



COUNTY PATROL CAMPING WEEKEND

Check List for Patrol Leaders

Camp Theme - SUSTAINABILITY

Here are some items to consider to help make your CPCW weekend even better.

1. Make sure your Patrol have completed ALL of the necessary Health, Permission to Camp and Permission to Shoot Forms via the Parent email from Woggle Events.
<https://www.woggle-events.co.uk>
2. Make sure that every member of your Patrol knows what **individual kit** to bring (there is a handy list on the **DOWNLOADS** section of the website <https://www.cpcw-oxon.events>). You could get everyone to bring their kit to a Troop meeting prior to the camp so that everyone can check that they have the right stuff – it could be a good training exercise for new Scouts.
3. Agree with your Patrol your **MENU** for the weekend and then write out a shopping list. Remember a few important points:
 - a. You won't have time to cook a proper meal on Friday night, **so remember to eat before you come!** There is a BBQ on Friday evening and a Disco once you have put up your tents on your allocated Zone.
 - b. Don't forget to bring food for the County Cooking Competition on Saturday that will be cooked on an altar fire. You will have to cook a hot meal for the **WHOLE PATROL** for Breakfast, Lunch and Dinner that will be judged by Zone Staff and if yours is the best, you will go through to the **FINAL** with the winners of the other Zones for a Ready Steady Cook Type Final Cook Off! Remember that the theme is **SUSTAINABILITY**, so be as inventive as you like but the WHOLE PATROL must eat the same food for each meal and you need to know about the food you are cooking. Oh yeah, your Zone Leader will need a written menu presented to them when you arrive on Zone detailing what your Patrol will be cooking and eating for the ENTIRE weekend.
 - c. Sunday lunch can be cooked or it can be as simple as a sandwich, fruit and crisps, something easy and quick.
4. Check your **Patrol equipment** (don't forget to bring a tent!) – there is a Patrol kit list on the DOWNLOAD page of the website (address shown above). Make sure that you know how to use all the equipment safely and that you have checked that everything is there (it's a real pain if you get to the site and find that the tent pegs or poles are missing!). You could spend some time trying out your equipment at your Scout meeting in the weeks before the camp and then ensuring that it is properly packed ready for the weekend. Don't bring your Leader or Parents to your Zone, you will be being judged by Zone Staff from the minute you arrive, so make sure the first thing you do is go to the Zone Staff, say hello and tell them who you are and give them your menu.
5. You will be cooking all of your meals on an Altar Fire with a grid. So, make sure your Patrol can use matches and fire-lighters and understand the three principles needed for a successful fire – **HEAT, FUEL** and **OXYGEN** and that cooking on embers is the best way to cook successfully, so fire preparation is **VERY** important. Practice in the coming weeks so that your **PATROL** is ready.

6. Agree your menu that you will use for the **cooking competition**. Remember that the theme is SUSTAINABILITY so be as inventive as you like.
7. Agree with the other Scouts the **name of your Patrol** for the weekend. We really like inventive and fun names so get your thinking caps on!
8. Make sure you discuss with your Scout Leader who will be in each Patrol and make sure they send the details to the organisers when requested. Patrols will be in set Zones and you will not be on a Zone with any other Patrols from your Group / Troop. So SHARING kit isn't an option for you! Your Patrol needs all the kit they need for the weekend on their Zone. There is no going to another Zone to sleep either. You will be staying ON-Zone for the cooking and sleeping etc for the whole of the weekend.
9. Come to the campsite in **as few vehicles as possible**. CPCW takes place at Horley campsite near Banbury. You should be there between 18:00 and 20:00 on Friday. Try to think about the theme for the Camp – SUSTAINABILITY. Plan your travel with your Patrol, car share and think about the impact of your travel. Arrive as a Patrol if you can and try to register on arrival as a Patrol where possible. It makes things a lot easier for Event Staff please.
10. **One last thing**, make sure **ALL** of your Patrol come with a **Waterproof Jacket** and **Trousers** and either **Walking Boots** or **hard soled shoes** for axe working. Trainers won't be allowed when chopping wood! Also, October is usually quite wet and cold, so make sure your Patrol are prepared and have all of the right kit to stay warm and happy, whatever the weather!

We look forward to seeing you all there!

The CPCW Team