable, unarguable path to a *best existence possible*, and because it’s in the interest of achieving ideological unity to the maximum morally fair extent we can since more unity brings higher ability for us to cooperate on bigger projects, more effectively enables human connection; just as a few reasons. What exactly are the *downsides* to greater unity, if it is truly *based on accurate moral realities*?

Extra context: “so let me get this straight, you’re saying, because we have near complete similarity in the crucial, huge pieces of all of our paths to max happiness at an individual level, that... We should be able to achieve near-complete ideological unity in society?” Yes, I am. “How does that connection work?”: because, if my big pieces of my path to max happiness are human connection, being understood, justice, self-expression, etc., and John’s are the same, and I’ve found the *most viable* path to those four+ things, then John will also want to be on the same path as me, at least in achieving whatever parts we have in common, as it is unarguably the *most viable* path to those things, and if it isn’t, we go down the rabbit hole and present arguments until we reach that unarguably most viable path. So, in other words, *the exact degree of unity reflects the degree of similarity in our paths to max happiness* at an individual level (as long as we’re not being *delusional* and are accepting the current presented unarguable most viable path or proposing a better one... And I already said there will clearly be a most desirable unargued path outlined (if it isn’t this book’s...); and then people will see the results, and accept it at a majority level more than likely).

The two ingredients to unity are the degree of similarity in our goals, and the degree of viability fairness holds to us. And as I’ve said, fairness can almost always align with everyone’s most viable path to max happiness. Seeing it yet?

- **question:** what about people who are genuinely different in some of their desires like with asexuality?

This isn’t even a matter of ideology, this is a matter of someone’s individual desires, and I don’t think someone’s individual desires can be so *skewed* to the point those desires are creating corruption/causing injustice, yet *are not* labelled an illness. Basically, I don’t think there is such a *valid* difference in anybody’s desires that unity is crippled.

- **question:** well, wouldn’t an asexual person’s motivation be significantly negatively impacted as a result?

Asexuality may delete sex as a major motivation out of one’s life and desires, but I still don’t think it’ll cause such a negative nor unjust impact to the point any significant negative consequences occur. They’ll still be fully functional.

- **question:** well, what if people don’t listen to my proposed better path despite not being able to argue it?

This is why open-mindedness and relevant speech are crucial foundations of actually achieving the best society or “best existence” possible or whatever you wanna call it. *You* must have relevant speech, and *others* must have open-mindedness to your arguments once you *do*. Enabling anti-censorship, enables you to enforce this verbally, too, by validly criticizing and injuring the ego of those who are breaking moral reality in this way... Read *how to roast*...?

Extra context: someone can have an odd ideology as long as it doesn’t break the law. Unjustly insulting others basically yields its own punishment in the form of being hated by others to whatever extent you keep trying to unjustly verbally bully them... Thing is, it’s valid, unarguably deserved hatred, otherwise you’d be able to gain the understanding to expose how it *isn’t* warranted, and fix your reputation... “But won’t the hated person be tempted to resor-

t to just shooting everyone and then themselves?": think about two things real quick: 1. How good life is going to be in comparison to how it is in this corrupt society, and 2. How understanding and intelligent most people will be. It's going to be significantly less likely that someone reaches such a point of frustration to do that, with this society. It is going to be really hard to feel unheard and *not* have an outlet for character development and self-expression...

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RELEVANT SPEECH (JUSTIFICATIONS)

Mirror of the book II chapter "Relevant Speech" containing any justifications.

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justifications for: the relevant speech nonfiction format

Extra context: I know I said "put the chapters and entries in order from least relevant to most relevant", and yes, you absolutely should do that, but I want to clarify: don't stress too badly over putting the info within each entry in the order of most relevant to least relevant; you might be walking into a huge headache of having to rewrite the entry over and over again. Just try to accomplish that the first time and follow the rest of relevant speech in making it clear, timely, and obviously important enough to write about, in the first place. Chapters can move around easily. It'll make this easier if you make sure the info you're putting into each entry has enough importance to be in there, because at that point, the order won't really matter as much since everything's truly important & relevant enough.

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MISCELLANEOUS (JUSTIFICATIONS)

Mirror of the book II chapter "Miscellaneous" containing any justifications.

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justifications for: even if you've seen "proof of an afterlife", know the danger dying can open you up to

- **question:** if someone has seen "literal instructions from god" or extremely clear supernatural occurrences do you honestly think they still won't be okay with trusting death? I mean, they'd probably be at ease especially if they've seen what they truly believe is proof of an afterlife. They would feel okay to accept dying.

I just think the most logically intelligent path is to take matters into our own hands as humans, to gain the control over our life to not let ourselves be plunged into a hell or tyranny of any form, ever. I think that opinion is also, unimaginably supported by the unimaginable potential life holds, as talked about, in the law of motivations. Also, I am sure anybody would agree with this if they witnessed the law of motivations to a strong enough level. It's simply the logical, seemingly most intelligent path to take, and when you see what you risk losing by not taking it and accepting death, even if you've seen supernatural proof, you're risking losing all the potential life holds. At the very least, I think it's best if you see this potential before making your decision so adamantly, to see both sides of this coin. We can figure out the truths of this existence and whether there's an afterlife or god, without risking any potential.

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CONTEMPLATION NOTEPADS (JUSTIFICATIONS)

Mirror of the book II chapter "Contemplation Notepads" containing any justifications.

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Nothing Here Yet

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THE JUDGEMENT LIST METHOD (JUSTIFICATIONS)

Mirror of the book II chapter "The Judgement List Method" containing any justifications.

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justifications for: [Judgement List] playlist

- **explanation of:** "judge with only one headphone in; but when re-judging, I'll use two headphones."

This is because I've found I do in fact need to somewhat pay closer attention and hear what a song can display fully to make an accurate judgement. With one headphone in, I'm likely to get distracted, and I've missed good songs by using one headphone instead of two when re-judging, because I was focused on people talking to me, for example. Even with two headphones in though, if I'm playing a game, and I'm focused enough on it, I might miss good songs. Due to that, since I only re-judge important songs I care to not miss, I'll put them on loop until I "decide their fate".

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-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----
FOR THE “READING TIPS” CHAPTER
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about grammar...

Yeah sorry about that... Pwease be understanding >.< ? Ok listen, my goal is to make all this shit clear, and look sexy, okay? Clarity, and attractiveness. So, to really accomplish the attractiveness part, especially to make all these entries look as perfectly “square” as I could, I did have to sacrifice some grammar. Gonna shoot me or something? I’m just trying to make this book as clear and attractive as I can, and sometimes, the right grammar seemed to make it less clear for... Whatever reason. Great system you guys have, I guess. Anyways, it should all still be clear *enough* to understand, *truly*, and that’s kinda what matters the most? I try to follow relevant speech as well as I can with it.

it would have been stupidly hard for me to have proper grammar while still making the book look amazingly pretty, and so while I sacrificed grammar to some extent, I didn't do it to an extent which the wording isn't clear and doesn't follow relevant speech enough, or at least genuinely tried, very hard, to find a good balance with my limited options available here... So please just be understanding of that when reading, and rather pay attention to the ideas themselves, whether *they're* true, and the main idea this book is trying to communicate. Like, don't miss the point. At my core, I'm only trying to follow the most *viable* path to the best existence possible, so, that's why I did all this.

it's hilariously retarded to label this book as an attempt at your buzz word “cult” or “indoctrination” since...

Contemplation is one of the most important foundations of near utopia that exists. People need to be taught to think for themselves, deeply, and I've already provided the dynamics I could as to how to do that effectively, and I've already told you how to get the motivation to do it, by *passing the first layer*. The intention here is to create an entire society of self-thinking, motivated, somewhat maxed-out people. And I think intelligence is more viably measured by quality of intellectual context, not *quantity*. For example, you could know all properties of math, but know zero aspects of the best existence possible. Which topic do you think has higher quality? Obviously, the aspects of the best existence possible. Math properties would be the higher “quantity” of intelligence rather than quality; it all goes back to the fact that our core purpose, everyone’s purpose, is achieving the best existence possible. You could even say learning topics to improve your survivability in situations would be valuable quality of knowledge over other topics, since there's an amount of value there tied to helping you achieve the best existence possible, and you could somewhat measure the quality of any piece of intel based on how relevant it is to helping you achieve your best existence possible, and can thus determine the amount of value for any given topic of study. The contemplation chapter displays instructions on thinking for yourself and shows the importance of *everyone* thinking for themselves and being motivated to use their own creativity and develop their own individuality rather than being taught subjects that don't apply directly to their path to a best existence possible, which the current shitty school systems seem to focus on far too often, rather being interested in creating a culture of unmotivated, uneducated drones who just do what they're told. I would like to create a society of people who actually understand why they want to do the right thing, understand what the right thing is, know how to find what the right thing is in any scenario, know the foundations of an uncorrupt society, know the foundations of what leads to corruption or tyranny in the first place, know the dynamics to their literal best existence possible which might I remind you aligns with fairness, in almost all scenarios... And hell, know this entire book. Do you understand the bigger picture here, finally?

Due to this, I really do not think it's intelligent for anybody to label this book “indoctrination” of any sort, because it literally teaches full open-mindedness, fully thinking for yourself, anti-censorship... I could go on... I mean, seriously?

but... b-b-but... *sniffle* you didn't do "peer" reviewed studies yet!!! 🙄

People get too depressed if they take too slow a path toward achieving the best existence possible. Thing is, I fully think my speed here is *justified*: I've already attempted to confront all arguments I can think of against this, and if someone proposes a new one, *obviously* I'm going to confront that too and add it to the book, but I've reached a point in my confidence of this information, after seemingly achieved such a "killstreak" of this many difficult arguments solved, my confidence in this information I believe has warranted me to present it to the public, ready to be tested. I simply cannot sense any huge arguments I've missed, please share them if you've found some! These are fairly simple ideas to explore, and if they had some glaring counterargument(s) against them I couldn't solve, I'm at the point where I've tried to find those arguments and can't, and am rather waiting for them to show themselves, considering how many arguments I've now seen solved in this journey. *And I think that's justified*. Yes, the ideas that require such a larger scale like the economy do need to be tested and proven in practice and reality not just theory (since the smaller, non-dangerous ideas are provable *right now*), but to do that accurately, corrupt people and governments must be unable to infect those experiments, unable to underhandedly mess with the experiment to falsify the results to *maintain their shitty greed economy's dominance* or whatever, which is why I think it's best to first implement the smaller-scale, easily proven and non-dangerous pieces of this book, things like open-mindedness, anti-censorship, the dynamics of anti-toxicity maybe? Use those to educate the public enough to then have gained the numbers and support to accurately, intelligently, and safely test the bigger ideas like gun laws or the economy. Basically, the population should first be educated enough to make quick work of any corrupt entity meddling unjustly in our larger-scale testing of the larger-scale ideas, before we even try testing those. So, luckily for us, a lot of the non-dangerous shit is so sensibly outlined in this book, you can observe its truth if you just look at the world around you and actually think for a bit about this information and the arguments this book presents. And then, you can feel *justified* in educating the public on those simple ideas, and with that, the public should be motivated and unified enough to make *quick work* of and spot any corrupt entity messing with the *larger* scale tests like the economy or weapon laws entries being tested. What I'm saying is, yes, proving these bigger, potentially more dangerous theories with experimentation and putting them to the test *in the real world*, is pretty much the final evidence, and research is important, but I feel like with these smaller ideas that are closer to common sense, I've already found what the goal of research *aims to achieve*: a valid, extreme level of confidence in said proposed theories based on enough unargued, sensible and logical *evidence* presenting itself, to *warrant* that level of confidence, to the point said information is justified to be *presented to the public*, and even for the larger scale ideas, I think in the context of first implementing the plethora of proven, non-dangerous ideas, the larger ones are then ready to be proven via experimentation and application in the real world rather than just on paper. *Do* share counterarguments!

even if I've forgotten to outline something...

I would highly recommend *not* giving up on trying to outline the solutions to these problems humanity is facing, even if I've forgotten a part of a solution somewhere, or if one of mine is horribly wrong. At the core, I'm still very confident that we are supposed to have the solving mindset over the hopelessness one at the very least... Don't just do it for yourself either, think about the less fortunate people in third world countries suffering even worse due to all this corruption not being solved, think about the suicides that could be prevented, think about the emotional abuse and pain of daily life, caused by all these things not being solved yet, *on top* of the law of motivations' impact. I mean what else are you gonna do? "Give up"? Isn't that hopelessness exactly what's gotten us into this situation? Do it for the sake of ending this hell, once and for all. Somebody has to do it, and this is the next step for humanity. I'm an absolutely normal person, in fact, it may have taken me longer than necessary to find all this. Imagine what other people could be able to do, the dent they could put in all this corruption, if they just found the motivation to. I cannot be *that* wrong to the point motivation isn't able to be found by using the dynamics of motivational impact.

I like this quote I saw somewhere: "In every moment, there is the possibility of a better future, but you people won't believe it, and because you won't believe it, you won't do what's necessary to make it a reality, so you dwell on this terrible future, you resign yourselves to it, for one reason, because that future doesn't ask anything of you, today..."

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-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----
FOR THE “FOUNDATIONS OF THE INDIVIDUAL” CHAPTER
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“portal opening” (let me sound cool for once)

On your quest to achieve the best existence possible, which is your core purpose anyways, you should aim to make all significantly impactful potential you ever encounter, a reality, from *wherever it comes from*, as long as it *follows moral reality*. The level of motivational impact felt from any particular thing, is basically a mirror determinant of its significance to your agenda and path toward the best existence possible, since the more impact something is inflicting on you, the more pieces of potential it’s showing you at once, and thus, the more significance that thing holds to have all of said potential in it, outlined and dissected fully, and turned into a reality. I say aim to make “significantly impactful potential” a reality, because the word “significant” indicates passing a certain threshold of value, and *impact* on you, and thus a certain threshold of potential something is showing you at once to dissect and figure out how to make a reality. Still, though, don’t neglect the small improvements and potentials, because I’ve found they can stack up to the point the combination of them all, is significantly worthwhile and will significantly strengthen your *sensitivity to impact* as well. If this book *does* in fact outline the most viable path steps to the best existence possible shared between all people, then aside from your individual dreams, you may just come to the same conclusions as are already in this book. Like, yes, you have your individual goals, but this book aims to list off the pieces of the best existence possible everyone *does* share in common, not those individual goals. And if it has succeeded in doing that, I’m saying quite a bit of foundational conclusions and potential has already been outlined here for you, and in trying to use this practice whilst ignoring the rest of this book, you very well may waste your time and wish you’d just read it, in its *entirety*, since you very well may just come to the exact conclusions it’s already got outlined in it, except you will have wasted hours or days contemplating to find these same conclusions yourself. If this book is wrong in its conclusions however, you might find better ones! More impact felt from something, basically means that impactful thing is covering more ground in terms of showing you more pieces of your agenda of achieving the best existence possible, and thus, signals the level of importance that thing holds to be dissected fully.

The goal, is to create a society of heavily motivated thinkers and innovators in all areas that hold potential in the agenda of achieving max happiness/the best existence possible. Not only can this exponentially take digits off the time it takes us to advance said agenda, but should effectively result in humanity truly reaching & utilizing its entire intellectual capacity and potential, since there will be so many of us near-maxed-out, contemplating every corner of the intellectual realm and finding everything we are possibly able to, *not* because the common person will be working so *hard*, but because there will be such sheer numbers of “inspired organized thinkers” going at even a comfortable pace... The motivational factor of experiencing the law of motivations to a strong level, is simply *unimaginable*, and should potentially unimaginably fuel the curiosity to find every bit of potential this existence holds, *like it*.

For example, you get impacted by a song, you break down why exactly you’re impacted, you spend the hours it takes to dissect a *true* answer if say, that answer hasn’t been found yet, that potential hasn’t been outlined fully, yet. Or perhaps you see a person express an impactful enough, admirable trait. If unknown, you’ll make it known by effective contemplation and hours of dissection outlining the instructions to that potential you just witnessed. This is exactly what I did with *EPE*. It hadn’t been outlined so far as I’d seen anywhere yet, so I spent weeks outlining it. People more so told me the concept was *impossible* and *unrealistic* when I showed them the impacting example. Do you see what this trait can lead to yet? Fully having outlined EPE with it is the main example, but isn’t the only one. I’m only saying, this mindset, depending on the material’s *level of impact* on you, is a preferable mindset to utilize.

I go as far as to dissect scenes in anime if they're impactful enough and find why; *no* morally okay thing is off limits. Those are *literally* the only two factors to pay attention to: the level of *potential* you're sensing, and moral reality...

aim to radiate the same impact you felt from your strongest, most impactful motivations

Aim to become someone who embodies the impact and vibe of the most epic motivations you've ever seen. Make your goals, and the intelligent/admirable way you go about achieving those goals, radiate that motivational impact as well. Key word being, 'strongest' ("most epic") motivations, because, the stronger the motivation and its impact, the more potential it's obviously displaying to you at once, and the more potential it's displaying to you at once, the more relevance that same motivational example has to acting as a blueprint for you to use to achieve your best existence possible, through breaking down, dissecting all that potential it's revealing to you. The more impact a motivation hits you with, the more value it has. I don't think you can exactly dissect and embody the impact you feel from say, seeing an epic enough castle-city... Because you're human, not a bunch of castle towers. But, considering how human magnet examples are one of if not the most impactful motivations, this entry still holds relevance. But hey, if you find some piece of potential to take from examples that aren't human, be my guest, and please share how you did it. Impact spawns from you perceiving potential you know can be made a reality (that's why it impacts you), so when you embody that potential, or simply create the thing (castle-city?) that embodies all of that potential, that created thing, now radiating all that potential, will now also be radiating all that impact. Obviously, the same can be said for potential you see & obtain from examples of strong "human magnets" thus, you radiate impact.

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=-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----=
FOR THE “MORAL REALITY” CHAPTER
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the exact formula to unity

The two ingredients to unity are the degree of similarity in our goals, and the degree of viability fairness holds to us. And as I've said, fairness can almost always align with everyone's most viable path to max happiness. Seeing it yet? Since fairness is at least mostly objective and there is a fairest assessment to find in almost all scenarios, this works.

full list of reasons why moral reality can almost always align with everyone's most viable path to max happiness

- Everyone hating you isn't fun and being jailed and therefore disabled from all of life's potential isn't either
- Eye for an eye will very likely make crime not worth it or fun in the end for you, it'll be like punching bricks
- Everyone being armed will probably do that too, everyone will be far more motivated to investigate crime
- Everyone being able to destroy your evil ego with valid criticism, as well (it's basically verbal guns I guess?)
- Life will mean a lot more to you when due to immortality you can actually achieve the big dreams you had
- The potential for happiness in life you'll see exists is so stupidly large you won't be okay with losing it at all
- There will likely exist more and far better options than resorting to crime, with advancement of tech, etc...
- Psychopathy & lacking empathy, objectively isn't a worthwhile alternative, I've already said how it's illness
- Empathy and society's "unarguable conclusions" nature, will wreck your self-esteem, you will see your evil (there are entire chapters about contemplating deeply to find the moral reality & unarguable conclusions)
- Everyone around you will effectively be genuinely admirable & legendary, they will matter far more to you
- Society gravitates toward fair morality rather than anarchy in the first place because even at our current state, we realize that technology can be advanced faster with more hands on deck (with fair unity) rather than with divided anarchy where it is just the current tyrant always getting overthrown by the next tyrant and everybody fighting for that "king" spot with very few if *any* people advancing technology in the chaos. It isn't even just technology, obviously. It's the fact that literally any goal can be accomplished, far quicker.
- Hating yourself, and being validly excommunicated socially for your injustices, is one of the worst feelings. Your cortisol can skyrocket, your confidence will plummet, you might feel like killing yourself... It's not fun. This effect is amplified, when you've experienced the law of motivations enough to know all you're losing.

example of when moral reality doesn't align with the path to max happiness for everyone – selfishness scenarios

In scenarios where the entire law of motivations is at stake (someone's life), selfishness is very likely to prevail over moral reality. Let's say you're out in space with a crew, and the ship loses oxygen, but the ship wasn't stocked with enough oxygen tanks for all crewmates. You play rock paper scissors with the last guy to get one, and he wins... Knowing the law of motivations could very well be a bad thing here, because it'll unimaginably tempt you to steal his oxygen tank... Still, even not knowing that law, people will resort to selfishness in a scenario like this. All we can do truly to avoid scenarios like this, is advance technology to advance our survivability in more situations... Otherwise, just be aware of these. The key factor (even in an uncorrupt society) is usually someone having to give up their life, because having to give up kinda almost *anything* else, is more acceptable, *especially* considering the consequences.

I can't exactly say I don't understand the person for resorting to selfishness to not die, but I also know it's not "fair".

example of when moral reality doesn't align with the path to max happiness for everyone – trolley scenarios

The famous “trolley problem” and its variations are a prime example of when there isn't, or at least doesn't seem to exist, a fairest assessment of the situation that everyone can unarguably agree on. The key to take away from all these example scenarios, is that moral reality still exists and can align with everyone's most viable path to max happiness, *in almost all scenarios*, and these examples are just here to show how *few* scenarios *will* be problem ones.

It's important that people be aware of which scenarios moral reality won't align with others' path to max happiness in, so they can be prepared when feeling one of those scenarios might occur, and have a deep awareness as to why.

example of when moral reality doesn't align with the path to max happiness for everyone – “schizo” scenarios

Let's say John was abducted by aliens and they told him they'll nuke earth if he doesn't steal resources from society, and John *isn't* hallucinating, but we found no evidence of alien abduction, and none existed for us to find. We'd be hounding John down for breaking the law since he's got no proof to support himself, despite the abduction actually happening. There really isn't a different solution to this I'm aware of or able to find, so being *aware* of this type of scenario, even with how unrealistic it sounds, is good, since it's better to be aware than be caught off guard... A main point here is, evidence is quite possible to find, and *this shouldn't* occur very often at all in reality but *may*...

moral reality objectively exists in almost all scenarios, but is determined based on subjective details

Moral reality is subjective in the sense that a situation's moral reality depends on that individual situation's details being examined to find that individual situation's moral reality, but moral reality is objective in the sense that a moral reality exists for *at least almost any* situation or conflict you'll find yourself in ever (if I used those words right).

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-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----
FOR THE “ANTI – CENSORSHIP” CHAPTER
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why telling someone to keep an argument out of the public’s view is a form of unjust censorship

I got into a verbal conflict with someone on social media, and was told to “take it to DMs”. That is a form of unjust censorship and wouldn’t hold up *if I’d been allowed to argue the moral reality* there: exposing injustice publicly is important, and having the public argument to do so and reach the moral reality, is just as important. Telling someone to address it privately, giving the power to the corrupt person to just block them, telling someone to “take it to DMs”, out of view of the public and that evil person’s friends, is unjustly censoring a valid communication; because keeping injustice out of the public’s view rather than exposing it, is only a symptom for fueling corruption and that injustice to further happen, and it’s in denial of our actual purpose of achieving a best society possible. The evil person can just block the victim in DMs, and you can’t do anything to expose them publicly since you were already threatened to keep it out of the public space that is supporting this unjust censorship. They’ll say, “but we don’t wanna hear that shit in our chat!”, and I say, “yes, I know and I know why: just cause you don’t care about achieving peace, justice, and solving conflicts, because you’ve given up on your actual life purpose you NPC, and you’d rather allow more division and corruption to get away with existing, doesn’t mean your decision to do that is an intelligent one nor even aligned with your own actual path to max happiness, ignorant fuck. You’re just oppressing justice with your blindness, and at worst, being delusional. A slave to your purposeless instant gratification mindset rather than acknowledging the only true purpose you’re meant to be following (this one), so far to the point of oppressing others who pursue that unarguable purpose if it “lessens the quality” of your ignorant, pathetic, selfish, pig-like wasteful path of accepting corruption”. Oh, by the way, are you seeing how the entry “*how to roast*” works well yet?

Those saying this are literally saying they don’t care about moral reality nor maintaining fair unity in society. Idiocy.

unjust censorship is one main, huge root cause of social anxiety in this corrupt society

I used to wonder why I had social anxiety. Until I outlined anti-toxicity and anti-censorship. Partly, it was me being taught that it’s polite to not say certain things even when they need to be said, and partly, it was me not knowing things like the dynamics of insecurity (and all the other things in anti-toxicity); I didn’t know how to handle the unjust bullying I would receive from expressing myself. Not to mention the much higher risk of unjust violence tyranny this corrupt society is infected with. Not to mention the “getting kicked out of a building (business) for offending someone even though you’ve unarguably shown why you aren’t in the wrong” due to for example the business having a greed focused mindset rather than one *valuing moral reality*. Not to mention the fact that the court system doesn’t enforce open-minded confrontation of all valid arguments you present to support yourself and is centered once again around *money*, you’ll be thrown in jail even if they can’t disprove the valid arguments you have shown. Tyrants. You subconsciously remember all these possible unjust consequences, and it negatively impacts your ability to express yourself, as well as you not knowing how to handle unjust verbal bullying, not knowing anti-toxicity, or extreme positive energy if you swing that way... But like I said, even knowing anti-toxicity, tyrannical unjust censorship will still be forced on you by these clown fucks. The most you’ll reach is a point of replacing all your anxiety with visceral hatred, until you or someone smart enough, destroys the unjust censorship in this society *completely*.

But remember that’s literally what this book is for; it’s a toolkit to destroy all corruption, so how about you... use it?

People are supposed to confront their insecurities. It is mental illness and delusional no to whilst expecting all other people to censor justified self-expression. This culture of small-talk and fakeness takes so much color out of life, and the dynamics of anti-toxicity, moral reality, extreme positive energy, anti-censorship, among other things, enable such little censorship to be safe to use in society, enable justice to be achieved truly and abolishment of the tyranny causing much of our social anxiety... How do you not see how this book will abolish much of social anxiety? This literally outlines the exact blueprints to abolishing tyranny (and everything I just listed), on top of reaching your legendary self, having a truly open-minded and uncorrupt court system; *I could go on*, but it is absolutely sensible... Anti-toxicity literally tells you the recipe and laws behind achieving justice against any unjust bully you encounter...

Whoever follows moral reality the most accurately and understands it all enough to expose it, wins the most roasts.

You may often feel pressured to force a fake laugh or smile in order to seem more polite, but this only makes interactions less comfortable, and obviously less genuine. It impacts the actual resulting level of connection you're forming. This atmosphere of fake self-expression is one legitimate core cause of our social anxiety. The legendary version of your genuine self, is the one who's able to say what they're really thinking fully & remain attractive doing it.

Now obviously, faking a smile and making it so blatantly obvious, can just become humorous, and that's not what I'm referring to here. I'm referring to actual fakeness, the fake smiles and laughs people give to actually fool others.

some potential causes and cures of social anxiety (self-censorship)

- *Not knowing how to handle the verbal responses you may be met with (not knowing enough anti-toxicity).*
- *Not feeling like you're able to truly be your genuine self fully. Awkward silences can happen when something that should be said isn't able to be said for whatever reason, your genuine thoughts can't be said aloud.*
- *Fearing tyranny in its various forms. The tyranny may be masked behind taught, false morals you learned...*
- *Not knowing the exact dynamics to what you can and can't say under this tyranny safely. Once you understand anti-censorship deeply enough and understand what spam is etc. you are calmed via understanding. Not only that, but understanding other parts of moral reality and things like the law of tyranny calm more.*

You could even add that part of this is men knowing that men require anti-censorship to be attractive, and if they're aware of that, it's definitely going to also reduce their social anxiety because now they understand what the censorship is doing to them more in the subject of relationships. So, in short, most social anxiety doesn't *directly* stem from the tyrannical unjust censorship itself, but rather people's lack of understanding of things like: what should and shouldn't be censored, lack of understanding of their rights (moral reality), lack of understanding of the *gender attractiveness imbalance*, as well as the other things I've listed. Perhaps *understanding is the cure* to social anxiety.

elevator ride bullshit

Implementing anti-censorship will fix "elevator rides" 😊. The reasons they are silent or awkward in the first place, are a mix of (intelligent) people having nothing truly interesting to talk about due to giving up on their actual true purpose in life to instead accept learned hopelessness (giving up on the solving mindset), as well as the lack of awareness in society of the *dynamics of insecurity* (people not knowing how to handle criticism and getting offended far too often), leading to more unjust violence tyranny in society due to people also not being passed the first layer (not having the motivation nor knowledge to take smarter paths than unjust violent censorship)... I could go on; I could probably ramble to the point you see it's half this book missing that's the actual core issue causing this *symptom* "elevator ride awkwardness" or whatever. My point is, this is just a *little cookie*, to sell you on anti-censorship.

I could just go list off for hours, the number of issues these foundations solve. The "foundations" listed in the sword. And by "corruption", I don't just mean greed or stereotypes of that word. I mean any symptom, flaw, and problem...

“Corruption” simply occurs when you stray from these actual foundations of the best existence possible, and society having significant corruption is just a symptom & result of having strayed from those foundations. Just don’t stray... Do you see the bigger picture yet? This literally has the foundations of near utopia; and these are the root solutions. I tried for hours to find the root issues in society, and concluded, the truth is, it’s literally just ignorance of this book. Any time you see corruption, it is literally just somebody ignoring some part of the sword or some moral reality law. This book basically just lists all the core issues and core solutions, so ignoring it is the core issue, causing corruption. I guess more accurately, it’s “almost any time you see corruption”; That’s why it’s called “near utopia” not “utopia”.

“what are ya doin in my swamp” example of fueling culturally propagated unjust censorship

Let’s say you’re staying at some friend’s house. He has an electrician come over to fix the fridge, and the guy asks you “hey buddy how’s it going?” and you answer honestly “I hate this whole society and I want nothing more than to change it”. The electrician doesn’t reply, and you just walk off. Friend’s wife confronts you 10 minutes later saying “we’re gonna need you to leave, you’re too negative for this household”. You try to ask what you did wrong, and all she can say is “we just don’t want that negative energy around here”, so you ask, “this is because I said I hate this society and want nothing more than to change it?” to which she says “yes, but this *isn’t up for debate*. Pack your bags and head out”. You might say, “well, it is her house, she should be able to closed-mindedly, unfairly kick you out even if you’ve blatantly not broken any part of moral reality”. And yes, you’re right. But this would open her to be validly insulted later, likely by quite a few people, in the right society. *You have to get to the moral reality of a situation*, an unarguable fairest assessment, and be following that, before just forcing someone to do something like pack their bags and leave, otherwise, you risk *breaking* moral reality and opening yourself to be unarguably validly disliked, not just by one person, but by possibly quite a few. That’s only what would happen in the right society, with the right culture, based around moral reality, and around this book. But instead, in this current corrupt society, we have accepted this culture of breaking moral reality and accepted straw-man arguments like “oh, but it’s her property, so she can break moral reality!” because those straw-man arguments are able to withstand the lack of valid arguments others in this society will throw at them, because the real arguments against that straw man, stem from what’s in this book, since these are the foundations of *near utopia*. Furthermore, us not understanding these dynamics and arguments against people who break moral reality, allowing them to do so unpunished socially, has further propagated a culture of unjust censorship, social anxiety, and fakeness from people fearing being ex-communicated unjustly, knowing others *won’t have the understanding* (of this book) to *validly argue* the true moral reality of the situation and expose the injustice of the one doing the censoring, because exposing that requires knowing the true definition of spam in the anti-censorship chapter, knowing about moral reality, knowing the justifications for why this low level of censorship should be allowed (things like the anti-toxicity law of moral reality which states that anyone breaking moral reality and verbally bullying others, can be validly roasted, requiring only that someone be present who understands the moral reality deep enough to uproot it and expose the bullies’ idiocy and how that bully is straying from their very own path to max happiness, for example). Basically, people have lacked the understanding and motivation to find the understanding (the argument ammo this book would give you to destroy the strawman arguments holding up all this unjust censorship), people lack that ammo which would let them effectively stand up against and verbally dismember, publicly, any unjust censorship occurring like this, and inflicting the deserved consequences on those inflicting that censorship. So once again, you can see this book will fix this.

I’m saying awareness of moral reality is at an all-time low, causing acceptance of injustices y’all can’t argue against, because people lack the info in this book they’d be able to expose this injustice and know the true right path with.

Let me put it this way, in this house scenario, if me speaking my mind was truly having a reasonably negative effect to make her justifiably tell me I need to leave, she could put that into an argument *I wouldn’t be able to validly refute*. What I’m not saying, is that something being someone’s property isn’t ever a valid argument. I’m saying this woman is likely oppressing me with unjust censorship, with us not getting to the bottom of the rabbit hole and finding the moral reality. She’s likely allowing injustice, unfairness, and definitely risking breaking moral reality. And no,

this example didn't actually happen to me in real life. I never spoke up. I stopped myself from giving an honest answer and so this never happened. I've just seen shit like this happen far too often, and this is *certainly* very realistic!

This unjust censorship being reluctantly accepted throughout this corrupt society due to our lack of understanding of this book's contents leading us to not be able to expose the injustice in said censorship, has heavily further propagated the gender attractiveness imbalance, making men far less attractive than they should be able to be, and has even malignantly made its way into our *laws*, giving rise to the acceptance of unjust "hate speech" laws & more. Men are indirectly taught not to be themselves, even if "*themselves*", aligns with moral reality, for fear that someone's too close-minded stupid or tyrannical to go down the rabbit hole and see that it aligns with the moral reality before making an example out of them in front of everyone else, with unjustly censoring them or kicking them out. Sometimes, someone will be "made an example of" not by being kicked from a building but from life, getting killed.

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-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----

FOR THE "ECONOMICS" CHAPTER

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Nothing Here Yet

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-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----
FOR THE “ANTI – TOXICITY” CHAPTER
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ingrained/learned censorship can mess you up in contemplation of anti-toxicity and self-expression elusively

Be careful, you might conclude “anti-toxicity doesn’t work”, or you might spend hours trying to find the right “wording” of how to say what you want to say to someone, when in reality, the only reason you’re thinking of these things in the first place is because unjust censorship has been taught to you throughout your life and you’ve been taught to even, by habit, succumb to it and try to work *around it* rather than what this book tells you: to *realize* that it’s a form of tyranny and the only *true* solution is for all unjust censorship to be abolished in society. I’ve gone into panic mode before, thinking “anti-toxicity doesn’t work” because “I can’t think of a response to this insult or this or that”, when in reality, what was really stopping me from just expressing the relevant speech and understanding I already had gained (enough to get the job done, truly “put the ball in the bully’s court” again verbally), what was really stopping me was an elusive, almost *subconscious* acknowledgement of the limitation of the unjust violence or other forms of tyrannical unjust censorship that may result from me simply just expressing my genuine self. I was unaware, so I was over here taking the path of trying to subconsciously “work around” the censorship instead of simply remembering to accept that *that’s basically just me “working around” expressing my actual, genuine self and feelings*, and that the *true* problem is the unjust censorship stopping me from just saying everything that needs to be said and not caring how deservingly pissed it makes the bully (I was fearing unjust violence, for example). So, just remain aware and able to spot when the *true* thing stopping you from communicating effectively and attractively is just censorship, and not your lack of understanding. You still need understanding, *especially* of things like moral reality, to criticize a bully well. It won’t *always* just be “censorship sneakily cock blocking you” but do stay aware.

lacking understanding of pieces of moral reality can lead to being disliked even though no one tells you why

Because people will start disliking you if your behavior is misguided and isn’t following moral reality, even if you *think* it is (deep down, you’ll still sense *something* is wrong with your logic that you need to confront). For example, if someone calls you delusional, a wrong (but seemingly right, in the moment) approach to take might be to justify you now hating them with “oh, but they unjustly insulted and disrespected me”. But let’s say your wording of your ideas wasn’t very clearly organized. It’s not the most intelligent response of them to call you delusional, so obviously they’re unaware of the true moral reality of the situation just like you are, but it’s also not justified for you to hate them for calling you delusional *if your ideas aren’t following the nonfiction relevant speech format*. The one insulting you *may not have a deep understanding to tell you that*, but if you don’t remember it yourself, *you’ll look bad*. All this entire entry is telling you is, lacking knowledge of pieces of moral reality can lead to a ton of frustration. The piece of moral reality I’m talking about here in this example, is you knowing the necessity of the *relevant speech nonfiction format*, and knowing you mustn’t expect others to listen to you, if you *aren’t following it well enough*.

The nonfiction relevant speech format is important here, but following all parts of relevant speech matters as well... Also, do remember, that others disliking you isn’t always due to you being in the wrong morally; use your intuition...

responses to buzzword insults

Tell the critic to actually show how there's a specific flaw or injustice they're pointing out instead of just dick riding. Using buzz words just because you don't like something without even being able to put into coherent arguments how the thing you don't like is worthy of not being liked and is flawed in some valid way, is going to get you roasted. Once again, as you can see here, you're applying the dynamics of insecurity, and can see that moral reality can win.

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-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----

FOR THE "WEAPON LAWS" CHAPTER

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Nothing Here Yet

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=-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----=
FOR THE “OPEN – MINDEDNESS” CHAPTER
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skill – understanding what people are truly trying to communicate beyond just their sometimes unclear words

If you understand human nature enough, understand what matters *most* to humans on a majority level, and things like that, you may be able to gain a more adept ability to truly understand the context of, and even *behind*, what someone is trying to communicate, and *why*. This is a minor aid for EPE as well as a minor aid for open-mindedness. It'll likely even boost your relevant speech. This will help you to make verbal progress with people a little bit faster.

Just to be clear, it aids open-mindedness in the sense it helps you see their arguments more clearly and much faster.

open-mindedness aid for when someone tries to get you on board with an idea or sell you something

If someone tries to get you to join some cause (take some path other than your current concluded “most viable path to your best existence possible” that you’re already taking), or they try to sell you something, you could just ask them to show how it aligns more viably with you achieving your best existence possible than your current path, or ask how this thing they’re selling you is aligned with the most viable path to your best existence possible in their opinion. They should know, to sell you something, that thing should clearly have significant value to your most viable path to your best existence possible. This entry is here to give you an option for being less hostilely rejecting of others without first at least hearing them out; this should give you the script to *fairly* give them the chance to show how whatever they’re proposing is worth you taking part in, rather than you just closed-mindedly telling them to fuck off, and then later being disliked by them for that interaction. This is a moral reality of how to handle this stuff.

This can even be used to avoid hurtful romantic rejections if worded more kindly perhaps, locating the moral reality.

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-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----
FOR THE “EXTREME POSITIVE ENERGY” CHAPTER
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how extreme positive energy handles “dick riding”

If someone has some grievance against or criticizing label toward an EPE magnet, first, the magnet would confront the label or whatever, using things like the dynamics of insecurity. But let’s say this bully isn’t here to have a productive nor open minded conversation, but rather is here to spam a label the magnet has already confronted and basically disproven to try and annoy them. With EPE being maximally understanding and caring by nature, all the EPE magnet would do is confront the claim using things like the dynamics of insecurity, and once it’s confronted fully, they’ll communicate their perspective and conclusion. But since this hypothetical bully isn’t here for that, but rather to be closed-minded and spam disproven lies, the EPE magnet will just be understanding and say something like “Alright, I’ve already confronted your claim and shown my perspective, but if you *have* to be closed-minded like this and spam already disproven things, we can’t have a productive conversation like that; I can’t help satisfy whatever injustice you feel is happening” (that is only one example wording). After saying that, the EPE magnet would just not respond to the spam since there is literally nothing to say, it’s not something to allow to bother you since it’s already been disproven, but you can’t reason with this person, so unless you need to censor the *spam*, there’s simply nothing else to say, you already understand the reality of the situation, and understand that they’re blinded by perhaps their anger or whatever. You’ve done all you can do, so it’s best to just move on *until* they say something you can actually respond to *productively*, to actually make further progress on solving the conflict. It’s that simple...

The EPE magnet likely wouldn’t just heartlessly start ignoring this person without communicating, due to their care.

If the EPE magnet is supposed to mute the spam, it’s really simple, they’ll do it and say perhaps (due to their genuine self’s nature), something like “I’m sorry, but we have our reasons for why this is *spam* and please argue your case if you feel unjustly censored” (they might then point them to the anti-censorship definition of what spam is?). And if the bully spams them or has super irrelevant speech when “arguing their case”, the EPE magnet would say that they have too irrelevant speech and probably just point them to the dynamics of relevant speech... And obviously, none of this is done in some passive-aggressive manner. Like I’ve said, if you feel like being passive-aggressive, your genuine preferred core personality, may just not align as much with EPE, but rather more with anti-toxicity.

unbeaten 3.avi

I saw a clip from the Boondocks on YouTube with this title where there’s this mom and her kid in a grocery store, the kid is screaming “I want candy” and throwing stuff off the store’s shelves, tipping entire shelves over, breaking thousands of dollars in products. The mom just sat there crying thinking “I don’t know what to do when he gets this way!”. You might sit here and point a finger at me like “isn’t this a flaw with your “EPE”?”. No. It’s not. As the mom, you’d treat that situation similarly to you having to use force in self-defense, if say, someone was shooting you as an EPE magnet. The force here obviously isn’t shooting the kid genius, it’s simply forcibly stopping this tirade, anger doesn’t need to be involved on your part and you can apply this force while still maintaining your understanding and caring nature as an EPE magnet. You wouldn’t just sit there crying, pathetically, but anger still isn’t *needed*. You can see the mom obviously getting angry with the belt in the clip and I’m just saying, force doesn’t *need* anger. You can take whatever actions are necessary (if you’re aiming for max EPE) while still being caring + understanding. As a max EPE magnet, you’ll likely be even rather a bit sad you have to do certain forceful things rather than angry.

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-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----
FOR THE “GENDER ATTRACTIVENESS IMBALANCE” CHAPTER
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breaking up with a romantic partner

This book gives so many avenues you can take rather than breaking up with someone, to the point a breakup should almost always be able to end in more of a mutual *agreement* way with both people not feeling betrayed or blindsided, but rather aware of exactly what happened and why, and what they can do to still achieve max happiness in their lives. In fact, the breakup usually shouldn't even result in partners being less than *friends*, unless one of them has some unpaid debt according to the moral reality... And we already know how *that* will be handled... The divorce rate is currently so high because of the gender attractiveness imbalance, and other things like how everyone in this society has given up on the solving mindset and thus has this *selfish* instant gratification mindset that makes them see partners as usually not much more than a wallet or a condom to use. Isn't that fucking embarrassing? We lack understanding others' potential, and even if we knew others' potential by, say, being educated with this book, due to giving up on the solving mindset, we'd still likely be inclined to just hop from partner to partner to selfishly find the best we could, since "life is temporary, and I can't waste it helping someone grow!"... As if I haven't argued in favor of the solving mindset enough, that's just further evidence for its necessity. Anyways, this is just me saying that relationships will have far more unity by functioning on the things in this book, and ending a relationship with *any* major emotional pain, won't truly be necessary. With this book and communication, you'll simply fully find the moral reality of the situation with your partner *if* there happens to be some problem you two *can't* make it over together, and you communicate that full perspective, you hear your partner's full perspective, you locate the moral reality, you reach a mutual understanding of each other's perspectives as fully as you can, and all valid counterarguments get confronted until you *find the most viable, fairest path to max happiness for both of you*. And yes, that means partners being shown a satisfactory, most viable path to filling the void the breakup created. It's not just this "Um yeah, I'm bored so bye" bullshit. Good luck pulling that in a society of deep thinkers who can uproot the injustice in that neglectful ditching, prove how evil it is to commit it, then expose it socially... Listen, whenever you're feeling any sort of negative way in your relationship, there *is* a valid reason, and it very well might be the case that you *do* in fact need to break up with your partner, and that's the moral reality. I'm simply saying, *find moral reality*.

On top of just finding the moral reality, how about, help them grow as a person, using this book's dynamics to do it, rather than just leaving? Sometimes it's justified to not be okay with waiting for them. Just locate the moral reality.

moral reality mattering centrally to all of society will hold both genders accountable for their injustices equally

First of all, moral reality is going to matter centrally to society when the masses become educated on the content in this book enough, because it will be so clear how much unity, progress, and quite frankly, near utopia, is possible by this info. People will be *aware* of the gender attractiveness imbalance, aware of how things should be handled, and will be able to spot undeniable injustice with high accuracy, and, if inaccurate, will know how to find the accurate moral reality. Both genders will be more heavily accountable for injustice they commit in relationships, further *equalizing* the power dynamic in relationships *on top* of the equalization that'll occur with us using anti-censorship. (Equalization of the gender attractiveness imbalance occurs via anti-censorship since men express their character).

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=-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----=
FOR THE “EYE FOR AN EYE DYNAMICS” CHAPTER
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in most cases, people will desire to fix injustices they committed when they gain enough understanding

To put you at peace a little bit, know, when someone understands the consequences of their injustices and the full scope of the pain they caused and the victims’ perspective, and thus how their injustices truly stray from their own path to max happiness as well, they will *desire to fix* or pay for the unjust damage they’ve caused. Because of their deep gain of understanding, a person will start to pick up on past injustices they committed that they didn’t pick up on in the past, on top of this. This should give you some peace. No matter how evil someone seems, this can occur.

If you’re EPE, taking advantage of this fact, through deepening others’ understanding, is already being used by you. Then again, the same could be said for anti-toxicity users, except this is being used in a more hostile way with them.

If someone tries to gaslight or lie to themselves about the injustice they committed, on top of them already understanding the full context of how said injustice has strayed them from their own path to max happiness, along with them understanding the consequences they will face for this injustice, their mental state and self-esteem will be, at some level, plunged into turmoil, especially if they have empathy. And, we’ve already concluded that empathy is simply logically more desirable than psychopathy for the reason psychopathy takes the emotional color out of life. Our empathetic nature has its own funny tax for being a piece of shit, I guess. Truly repairing injustice is the way. Their hair will start falling out and shit. Their cortisol will skyrocket. They’ll lose sleep, and even worse might occur.

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-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----
FOR THE “SELF – DISCIPLINE” CHAPTER
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list of all found reasons to follow the law of motivations/be disciplined

- Escaping the potential hell you could experience, oppressed by unjust, evil people, *torturing* or killing you. (You would aim to gain the power, in any ways possible, to destroy any evil entity attempting this, ideally.)
- The unjust corruption & hell that less fortunate, good, innocent people are suffering through as we speak. They are people who have as much potential to as anyone else, but are too occupied just trying to survive.
- Making those who've treated you unjustly, inescapably face justice due to society being now uncorrupted.
- Achieving the greatest dreams and existence you possibly can achieve on top of all the things in this book.
- We don't know what happens after death, so, it's a smarter idea to find that answer safely, without dying.
- We don't or may not know all of life's potential yet and what I found *already* is *unimaginably* great as it is.
- The “magnetic vampirism” entry displays one of the most powerful if not the most powerful motivations...

you need to be aware of both sides of life's potential, because that will damningly prove discipline's worth

You need to be aware of the level of hell possible in life, not just the level of “heaven” with this book. You need to be aware of both sides of this coin, because you'll realize the true meaning of life, it's a game with great potential for both pleasure and pain, to *extreme* levels on both ends, and the game is to win the side we obviously prefer. You should realize the anger you will feel when being oppressed by bad enough tyranny torturing you, the immense *regret* you'll feel for not maximally trying to follow discipline/the law of motivations to destroy it... The anger you'll feel when someone who's treated you unjustly gets away with murdering you, you'll have failed to purify this world, and achieve justice, you'll have failed to destroy evil. Maybe I just *hate* evil a lot, or maybe, I've *seen reality fully*.

intelligent discipline basically matters the most in life, according to what the law of motivations will tell you

With discipline, at least you have a chance at becoming powerful enough/advancing technology enough to not be able to be killed or tortured by evil forces. At least you have a chance to secure all of life's potential and become such a powerful force that no evil can oppress you or even attempt to do so. Seeing life's potential(s) convinces you.

Literally nothing else matters without discipline, because discipline is the only way to gain the power to make your life secure enough to where you won't die and lose it. If you're just vulnerable like that to be killed by evil people, nothing else you did, no action, no judged song, no contemplation rabbit hole you solved, no technology you advanced will matter without discipline, because *you got game over* now; we've found no proof of an afterlife. You failed to prevent yourself from dying when the cartel or whatever government retard trying to assassinate you abducts you and has you eventually killed. Discipline is the foundation of anything mattering in life as you can see here, so you should maximize your discipline not maximize these meaningless activities since none of those activities are going to mean anything to you when you're dead. So, you need to focus on making sure you can't die unless you want to, and then you can focus on those activities. By meaningless activities, I literally mean anything that isn't going to make you (physically,) senator Armstrong from metal gear. I'm aware you'll only stop calling me insane for thinking this when you witness enough of the law of motivations like I have... I don't care, and I am still saying it all.

Obviously, there are priorities in the path to the best existence possible. Just take the most intelligent & viable path.

- **question:** but if everyone is that powerful, won't evil people just develop weapons equally as powerful? And won't there be some constant battle for power due to us not trusting each other & constant fighting?

Evil doesn't align with our paths to max happiness, and this will be known as a law of reality. They're outnumbered. Everyone will probably pursue power but there will be so many using it for good and to destroy evil... Good luck lol. And when it comes down to it, the number of individuals on any given team, is what'll determine who is victorious, since everybody will already possess the dynamics to being maximally motivated & becoming their legendary self... So I'm saying, due to *reality itself*, the larger team simply will inevitably be the one founded on morality & fairness. We will advance technology faster, we will diversify our efforts more, and thus find more knowledge, I could go on. The only big barrier is making sure the masses are truly educated on moral reality and how it aligns with happiness. Literally, it is foundationally, logically stupid to *not* follow moral reality in almost all scenarios, people must know it.

being disciplined and victoriously making strides on the most viable path to your best existence possible...

Can and *will* make your emotional state and self-esteem go through the roof. Accomplishing this victorious progress is one of the most if not single most key factors in what gets me the emotional state to be able to go to the gym and, resultingly, have the energy to lift extremely heavy weight. You have to realize something though; self-discipline is more like a car you use to get to your destination of being victorious in making progressive strides in this most viable path, and that's it. Self-discipline is a car. When using that car, the ideal driving experience is to arrive at your destination without crashing the car, without getting into traffic jams, and hitting as few red lights as possible without going so fast that you miss nice details like the scenery around you (that last part is a bit of an analogy for using the sweeping method I guess). Reaching victorious strides on the path to your best existence possible, is simply most commonly going to occur if you are taking the most viable path toward that best existence that you can think of; this is just common sense. But I'm just writing this entry to remind you, you can be disciplined but not make victorious strides on this path, not make significant actual progress despite having dedicated 50 hours of disciplined work to this path, and despite having dedicated 50 hours or whatever, your emotional state won't feel better, and possibly could feel worse due to you feeling lost now, if you fail to actually discover more important progressive things or make actual, big enough strides in progress. I'm saying discipline isn't what makes your emotional state go through the roof with joy and energy; it's progress. Real, valuable progress, is what makes you extremely happy, makes your emotional state skyrocket, through the roof, to the point you might even gain the energy to lift heavily.

When I talk about traffic jams and red lights, it's referring to hard issues you face during contemplation by the way.

For example, my emotional state suffered when I was working on the version of this book that didn't have chapters, didn't have a separation of sword & ocean of context – everything was jumbled and somewhat extremely unorganized, I wasn't extremely proud of what I'd made, and was losing faith in putting more entries in being the most viable path I should have been taking – and I was right. So I established "operation sword and shield" to put tables of contents, more organized chapters, and just design the actual "relevant speech nonfiction format" and follow it, and after coming up with that my path confidence was renewed and I was ignited with energy now seeing the potential.

You'll have this sense of panicking "I shouldn't be lifting I should be making progress" but that progress might just be you locating a more viable path to the best existence, may just be your subconscious knowing "this path isn't it". "I sat here writing entries and my hunger for progress wasn't satiated, all because I was feeding it the wrong food". (I should have been addressing my lack of path confidence; thus I would have invented operation sword and shield).

useful tool – conferencing until your discipline (or more likely path confidence) is restored

Self-discipline being hard isn't a signal not to follow self-discipline, it's a signal to conference with yourself; have a talk confronting everything stopping you or hindering your emotional state and will to be disciplined, until your pa-

th is re-proven clearly enough to you again to fully enough restore your path confidence, perhaps motivation, and to make the choice to be disciplined an easy and clear one to take. This seems to work pretty well when I'm having those days where I just don't give a shit about anything anymore. What I find is that often, I just need to vent, because my emotions are in a very unhappy state, and some matter *needs* to be addressed whether it be causing elusive anger, sadness, depression, whatever. The point is, whatever is emotionally causing you to stop caring about discipline (and it's definitely an emotional thing, because logic would have you simply staying disciplined since it's intelligent), whatever emotion it is stopping your discipline, needs to be found by you having this blunt venting conference and telling yourself those full feelings, to therapize, solve, and logically clarify the actual path to fixing those emotions, or to actual max happiness. You might need to locate enough undeniable reasoning behind why you need and want to stay disciplined, if say, this *isn't* sloth rooted in negative emotions, but rather some unexplainable sudden lack of care or possible burnout (though, burnout is an emotional state issue actually). One good main tactic I used, was making a list of grand reasons for discipline, to read during those times, but that isn't the only option.

Keep in mind, conferencing effectively certainly requires a deep enough understanding to be able to logically conclude and successfully argue against yourself and your laziness in favor of returning to discipline, as well as requiring potentially previous heavy experiences with the law of motivations, a level of impact you saw so extreme that it proves so clearly to you that being disciplined and taking the law of motivations seriously is so clearly worth it, that you are mentally scarred (but, not in a bad way) from the impact so you'll simply never forget it & what it told you. An experience like that might just enable you to cite it when you feel lazy and thus act as a "cure". It works for me.

Yeah, vacations (and procrastinations) are great, but do you know what's way better? Building a life/path you don't have/or want to escape from. It's sad that we've accepted thinking "self-discipline isn't supposed to be easy & fun". Find path confidence, as maximally as you can, as then you'll be maximally pursuing your maximally viable purpose.

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=-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----=
FOR THE “CONTEMPLATION” CHAPTER
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optional occasional tool – the confrontation list sweeping method

Sometimes when I try to fully confront a confrontation list entry, I have a lot to read and remember in the single entry I’m confronting, and I forget some of it since it was too big to remember all the details. This is just an optional possibly useful tool for times like that. It’s to fully confront *one sentence at a time* in said confrontation list entry. This is completely up to your discretion to use or not, and this “going sentence by sentence” strategy isn’t only for use in the confrontation list, but anywhere applicable, of course, it’s just useful for digesting huge idea paragraphs. I’ll be like “as for (single sentence), (my analysis)”. Yes, this means the word count will skyrocket, but should I care? This is useful for verifying ideologies, useful for responding fully to debates/arguments others propose to you... etc. This heavily helps with preventing overthinking primarily, but can also effectively apply the sweeping method *fully*. Obviously, it may be useful to go back and read the whole list entry afterward to ensure you see the bigger picture.

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-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----
FOR THE “MORAL REALITY LAWS” CHAPTER
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when you don't have enough time to determine the true moral reality (emergencies, for example)

All you can do is use your best judgement. Simply try to do the right thing based on what you *know* at the moment.

- **question:** but won't people try and purposefully get into "time-constrained" emergency situations to justify saving someone they like, and letting someone die who they want dead, for example? Hiding murders?

Buddy, that can happen in the system we *already* use. What better solution, what better "law of moral reality" covering this, exists, that you can share? If you found one, please do. By the way, if someone is suspected of doing this, it'd be investigated just like any other suspected crime obviously. Are there any real questions to answer here?

ignorance does not negate the debt accumulated from injustice

If someone causes unjust damage, or pain, or whatever, and finally sees they did so later, that doesn't change the fact that they still have consequences or victims they owe for their injustice. Hurting someone out of your own stupidity and ignorance of moral reality doesn't change the fact you still hurt them unjustly or caused whatever damage you caused. That damage has been done and hasn't been fixed just by you finally seeing you caused it; you owe.

- **question:** is it fair to dislike someone for causing unjust damage to me, even if they're mentally disabled?

Not if they're completely unaware that they caused damage. Mental disability might very well make them unaware of that, and it's simply not fair to hate them unless they're made *fully* aware of the unjust damage they've caused, and yet *still choose* not to fix it. If someone's this dangerous and can't see it, they probably need a mental hospital.

you can assume things, if you're willing to pay the justified consequences of injustices your assumptions cause

Simply put, there are some occasions where you've seen enough evidence pointing toward certain conclusions in life, to understandably feel warranted in just automatically assuming the pattern said evidence has shown you, is occurring. This simply says, it's not morally wrong to assume things based on having seen enough of said evidence to reasonably feel justified in assuming something, *as long as* you're willing to accept having to pay for any damage or injustice your assumption causes if it's wrong. For example, you assume someone's a bad person, insult them, and turn out to be wrong, you'd obviously deserve and should expect criticism, from your unjust treatment of them.

dynamics of ego

your level of expressed ego, must reflect a reality of unfailing, un-disproven power and victory, to remain attractive.

Otherwise, it's going to appear cringe. You better make damn sure whatever level of power and ego you're expressing isn't going to be exposed as false with you immediately being caught off-guard or beaten successfully by whatever evil enemy you're expressing this taunting ego towards. Expressing ego, is basically subtracting a little bit of intelligence from your behavior, so you can add a little bit of fun to your situation in the form of feeling like a bada-

ss. Ego is you expressing a level of power you believe you have, and it's only cringe when someone expresses a level of ego that doesn't reflect the amount of power they have, especially so, when they are beaten and proven weak by (hopefully an evil person who deserves to be taunted with such ego in the first place, obviously) the enemy they were expressing it towards. That's the dynamics of expressing ego. *Ego isn't morally wrong*, it simply must be warranted by a reality of power and greatness. When I say greatness, I do include being a moral person, because you have to remember that evil doesn't align to the actual most intelligent path in life and is foundationally stupid in almost all scenarios (moral reality aligns with everyone's most viable path in almost all scenarios). The reason I say expressing ego is subtracting a little intelligence from your behavior, is because rather than staying logically focused on beating your (evil, obviously) enemy completely, you're over here pissing them off more and taunting them, probably to vent your justified hate toward them. That's understandable, and personally I don't think ego is unviable to express when it is, in fact, accurately reflecting such a level of real power to the point it *won't* get proven wrong, but this formula about subtracting and adding, is still simply accurate. These are the dynamics to staying attractive.

For example, you likely wouldn't start laughing if you're chained to a wall by your enemy unless you had some plan. And I don't just mean "some plan", rather some shit you're at least 98% sure will work, otherwise, I wouldn't laugh.

And I know I talked a lot about expressing ego toward an evil enemy, but it's obviously not only expressed toward those, and not only used to taunt said evil people. You can express ego just by saying you've 'achieved greatness' or boasting or whatever. I'm just saying, you better make absolutely sure that your claims are *true*, to warrant that.

romantic rejection should only be inflicted with conclusively unargued valid reasons

Wait don't shoot me! You will have unarguable reasons simply by not being attracted to someone, just know those! This is simply about presenting those reasons to ensure your perception of a person's attractiveness, reflects reality. You'd be quite painfully betraying yourself, if you rejected someone you incorrectly assumed incompatible with you.

If you sense reasons to romantically reject someone, you should have valid unargued reasons behind that rejection and should *be able to put those reasons into words for them*. Due to open-mindedness and the importance of the desire to achieve a best existence possible, other people *should* be willing to validly argue even against themselves despite wanting you, *and guess for you*, your valid reasoning behind your rejection *if* say, you somehow cannot put your reasons into words... But still, this is important in the interest of not only maintaining your self-esteem and reputation as being a *good person*, but also for preventing unnecessary animosity, loss of unity, and lack of mutual understanding between people. Rejecting others without communicable valid unargued reasoning should and *can*, morally, have the effect of opening you to valid criticism. Confront any valid counterarguments presented against your reasoning, not only in the interest of open-mindedness, but because they're *valid because you might want to not reject this person after all*, that's literally *why they'd be valid arguments in the first place* against your rejection. *This isn't as hard as it sounds*. Any time you're less than maximally happy to accept someone, there's reasons behind why; presentable by communication; and if all those valid reasons are disproven, you won't lack any happiness in accepting the person. The only exception I know of, is if you feel validly threatened by tyranny. For example... If you have valid reason to fear someone will get violent toward you from you rejecting them, use the *law of tyranny*.

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-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----
FOR THE “FOUNDATIONS OF SOCIETY” CHAPTER
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one of the main purposes of the entire vexyricon... (upholding anti-corruption)

Is to effectively *find* then equip all of society with anti-tyranny; anti-corruption, by outlining the roots of those things, outlining moral reality, outlining the solutions, outlining the foundations of the best society possible, etc. Basically what I'm saying is, these foundations of anti-(all that bullshit), should be used to educate the public, so they are all, fully known by the public, all the background info, all the *causes* of tyranny, all the *forms* of tyranny, corruption, everything. There's a reason I called this book a *nuke*. That's what it's *meant* to be: *for societal corruption, that is*. These foundations must be known by the people of a society, and the causes of corruption must be known, the info *should all* be in this book. Once again, that's why I call it a nuke. You can see, in examples like North Korea currently, the consequences that are possible from ignoring this entry; ignoring this book, ignoring the foundations of an uncorrupt society and letting that corruption grow like a cancer. It is nearly physically impossible to escape the tyrannical grasp of North Korea as one of its citizens, currently. That fucking shit, is what can happen if we let the cancer of tyranny grow to be too powerful, and North Korea is a shining example of why this book, or at least the foundations inside it acting as medicines for tyranny/corruption, these foundations to “near utopia”, *if these foundations turn out to truly be the correct ones*, absolutely must be used to educate and arm the public, intellectually, to avoid us ever even getting close to that level of corruption; there literally comes a point where there's no escape. We must find & uphold the principles of anti-tyranny and anti-corruption constantly, to ensure this never happens. And I am extremely *confident* that the ones in this book are exactly those principles, to be upheld and to be taught. People will be thinking for themselves, know how to handle any verbal attack justly, know about moral reality, know what is actual spam vs. what isn't, know the correct best economic dynamics, weapon law dynamics, and more.

Mass casualties could potentially be inevitable, in trying to uncorrupt a tyrannical situation as bad as North Korea...

the literal most root, core cause of at least 95% of corruption/problems in life and society

I could just go list off for hours, the number of issues these foundations solve. The “foundations” listed in the sword. And by “corruption”, I don't just mean greed or stereotypes of that word. I mean any symptom, flaw, and problem... “Corruption” simply occurs when you stray from these actual foundations of the best existence possible, and society having significant corruption is just a symptom & result of having strayed from those foundations. Just don't stray... Do you see the bigger picture yet? This literally has the foundations of near utopia; and these are the root solutions. I tried for hours to find the root issues in society, and concluded, the truth is, it's literally just ignorance of this book. Any time you see corruption, it is literally just somebody ignoring some part of the sword or some moral reality law. This book basically just lists all the core issues and core solutions, so ignoring it is the core issue, causing corruption. I guess more accurately, it's “almost any time you see corruption”; That's why it's called “near utopia” not “utopia”.

In other words, there are quite a few core problems with society. It's literally these foundations from the sword, that are missing. That is the core problem. Those missing are the core problem(s). Those foundations are the core solutions. The *roots* of an uncorrupt tree, (I hope? I'm not perfect just tell me a better solution if my solutions suck). Some are bigger core solutions than others, for example, if people had the solving mindset, they might be able to find all these other core solutions like open-mindedness, anti-censorship, etc., but at the end of the day, all of the chapters in the sword have the status of “foundation of near utopia”. Hell, the ocean of context even has some, too.

Described in other words, you could say one core issue is everyone just spawns into this society surrounded by a bunch of greedy corporations which organized a school system hellbent on turning kids into drones, growing up surrounded by this society of said drones telling them that solving and uniting the world is impossible because blah blah morality is subjective so *don't even try*, plus, immortality is impossible so *don't even try* (on top of seeing nobody try and everyone just giving up all around you as the norm), plus, "you only have 100 years to live", plus, "you need a 6-year degree of more hellish schoolwork learning drone topics you *don't actually believe are relevant to your research* to actually come up with a philosophical paper like a vexyricon on how to make positive change and unify everyone to then *achieve* these problems you call impossible like immortality, *despite* nobody seemingly actually having any *unrefuted argument* against your proposed changes in the first place". People basically spawn into this world and they see a ton of hopelessness because they're met with billions thinking so much is impossible to truly solve and not seeing how good things could be which would then get them out of that mental hopelessness block and motivate them to start solving, they don't see that potential or feel it's cure due to how seeing it requires possibly hundreds of hours of contemplation to see (the conclusions *in the sword*) in the first place. There's just so much taking away from our will to contemplate with determination, on top of the solving mindset being labelled insanity despite it literally being seemingly the only piece stopping us from finding this correct path (me acknowledging the solving mindset is what opened me to tons of these other solutions), you see everyone on a mass level just *surviving* in their hopeless goal of just milking as much selfish instant gratification before their inevitable death; surviving and *leeching rather than thriving*, and that lack of emotional attachment to life itself and lack of motivation to create the best society possible due to all this hopelessness and all these intimidating issues that people don't think they can solve, thus creates a sort of paradox of not having the motivation to solve problems *due* to not seeing them be solved... This is why you see people just fucking around polluting the oceans, resorting to selfishness, committing crimes, getting away with crimes since law enforcement nor citizens aren't as developed nor as motivated as they can and should be, others treating people unjustly, and not caring about the planet as we should care.

the public education system (continuation of "everyone must be passed the first layer")

The current unargued path aspects to max happiness, considering fairness aligns with that path for everyone in almost every scenario, should be taught in the public school system. In other words, the same way we institute our current school systems, "passing the first layer" should be implemented, to ensure people are taught *why* they want to be uncorrupt people, and exactly *how* to be "uncorrupt". As I've said, if anyone has valid arguments against a part of the curriculum (this book is an example of the curriculum perhaps), it will be an environment of open-mindedness, so those valid arguments should and will be confronted. Thinking for oneself will be centrally taught, along with of course every other unargued aspect of people's "legendary self", "best life", "best society", and whatever...

The school system will not just be some factory, engineered to pump out just another class of 9-5 drones every year. People will know and possess the fire of the law of motivations within them, to make something of their existence...

People are obviously still going to be allowed to live in their delusions if they choose to, as long as those delusions aren't breaking the law, it's just that there are certain pieces of proven, unargued information that we need to at least, based on their unargued value, as well as based on the "uncorrupting" effects they yield on those learning them, *need* to be teaching others, not only for the sake of an uncorrupt society, but for their own max happiness too. Imagine you got indoctrinated to a delusional ideology and wasted your life without knowing the unarguable one...

achieving near-complete ideological unity in society – writing a "vexyricon" is a good strategy for achieving this...

Using relevant speech and specifically also the "relevant speech nonfiction format", it's not a bad strategy to contemplate, locate, and outline, *as fully as you can*, the "most viable path to the best existence possible". I know: "but that's obvious!", but this *is* such a top-tier strategy for achieving this near-complete ideological unity, I have to ma-

ke sure it's known, and it's especially powerful when you're also using the relevant speech nonfiction format, because it should answer all valid questions, doubts, and should, in the end, *unarguably* and *clearly* present polished "most viable path steps to the best existence possible" which basically everyone just happens to share such huge, crucial aspects of in reality anyways... The reason this happens to work, is because the law of motivations happens to be true; life just happens to contain that much potential to the point all it takes is outlining enough of it in plain formulas and steps, for the masses to see *clearly*, how insanely worth pursuing the "best existence possible" is. And it just happens to be, that fairness and empathy align viably with everyone's path to max happiness in almost all scenarios. This existence seems to just "happen" to have a very amazing, motivating, happy ending that is possible.

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=-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----=
FOR THE “RELEVANT SPEECH” CHAPTER
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question: but isn't “not oversharing” a relevant speech trait?

If you're “oversharing”, then you're just disobeying the foundations of relevant speech, *or* disobeying “quality of vocabulary”, perhaps. For example, whatever you're now saying may not have enough *importance*/relevance to the path to max happiness for the listener, or perhaps it does, but isn't told in a *clear* enough wording thus making the entire sentence you just said to them sound like some schizophrenic rant, or perhaps you're repeating sentences or phrases unnecessarily too often and thus wasting their *time*... “Oversharing” can appear in many forms, is what I'm saying. You could mistakenly think you need to re-word/re-explain a concept to the listener in more clear wording, and immediately realize they do get it, but instead of stopping, *yo dumb ass keeps going*... Some aspects of relevant speech, namely that one, just require you training with your daily interactions to stop yourself fast enough.

lacking relevant speech can make your verbal responses to bullies invisible

On social media, you'll see this take the form of people commenting “***** only speaks Yapanese” or “not reading all that”, but in reality, people often only comment that when someone isn't following relevant speech. You could have cooked up the most destructive roast toward a bully, and forget about relevant speech, and it'll all be useless.

just a reminder about the existence of and potential effects of attractive accents and word choice

You *can* significantly increase the attractiveness of a person's vocal communication to very *unexpected, high levels*, with specific accents, both stereotypical (already existing in different countries) as well as good enough completely new ones spawned purely from human creativity. Also, just like how word choice can drastically affect the disrespect you're communicating toward an unjust person you're criticizing, your word choice can drastically affect the attractiveness of your communication, if say, you're intentionally aiming to make your verbal communication maximally attractive. Perhaps tone even has some potential. There's possibly aspects I'm forgetting that might even add to the potential for attractiveness here, but this entire entry is just meant to expose that this bit of potential exists.

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-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----

FOR THE “MISCELLANEOUS” CHAPTER

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fixing a bossy person’s unlikability (literally just use the whole book) (example showing how foundational it is)

They have to function on moral reality. They should remember the foundations of self-discipline their workers should have passed to potentially understand the reason behind their workers’ work ethic rather than just telling them to work harder without understanding this perspective. They should function with open-mindedness, going down the rabbit hole of debate with their workers when any valid disagreement or argument is presented by them, rather than resorting to closed-mindedness and therefore division, ever. They should understand the importance of path confidence to their workers’ self-discipline and work ethic; how their workers should be pursuing the most viable path to their best existence possible, and how that’s the path they’ll be most motivated to pursue once they see it clearly enough. This “boss” should use the law of pain, ensuring workers aren’t doing work in unnecessarily painful ways, at all. *I could go on*, but truly the main idea *entire* solution is the bossy person needs *this entire book*. Starting to see why I call it “the foundations of anyone’s best existence possible”? Because it *applies to every issue*.

I could just go list off for hours, the number of issues these foundations solve. The “foundations” listed in the sword. And by “corruption”, I don’t just mean greed or stereotypes of that word. I mean any symptom, flaw, and problem... Corruption simply occurs when you stray from these actual foundations of the best existence possible, and someone being “bossy/unlikeable” is just a symptom and result of having strayed from those foundations. Just don’t stray... Do you see the bigger picture yet? This literally has the foundations of near utopia; and these are the root solutions. I tried for hours to find the root issues in society, and concluded, the truth is, it’s literally just ignorance of this book. Any time you see corruption, it is literally just somebody ignoring some part of the sword or some moral reality law. This book basically just lists all the core issues and core solutions, so ignoring it is the core issue, causing corruption. I guess more accurately, it’s “almost any time you see corruption”; That’s why it’s called “near utopia” not “utopia”.

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-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----
FOR THE “CONTEMPLATION NOTEPADS” CHAPTER
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“not for vexyricon, for later” notepad

This is for things not relevant enough to your path to max happiness right now. The title is self-explanatory; these are topics which still hold some level of interest or slight significance to you, but can, & should be held off for later. When using the sweeping method, you’ll often find yourself discovering new questions to put here, so, don’t panic.

tip for easily sorting through months of old notes to find important new entries – recycle any too hard questions

You might reach a point in your notepads where you’ve got multiple, giant notepads containing months’ worth of notes. In the quest to write a vexyricon, obviously, you’d have to sort through all these old notes to weed out any unwritten, high-quality entries you could possibly turn one of these notes into. Thing is, you’ll also run into notes that slap you in the face with hard questions you didn’t finish contemplating fully, and it may make you feel like panicking. But rest assured, just put any even slightly difficult questions back into your *confrontation list* to be confronted the next time you’re doing the activity that you best contemplate in, confronting that confrontation list. This will make sorting through these old notepads, relatively a breeze. You can throw trash right into your storage notepad and then to the storage document, put new entries in the new entries notepad, or any other notepad you use. Just don’t even try to contemplate notes that are going to give you even the *slightest* headache; use the confrontation list to your advantage here. You confront that list in a room or while doing an activity you find you contemplate best in, or at least that’s what I’ve done. My room was a freezer at work, where I could do my job and contemplate and not be bothered too much by others. These methods make sorting and contemplating huge notepads easy.

writing a vexyricon – tip for using the confrontation list to make easily finish-able new rough drafts for at home

When you successfully discover and finish confronting a new entry in your confrontation list notepad, aim to make sure the note contains all the necessary context, proof, and as much great wording as you can put into it without stressing before calling it quits on the note and just pasting it into your “new vexyricon entries” notepad for you to just easily slap on into your vexyricon at home. Basically, you want to make it so at home, out of your preferred “most effective contemplation location/activity, where you can focus on contemplation the best”, you want to make it as easy as you can on yourself, make it so you have to further contemplate as little as possible, make it so the entire entry is practically sitting there before your eyes as best you can, with only a little modification of wording left to accomplish, or maybe a couple connections to make, realistically. *Don’t stress* over this, but it’s definitely the effective way to write a vexyricon. You have a preferred area or activity to contemplate in where you can concentrate, or where you notice you contemplate *best*, and you use that to its full advantage, and then at home, on your computer or whatever, you can fully focus on now finishing those very well contemplated and outlined entries...

If you’re home and find you scammed yourself, still having much to contemplate, just paste it back to the list, again.

writing a vexyricon – the ocean of context literally has all relevant extra info and context, even hard examples

This is why it works. It's literally meant to be full of fully confronted rabbit holes so clearly proven that it works well.

People will simply require a lot of context to *actually* see the ideas you're trying to propose, including answering all their doubts, while still making sure everything is organized and easy to find for them. Any time you're looking through any notepad for new entries, especially ones for your ocean of context, you need to have the mindset of recognizing when even the slightest relevant entry could be made to more fully put the readers in your exact perspective regarding the info or ideas you've got. Literally, look at this, I'm over here telling you every step of every thing involved not only in writing a vexyricon, but fully fixing every aspect of life and society I possibly know how to fix, with the only requirement being that the information has to at least have some relevance for it to be good enough for the ocean of context, and of course, heavy relevance, to be put in the main textbook (the sword). In the ocean of context, you'll see me taking complicated and specific examples, that are quite frankly hard to write in, and dissect them completely, providing full context as to how this book solves those scenarios. And they're not easy scenarios, they're ones I see the common person doesn't seem to have a deep understanding of, ones that when written into here in full context, I have reason to believe will *heavily open the reader's eyes* as to the bigger picture of how this book's info applies to reality. I'm saying you seriously must put every single relevant thing in your ocean. Whatever you're adding or repeating in your book in general simply must have a certain level of eye-opening-ness.

We can go even further and say technically, every argument a human proposes to you, can fit into the justifications, with said justifications chapters being ordered from most relevant argument, to least relevant argument, of course.

Any time you get that mental "aha!" ping knowing something's even slightly important; odds are, it's a new entry...

writing a vexyricon – something can be repeated if it's important and eye-opening enough to be

For example, all throughout the sword, you will likely see me repeating the phrase "because moral reality can align with everyone's most viable path to max happiness in almost all scenarios". That's a very important phrase, so it's justified for me to repeat it as much as I do. Another example, here in the ocean of context, you'll see me repeat a paragraph starting with "*I could just go list off for hours, the number of issues these foundations solve...*". I do that for everyday conflicts that are solved in here specifically as examples, despite the sword already solving them. What I mean by that, is, if the reader tried to confront, for example, "how to fix a bossy person's unlikability", they could technically solve that issue fully with just the info in the sword. But, I made an entry here solving that problem for them too, just to *show* readers how foundational the info in the sword is to solving all these smaller issues they would perhaps accuse me of not solving yet, when I have, with how foundational the solutions in the sword are. So, I repeat that paragraph "*I could just go list off for hours, the number of issues these foundations solve...*", pretty much every time I make one of those entries solving these "everyday problems" by using the sword, just to remind the reader how foundational that info is to solving a plethora of other problems, to remind them to use the sword, remind them how I shouldn't need to confront every single tiny issue already solved by it, because those foundations are right there for them to take five minutes to use and solve the issue with. So, that's definitely a valid reason for me to be repeating that paragraph to readers. An example of something I definitely wouldn't want to be applying every entry to, would be something like "the Socratic method". It would be pointless and not following relevant speech for me to "show how every entry relates to the Socratic method" like I show how many entries relate to the alignment of moral reality with everyone's path to max happiness, because, that entry isn't nearly as important. Whatever you're adding or repeating in your book in general simply must have a certain level of eye-opening-ness.

The alignment of moral reality with everyone's path to max happiness thing, needs to be drilled into our heads, so...

I could just go list off for hours, the number of issues these foundations solve. The "foundations" listed in the sword. And by "corruption", I don't just mean greed or stereotypes of that word. I mean any symptom, flaw, and problem...

“Corruption” simply occurs when you stray from these actual foundations of the best existence possible, and society having significant corruption is just a symptom & result of having strayed from those foundations. Just don’t stray... Do you see the bigger picture yet? This literally has the foundations of near utopia; and these are the root solutions. I tried for hours to find the root issues in society, and concluded, the truth is, it’s literally just ignorance of this book. Any time you see corruption, it is literally just somebody ignoring some part of the sword or some moral reality law. This book basically just lists all the core issues and core solutions, so ignoring it is the core issue, causing corruption. I guess more accurately, it’s “almost any time you see corruption”; That’s why it’s called “near utopia” not “utopia”. That’s why I claimed this outlines “near utopia”, because these seem to be the core solutions to almost everything...

writing a vexyricon – example of something that probably wouldn’t be put in a vexyricon

Let’s say you think you should make an entry called “don’t let yourself do anything on impulse without thinking”. A vexyricon is meant to outline the unarguable path steps toward the best existence possible, and that proposed entry can be validly argued against, even though at a glance, it may seem like a good tip universally (it turns out not to be, or else it’d be unable to be validly argued against). This entry title might be a useful tip if you’re under tyranny, but as you can see, that wasn’t specified in it. Whatever the actual “path step” you’re proposing is, its title/definition *needs* to be unarguable and cover all realistically plausible scenarios, in order to truly be accurate and prove itself as an unarguably universal path step toward the best existence possible. For example, to (attempt to) make an accurate definition of how often moral reality aligns with everyone’s path to max happiness, I had to confront every plausible (and even somewhat unrealistic) scenario I could think of, using the chain reaction II to make it easier, and find how often moral reality could align with everyone’s path to max happiness, in the scope of *all of those*. You have to confront all plausible possibilities that could validly disprove your proposed definition, for its accuracy. And just to answer how that entry was argued against, it’s because we do impulsive things subconsciously every day, and functioning impulsively in that sense isn’t always a bad thing, so we can’t sit here and make some objective claim that “impulsivity is bad”. For example, you might turn your turn signal on when driving fully out of impulse.

writing a vexyricon – confront all mental pings indicating insecurity in your claims

When you’re making a claim in your writing, and you get this mental ping which tells you “I’m not 100% confident in this claim I’m making”, or “this doesn’t seem to completely add up...”, you need to go down those rabbit holes, otherwise, the readers are going to get those pings too, and your writing will lose all its relevant speech factor, and nobody, or few people, will see it as eye opening. Even if you simply get that ping because you “don’t 100% know how it’s true”, it’s a good practice to outline the exact dynamics proving how your claim is true, like I did with the “how to roast” entry, or the “dynamics of motivational impact” entry, or the entire extreme positive energy chapter, which I’m proud of if you don’t mind me saying :3. You just want to make sure you’re not talking out of your ass here, and any mental ping indicating any level of that, should be confronted. have those debates with yourself; go down that rabbit hole and use the sweeping method to gain as deep and dense of an understanding of your claims and the proof/dynamics behind them as you can, hopefully without overthinking, to the point even a kid will get it. And if you run into such a hard, overthink-able path, then maybe you need to just send it to your confrontation list.

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-----=ALL OTHER EXTRA & MINOR CONTEXT ENTRIES=-----
FOR THE “JUDGEMENT LIST METHOD” CHAPTER
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‘igniting songs’ description (they’re used primarily as insanely energetic motivation for physical exercise)

After passing the first layer deeply enough (learning about enough of life’s potential to the point you’re impacted on a potentially extreme level when seeing motivational examples of enough of that potential in one place, thus witnessing the law of motivations), after passing the first layer deeply enough, you will definitely find that your sensitivity to impact from songs has increased, a ton. You’ll find that you can reap extreme energy and motivation from certain songs you couldn’t before, and you’ll likely find that you now see certain songs in a completely different way than you used to. How that part works is, you’ve now achieved a greater level of power, especially in understanding things like anti-toxicity and parts of moral reality deeply enough, hearing songs you may have found corny in the past, now seem to accurately describe what you’re becoming; in the past, you cringed at such a seemingly unrealistic display of power, but now you’re seeing the potential to reach that level, very realistically, in real life, so that display no longer makes you cringe, but rather has the effect of igniting a stupidly huge bonfire of energy inside you. I use this energy and these igniting songs to lift more weight at the gym, that’s basically all I use them for, unless I’m just having a moment where I want to hear them. The defining factor is whether that display of power is accurate to reality or not; and you’ll know if it’s accurate if you’ve seen your anti-toxicity go unbeaten time and time again (that’s one thing which confirmed that power to me and thus made these power-displaying songs more motivationally impactful to me, since I now knew the power is real, for example). The “display of power” songs are just one example of igniting songs, too. There are many emotions which can ignite your motivation that you can find within music, to use as weightlifting energy or physically motivational energy in general; you might find songs that validate your anger to an extreme extent, songs that reflect your joy back to you to an extreme extent, or whatever.

What matters is that the song you’re hearing reflects your current emotional state, and that your current emotional state is a healthy enough one, which can actually ‘conduct’ energy. No depression bullshit... Energy sapping bullshit.

recipe to igniting songs inducing energetic insanity

emotional state health + passing the first layer + witnessing enough of the law of motivations + confident greatness

The key to igniting songs, is that they’re igniting because they reflect your current emotional state back to you, but in an energy-inducing, motivational, or epic way. This does mean, that your current emotional state needs to be able to be one which can be energy-inducing, not energy-sapping. This means, you can’t be depressed, you can’t be sad, you can’t be stressed as hell and too focused on needing to contemplate some life-threatening dilemma you’ve just now been hit with in life (I think?). You have to be at a healthy place mentally to be able to even truly allow yourself to put your energy toward lifting or whatever. You need to keep in mind, if your mind is telling you to focus on this “life-threatening/happiness-threatening dilemma” right now, you probably shouldn’t ignore it, just let yourself address that and heal your mental state, it’s probably pinging you as more important for a good reason. Achieving such a healthy mental state does entail confronting basically all things potentially hindering your mental state, your self-discipline, your motivation... You even need to confront the existential crisis you might have. And guess what, genius? This book literally confronts all that shit for you, and just *hands* you a great, viable path to hope, to solving all those problems and gaining all those things like discipline (as long as you still have at least a chance of achieving what this book tells you to try to achieve, of course... *False* hope probably won’t work). Anyways, with a-

achieving such a healthy emotional state (ideally by using this book I'd assume), combined with having passed the first layer and witnessing the law of motivations strongly enough, you will have such a strong sensitivity to impact from these songs, you'll have met all the pre-requisites for being ignited, motivationally, by songs, to extreme levels.

In the recipe, when I say, "confident greatness", I'm referring to you seeing proof of your greatness and power level. Path confidence is also a necessity in this recipe, as for any self-discipline-requiring activity (but isn't that obvious?).

especially in this current corrupt society, the key to fixing your depression might be...

Making enough progress on your path to achieving a best existence possible to get you through the day. When I've not been very disciplined and procrastinated on writing this book or contemplating a glaring issue with its logic, it has allowed my depression (caused by how hellish this society is) to grow like some cancer. When that happens, as you very well know, my mind will be telling me (when I try to go to the gym) "fuck off retard, go make progress on the book, you haven't proven your worth to earn going to the gym, you need to keep this quest going and make enough progress to feel like you deserve to go to the gym". And that's accurate. It's not me lying to myself. Therefore, you very well might fall into the same cycle. Here's the thing; advancing that quest is the true cure to that cycle, the true gate out of this hell, and out of depression in its entirety. Me writing this book, is factually, far more important than going to the gym. You and I know which will lead more effectively to achieving a best existence possible.

You don't *have* to be bouncing off the walls with joy and confidence to use igniting songs effectively, but successfully achieving that mental state *will* exponentially, hugely increase the energy and motivation levels you experience when paired with your most impactful igniting songs. Just make progress till you're at a mentally satisfactory place. Truthfully, the only remedy for depression may very often be, making enough progress on your path and problems.

igniting songs can make weightlifting sessions actually fun

This is especially true if you've actually achieved a level of path confidence, self-confidence, and physical strength to be infected with extreme (and easy) self-discipline, energy levels, and motivation. Maybe I'm only saying this because I can somewhat stand out in this society, but it wouldn't matter even if *everyone* had the same knowledge-induced power as you or me anyways, because the power is tied to things like moral reality (fairness), so there's just nothing to make this anything other than better, more fun, more fair, more motivating. Not really a competition. In other words, you're still going to look extremely good and have your character be greatly attractive despite that.

Finding the right igniting song, the absolute most fitting, best, most impactful igniting song for your current, exact, emotional state, may very well be like finding the key to a door, very specific. This is why it's very useful to have your music playlist highly organized. It's always more of a "how much" does this song ignite me/fit with my emotional state, rather than "does this song fit or not", it's not a yes/no question, it's a "how much" question. This is also why it's a good idea to judge thousands of songs, because the stronger igniting songs you find, the more of a chain reaction will occur; the more fun lifting will be, the more progress you may make in strength, and confidence gains. But once again, remember, the right igniting song tends to mirror your emotional state but in a motivating fashion.

I theorize strong igniting songs are harder for me to find cause this level of power isn't displayed by common songs, because this society commonly sees that level of power as unrealistic, which is why most of mine come from games.

On the contrary, forcing yourself to lift heavy as if you were energized but aren't truly, and somewhat faking that energy level by just forcing it without having found an igniting song which actually brings you there, isn't enjoyable. As long as you've got the right form and won't hurt yourself in lifting, I guess this is acceptable, but won't be fun.

Remember this: there is always an igniting song that will ignite you to the max level in your current mood, as long as your physical energy state (not being sleep deprived) and your emotional state are at least stable (not depressed, worrying, or needing to contemplate/confront some dire threat you're facing). The only other reasons you might feel like you can't find a maximally igniting song for a current mood you're in, are that (less likely) you just haven't found enough igniting songs to accurately ignite all your different emotional states yet, or (more likely), perhaps you haven't found strong enough igniting songs despite having ones that cover all of your possible emotional states.

saving space by downloading thumbnail + mp3 instead of thumbnail + mp4

When the video doesn't matter, if you need to, and *if* the thumbnail even matters to you, this'll save tons of space.

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(<O>)

This marks the end of the "ocean of context" textbook version, "the shield", and the end of the entire vexyricon.

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