

### **The Royal Canadian Legion**

### **Kingsway Branch No. 175**

14339 – 50<sup>th</sup> Street NW - Edmonton, AB T5A 0S9

Phone: 780-425-8654

Fax: 780-425-0134

www.kingswaylegion.ca

### "The Home of Hospitality"

### November 2022

### **BRANCH HOURS**

Mon - 5:00 - 11:00 pm

Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

### **BRANCH OFFICE**

Mon - 5:00 - 11:00 pm

Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

### **CANTEEN BAR**

Mon - 5:00 - 11:00 pm

Tue - 11:00 am - 11:00 pm

Thu- Sat 11:00 am - 12:00

Sun - 11 am - 2:30 pm

### **KITCHEN**

Mon - 5:00 - 8:00 pm

Tue - Wed 11:00 am - 8:00 pm

Thu - Sat 11:00 am - 9:00 pm

Sun - 11:00 am - 2:30 pm

### **BRANCH GENERAL MEETING**

The last Tuesday of every month except July, August, and December.

### **President's Message**

After an unusually warm weather, winter is on the way. It is scheduled to be a very cold year so bundle up and keep warm.

Our entertainment chair has many events planned for the rest of the year, check the website for more information.

Remembrance Day will soon be upon us, we expect to see many of our members attend our parade to honor those of our Comrades who laid down their lives to secure our freedom.

### We Will Remember Them!

Elections for the Executive will be held during the November General Meeting.

It is up to the members to decide who they want to govern the Branch for 2023.

200 Tom

WK Fecteau

President

# 2022 Remembrance Day Ceremonies

Time	Event
09:30	Legion Doors Open
10:00	Assemble the Dignitaries (Maple Leaf Room)
10:50	Arrival of Dignitaries at Cenotaph
10:57	Singing of National Anthem
11:00	Last Post
11:02	Two (2) Minute Silence
11:04	Lament
11:06	Rouse (Reveille)
11:08	Act of Remembrance
11:10	Prayer by Padre
11:12	Reading of "In Flanders Field"
11:14	Wreath Laying
11:35	Benediction / Blessing by Padre
11:37	Singing of Royal Anthem (God Save the King)
11:42	Dignitaries Depart to Building
11:45	Canteen & Bar Open





# Membership

### **Fallen Comrades**

It is with deep regret that we announce the following members have passed on since we last gathered together.

Name	Age	Date	Service
William Cowan	74	Aug 22	Army
Charles Clements	70	Oct 26	-



### **Our Newest Members**

If you see our new members in the Legion please take a moment out and welcome them.

Smith, Dale	Williams Laura	Allen, Tanya
Thompson, Sandra	Heilman, Joseph	Kirk-Dasiuk, Marvin

Members in Good Standing as of Oct 30, 2021				
Affiliate	324			
Associate	447			
Life Members	27			
Ordinary	476			
Total:	1274			

# **Membership** Recognition



Noella Mahe received her Certificate of Appreciation



Leeann Leaburn received her 35 year Membership Pin



Stan Hawkes receives his Branch Service Medal



Roger Nelson receives his Branch Service Medal

# Membership



Your 2023 Membership Sticker is now available:

You have three choices to pay:

In person;

By phone;

or on line at: https://portal.legion.ca/renew

# **Next General Meeting**

### Tuesday, Nov 29, 2022 at 7:00 pm

The general meeting gives you a chance to let us know how we are doing and what we can do to make it better for you the members. Please attend the General Meetings and help to keep the Legion running.

# This is an Election Night for the

## **2023 Executive Committee**

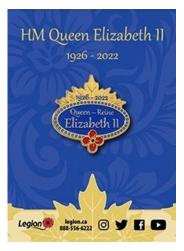
### **Queen Elizabeth II Commemorative Pin**

As a commitment to preserve the memory of Her Majesty, the Supply Department will be creating a lapelpin to serve as a visible representation of our gratitude to her service.

Golden maple leaves at the top of the pinserve as the backdrop for the dates of HerMajesty's birth and passing, 1926-2022.

A Poppy adorns the bottom of the pin to symbolize remembrance, the late Queen's service, and how she will be remembered by all for generations to come.

Place your order at the front desk. Cost: \$7.35



## 2022 Poppy Campaign

Now that summer is over, we turn our focus to November 11 and the 2022 Poppy Campaign. **Our Veterans Need Your Help.** We are looking for members to work as Drivers, Mall Sitters, Route Managers etc. There are over 300 positions that need to be filled and we can only do it with your support. Please help us by signing up early so we can confirm all positions are filled. Sign up sheets are located in the hall just outside the boardroom or contact the Poppy Office at 780-456-6518.

### **Dates to Remember**

Monday 03 Oct. - 10:00 AM: Prepare kits for school.

Wednesday 12 Oct. – 09:00 to 11:00 AM Deliver kits to Catholic School Board depot. 10734-120 Street. Driver (School kits to be distributed by the school board)

**Thursday 13 Oct.** – 09:00 to 11:00 AM Deliver kits to Edmonton Public school depot. 18004-116 Ave. Driver (School kits to be distributed by the school board)

Monday 24 Oct. – 09:00 AM: Prepare kits for Business Sector

Friday 28 Oct. – 09:00 AM Deliver kits to Business Sector, Driver and Helper.

Friday 28 Oct. to Saturday 19 Nov. – Kingsway Poppy and Wreath office opens in the Boardroom for 3 weeks. Phone number: (780) 456-6518

**Tuesday 1 Nov.** – We start manning **Northgate Shopping Center & Londonderry Mall.** 7 days a week for 10 days. 3 shifts weekdays & 2 shifts on weekends.

**Tuesday 1 Nov.** -We start manning **Commerce Place**, **Weekdays only**. 2 shifts for 8 days. Transportation will be provided between Legion and Commerce Place.

Driver and vehicle needed for 3 runs per day for 7 days

**Monday 31 Oct.** – Top up Runs to empty buckets and refill poppy boxes. This will occur Monday & Thursday (Oct 31, Nov 3, 7 and 10). Drivers and Helpers required for routes 1&2.

**Friday 4 Nov.** – **Ladies Auxiliary** will require 3 drivers with car to deliver the ladies to 3 locations. Canada Place, Royal Alex. & Glenrose Hospitals.

Saturday 5 Nov. - Tag Day. (To be confirmed) For more details call Ron Wills (780) 425-8654

Monday 14 <u>Nov.</u> – 09:00 AM Pickup leftover Poppies & Buckets from Business. Driver and Helper.

Wednesday 16 Nov. – 09:00 AM Pickup leftover Poppies & Buckets from Schools. Driver and Helper.

Nov. 4-10 Money count. (To be confirmed)

Nov.18 Final Money count (To be confirmed)

For more information contact Geoff Biddiscombe 780-819-1247 or the Boardroom Poppy Office (780) 456-6518

### The Royal Canadian Legion presents

# Lest We Forget ...a musical tribute

### Featuring

The Cosmopolitan Music Society Bands and Chorus

With Special Guests Clan MacNaughton Pipes & Drums of Edmonton

Hosted By J'lyn Nye

Sunday, November 6, 2022 6:00 PM - Doors & Silent Auction 6:30 PM - Seating 7:00 PM - Concert Begins

Festival Place 100 Festival Way Sherwood Park, AB

General Admission Tickets \$30 Early Bird \$25 until Nov. 3 Under 18 & All Cadets \$10

**Tickets available at the Festival Place Box Office:** In-Person or at (780) 449-3378

**OR at Ticketmaster.ca** (780) 451-8000

For more Info: 780.432.9333 info@cosmopolitanmusic.org













### **PUTTING A FACE ON REMEMBRANCE - LEST WE FORGET**

Families embrace every opportunity to honour and acknowledge their loved ones who have served or who are currently serving Canada. The Royal Canadian Legion and the Lest We Forget Concert Committee will create a powerpoint presentation and memorial booklet as a means for families to share photos and information of a selected eligible family member. If you would like to participate, send this information to the Cosmopolitan Music Society or drop it off at the CMS office. Email us a jpg photo or drop off the photo itself along with the information you would like us to know about your family. All of your special memory pictures will be returned to you in the lobby the night of the concert, **OR** you can pick them up at the CMS office.

Send this signed application no later than Sunday, Oct. 23, 2022. We have room for approximately 60 nominees.

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Name		UNU	KEE.						
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(Print first and last name)

All honorees must be a member of and/or served in one or more of the categories listed below: (Circle the correct information and/or fill the blank as required.)

- 1. Canadian Forces Navy Army Air Force
- 2. Allied Forces (name of Country) \_\_\_\_\_ Navy Army Air Force
- 3. Merchant Marine (name of ship if possible)
- 4. Member of the Diplomatic Corps (served in what country?)
  - RCMP / Provincial Police / Civic Police who aided in reconstruction of war torn countries. (Circle one)
    - If you circled the Provincial Police, name the province \_\_\_\_\_
    - If you circled the Civic Police, name the town or city \_

Please answer the following two questions using ten (10) words or less for each answer:

What do you want the audience to know about this person?

2. If you were to see this person, what would you like to say to them?

### SUBMISSION INFORMATION

SUBMITTED BY:	TO SUBMIT:			
Print Your Name Phone Number Cell Number Email Relationship to Honoree If applicable, CMS ensemble or R.C.L. Branch	<ol> <li>By email to: info@cosmopolitanmusic.org         <ul> <li>enter LWF Photos on the Subject Line</li> <li>attach a high quality photo as a jpg, png, or pdf</li> <li>OR bring into office for scanning</li> </ul> </li> <li>Submit to the CMS office at 8426 Gateway Blvd.</li> </ol>			
Request to use previously submitted honoree - information and photo (Check if applicable)         Name of Honoree         Year it Was Submitted         Changes (if any, explain)	The information given will only be used for this powerpoint presentation and memorial booklet. By signing this application you acknowledge that you own the picture and have permission to allow us to use this information. <b>Signature</b>			

# Win a Trip to Las Vegas

Available at: Kingsway Legion Draw Date: November 30, 2022 Draw Location: Kingsway Legion

Tickets On Sale Now: \$5.00 ea

Package includes:

Return Airfare for Two to VegasFour Nights at a \*\*\*\* Hotel\$300.00 (CAD) Spending Money

Estimated Value: \$3,500 (based at Aug 15 prices)

AGLC Licence # 607758

# **Kingsway Legion Ladies Auxiliary**



### Hello Comrades!

A huge thank you for making our Thanksgiving Ham and Turkey meat raffle a huge success!! Our weekly meat raffles are doing great also thanks to all of your support.

We are currently selling tickets for our Christmas Raffle.

Prizes are:	$1^{st}$	Food hamper value \$400
	2 <sup>nd</sup>	Homemade lap quilt value \$175
	3 <sup>rd</sup>	Diamond necklace value \$120
	4 <sup>th</sup>	Kitchen set value \$100

Draw date is Dec 17<sup>th</sup> which is also our Christmas Ham & Turkey Meat Raffle, and our annual bake and craft sale. Tickets are available from any Ladies Auxiliary member or at the front desk. Crafts and bake sale donations are welcome and greatly appreciated.

We are also collecting some items for a fun type of bingo we are planning for the new year. A variety of small items are welcome funny even better!! If you could wrap it and have it put on the LA desk or bring the wrapped item to the meat raffle volunteers that would be great. No need to have it fancy wrapped just simple would be great. We played this at our convention and had some great laughs.

Our library is open to the Legion members as well. We have two book shelves in our LA storage room

with books to borrow or swap.

As you can see we are a busy fun group of ladies!! Come join the Ladies Auxiliary at Kingsway Br 175 with your first year being free if you are a new LA member otherwise annual membership is currently at \$35.





Lorraine Knudsen received her Ladies Auxiliary Li**fe Membership** 

Alice Graham received her 30 year Legion Membership Pin

### Your Legion Calendar: October - November 2022

This calendar lists upcoming commemorative days of relevance to The Royal Canadian Legion that raise awareness of an issue, commemorate a group or event, or celebrate an important topic.

Date	Event
1 Nov	Announcement of National Silver Cross Mother
8 Nov	Aboriginal Veterans Day
11 Nov	Remembrance Day
11 Nov	First World War ends - Armistice Day (1918)
12 Nov	Passchendaele ends (1917)
18 Nov	Battle of the Somme (1916)
29 Nov	<u>#GivingTuesday</u>

Date	Event
3 Dec	International Day of Persons
5 Dec	International Volunteer Day
6 Dec	Halifax explosion (1917)
6 Dec	National Day of Remembrance and Action on Violence Against Women
10 Dec	Nobel Prize for Peace Awarded to Peace- keepers (1988)
25 Dec	<u>Fall of Hong Kong (1941)</u>
25 Dec	Christmas (Legion supports Operation Santa Claus)

For updates on this event checkout our website:

millercrossingfm

or on Facebook

facebook.com/millercrossingfarmersmarket

Over 50 Vendors, Food Trucks, and Lunch Specials at the Legion

Open every Sunday 11:00 to 3:00 pm in the Legion.



# **Sports Schedule**

### **BRANCH LEAGUES:**

Cribbage ······ Mon	6:00 —	9:00 pm
Darts ······ Mon	6:00 —	9:00 pm
Euchre ····· Wed	7:00 —	10:00 pm
Darts (Over 60) Thur	1:00 —	3:30 pm
8 Ball Pool Thu	7:00 —	10:00 pm
Shuffleboard Thu	7:00 —	10:00 pm
Shuffleboard ····· Fri	6:00 —	10:00 pm











Pool (Drop in Tourney)	Tue	11:30 am

Darts (Drop in League) ...... Tue 1:00 pm

Pool (Drop in Tourney) ...... Thu 11:30 am

Pool (Drop in Tourney) ...... Sat 11:30 am

- All members, whether novice or expert, are invited to participate.
- All times are approximate and maybe changed to fit the requirements of the Branch.

All Sports queries should be directed to the Legion Sports Officer:

Audrey Ferguson.

# **Command Sports Schedule**

### 2022-2023 Sports Schedule District 2 AB/NWT Command AREA B

Sport	Area – B	District	Command	Dominion	
EUCHRE	Fort Sask. # 27	Norwood 178	District # 9		
	Sept. 10, 2022	Nov.13,2022	Jan.20 – 21, 2023		
CRIBBAGE	Kingsway # 175	Fort Sask. # 27	Norwood # 178	Men of Vision	
LEGION	Sept. 17, 2022	Nov.19, 2022	Jan.27 – 28, 2023	Cochrane, AB. TBC	
DARTS	Strathcona # 150	Fort Sask. # 27	District # 6	Br.# 265	
LEGION	Sept. 24, 2022	Nov. 20, 2022	Feb. 3 - 4, 2023	Aldergrove, BC. TBC	
SHUFFLEBOARD	Norwood # 178	Kingsway # 175	District # 1		
MEN'S & LADIES	Oct 1, 2022	Nov. 26, 2022	Mar.17 – 18, 2023		
SHUFFLEBOARD	Norwood # 178	Kingsway # 175	District# 9		
MIXED & SR.	Oct. 1, 2022	Nov. 26, 2022	Feb. 17 – 18, 2023		
8 BALL POOL	Strathcona # 150	Norwood # 178	District # 6		
(DOUBLES)	Oct. 2, 2022	Nov. 27, 2022	Mar. 24 – 25, 2023		
DARTS SR.	Fort Sask. # 27	Gibbons # 226	District # 5		
MIXED	Oct. 15, 2022	Dec. 3, 2022	Feb. 24 – 25, 2023		
DARTS MIXED	Kingsway # 175	Athabasca # 103	District # 4		
	Oct. 29, 2022	Dec. 10, 2022	Mar.10 -11, 2023		
CRIBBAGE PRS.	Norwood # 178 Oct. 22, 2022	McGrane # 28 Dec. 4, 2022	Strathcona # 150 Mar. 3- 4, 2023		
8 BALL POOL	Norwood # 178	Westlock # 97	District # 8	Branch # 104	
(SINGLES)	Nov. 5, 2022	Dec. 11, 2022	Mar. 31/Apr.1, 2023	Innisfail, AB. TBC	
CRIBBAGE SR.	Gibbons # 226	McGrane # 28	District # 1		
	Nov. 12, 2022	Dec. 17, 2022	Jan. 13 – 14, 2023		
SPRING RALLY		Norwood # 178 Apr. 23, 2023			
FALL RALLY		Strathcona # 150	Kingsway # 175		
		Sept. 11, 2022	Sept. 10, 2023		

# **A Talk With The Padre**

Recently during a conversation with members of our Legion Executive, I heard the quote **"God let me down again."** Now I need to explain it was in the context of giving me a hard time and calling me "The God Squad." (I know it was all in jest.") I also want to ensure our readers that this is NOT an insult, and I wear that title as a badge of honour. I reflected on that comment on my way home, and as is often the case for me, the idea of this article for the Newsletter was born.

It is easy for any of us to conclude that God may have let us down again, but is that really truth? Let me suggest, that while it seems at times when life is tough, and we go through a variety of issues, like health, financial reversals and the list goes on and on, that God does let us down, or forgets about us.

That is how we feel all too often. But what is the truth here? Well, let me try to put another perspective on the feelings that we often experience about God, and His presence in our lives.

For that I want us to reflect on the very first book of the Bible, the book of Genesis, where we read the story of Creation. Within that story, and I would encourage everyone to take the time and read it, we find this writing, Gen. 1:26-28:

# Then God said, "Let us make man in our image, according to our likeness. They will rule the fish of the sea, the birds of the sky, the livestock, the whole earth, and the creatures that crawl on the earth." So, God created man in His own image; He created him in the image of God; He created them male and female.

The "us" God is referring to are Himself, His Son, and The Holy Spirit. We call that in theological terms "The Triune God." Big words, but it really means God, Jesus and the Spirit. God created the zenith of His creation, man. Here I stop and suggest that a God who creates as His Highest creation, human beings, is not the kind of God who is about to forget about His creation. But wait there is much more to show us that God has not forgotten about us, nor has He let us down.

As we travel through the pages of the Bible, we come to a passage found in the book of Psalms, and in Psalm 139 we read these words.

### The All-Knowing, Ever-Present God

LORD, you have searched me and known me. You know when I sit down and when I stand up; you understand my thoughts from far away. You observe my travels and my rest; you are aware of all my ways. Before a word is on my tongue, you know all about it, LORD. You have encircled me; you have placed your hand on me. This wondrous knowledge is beyond me. It is lofty; I am unable to reach it. Where can I go to escape your Spirit? Where can I flee from your presence? If I go up to heaven, you are there; If I fly on the wings of the dawn and settle down on the western horizon, even there your hand will lead me; your right hand will hold on to me. If I say, "Surely the darkness will hide me, and the light around me will be night, even the darkness is not dark to you. The night shines like the day; darkness and light are alike to you. For it was you who created my inward parts;<sup>[b]</sup> you knit me together in my mother's womb.

I will praise you because I have been remarkably and wondrously made. Your works are wondrous, and I know this very well.

# **A Talk With The Padre**

My bones were not hidden from you when I was made in secret, when I was formed in the depths of the earth. Your eyes saw me when I was formless; all my days were written in your book and planned before one of them began. God, how precious your thoughts are to me; how vast their sum is! If I counted them, they would outnumber the grains of sand; when I wake up, I am still with you.

The God who created us in His own Imagine, who has our entire lives in His hands, who knew us by name before we were even conceived, will not forget His creation, will not forget us as humans, because we bear some of the characteristics of God, after all, "He created us."

Now if that doesn't convince us that we are never far from His presence, unless we choose to walk away from His presence, but even then, He sees us, protects us, and His love for us will never diminish. Regularly at Funeral Services I use the following verses found in the New Testament,

Romans 8:31-37. This is a passage which brings great comfort to us in our times of grief and other difficult times. The God, who created us, the God who knows us and knew us even before we were born, that God makes this promise and commitment to us. First, the writer asks the question, then lays out some of the difficult times we all face, and then His conclusion based on who God is:

Who can separate us from the love of Christ? Can affliction or distress or persecution or famine or nakedness or danger or sword? No, in all these things we are more than conquerors through him who loved us. For I am persuaded that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor any other created thing will be able to separate us from the love of God that is in Christ Jesus our Lord.

Comrades, my prayer is that each of us will grasp the amazing truth of God's faithfulness in each of our lives. God has done His part, so the choice of either rejecting His part or accepting it, is ours. John 3:16, For God loved the world in this way: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life

My hope is that as we read this piece, it will prepare us for the season we are about to enter, Christmas. I will pick up on the theme that God cares very much for all of us in Christmas Article.

Thanks for reading this:

Rev. R.D.(Bob) Wiebe Padre, Kingsway Legion

# The Last Chapter of Life: What will it be?

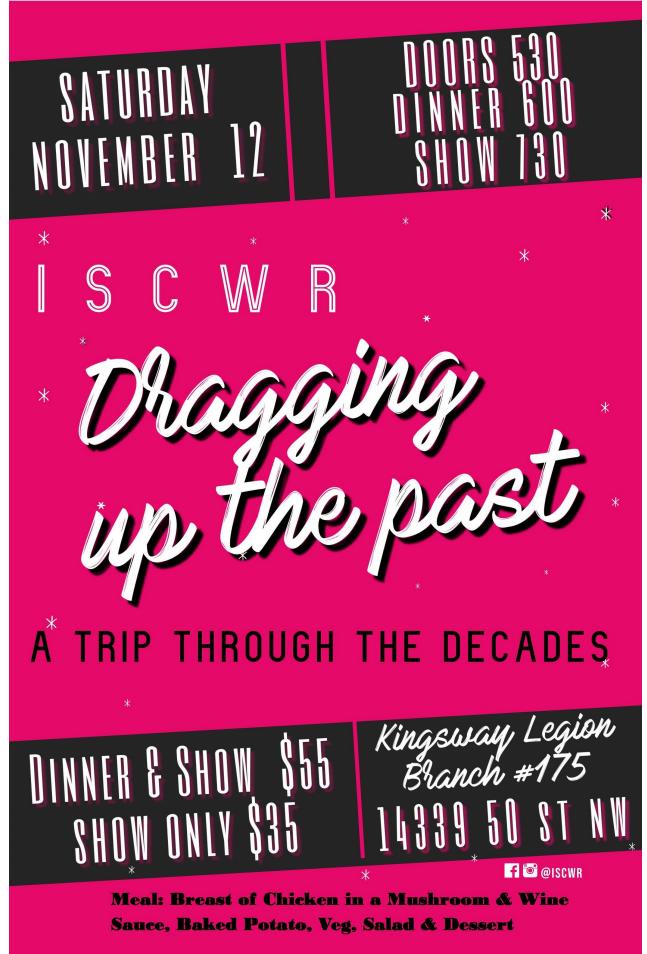
1:00 - 2:30 PM Tuesday, November 8th, 2022 Kingsway Legion 14339-50 Street NW, Edmonton

> also learn about Legion Member Savings

speakers: Kurt Johnson & Paul Cheung Evergreen Funeral Home & Cemetery

When it comes to planning for resting place and celebration of life, it has always been a sensitive and uneasy topic for many people. But here comes the wave of change. More and more people are now looking at this aspect of life with open mind and different perspectives. This workshop will give you a good understanding and new views on the last chapter of life ... so you can take control of it.

> call (780) 425-8654 for details and registration



# YOU'RE INVITED TO WATCH THE 2022 GREY CUP GAME ON OUR 100" BIG SCREEN



# FREE ADMISSION



SUNDAY NOV 20<sup>m</sup>, 2022 DOORS OPEN AT 11:00 AM KICK OFF: 4:30 PM



# Jaxson Danis Fundraiser

LETS GET HIM TO THE NETHERLANDS TO REPRESENT TEAM CANADA FOR YOUTH DARTS!

When: November 26th Where: Royal Canadian Legion Fort Saskatchewan Time: 5:00 pm



5:00 pm Dinner: Lasagna or Spaghetti & Meatballs with Caesar salad \$10 (while quantities last)
7:00-7:20 pm: Dart jitney registration \$10 7:30 pm: Play darts And more... Jail & Bail, Toonie Toss!

## Dartboard sponsorship \$20.00

E-transfer to rndanis@hotmail.com Or contact Sherilyn at 780-977-8874





### Cooking a turkey might seem a big task this year so let us help make your Christmas Day a little easier.

Our Take Out/ Dine in Christmas Dinner is available December 25 from 12:00-4:00 pm.



### Your meal includes:

Slow Roasted Turkey Fully Cooked Carved White and Dark Meat

or Glazed Baked Ham

Creamy Yukon Gold Mashed Potatoes

Honey Glazed Baby Carrot

White Wine-Spiked Green Peas

Traditional Savory Stuffing with Candied Cranberries (gluten free option available upon request at no extra charge)

### Call Kingsway Legion @ 780-425-8654 to place your order or drop off your order at 14339 50th Street Edmonton



Name:	Phone #				
Address					
City	Take Out	or Dine In			
	Time (take out only):				
Number of Meals Requested:					
Cost per Meal: \$25.00	Total Cost: \$				
<b>Menu</b> (please indicate	your choices)				
Slow Roasted Turkey White and Dark Meat					
or Glazed Baked Ham					
or Turkey & Ham Mix					
Creamy Yukon Gold Mashed Potatoes					
Honey Glazed Baby Carrot					
White Wine-Spiked Green Peas (peas served with shallots &	& a little white wine)				
Savory Stuffing with Candied Cranberries					
or Gluten Free Savory Stuffing with Candied Cranberries					
Gravy from Home Made Turkey Stock					
or Gluten Free Gravy from Home Made Turkey Sto	ck.				
Assorted Home Made Cookies or Squares					
Special Instructions:					

### Call 780-425-8654 to place your order or drop off the order form below at the office.

(office use only)				
Order #	Payment Method:	Credit Card	Interact	Cash

## **RING IN THE NEW YEAR WITH US!**

New Year's Eve Dinner & Dance

### DANCE THE NIGHT AWAY TO " RUBY AND THE HITMEN" PLAYING YOUR FAVOURITE'S FROM THE 60'S AND 70'S.

### TICKETS

Advanced Sales: prior to Dec 11 \$65.00/Legion Members \$70/Non-Legion Members Sales: Dec 13 - 27 \$70.00/Legion Members \$80/Non- Legion Members

YOUR TICKET INCLUDES:

- \* **DINNER BUFFET**
- \* A GLASS OF CHAMPAGNE TO TOAST IN THE NEW YEAR
- \* **DOOR PRIZES**
- \* PARTY FAVORITES
- \* LATE LUNCH

TICKETS WILL NOT BE AVAILABLE AFTER DEC 27

### **DINNER BUFFET**

SLOW ROASTED ALBERTA BEEF YORKSHIRE PUDDING ROSEMARY AU JUS BREAST OF CHICKEN IN MUSHROOM SAUCE CREAMY WHIPPED POTATOES RICE PILAF PEAS & CARROTS WITH SCALLIONS ASSORTED SALAD BUNS ASSORTED DESSERTS COFFEE / TEA

> DOORS OPEN AT 6:00PM DINNER AT 7:00PM

KINGSWAY LEGION 14339 50TH STREET EDMONTON Call for tickets 425-8654 Reserve Seating Only

### **Public Service Health Care Plan (PSHCP)**

On Aug. 3, 2022, following more than 2 1/2 years of negotiations, the Public Service Health Care Plan (PSHCP) Partners Committee reached a deal on a renewed, modernized PSHCP.

The deal will see meaningful enhancements and improvements across nearly every benefit category and will take effect July 1, 2023, when Canada Life takes over from Sunlife as the plan administrator. The terms of the agreement are subject to approval by the Treasury Board, which is anticipated over the





### 25% OFF – EXCLUSIVE OFFER TO LEGION MEMBERS



Starting September 1st until November 11th, 2022, the Royal Canadian Legion members can save 25% off the best available fares in Economy class valid across the VIA Rail network and Berths in Sleeper Plus class on board the Canadian. Bring up to 3 guests! \*Certain conditions apply and forms of identification are required.

**DISCOUNT CODE: LEGION25** 

### Thousands of CAF members eligible for compensation for drinking contaminated water



Former residents of CFB Valcartier may be eligible for financial compensation due to a ruling regarding contaminated water sources between 1995 and 2006.

In 2012, the Quebec Superior Court ruled that the Department of National Defense (DND), SNC-Lavalin and General Dynamics should pay millions of dollars to those who lived on-base or in the neighbouring municipality of Shannon, Quebec, where water was contaminated with the dangerous carcinogenic trichloroethylene.

It's estimated that thousands of former CFB Valcartier residents may be entitled to compensation, which could total hundreds of thousands of dollars. Any person who believes they are eligible should visit <u>actioncollectiveshannon.ca</u> for more information.

The deadline to apply is January 2023





New Lawn Signs \$20.00 (gst included) Order from the front office

# Are you a Canadian veteral who has been experiencing pain longer than 3 months?

## We want to hear from you!

Resilient Valor is a study lead by the University of Waterloo. The aim of this study is to provide opportunities for Canadian veterans to express which evidencebased values and resources are most meaningful in terms of navigating and negotiating for their chronic pain management needs. These opportunities include a 25 minute online survey (link below) and a group dialogue.

# Interested in sharing your experience?

### Complete our online survey by clicking here

For more information about this research study: please contact our Study Coordinator Sarah Versteeg at sarah.versteeg@uwaterloo.ca

This study has been reviewed by, and received ethics clearance through the University of Waterloo Research Ethics Committee.

This project is funded by: Chronic Pain Centre of Excellence for Canadian Veterans





The Last Post Fund's mission is to ensure that no Veteran is denied a dignified funeral and burial, as well as a military gravestone, due to insufficient funds at the time of death.

Our Veterans Affairs Canada Program provides financial assistance for the funeral, burial and headstone of eligible\* Canadian and Allied Veterans. If you know someone who could benefit from this aid, please contact us or visit <u>lastpostfund.ca</u>.

1 (800) 465-7113 I info@lastpost.ca



\*Certains conditions apply



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### **Veterans Service Centre**

The Veterans Service Centre in Edmonton is a place for veterans to get help accessing:

- financial programs and supports
- employment and training services
- housing location and supports
- crisis supports
- community services and opportunities

Supports and services are available to any veteran who is:

- homeless
- at-risk of homelessness
- struggling in the civilian community

To visit the Veterans Service Centre: Hours: 9 am to 12 pm and 1 pm to 4 pm (Monday to Friday)

For more information visit: https://www.alberta.ca/veterans-service-centre.aspx

### The Veterans Emergency Fund

The fund covers essential needs, such as:

- Food, Clothing, Rent, Mortgage
- Medical care/expenses
- Expenses required to maintain safety and shelter.

As this is only temporary financial relief, we will also work with you to identify your longterm needs. Together, we will look for solutions to improve your financial stability.

If you have an urgent financial need, and are:

- a former member of the Canadian Armed Forces (CAF);
- the spouse/common-law partner of the former member;
- a survivor of a deceased CAF member or Veteran;

For more information go to: <u>https://</u> www.veterans.gc.ca/eng/financial-support/ emergency-funds/veterans-emergency-fund



Wounded Warriors Canada is a national mental health service provider utilizing clinical best practices and evidence-informed care to create an environment of compassion, resiliency and hope for Canada's Veterans, First Responders and their families. Our programs are designed to provide support in the following areas:

Trauma Informed Workplace Training Operational Stress Injury Group Based Programs Spousal & Youth Programs K9 Assisted Therapy

### Kingsway Legion Branch No.175

Legion



14339 – 50<sup>th</sup> Street NW,

Edmonton AB T5A 0S9 780-425-8654

### NOVEMBER 2022

### <u>Branch Hours</u> Sunday 11-3 Monday 5 pm – 10:00 pm, Tuesday- Saturday 11 am – Close Closing time varies depending on number of people in the Canteen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Pool Tourney 11:30 Over 60 Darts 1 pm Canasta 1 pm Dart League 7pm	2 Meat Draw 5:30 pm Peggers 6:30 pm Euchre 7 pm	<b>3</b> Pool Tourney 11:30 Over 60 Darts 1pm Shuffleboard 6:30 pm Pool League 6:30 pm Jam Session 6:30 pm Trick Ryder City Darts 7pm	4 Meat Draw 5:30 Entertainment 7-11 pm Trick Ryder	5 Pool Tourney Noon Meat Draw 1 pm Entertainment: 7 – 11 pm Trick Ryder
G MARKED MARKED Sunday I Ian-Jon 14339 - 505t	7 Opens at 5 pm Crib 6:30 pm Darts 7 pm	8 Pool Tourney 11:30 Over 60 Darts 1 pm Canasta 1 pm Dart League 7pm	9 Meat Draw 5:30 pm Peggers 6:30 pm Euchre 7 pm	10 Pool Tourney 11:30 Over 60 Darts 1pm ALL OTHER EVENTS CANCELLED DUE TO REMEMBRANCE DAY PREPARATIONS	11 Meat Draw 5:30 Entertainment: Panache Swing Band 3pm – 6pm	12 Pool Tourney Noon Meat Draw 1 pm ISCWR 5:30pm Entertainment: 7 – 11 pm Steppin Out
13	14 Opens at 5 pm Crib 6:30 pm Darts 7 pm	15 Pool Tourney 11:30 Over 60 Darts 1 pm Canasta 1 pm LA meeting 1pm Dart League 7pm	16 Meat Draw 5:30 pm Peggers 6:30 pm Euchre 7 pm	17 Pool Tourney 11:30 Over 60 Darts 1pm Shuffleboard 6:30 pm Pool League 6:30 pm Jam Session 6:30 pm Vinyl Country City Darts 7pm	18 Meat Draw 5:30 Entertainment: 7 – 11 pm Country Gold	<b>19</b> Pool Tourney Noon Meat Draw 1 pm Entertainment: 7 – 11 pm Country Gold
20 FARMERT Sunday Line - Jon 14339 - 5051	21 Opens at 5 pm Crib 6:30 pm Darts 7 pm	<b>22</b> Pool Tourney 11:30 Over 60 Darts 1 pm Canasta 1 pm LA Gen Meeting 1pm Dart League 7pm EX Meeting 7pm	23 Meat Draw 5:30 pm Peggers 6:30 pm Euchre 7 pm	24 Pool Tourney 11:30 Over 60 Darts 1pm Shuffleboard 6:30 pm Pool League 6:30 pm Jam Session 6:30 pm Old Tyme Fiddlers City Darts 7pm	25 Meat Draw 5:30 Entertainment: Norm & Country Jammers 7 – 11 pm	26 Pool Tourney Noon Meat Draw 1 pm Entertainment: Norm & Country Jammers 7 – 11 pm
27	28 Opens at 5 pm Crib 6:30 pm Darts 7 pm	29 Pool Tourney 11:30 Over 60 Darts 1 pm Canasta 1 pm Dart League 7pm Gen Meeting 7pm	<b>30</b> Meat Draw 5:30 pm Peggers 6:30 pm Euchre 7 pm			