

The Royal Canadian Legion

Kingsway Branch No. 175

14339 – 50th Street NW - Edmonton, AB T5A 089

Phone: 780-425-8654

Fax: 780-425-0134

www.kingswaylegion.ca

"The Home of Hospitality"

February 2022

President's Message

I'm sorry but I way away on a trip and did not have time to submit a message.

I will have one for next month.

WK Fecteau President

SPECIAL NOTICE

Due to Covid restrictions and lack of members visiting the Legion in the evenings our closing times could vary.

We will ensure that the canteen bar & kitchen will remain open until 6:30 pm for orders.

BRANCH HOURS

Mon - 5:00 pm - 11:00 pm Tue - Wed 11:00 am - 11:00 pm Thu - Sat 11:00 am - 12:00 pm Sun - 11:00 am - 2:30 pm

BRANCH OFFICE

Mon - 5:00 pm - 11:00 pm Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

CANTEEN BAR

Mon - 5:00 pm - 11:00 pm

Tue - 11:00 am - 11:00 pm

Thu- Sat 11:00 am - 12:00

Sun - 11 am - 2:30 pm

KITCHEN

Mon - 5:00 pm - 8:00 pm

Tue - 11:00 am - 8:00 pm

Thu- Sat 11:00 am - 9:00 pm

Sun - 11:00 am - 2:30 pm

BRANCH GENERAL MEETING

The last Tuesday of every month except July, August, and December. Start time 7:00 pm

Membership

Fallen Comrades

It is with deep regret that we announce the following members have passed on since we last gathered together.

Name	Age	Date	Service
Spry, William	85	7 Dec 2020	
Waugh, Edward	87	13 Dec 2021	Army



Our Newest Members

If you see our new members in the Legion please take a moment out and welcome them.

Pamela Santiago	Cleve Domet	Sabrina Lee	Patricia MacDonald
Alan Deck	Walter Cardinal	Ronald Strauss	Margot Swenson
Salvador Lelis	Dave Sinclair	Theodore Swenson	Valerie Kenny
Patricia Meertens	Roger Desrochers	Karen Loren	Jeannette Desrochers
Jeff Matlock	Keith Lush	Gordon Wilson	Chad McFadyen
Janice Arndt	Alinda Lush	Marcel Laroche	Richard Wilder
Jean Perreault			

Members in Good Standing as of Jan 18, 2022		
Affiliate	338	
Associate	487	
Life Members	27	
Ordinary	540	
Total:	1392	



Members who prepay for 5 years receive a FREE Poppy toque, scarf, and mittens!

Apply online at <u>www.legion.ca</u>

Membership Recognition



Lillian McDermott & Sean Danyi are welcomed into the branch



Yvonne Pelland receiving his 5 year Pin



F.A. Williams receiving his 35 year Pin



Tim Rann receiving his 45year Pin



Matthew Strang receiving his 30 year Pin



Bill Fecteau receiving his 50 year Pin

Membership Recognition

Did you know that you can recommend any of your fellow comrades for a Legion Award.

If you know a members that you feel has promoted the Branch by working or volunteering their time we look forward to receiving your recommendation.

Next General Meeting

Tuesday, February 22, 2022 at 7:00 pm

The general meeting gives you a chance to let us know how we are doing and what we can do to make it better for you the members. Please attend the General Meetings and help to keep the Legion running.

New! Veteran Family Welcome Program

This free first year of membership is available to spouses and children (18+ years of age) of serving, retired or passed CAF or RCMP Veterans who <u>have not yet joined</u> the Legion.

How to apply to the Veteran Family Welcome Program and the Veteran Welcome Program

Eligible applicants can fill out an application form online:

https://legion.ca/join-us/veteran-welcome-program

Take The Five-Second Survey

Recent pandemic restrictions are impacting Branches. Take this month's survey to let us know if your Branch is currently open to members and the public

If you responded previously, please take the survey again so we can see how Branches are doing as the pandemic evolves.



Kingsway Legion Ladies Auxiliary



We are excited to be back to our meetings and meat draws in February. We will be planning our next fundraiser in February so we will keep you posted.

Currently we have a total of 47 members in good standing. Of those we have 7 life members, 37 ordinary members, 2 affiliate voting members and one associate member. We have a number of members who are active and are a joy to share time with. Think about letting others know about us or become a dual member yourself. Ladies Auxiliary membership forms are at the front desk.

Here is a challenge for the members!! With it being February, each day you are in the Legion up to Valentine's blow a kiss to one person (with a mask on of course) to show someone you care and appreciate them. Let's show a little love for each other!!

A Soviet army is walking through a Finnish field in 1939 during the winter war. Suddenly a voice yells at the other side of a hill.

The voice says: "one Canadian soldier is equal to ten soviets"

The soviet commander sends ten soldiers to the hill. They hear gunfire, then silence. Soon the same voice yells again: "One Canadian soldier is equal to a hundred soviets!"

Angry soviet commander sends a hundred soldiers to the hill. They hear gunfire and screams followed by a longer silence. Soon again the same voice yells: "One Canadian soldier is equal to a thousand soviets!"

Now furious, the soviet commander sends a thousand soldiers and a tank to the hill. They hear even more gunfire and explosions. Then silence.

One heavily wounded soviet soldier crawls from the hill and yells: "Commander! Don't send any more troops, its a trap! There's two of them!"

2022 Royal Nova Scotia International Tattoo Tickets Now On Sale



The Tattoo is back from 25 Jun to 2 Jul 2022 Veterans and service members save 10%.

Pay it forward to the Veteran community:

Buy a \$25 Thank a Veteran ticket.

Start a new family tradition: KIDS ARE FREE! Add a free children's ticket to your order with the purchase of an adult/senior ticket. Additional kids' tickets are only \$30.

Upcoming Events



MUSIC BINGO February 12 7:00 pm



GARTH BOOKS TRIBUTE

Sunday March 13



MOTHER'S DAY HIGH TEA Sunday May 8th



Sunday February 13

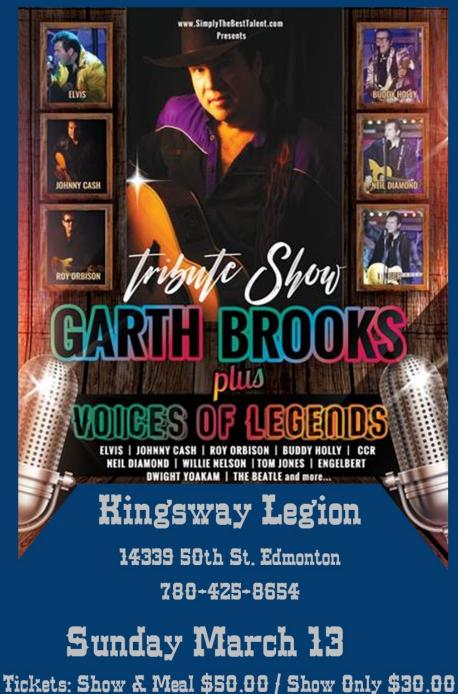


UKRAINE DINNER Sunday April 24



NESTOR PISTOR Saturday June 4

For more information on these events check our website



Doors open at 5:00 pm / Meal 5:30 pm / Show 7:00 pm

Menu: Fresh Garden Salad, Braised Chicken Breast w/ White Wine & Mushroom Sauce, Rice Pilaf, Fresh Maple Glazed Baby Carrots, Fresh Apple Pie a la mode, Coffee / Tea

Upcoming Events

75th Anniversary Dinner & Dance Saturday April 2, 2022

Menu



Appetizer

Fresh Lettuce and Vegetables w/Bread Stick

Entrée

Broiled Lobster Tail

Bacon Wrapped Filet Mignon

Twice Baked Stuffed Potato

Oven Roasted Root Vegetables,

Dessert (gluten-free)

Dreamy Strawberry Cake

and

Decadent Chocolate Cake

Your ticket includes:

A meal

Dance to "The Edmonton Swing Band"

Swag Bags

Door Prizes

Glass of Wine with the Meal

RESERVE SEATING ONLY - NO REFUNDS!





Advanced Sales:

- (purchased prior to Jan 22nd)
- \$65.00/Legion Members
- \$70/Non-Legion Members

Sales: Jan 24 - 29

\$70.00/Legion Members

\$80/Non-Legion Members

NO TICKETS WILL BE SOLD AFTER MAR 26

Program



5:00 pm Doors Open
5:30 Cocktails
6:00 Dinner
7:30 Slide Show & Presentations
8:30 Dance

75th Anniversary Dinner & Dance Sponsors



Alberta Sign Rentals



Bank of Montreal



Leon's

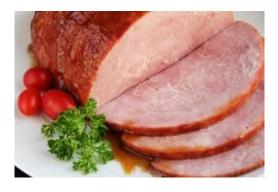


West Edmonton Hyundai

PROGRAMMED INSURANCE

BROKERS INC.





1.800.561.442

We are currently in the middle of redoing our Weekly Specials & Menus. If there is something you would like to see added please drop us a line and let us know.

Thanks,

The Kitchen Staff

This is the first year that I have to cancel our family trip on winter vacation to Europe because of Covid....

The Legion Dispatch

Your Legion Calendar: February - March 2022

This calendar lists upcoming commemorative days of relevance to The Royal Canadian Legion that raise awareness of an issue, commemorate a group or event, or celebrate an important topic.

Date	Event	Date	Event
FEB	Black History Month	3 Mar	World Hearing Day
14 Feb	Valentine's Day	8 Mar	International Women's Day
15 Feb	National Flag of Canada Day	14 Mar	Commonwealth Day
21 Feb	Family Day	15 Mar	Last Canadian Soldiers Return from Afghanistan (2014)
28 Feb	Gulf War Ends (1991)		



This is the first year that I have to cancel our family trip on winter vacation to Europe because of Covid....

Otherwise every year we had to



The AB-NWT Command Convention is planned for Fri May 6 to Sun May 8, 2022

A Message From Your Padre

Since they're inception in 2014 I have been intrigued by the "Invictus Games." I have watched in awe at these amazing athletes, who have endured circumstances that few of us can identify with. These games are held bi-yearly and involve some fifteen countries. What of course makes these games unique is that all participants are "wounded warriors." Men and women who have sacrificed so much for the countries they represent. We owe so much to these "wounded warriors," and I extend to them my sincere appreciation for their unselfish service, not only to our country, but to the various countries they represent. Most of us will never know the full horrors of combat. Many service men and women suffer life-changing injuries, visible or otherwise. I ask the question how do these men and women find the motivation to move on and not be defined by their injuries?

This photograph taken during the 2017, Toronto, Ontario "Invictus Games" depicts courage and determination, that goes beyond anything I might have endured and experienced. Just looking at the faces of these athletes motivates me to push through difficult circumstances, which I will readily admit pale compared to what these "wounded warriors," have endured and come back from.



The word 'Invictus' means 'unconquered'. It embodies the fighting spirit of wounded, injured personnel and personifies what these tenacious men and women can achieve post injury. But where does that inner courage come from?

Let me suggest that much of it comes from a passage of scripture which most if not all of us are familiar with. We hear it referred to often at Funeral Services or other environments where the speaker is using words to encourage us to continue facing whatever might come our way in life.

I am of course referring to the 23rd Psalm, often referred to as "The Shepherd's Psalm." This poem was written by a young teenager, 16 or 17 years of age. David was a simple Shepherd, tending to his father's sheep. Alone out in the wild, facing boredom at times, the only company being sheep, (not the brightest of animals) and at other times facing real danger by way of Bears, Lions and other large predators looking for an easy meal of lamb. This Psalm speaks to the presence of God in David's life, and conversely in our lives when we choose to recognize it.

A Talk With The Padre

The shepherd was everything to the sheep, and without him or her, they were easy prey from wild animals, weeds, small ground living snakes and the list goes on. David the writer of this Psalm is saying that our Shepherd desires to be everything to us.

The LORD is my shepherd; This speaks to a closeness, a relationship I have what I need. This speaks to provision, to providing our needs

He lets me lie down in green pastures; This speaks to finding rest and comfort He leads me beside quiet waters; This speaks to being refreshed.

He restores my soul; **This speaks to the healing that God provides.** He leads me along the right paths; **This speaks to God guiding us in our days.** For his name's sake; **This speaks to purpose in our lives.**

Even when I go through the darkest valley; This speaks to His presence in our dark times. I fear no danger; This speaks to God's protection as we face dangers. For you are with me; This speaks to God's continued Faithfulness to us.

Your rod and your staff—they comfort me; This speaks to His ongoing comfort. You prepare a table before me in the presence of my enemies; This speaks to hope, even during hopeless seasons of our lives.

You anoint my head with oil; This speaks to His healing, anointing & blessing in our lives. My cup overflows: This speaks to his abundant supply and provision, more than we need.

Only goodness and faithful love will pursue me all the days of my life; This speaks to His continuous blessing and love, especially during the times of great difficulty.

And I will dwell in the House of the Lord forever; This speaks to His special place for us, and it is forever; for those who place their faith in His Son Jesus.

When we have trouble in our lives, as we all do at one time or another. When we feel that there are more bad times than good, and during this Covid season, that sense often crosses our minds, it is good for us to remember that we have a Shepherd who cares very much for us, but the key is that we need to put our trust in our Shepherd. With a Shepherd who has our best interest at heart, all the time we can and will be able to work our way through the most difficult and trying times we can imagine. In the True spirit of the "Invictus Games," we can with the help of our Shepherd Jesus Christ, rise above our circumstances, and be much more than we could imagine we could

Rev. R.D.(Bob) Wiebe, Padre Kingsway Branch RCL #175

Sports Schedule

BRANCH LEAGUES:

Cribbage Mon	6:00 pm — 9:00 pm
Darts ····· Mon	6:00 pm — 9:00 pm
Euchre ····· Wed	7:00 pm — 10:00 pm
Darts (Over 60) Thur	1:00 pm — 3:30 pm
8 Ball Pool Thu	7:00 pm — 10:00 pm
Shuffleboard Thu	7:00 pm — 10:00 pm
Shuffleboard Fri	6:00 pm — 10:00 pm



Pool (Drop in Tourney) Tue	11:30 am
Darts (Drop in League) Tue	1:00 pm
Pool (Drop in Tourney) Thu	11:30 am

Pool (Drop in Tourney) Sat 11:30 am

- All members, whether novice or expert, are invited to participate.
- All times are approximate and maybe changed to fit the requirements of the Branch.

All Sports queries should be directed to the Legion Sports Officer:

Audrey Ferguson.

Area & District Sport Events Results

District 8 Ball Pool Singles was played on December 18, 2021 at Norwood. Craig Nowell took 1^{st} place and took 2^{nd} place. These two players will advance to Command to be held in Turner Valley. Dates may be changed.

Carol Gwilliam and Audrey Ferguson placed 2nd in the Crib Seniors event and the team of Donna Olson and Charles Clement placed 3rd which was held on December 19, 2021 at Fort Saskatchewan. Carol and Audrey will advance to Command to be held at Strathcona Branch No. 150 and again dates may be changed.

All Area, District, Command and Dominion Sports Events

have been cancelled for 2022







Veteran's Support

Legion Funds Concussion Support & Research for Veterans

Up to 35% of Canadian Armed Forces members and Veterans are living with the effects of concussion, which can have a serious impact on their quality of life and lead to other mental health conditions. In light of this issue, the Legion has donated \$75,000 to Concussion Legacy Foundation Canada's Operation Brain Health, a program which helps Veterans and their families living with the effects of concussions by providing recovery programs, a peer support network, education, and critical research

Learn More

Veterans and Cannabis Use Research

The University of Alberta's Heroes in Mind. Advocacy and Research Consortium is conducting research into benefits and risks of cannabis use by Veterans and its impacts on families. Veterans, family members, service providers, and producers are invited to participate by filling out the survey below. Please share this opportunity to contribute to this research with your members

English Survey

French Survey

<u>MemberPerks:</u>

Exclusive Offers and Preferred Pricing Through Venngo

MemberPerks[®] gives Legion members access to thousands of offers and deals at stores and restaurants across Canada, including national chains, local businesses and online stores.

MemberPerks[®] is included free with membership. It can save you \$1000s every year — so your membership could pay for itself many times over!

New to the Legion? You can access MemberPerks[®] 30 days after your Legion membership number has been issued.

Veteran's Support

Veterans Service Centre

The Veterans Service Centre in Edmonton is a place for veterans to get help accessing:

- financial programs and supports
- employment and training services
- housing location and supports
- crisis supports
- community services and opportunities

Supports and services are available to any veteran who is:

- homeless
- at-risk of homelessness
- struggling in the civilian community

To visit the Veterans Service Centre: Hours: 9 am to 12 pm and 1 pm to 4 pm (Monday to Friday)

For more information visit: https://www.alberta.ca/veterans-service-centre.aspx

The Veterans Emergency Fund

The fund covers essential needs, such as:

- Food, Clothing, Rent, Mortgage
- Medical care/expenses
- Expenses required to maintain safety and shelter.

As this is only temporary financial relief, we will also work with you to identify your longterm needs. Together, we will look for solutions to improve your financial stability.

If you have an urgent financial need, and are:

- a former member of the Canadian Armed Forces (CAF);
- the spouse/common-law partner of the former member;
- a survivor of a deceased CAF member or Veteran;

For more information go to: <u>https://</u> <u>www.veterans.gc.ca/eng/financial-support/</u> <u>emergency-funds/veterans-emergency-fund</u>

Spreading Christmas Cheer to Deployed Troops



As a supporter of Support Our Troops' Operation Santa Claus program, the Legion is proud to share the holiday joy with our deployed Canadian Forces members. This year, we helped send over 2,500 gifts – check out what was inside!

Veteran's Support



CAF-DND Sexual Misconduct Class Action Settlement

A class action lawsuit has been initiated against the Government of Canada to compensate Canadian Armed Forces and other military community members who experiences sexual harassment, assault or discrimination while serving.

For more Info click on the image.

Wounded Warriors Canada is a national mental health service provider utilizing clinical best practices and evidence-informed care to create an environment of compassion, resiliency and hope for Canada's Veterans, First Responders and their families. Our programs are designed to provide support in the following areas:



Trauma Informed Workplace Training Operational Stress Injury Group Based Programs Spousal & Youth Programs K9 Assisted Therapy Learn more about Wounded Warriors



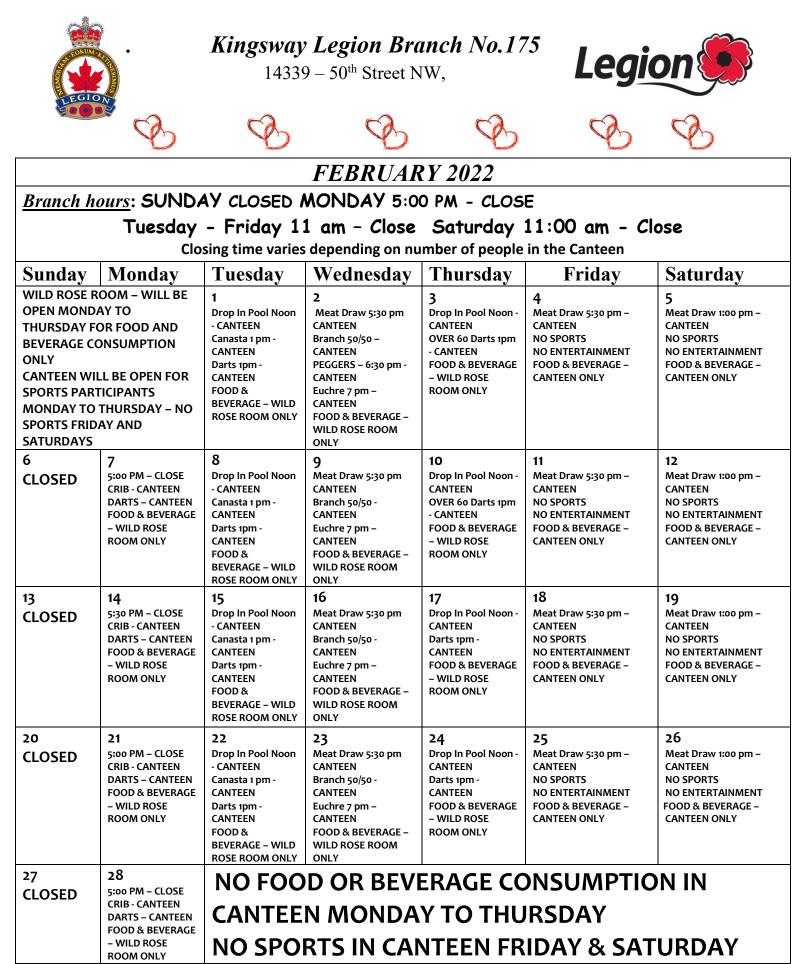
Veterans Association Food Bank Edmonton

17218 107th Avenue NW Edmonton, Alberta T5S 1E9

(403) 367-8387

- Mon. 09:00 a.m. 05:00 p.m.
- Tue. 09:00 a.m. 05:00 p.m.
- Wed. 09:00 a.m. 05:00 p.m.
- Thu. 09:00 a.m. 05:00 p.m.
- Fri. 09:00 a.m. 05:00 p.m.
- Sat. 09:00 a.m. 05:00 p.m.
- Sun. Closed





Web Page: www.kingswaylegion.ca

Email: mgmt@kingswaylegion.com