



## The Royal Canadian Legion

### Kingsway Branch No. 175

14339 – 50<sup>th</sup> Street NW - Edmonton, AB T5A 0S9

Phone: 780-425-8654

Fax: 780-425-0134

[www.kingswaylegion.ca](http://www.kingswaylegion.ca)

“The Home of Hospitality”

# Feb 2023

#### BRANCH HOURS

Mon - 5:00 - 11:00 pm

Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

#### BRANCH OFFICE

Mon - 5:00 - 11:00 pm

Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

#### CANTEEN BAR

Mon - 5:00 - 11:00 pm

Tue - 11:00 am - 11:00 pm

Thu- Sat 11:00 am - 12:00

Sun - 11 am - 2:30 pm

#### KITCHEN

Mon - 5:00 - 8:00 pm

Tue - Wed 11:00 am - 8:00 pm

Thu - Sat 11:00 am - 9:00 pm

Sun - 11:00 am - 2:30 pm

#### BRANCH GENERAL MEETING

The last Tuesday of every month except July, August, and December.



To meet the QOVC eligibility, Canadian Armed Forces members (veterans and serving members), regular or reserve force, must meet one of the following conditions:

1) Have served in a combat or peacekeeping mission including theatres of war.

Or

2) Have become ill or injured as a result of their service to Canada, at home or abroad.

Only veterans who have been Honourably Dis-

## MORE INFO

### Congratulations

to Elaine Dean

the winner of \$1,060.00 from

The Rainbow Draw

on January 18th, 2023

## President's Message

Well Comrades here I am again! First of all, I appreciate your confidence in me, to be your elected President! We are now one month into a new year and I want to wish one and all a Healthy & Happy New Year, for if we are healthy, we should be Happy!

After the November elections, the Branch has seen new comrades step forward and are now holding Executive positions. This is vital to maintain a strong Branch, for having too many repeating Executive Members, the Branch will slowly die as the Legion knowledge will die with them.

All the Branch sports leagues are up and running as normal, with those that won at District 2 Level and are moving onto the Command Level, I wish them "Good Luck" and that they do the Branch proud. The Juno Lounge dance floor extension has been completed and looks good. Enjoy, after this long wait!

On a more serious note, those Members, who have not renewed their membership for 2023 by February 1st, shall be deemed "Not in Good Standing", therefore will have to pay the Non-Member Cover Charges to attend the Friday/Saturday night dances and/or any other functions, where there is a Cover Charge!

A reminder that it is the "RESPONSIBILITY" of all members to maintain the Decorum and Discipline within the Branch, not just that of the Elected/Appointed Executive Members.

On a lighter note, the District 2 Spring Rally shall be held at the Norwood, Branch No. 178 on April 23, 2023. Any Member in Good Standing may attend the Rally! The sign up sheet shall be posted at the Front Desk in due time! Also the Branch has a continuous requirement for volunteers to assist/support various functions (i.e. Bingos, Casinos, July 1<sup>st</sup> etc.), so please consider volunteering as you are available.

In closing, I want to confirm that my Office door is always open, as are my ears, if a Member has an idea or suggestion that could or may be of benefit to your Branch. If you see a problem, please ensure that you have a solution as myself and your executive may know a lot, but we do not know everything!

Until the next time, enjoy the Branch facilities and I hope to see and talk with you!

Yours in Comradeship,

Mac  
RM Torrie  
President

# Membership

## Fallen Comrades

It is with deep regret that we announce the following members have passed on since we last gathered together.

Name	Age	Date	Service



## Our Newest Members

If you see our new members in the Legion please take a moment out and welcome them.

Rodney Leslie	Donna McIntyre	Elaine Maxwell
Leonard Silvius	Catherine Trathen	Terry Nonay
Willard Robitaille	Philip Steeves	Tina Nonay
Alice Benedetto	Philip Steeves	Donald Shalanski
Robeert Hemmings	Aristotle Demetrius	Marc Schlender
Janiwa Waplak	Michelle Grande	Sandra Ward

Members in Good Standing as of Jan 24, 2023	
Affiliate	338
Associate	468
Life Members	27
Ordinary	495
<b>Total:</b>	<b>1328</b>

We are offering a **free first year of membership** to all serving and retired CAF and RCMP members who have not yet joined the Legion.

The **free first year membership** is also open to all parents or guardians, spouses and children age 18+ of serving, retired or passed CAF and RCMP members who have not yet joined the Legion.

**Join generations of Veterans, military families and supporters. Become a member today.**

# Membership Recognition



Recipients of the Queen's Platinum Jubilee Metal  
Presented by Heather Sweet, MLA, Edmonton-Manning



R.M. (Mac) Torrie  
Queen's Platinum Jubilee Metal  
With MLA Heather Sweet



Victoria Torrie  
Queen's Platinum Jubilee Metal  
With MLA Heather Sweet

# Membership Recognition



Ron Wills  
Queen's Platinum Jubilee Metal  
With MLA Heather Sweet



Carol Wills  
Queen's Platinum Jubilee Metal  
With MLA Heather Sweet



Geoff Biddiscombe  
Queen's Platinum Jubilee Metal  
With MLA Heather Sweet



Trese Biddiscombe  
Queen's Platinum Jubilee Metal  
With MLA Heather Sweet

# Membership Recognition



Jackie Hyshka of the Ladies Auxiliary  
Receives the Queen's Platinum Jubilee Metal  
By MLA Heather Sweet



Bill Fecteau presented Phyllis  
Moldowan The Certificate of Merit



Sharon Watts was presented her 15 year Pin  
by Mac Torrie



Donald Leben was presented his 25 year  
pin by Mac Torrie

# Membership Recognition



Edward Burrows was presented his 45 year pin by Mac Torrie



Phyllis Moldowan presented her 10 year pin by Mac Torrie



Rose Kostura was presented her 5 year pin by Mac Torrie



Carol Wills was presented her 10 year pin by Mac Torrie

# Membership

## 2023 Membership's Are Now Due

Your 2023 Membership Sticker is now available:

You have three choices to pay:

In person;

By phone;

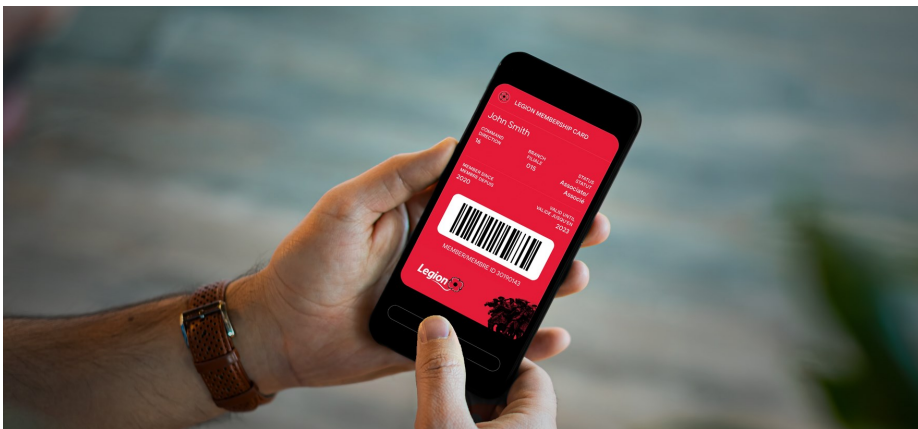
or on line at: <https://portal.legion.ca/renew>

## Next General Meeting

Tuesday, Feb 28, 2023 at 7:00 pm

The general meeting gives you a chance to let us know how we are doing and what we can do to make it better for you the members. Please attend the General Meetings and help to keep the Legion running.

## New Digital Membership Card Now Available!



[Get More Details](#)

The Dominion Command Membership Committee is pleased to announce the launch of the Digital Membership Card! A Member can now choose a traditional plastic card or a Digital Card.

The Digital Card meets the needs of Members who prefer the option to store and carry their card on their mobile device. Additionally, the Digital Card offers considerable administration savings for the Legion



## **Kingsway Legion Ladies Auxiliary**



Hello Comrades!

Our Christmas raffle, bake sale, craft sale, ham & turkey raffle and 50/50 were a huge success!! Thank you to all for donations and your support in purchasing the various tickets and items available. Thank you to Mrs. Claus and Santa for visiting too! The following are the winners of our Christmas raffle Prize 1 – Food Hamper - J Jonsson, Prize 2 – Lap Quilt - Susan (no last name on ticket), Prize 3 – Jewelry - Evelyn Kinasewich and Prize 4 - Kitchen Set - Deb Keller. Congratulations!

Don't forget we would love your used and leftover unused Christmas cards for our Kipnes Christmas gift program for next year. Drop them off at the front desk or give them to the ladies at the meat raffle.

The Ladies Auxiliary was able to donate over \$24,000 from our meat raffle and 50/50 account in 2022. The following groups were recipients Kingsway Br 175, Lest We Forget Concert, LA Command, Kipnes Centre for Veterans, Greater Edmonton Poppy Fund, 4 Cadet Units, and the Last Post Fund.

Saturday January 14<sup>th</sup> was our first “Button Bingo”. The plan is to start right after the meat raffle. If you have won meat we will put in the refrigerator for you so you can enjoy the bingo. Expect the games to run from 2:00 pm until approximately 3:00 pm the first time. Donated items are continuing to be accepted. No cost just some comradeship and fun! The next “Button Bingo” is Feb 11<sup>th</sup> right after the meat raffle.

We are starting to plan our Easter raffle, craft and bake sale for April 1<sup>st</sup>.....seriously that's no April Fool's joke!!

Don't forget Ladies Auxiliary membership is free for the 2023 year. Check us out and join the fun! Check out the calendar for LA General Meeting dates. We begin at 12:30PM.

**Wishing you good health and happiness in 2023.**

**Kingsway Ladies Auxiliary**



Front Row: Kim Earles, Blondie Charlet, Zelda Doell, Estelle Comeau and Alice Graham

Back Row: Elean Baskerville, Mary Good, Sharon Clemens, Phyllis Moldowan, Charlotte Bueckert and Marilen Pytel

Absent: Loree Hurst, Reba Baskerville and Chris Payea



Button bingo Saturday, January 14th , 2023

# *Saturday Afternoon Meat Draw Everybody Welcome*

Ticket on sale  
1:00pm  
Draw 1:30pm  
12 Draws



Sponsored by :  
Kingsway Legion  
Ladies Auxiliary

50 /50 Raffle  
Ticket on sale following  
the Meat Draw  
10 Tickets for \$5.00

**Now at the Branch**  
**The Last Friday of**  
**Every Month**



**\$100.00**

**Worth of Assorted Meats**

**Tickets are 3 for \$5.00**  
**Can only be purchased**  
**on the day of the draw.**

**The winning ticket will be drawn**  
**following the regular Meat Draw.**

# MEAT DRAWS

EVERY WEDNESDAY & FRIDAY NIGHT



**Ticket on sale 5:30pm**

**Draw 6:00pm**

**12 Draws**

**Tickets \$1.00 each**

**Everybody**

**Welcome**

**50 /50 Raffle**

**Ticket on sale following  
the Meat Draw**

**10 Tickets for \$5.00**

**Legion** 

*Kingsway Branch 175*

14339 50th Street, Edmonton 780.425.8654

# Sports Schedule

**BRANCH LEAGUES:**

Cribbage .....Mon 6:00 — 9:00 pm  
 Darts .....Mon 6:00 — 9:00 pm  
 Euchre .....Wed 7:00 — 10:00 pm  
 Darts (Over 60) .....Thur 1:00 — 3:30 pm  
 8 Ball Pool .....Thu 7:00 — 10:00 pm  
 Shuffleboard .....Thu 7:00 — 10:00 pm  
 Shuffleboard .....Fri 6:00 — 10:00 pm



**NON-BRANCH LEAGUES:**

Pool (Drop in Tourney) ..... Tue 11:30 am  
 Darts (Drop in League) ..... Tue 1:00 pm  
 Pool (Drop in Tourney) ..... Thu 11:30 am  
 Pool (Drop in Tourney) ..... Sat 11:30 am



- All members, whether novice or expert, are invited to participate.
- All times are approximate and maybe changed to fit the requirements of the Branch.

**All Sports queries should be directed to the Legion Sports Officer:**

**Roger Nelson.**

Anyone who interested to learn how to play National Mah Jongg, please feel free to come by on any Wednesday at 1 pm and Christine will be more than willing to explain and teach how this game is played.

# Legion Dispatch

## Your Legion Calendar: October - November 2022

This calendar lists upcoming commemorative days of relevance to The Royal Canadian Legion that raise awareness of an issue, commemorate a group or event, or celebrate an important topic.

Date	Event
FEB	<a href="#">Black History Month</a>
14 Feb	Valentine's Day
15 Feb	<a href="#">National Flag of Canada Day</a>
20 Feb	Family Day
28 Feb	<a href="#">Gulf War Ends (1991)</a>

Date	Event
Mar 3	<a href="#">World Hearing Day</a>
Mar 8	<a href="#">Commonwealth Day (RCEL support)</a>
Mar 13	<a href="#">International Women's Day</a>
Mar 15	<a href="#">Last Canadian soldiers return from Afghanistan (2014)</a>



For updates on this event checkout our website:

[millercrossingfm](http://millercrossingfm)

or on Facebook

[facebook.com/millercrossingfarmersmarket](https://facebook.com/millercrossingfarmersmarket)

Over 45-50 Vendors,  
Lunch Specials at the Legion

ART CLASS with Michelle Krause  
11 am to 1 pm

Cost \$15 all supplies provided

Free coffee and sweets

Open Sunday 11:00 to 3:00 pm

Feb 12, 2023

# Command Sports Schedule

## 2022-2023 Sports Schedule District 2 AB/NWT Command AREA B

Sport	Area – B	District	Command	Dominion
<b>EUCHRE</b>	Fort Sask. # 27 Sept. 10, 2022	Norwood 178 Nov.13,2022	District # 9 Jan.20 – 21, 2023	
<b>CRIBBAGE LEGION</b>	Kingsway # 175 Sept. 17, 2022	Fort Sask. # 27 Nov.19, 2022	Norwood # 178 Jan.27 – 28, 2023	Men of Vision Cochrane, AB. TBC
<b>DARTS LEGION</b>	Strathcona # 150 Sept. 24, 2022	Fort Sask. # 27 Nov. 20, 2022	District # 6 Feb. 3 - 4, 2023	Br.# 265 Aldergrove, BC. TBC
<b>SHUFFLEBOARD MEN'S &amp; LADIES</b>	Norwood # 178 Oct 1, 2022	Kingsway # 175 Nov. 26, 2022	District # 1 Mar.17 – 18, 2023	
<b>SHUFFLEBOARD MIXED &amp; SR.</b>	Norwood # 178 Oct. 1, 2022	Kingsway # 175 Nov. 26, 2022	District# 9 Feb. 17 – 18, 2023	
<b>8 BALL POOL (DOUBLES)</b>	Strathcona # 150 Oct. 2, 2022	Norwood # 178 Nov. 27, 2022	District # 6 Mar. 24 – 25, 2023	
<b>DARTS SR. MIXED</b>	Fort Sask. # 27 Oct. 15, 2022	Gibbons # 226 Dec. 3, 2022	District # 5 Feb. 24 – 25, 2023	
<b>DARTS MIXED</b>	Kingsway # 175 Oct. 29, 2022	Athabasca # 103 Dec. 10, 2022	District # 4 Mar.10 -11, 2023	
<b>CRIBBAGE PRS.</b>	Norwood # 178 Oct. 22, 2022	McGrane # 28 Dec. 4, 2022	Strathcona # 150 Mar. 3- 4, 2023	
<b>8 BALL POOL (SINGLES)</b>	Norwood # 178 Nov. 5, 2022	Westlock # 97 Dec. 11, 2022	District # 8 Mar. 31/Apr.1, 2023	Branch # 104 Innisfail, AB. TBC
<b>CRIBBAGE SR.</b>	Gibbons # 226 Nov. 12, 2022	McGrane # 28 Dec. 17, 2022	District # 1 Jan. 13 – 14, 2023	
<b>SPRING RALLY</b>		Norwood # 178 Apr. 23, 2023		
<b>FALL RALLY</b>		Strathcona # 150 Sept. 11, 2022	Kingsway # 175 Sept. 10, 2023	



# A Talk with the Padre

## A message from your Padre

January 2023

It is hard to believe that another year has come, gone, and a New Year has begun. Actually, we are into 2023 by over a month once you read this. **New Year**, for me is an interesting statement. Sure, we all know it is the beginning of a New Year, but New in which way? The beginning of 365 new days to encompass 2023, or might it be new in other ways? I am glad you asked because that will be the theme of this my first Message to all you Comrades in 2023.

But before I begin, I once again would like to pay tribute to the Men and Women of our Armed Forces, who have served or are currently serving. Thank you for your sacrifice this past year, for your unselfishness as you leave families behind and go to places in this world where most of us, I dare say, would not choose to go. I want to pay special tribute to “Our wounded Warriors,” and the daily struggle many of them have as they navigate their way around far too many obstacles, and too often being left forgotten. I salute each one of you and assure you, that your sacrifice will not be forgotten.

With the advent of a new year, some or maybe many of us start the new with making New Years Resolutions. We will go to the gym more often, we will eat less, we will eat healthier, we will drink less, and the list goes on and on. The problem of course is that by the time you read this article, many of our New Years Resolutions are already in our rear-view mirrors. So, if we are not able to keep many of the resolutions we make, what do we do?

The word I want to address in part at least is “**consistency**.” It goes without saying, that we are **ALL**, consistent at being inconsistent in many areas of our lives. For example, 74% of us make some kind of New Years Resolutions, and here are the most popular: Exercising more (35%) Saving money (44%) Paying off debt (27%) losing weight (30%) spending more time with family (28%) Travel (19%) and reducing stress levels (22%) Each of these are great resolutions in and of themselves, and I think I have probably made all of them and others in my life time. Just so we know, only 17% of us who make New Years Resolutions keep them, and the majority are forgotten by the time February comes around. (Source of course is Google)

But, I have learned something in the process, “that just because I am thinking of doing something, or making a resolution to do it, doesn’t mean I actually do it. **In the book of Romans we read, “for the desire to do what is good is with me, but there is no ability to do it, because that which I want to do, I am unable to do.**

That is kind of depressing really but wait, there is hope for our New Year to be different, and better different I might add. The truth is what I do consistently, not occasionally is what will make the difference. If it is difficult to keep my resolutions, maybe I need a different approach.

Let me give you a personal example of what I am talking about. Following my heart procedures a number of years ago, I determined to be much more, and here is that word consistent, in keeping more fit. Well then Covaid hit, the gyms closed and I was left to my own creative

## A Talk with the Padre

initiative to do this, but guess what, I failed. I struggled along but was not really happy with the results.

Then this past October, I took a much different approach. You see my goal had been to go to the Gym 5 days a week, but my goal was not reality really, and I had a choice to make. Perfection for me was five days a week, because that was my goal, but I ended up averaging just over 4 days a week. Reality did not match my goal, so I was a “failure” right? I came to the realization once again, that God does not expect perfection from me, as recorded in the passage I quoted earlier. The goal may have been legitimate, but it is not realistic most of the time. I heard a speaker not long ago use this quote, **“never confuse being consistent with being perfect.”** What he was saying is, we fail at our goals because we set them ourselves thinking we can actually meet them without help, and that is not reality. I don’t embrace failure, but we start again.

Our resolutions or goals are not about perfection, because God Himself said, through the writer Paul in the book of Romans, that we do not have it within ourselves to be perfect. Again, **“it is not about perfection, it is about the process we follow.”**

God is quite clear in the Bible when He through the writer says this in Romans 3:23, **“for all (that means ALL) have sinned and fallen short of God’s Glory.”** And, no matter what we decide on a personal level we will be able to be good enough, no matter how hard we try. But, there is hope even when we do not meet our own expectations, much less God’s. The same God who through the writer made the above quote also said this in Ephesians 2:8-9: **For you are saved by grace through faith, and this is not from yourselves; it is God’s gift - not from works, so that no one can boast.**

So, briefly then, the bottom line is this: we are in and of ourselves not able to make resolutions, to be good enough, strong enough, determined enough, without direct intervention from a God who loved us so much He provided His Son, and through Him, His grace is a gift that each of us needs to interact with.

My prayer as we journey through 2023 is that each of us will come to know and experience the love that God has for us, and with His help we can experience life in a new and more fulfilling way in 2023. I pray that all will interact with the truth that God loves us, and wants a personal relationship with us, and His desire to spend eternity with Him.

I appreciate you and consider it a privilege and honour to be your Padre.

Rev. R.D. (Bob) Wiebe

Padre, R.C.L.

Kingsway Branch #175



OR



[Purchase tickets here](#)

**AMERICAN FOOTBALL  
CONFERENCE**

**NATIONAL FOOTBALL  
CONFERENCE**

**57<sup>TH</sup>**

**SUPER BOWL**

**SUNDAY FEBRUARY 12, 2023**

**DOORS OPEN AT 1:00 PM**

**KICK OFF: 4:30 PM**

**KINGSWAY LEGION**

**HALF TIME MEAL SPECIAL**

**\$15.00**

**YOU'RE INVITED TO WATCH THE GAME**

**ON OUR 100" BIG SCREEN**

# EXTREME BINGO

Saturday Feb 18, 2023

## 70's Music Bingo

**Doors open at 5:30 pm**

**Games start at 7:00 pm**

**Cards: \$2.00 ea**

EST. 1895

**Kingsway Legion 14339 50th St. Edmonton 780-425-8654**



*Viva*

**DRAG**

**DINNER & SHOW**

*Vegas*

**FEBRUARY 25**

***KINGSWAY LEGION BRANCH # 175***

*14339 50 St NW, EDMONTON, AB*

***DOORS: 5:30 PM DINNER: 6 PM SHOW: 7:30 PM***

***DINNER & SHOW: \$55 | SHOW ONLY: \$35***

**[Purchase your tickets by clicking here](#)**

# Go Green or Stay Home

## St. Patrick's Celebrations

Friday Mar 17 & Saturday Mar 18 2023

Door Open 5:00

Meal: 5:30 - 6:30

Live Music: Black Velvet Band

7:00 - 11:00pm

Corned Beef and Cabbage OR

Dingle Pies (Lamb Meat Pie)

Irish Soda Bread

Assorted Salads

*Kingsway Legion 14339 50th St.*

*Edmonton 780-425-8654*



Dance Only

\$10.00 each night

Traditional Irish Meal

\$25.00

Apple Cake OR

Bread Pudding with

Irish Whiskey Sauce

Coffee OR Tea

*Reserve Seating Non-Refundable*

**2ND ANNUAL  
UKRAINIAN DINNER  
SUNDAY APRIL 30TH**



**COST  
\$25.00**

**RESERVE  
SEATING  
ONLY**

**PEROGIES**

**KOBASSA**

**CABBAGE ROLLS**

**NACHYNKA**

**TOSS SALAD**

**COLESLAW**

**PICKLES**

**APPLE STRUDEL**

**Tickets on Sale until Wed Apr 26**



# *Treat Your Mother Like Royalty*

## *Mother's Day Special High Tea*

*Sunday May 14, 2023*

*Freshly Baked English Raisin Scones*

*Maple Shortbread*

*Slow Roasted Alberta Striploin Beef*

*Key Lime Tart*

*Traditional English Cucumber*

*Chocolate Coated Phillo Fingers*

*Cold smoked Sockeye Salmon*

*Decadent Chocolate Mousse*

*Lillibett's Chicken Salad*

*Prestige Macarons*

*Egg Salad Fingers*

*2 Sitzings*

*12:00 pm*

*2:00 pm*

*Reserve Seating Only*

*\$25.00 per Guest*

*Glass of Mimosa Cocktail \$10*

*Gluten Free Menu Available - Children Menu (under 12) - \$15.00*

*(menu subject to change)*

The purpose of the Greater Edmonton Poppy Fund, is to supply financial assistance and support to Veterans, including Canadian Armed Forces and RCMP, and their families who are in need. Poppy Funds may be used for:

- Grants for food, heating costs, clothing, prescription medication, medical appliances and equipment, essential home repairs and emergency shelter or assistance
- Housing accommodation and care facilities for Veterans
- Funding for Veteran Transition Programs that are directly related to the training,
- Education and support needs of Veterans and their families
- Comforts for Veterans and their surviving spouses who are hospitalized and in need
- Veterans visits, transportation and day trips
- Accessibility modifications to assist Veterans with disabilities
- Support of cadet units

We also provide educational bursaries for children, grandchildren and great-grandchildren of Veterans living in Edmonton and surrounding areas

To apply for a bursary  
download a copy of the

[Download a copy of the](#)

click on the link and  
application form

Greater Edmonton Poppy Fund  
14339 50th Street NW  
Edmonton, AB  
T5A 0C4



Tel: 780-456-6518  
Email: [info@poppyfund.ca](mailto:info@poppyfund.ca)  
Web: <https://www.poppyfund.ca>

## Veteran's Support



**Are you a Canadian veteran who has been experiencing pain longer than 3 months?**

### We want to hear from you!

Resilient Valor is a study lead by the University of Waterloo. The aim of this study is to provide opportunities for Canadian veterans to express which evidence-based values and resources are most meaningful in terms of navigating and negotiating for their chronic pain management needs. These opportunities include a **25 minute** online survey (link below) and a group dialogue.

### Interested in sharing your experience?

**Complete our online survey by clicking [here](#)**

For more information about this research study: please contact our Study Coordinator Sarah Versteeg at [sarah.versteeg@uwaterloo.ca](mailto:sarah.versteeg@uwaterloo.ca)

This study has been reviewed by, and received ethics clearance through the University of Waterloo Research Ethics Committee.

This project is funded by: Chronic Pain Centre of Excellence for Canadian Veterans

# Veteran's Support



## Looking for financial aid?

The Last Post Fund's mission is to ensure that no Veteran is denied a dignified funeral and burial, as well as a military gravestone, due to insufficient funds at the time of death.

Our Veterans Affairs Canada Program provides financial assistance for the funeral, burial and headstone of eligible\* Canadian and Allied Veterans. If you know someone who could benefit from this aid, please contact us or visit [lastpostfund.ca](http://lastpostfund.ca).

1 (800) 465-7113 | [info@lastpost.ca](mailto:info@lastpost.ca)



Follow us! @Lastpostfund

\*Certain conditions apply.

# Veteran's Support

## Veterans Service Centre

The Veterans Service Centre in Edmonton is a place for veterans to get help accessing:

- financial programs and supports
- employment and training services
- housing location and supports
- crisis supports
- community services and opportunities

Supports and services are available to any veteran who is:

- homeless
- at-risk of homelessness
- struggling in the civilian community

To visit the Veterans Service Centre:  
Hours: 9 am to 12 pm and 1 pm to 4 pm (Monday to Friday)

For more information visit:  
<https://www.alberta.ca/veterans-service-centre.aspx>

## The Veterans Emergency Fund

The fund covers essential needs, such as:

- Food, Clothing, Rent, Mortgage
- Medical care/expenses
- Expenses required to maintain safety and shelter.

As this is only temporary financial relief, we will also work with you to identify your long-term needs. Together, we will look for solutions to improve your financial stability.

If you have an urgent financial need, and are:

- a former member of the Canadian Armed Forces (CAF);
- the spouse/common-law partner of the former member;
- a survivor of a deceased CAF member or Veteran;

For more information go to: <https://www.veterans.gc.ca/eng/financial-support/emergency-funds/veterans-emergency-fund>

Wounded Warriors Canada is a national mental health service provider utilizing clinical best practices and evidence-informed care to create an environment of compassion, resiliency and hope for Canada's Veterans, First Responders and their families. Our programs are designed to provide support in the following areas:



Trauma Informed Workplace Training

Operational Stress Injury Group Based Programs

Spousal & Youth Programs

K9 Assisted Therapy




# Kingsway Legion Branch No.175

14339 – 50<sup>th</sup> Street NW,  
Edmonton AB T5A 0S9 780-425-8654



## FEBRUARY 2023

**Branch Hours** Monday 5 pm – 10:00 pm, Tuesday- Saturday 11 am – Close  
Closing time varies depending on number of people in the Canteen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> Meat Draw 5:30 pm Peggys 6:30 pm Euchre 7 pm Pool League 7pm	<b>2</b> Pool Tourney 11:30 Over 60 Darts 1pm Pool League 6:30 pm Jam Session 6:30 pm Kingsway Cowboys City Darts 7pm	<b>3</b> Meat Draw 5:30 Shuffleboard 7pm Entertainment 7-11 pm Sparkling Tones	<b>4</b> Pool Tourney Noon Meat Draw 1 pm Entertainment: 7 – 11 pm Sparkling Tones
<b>5</b>	<b>6</b> Opens at 5 pm Crib 6:30 pm Darts 7 pm	<b>7</b> Pool Tourney 11:30 Over 60 Darts 1 pm Canasta 1 pm Dart League 7pm	<b>8</b> Meat Draw 5:30 pm Peggys 6:30 pm Euchre 7 pm Pool League 7pm	<b>9</b> Pool Tourney 11:30 LA Bingo 10am Over 60 Darts 1pm Shuffleboard 6:30 pm Pool League 6:30 pm Jam Session 6:15 pm Old Tyme Fiddlers City Darts 7pm	<b>10</b> Meat Draw 5:30 Shuffleboard 7pm Entertainment 7-11 pm Dean Henry	<b>11</b> Pool Tourney Noon Meat Draw 1 pm LA Bingo 2 pm Entertainment: 7 – 11 pm Dean Henry
<b>12</b> Super Bowl 1pm – 8pm  	<b>13</b> Opens at 5 pm Crib 6:30 pm Darts 7 pm	<b>14</b> Pool Tourney 11:30 Over 60 Darts 1 pm Canasta 1 pm L.A EX Meeting 1pm Dart League 7pm	<b>15</b> Over 60's Club Noon-Canteen Meat Draw 5:30 pm Peggys 6:30 pm Euchre 7 pm Pool League 7pm	<b>16</b> Pool Tourney 11:30 Over 60 Darts 1pm Shuffleboard 6:30 pm Pool League 6:30 pm Jam Session 6:30 pm Trick Ryder City Darts 7pm	<b>17</b> Meat Draw 5:30 Shuffleboard 7pm Entertainment: 7 – 11 pm Trick Ryder	<b>18</b> Pool Tourney Noon Meat Draw 1 pm Music Bingo 6pm Entertainment: 7 – 11 pm Trick Ryder
<b>19</b> <b>CLOSED</b>	<b>20</b> Opens at 5 pm Crib 6:30 pm Darts 7 pm	<b>21</b> Pool Tourney 11:30 Over 60 Darts 1 pm LA Gen meeting 1pm Canasta 1 pm Ex Meeting 6:30pm Dart League 7pm	<b>22</b> Meat Draw 5:30 pm Peggys 6:30 pm Euchre 7 pm Pool League 7pm	<b>23</b> Pool Tourney 11:30 Over 60 Darts 1pm Shuffleboard 6:30 pm Pool League 6:30 pm Jam Session 6:15 pm Old Tyme Fiddlers City Darts 7pm	<b>24</b> Meat Draw 5:30 Shuffleboard 7pm Entertainment: 7 – 11 pm Steppin Out	<b>25</b> Pool Tourney Noon Meat Draw 1 pm Drag Show 5pm Entertainment: 7 – 11 pm Steppin Out
<b>26</b> <b>CLOSED</b>	<b>27</b> Opens at 5 pm Crib 6:30 pm Darts 7 pm	<b>28</b> Pool Tourney 11:30 Over 60 Darts 1 pm Canasta 1 pm Dart League 7pm Gen Meeting 7pm				