

TECH WINTER DISCLOSURE

Name of Participating Wrestler/s: _____

Due to the abnormal circumstances of the current wrestling season during the COVID-19 pandemic, for the health of all as well as the functioning of the team and club, the following conditioning must be agreed to by any athlete's parent wishing to participate in wrestling with TECH during the winter 2020-2021 season. **This disclosure agreement must be signed and returned to the head coach at the beginning of the first practice before the wrestler can participate.**

1. Wrestlers should only come to practice if symptom-free of any sickness. Do not send a wrestler to practice who has any of the following symptoms: a fever of 100.4 F or higher, cough, shortness of breath, lost of taste or smell, body aches or chills, headache, nausea, diarrhea, vomiting, runny nose or sore throat, etc.
2. Wrestlers should not come to practice if anyone in their family suspects they have COVID or if they are awaiting the results of a COVID test. Stay home that practice and if the test result is negative, we'll see you at the next practice.
3. Wrestlers will be symptom-checked before each practice including having their temperature taken.
4. Anyone entering the building must wear a mask and maintain social distancing as recommended by the CDC and Utah Department of Health. Wrestlers should bring their own water bottles and not share them. Although a bathroom is on site, we also ask wrestlers to try to not have to use it but instead use home restroom facilities before or after practice.
5. Wrestlers should not be dropped off any earlier than five minutes before their practice session starts. Their ride home from practice should be ready at the end of the practice session so that the wrestler does not have to loiter and wait for a ride in or outside the building.
6. Parents are not prohibited from entering the building but are encouraged to not use it as a place to wait, visit, and congregate during practice. In the past and normally we welcome parents to wait in our waiting rooms and feel free to visit, but at this time we have to greatly tighten up how many people are in our building. Please wait outside. If you need to enter to attend to your wrestler, you do not need to ask permission, but you must meet the same health requirements as wrestlers who are allowed to practice as stated above (symptom-free, not waiting on a COVID test or in quarantine, etc.), and you must wear a mask and social distance.
7. Practices will not be Zoomed, but wrestlers and parents will have access to our growing technique video library during the season. This channel will be shared via email to all registered team members and their parents.
8. If a wrestler gets requested to quarantine due to an exposure at school or elsewhere, do not send that wrestler to practice until his/her quarantine period is completed. This is 14 days from the most recent "exposure". A negative test before the seventh day of the quarantine period does not excuse the wrestler to come back to practice before the 14-day quarantine has concluded. If a wrestler has been exposed and takes a COVID test after the seventh day from the last exposure and the test is negative, the wrestler is totally symptom free, and no one else in wrestler's household is exhibiting symptoms or has a confirmed case of COVID, the wrestler will be allowed to return to practice. A copy of the test result may be requested.
9. Due to the nature of the pandemic, there is a possibility of team practices being cancelled, moved to remote training for a period, or even the season being cancelled due to exposure or illness of coaches, an outbreak among the athletes on the team, the local health department requests a closure or hiatus, or if the State of Utah requires a cessation of youth sports temporarily or permanently. Refunds will not be given for the season or for any missed practices as result of the above or as the result of a wrestler being sick or quarantined periodically or potentially for the whole season. Missed practices will not be made up, nor will the season be extended.
10. Participating in the sport of wrestling can be dangerous and can lead to injury, illness, or death of its participants. By signing below you acknowledge the inherent risk of participating in this sport and hold free from liability TECH Wrestling Club, its coaches, Sanderson Wrestling Club, USA Wrestling Utah, and USA Wrestling.

If you cannot agree and consent to the above but have already registered for the season, you may request a full refund of your registration fee by emailing us before Nov. 30th at brandon.rippinger@gmail.com.

I, the undersigned, agree to the terms and conditions as outlined above.

Parent signature

Date