



The Royal Canadian Legion

Kingsway Branch No. 175

14339 – 50th Street NW - Edmonton, AB T5A 0S9

Phone: 780-425-8654

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www.kingswaylegion.ca

“The Home of Hospitality”

Jul / Aug 2019

BRANCH HOURS

Mon - Close
Tue - Sat 10.00 am - Close
Sunday - Closed

BRANCH OFFICE

Mon - Closed
Tue - Sat 10.00 am - 8.00 pm
Sunday – Closed

KITCHEN

Mon - Closed
Tue - Sat 11.00 am - 8.00 pm
Sunday See Calendar

BRANCH GENERAL MEETING

The last Tuesday of every month except July, August, and December

Stay connected with the Legion online

Visit Legion.ca/email to add an email address to your Legion membership.*

It's the only way to access these exclusive member benefits:



Automatic entry in member contests



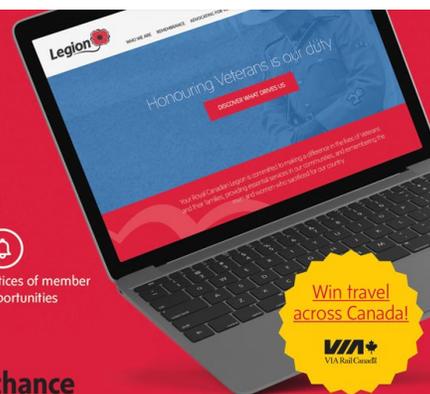
Our bi-monthly member newsletter



Membership status updates



Notices of member opportunities



Submit by August 30, 2019 for your chance to win \$5,000 in VIA Rail travel.†

* Personal information collected will be used by The Royal Canadian Legion for the purposes of communicating with members about their membership and member opportunities and updates. For more information, visit legion.ca/legal.
† For complete terms and conditions, visit legion.ca/email-sweepstakes.



The Legion is running a \$5,000 VIA Rail member sweepstake to encourage members to add an email address to their member profile. Members can add their email at Legion.ca/email to enter.

Members with an email on file have access to benefits including automatic entry in national member contests, the bi-monthly member newsletter, notices of member opportunities, and more.

Need a Commissioner of Oaths?

Did you know that our Manager, Flo Werner is a Commissioner of Oaths?

In the event you require this service we offer it to any member at no cost.

A donation to Kingsway Legion would be kindly accepted.

New to our website: Corporate Sponsors

Please support those corporations that support the Legion.

Visit <https://kingswaylegion.ca/proud-legion-sponsors> for more info.

Members in Good Standing as of Jun 18, 2019

Life Members	26
Ordinary	499
Associate	387
Affiliate	338
Total:	1250

Membership

WALKER, John G	BOURASSA, Doris
DeMEDEIROS, David F	COFFILL, Ralph
PINDER, Robert	

Our Newest Members

If you see our new members in the Legion please take a moment out and welcome them.



Membership Year Pins

Georg Arndt received his 30 year pin.

Congratulations!

Fallen Comrades

It is with deep regret that we announce the following members have passed on since we last gathered together.

Name	Age	Date	Service
MORTON, Eldon	93	7 Jun 19	Army / Airforce
GIBSON, Kendra	87	13 Jun 19	CWAC
LABRIE, Patrick		17 Jun 19	2 RCHA



The Chaplain had been assigned to the ship and he noticed how much grief the cooks caught from the crew and how they gave back as much as they got. He talked to the Food Service Officer and decided to talk to the cooks and get them to be more cheerful when they served the meals to the sailors coming down the line. A smile and a cheerful comment, a willingness to serve them will reap great benefits he told them.

After his pep talk the Food Service Officer and the Chaplain stood back and watched the food being served.

A new sailor aboard walked down the line but he didn't like anything he saw so he just carried his tray down the line till he got to the desert section. He picked up a saucer containing a large piece of chocolate cake.

The cook looked at him, *"Is that all you're gonna eat?"* he asked.

The sailor said, *"Yeah, the rest of it don't look too appetizing."*

The cook smiled and said, *"Well, in that case would you like two pieces of cake?"*

The Chaplain smiled and hit the Food Service Officer in the ribs, *"I told you my talk did them some good."*

The kid said, *"Yeah, man, I'd appreciate it."*

The cook leaned over and cut the piece of cake on the tray in half.

Kingsway Legion Ladies Auxiliary



Congratulations are in order to Alice Graham who was presented her Palm Leaf the highest award available to LA members.

The LA has shut down for the summer but will still be conducting the Saturday Afternoon Meat Draws starting at 1:30 pm.

MILLER CROSSING FARMERS' MARKET
EDMONTON, AB

ROYAL CANADIAN KINGSWAY LEGION
14339-50ST

FREE Zumba class Sunday
if you live in Millers / Britnell
11-12 pm

The Home of **MILLER CROSSING FARMER MARKET**
EDMONTON, AB

PIC-COLLAGE

What is Zumba?

Zumba is a total-body cardio and aerobic workout, which provides a large calorie consumption. A study shows that a person burns 300 to 900kcal with an hour long Zumba exercise.

Because Zumba offers different options, proponents of the Zumba program claim that it is safe for all ages, meaning that anyone from age 0 to 100 can participate in this form of aerobic exercise. Some of the classes are specifically aimed at elderly people, to help them build strength, improve motion and posture, and socialize.

**And it's free,
See you on Sunday!**

A private ran to his General, sending a message from the front lines. He was in utter distress.

"Sir! We are outnumbered three to one, and..."

"Private! Get me my red shirt," he interrupted, "When I bleed in battle, I don't want the soldiers to be discouraged."

"Sir! You don't understand, they have battalions of heavy artillery, and their tanks are twice the..."

The General interrupted again, "Private! Get me my brown pants..."

If you have an article or photo you think should be added please submit it by the 20th of the month. Email it to: kingswaylegion.president@telus.net

It's Your Legion Get Involved

Bingo Volunteers Required

Location: Kensington Bingo Hall

12538 132 Ave NW, Edmonton

Time: 10:30 — 4:00 pm

Dates:

Jul 11 & 23

Aug 12 & 22

Sep 3 & 18

Oct 17 & 21

Nov 18 & 28

Dec 4 & 19

Contact the office if you are interested in helping.



Chase the Ace

“Chase the Ace of Spades” is back every Thursday night tickets go on sale at 5:00pm until 8:00pm.

The draw will be held at 8:30pm.

Tickets are \$2 each and you must be present when the ticket is drawn to win.

As of Jun 21st the jackpot was sitting at \$1,773.00 with 31 cards to draw from.

Good Luck!

Monster 50 /50

Tickets are \$2.00 each and with the draw happening on New Years Eve there is plenty of time for the pot to grow.

You don't have to be present to win this cash prize so get your tickets now.

The pot is approximately: \$6,002.00

Monster

Win up to:

\$10,000

50 / 50

VETERAN'S SUPPORT

Are you a veteran or family member of a veteran?

We are recruiting veterans and their family members to test the impact of self-applied hand Shiatsu on sleep. This technique is drug free and has no cost. Participants can withdraw from the study before completion and will be compensated for parking. This study is funded by Veterans Affairs Canada and supported by the Royal Canadian Legion Alberta- NWT Command, has been approved the Health Research Ethics Board of the University of Alberta. To learn more email Dr. Cary Brown, Faculty of Rehabilitation Medicine, University of Alberta at cary.brown@ualberta.ca or phone 780-492-9545.



Faces to Graves

Faces to Graves, a remembrance project based in the Netherlands, is a joint tribute by the three Canadian war cemeteries:

- Bergen op Zoom,
- Groesbeek and
- Holten.

The project is seeking photos and stories to create a Digital Monument to the soldiers buried at those cemeteries.

If you have photos, stories, or other information that can contribute to the project, please contact Faces to Graves.

www.facestograves.nl

Veterans Service Centre

The Veterans Service Centre in Edmonton is a place for veterans to get help accessing:

- financial programs and supports
- employment and training services
- housing location and supports
- crisis supports
- community services and opportunities

Supports and services are available to any veteran who is:

- homeless
- at-risk of homelessness
- struggling in the civilian community

To visit the Veterans Service Centre:
Hours: 9 am to 12 pm and 1 pm to 4 pm (Monday to Friday)

For more information visit:
<https://www.alberta.ca/veterans-service-centre.aspx>

The Veterans Emergency Fund

The fund covers essential needs, such as:

- Food, Clothing, Rent, Mortgage
- Medical care/expenses
- Expenses required to maintain safety and shelter.

As this is only temporary financial relief, we will also work with you to identify your long-term needs. Together, we will look for solutions to improve your financial stability.

If you have an urgent financial need, and are:

- a former member of the Canadian Armed Forces (CAF);
- the spouse/common-law partner of the former member;
- a survivor of a deceased CAF member or Veteran;

For more information go to: <https://www.veterans.gc.ca/eng/financial-support/emergency-funds/veterans-emergency-fund>

Weekly Events

Wanna Feel & Sound Like a Star?

Tuesday is Karaoke Night



Tuesday nights at Kingsway Legion means our special, 12 Chicken Wings for \$5.00, is on the menu along with a fabulous night of Karaoke.

We begin at 6:30 pm until 10:30 pm.

There will be a small entry fee of \$3.00 per person.

Our Karaoke DJ's will be Mr. John West and Kathleen's Karaoke, on alternate Tuesdays.

If you planning to bring a group of 10 – 25 please call ahead for reservations.

Look forward to seeing and hearing you there!

Country Jam Session

Kingsway Legion present open mic jamborees every Thursday night from 6:30 to 10:30 pm. with "The GhostRiders"

Come early and enjoy a meal before the show.

Weekly Meal Specials are available.

Doors open at 5:30 pm Music from 6:30 - 10:30 pm

\$5.00 Cover Charge

Dancers Welcome



Notice to Members

EFFECTIVE: Sept 1, 2019

The Cover Charge for Members attending Friday and Saturday Night Dances in the Canteen will increase to \$5.00

Non-member prices will remain at \$7.00

Sports Schedule (Sep—May)

BRANCH LEAGUES:

Darts	Mon	6:00 — 10:00 pm
Cribbage	Mon	6:00 — 10:00 pm
Euchre	Wed	7:00 — 10:00 pm
Darts (Over 60)	Thur	1:00 — 3:30 pm
8 Ball Pool	Thu	7:00 — 10:00 pm
Shuffleboard	Thu	7:00 — 10:00 pm
Shuffleboard	Fri	6:00 — 10:00 pm

NON-BRANCH LEAGUES:

Pool (Drop in Tourney)	Tue	11:30 am
Darts (Drop in League)	Tue	6:00 pm
Pool (Drop in Tourney)	Thu	11:30 am
Darts (City League).....	Thu	6:00 pm
Pool (Drop in Tourney)	Sat	11:30 am

ALL TIMES ARE APPROXIMATE AND MAYBE CHANGED TO FIT REQUIREMENTS.

Area and Command Schedules are posted on the Sports Notice Board.
 All members, whether novice or expert, are invited to participate.
 Queries may be directed to the Legion Sports Officer.



Together We Can Make Our Legion Great

THE LEGION DISPATCH

Thank you for another successful Poppy Campaign!



The numbers are in! During the 2017 Poppy Campaign, the Legion distributed 19.8 million Poppies! More than \$16 million was disbursed to support Canadian Veterans and their families and honour the Fallen. Thank you to all Legion Branches for your support and efforts during the campaign.

Follow the Legion Pilgrimage Online

Pilgrims are set to embark on The Royal Canadian Legion Pilgrimage of Remembrance on July 6, visiting significant commemorative sites including Normandy, Juno, Ypres and Passchendaele.

You can follow Comrade Jim Perfitt and the group's experiences on [Instagram](#), [Twitter](#) and [Facebook](#).



Your Legion calendar: July–August 2019

This calendar lists upcoming commemorative days of relevance to The Royal Canadian Legion that raise awareness of an issue, commemorate a group or event, or celebrate an important topic.

DATE	EVENT
July 1	Beaumont Hamel (1916)
July 1	Canada Day
July 26	Vimy unveiling (1936)
July 27	Korean War armistice (1953)
August 1	NORAD formed (1957)
August 9	Canadian Peacekeepers Day
August 9–11	Legion National Youth Track and Field Championships
August 12	International Youth Day
August 15	Victory Over Japan (1945)
August 19	Dieppe Raid (1942)



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July 2019

Branch hours: SUNDAY CLOSED (Open only for Farmers' Market) MONDAY CLOSED,
Tuesday-Friday 11 - Close Saturday 10:30 am - Midnight
 Closing time varies depending on number of people in the Canteen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Canada Day	2 Drop In Pool Noon Canasta 1 pm Karaoke 6:30 pm	3 Meat Draw 6 pm Branch 50/50	4 Drop In Pool Noon Bridge Club Noon <u>Jam Session 6:30 pm</u> Chase the Ace	5 Entertainment: 7 – 11 pm Dean Henry	6 Drop In Pool Noon Meat Draw 1:30 pm Branch 50/50 Entertainment: 7 – 11 pm Dean Henry
7 Farmer's Market 11 am – 3 pm Parking Lot	8 CLOSED	9 Drop In Pool Noon Canasta 1 pm Karaoke 6:30 pm	10 Meat Draw 6 pm Branch 50/50	11 Drop In Pool Noon Bridge Club Noon <u>Jam Session 6:30 pm</u> Chase the Ace	12 Entertainment: 7 – 11 pm Romantics	13 Drop In Pool Noon Meat Draw 1:30 pm Branch 50/50 Entertainment: 7 – 11 pm Romantics FIDDLE FEST & COUNTRY DANCE 6:30-10:30 PM
14 Farmer's Market 11 am – 3 pm Parking Lot	15 CLOSED	16 Drop In Pool Noon Canasta 1 pm Karaoke 6:30 pm	17 Meat Draw 6 pm Branch 50/50	18 Drop In Pool Noon Bridge Club Noon <u>Jam Session 6:30 pm</u> Chase the Ace	19 Entertainment: 7 – 11 pm Koreen Perry	20 Drop In Pool Noon Meat Draw 1:30 pm Branch 50/50 Entertainment: 7 – 11 pm Koreen Perry
21 Farmer's Market 11 am – 3 pm Parking Lot	22 CLOSED	23 Drop In Pool Noon Canasta 1 pm Karaoke 6:30 pm	24 Meat Draw 6 pm Branch 50/50	25 Drop In Pool Noon Bridge Club Noon <u>Jam Session 6:30 pm</u> Chase the Ace	26 Entertainment: 7 – 11 pm Ghost Riders	27 Drop In Pool Noon Meat Draw 1:30 pm Branch 50/50 Entertainment: 7 – 11 pm Ghost Riders
28 Farmer's Market 11 am – 3 pm Parking Lot	29 CLOSED	30 Drop In Pool Noon Canasta 1 pm Karaoke 6:30 pm	31 Meat Draw 6 pm Branch 50/50	UPCOMING EVENTS Canada Day—Toonie Breakfast Hot Dogs & Hamburgers Clown & Karaoke		

Web Page: www.kingswaylegion.ca

Email: mgmt@kingswaylegion.com