



The Royal Canadian Legion

Kingsway Branch No. 175

14339 – 50th Street NW - Edmonton, AB T5A 0S9

Phone: 780-425-8654

Fax: 780-425-0134

www.kingswaylegion.ca

November 2023

BRANCH HOURS

Mon - 5:00 pm - 11:00 pm

Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

BRANCH OFFICE

Mon - 5:00 pm - 11:00 pm

Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

CANTEEN BAR

Mon - 5:00 pm - 11:00 pm

Tue - 11:00 am - 11:00 pm

Thu- Sat 11:00 am - 12:00

Sun - 11 am - 2:30 pm

KITCHEN

Mon - 5:00 pm—8:00 pm

Tue - Wed 11:00 am - 8:00 pm

Thu - Sat 11:00 am - 9:00 pm

Sun - 11:00 am - 2:30 pm

BRANCH GENERAL MEETING

The last Tuesday of every month except July, August, and December.

SPECIAL NOTICE

ELECTIONS

Tuesday November 28, 2023

PRESIDENTS MESSAGE

Comrades

Remembrance Day: please attend, if you are able, at the Kingsway Legion Branch No. 175 on Saturday November 11. The itinerary is on the second page of this letter.

Elections: Members it is your responsibility, to take part in the voting for the new executive for the next two years. Start thinking of who you wish to take up the reins as age is creeping up on some of us and we will not be able to continue on. We need new blood to take over. The sad part is if we don't, the Legion will close. We will be forced to give up our Charter, which we have fought long and hard to keep.

Winter is coming onto us, "So Please" stay Healthy! until next time.

RM Torrie. MMM, CD

President

NEXT GENERAL MEETING

Tuesday November 28, 2023

Remembrance Day Ceremonies

Saturday November 11, 2023

Time	Event
09:30	Legion Doors Open
10:00	Assemble the Dignitaries (Maple Leaf Room)
10:50	Arrival of Dignitaries at Cenotaph
10:57	Singing of National Anthem
11:00	Last Post
11:02	Two (2) Minute Silence
11:04	Lament
11:06	Rouse (Reveille)
11:08	Act of Remembrance
11:10	Prayer by Padre
11:12	Reading of "In Flanders Field"
11:14	Wreath Laying
11:35	Benediction / Blessing by Padre
11:37	Singing of Royal Anthem (God Save the King)
11:42	Dignitaries Depart to Building
11:45	Canteen & Bar Open

Lest We Forget

Membership

Fallen Comrades

It is with deep regret that we announce the following members have passed on since we last gathered

Name	Age	Date	Service
Gregory Adolf	68	Jan 2021	AV
Alan Barkley	90	July 27/23	Army
Wayne Place	83	Sept 25/23	
Jack Hill	80	Nov 2021	Air Force
Eldon "Trac" Cyril	88	Oct 13/23	AirForce



Our Newest Members

If you see our new members in the Legion please take a moment out and welcome them.

Ordinary	Associate	Affiliate
Owen H. J. Stutt	Leora Mallow	Corina MacKinnon
James R. Dewing	Eilleen Bennett	
William (Bill) Russell	Patricia Beteta-Russell	
Elaine Neil	Donna Scheuerman	
David Neil		
	Laura G. Blaikie (Transfer	From Cloverdale BC Br 6)
Colin Watson (Transfer	From Ft. McMurray Br 165)	
Alexander Ewan (Transfer	From St. Albert Br 271)	
Charlotte L Barty (Transfer	From Branch 15)	
Peter C. Scott (Transfer	From Branch 15)	
Lawrence D. Brooks (Transfer	From Kenebecas,NB Br. 58)	
Marcel Paul Audette (Transfer	FromSt.Paul Br 100	

Members in Good Standing as of July 18, 2023	
Affiliate	320
Associate	459
Life Members	27
Ordinary	489
Total:	1295

We are offering a **free first year of membership** to all serving and retired CAF and RCMP members who have not yet joined the Legion.

The **free first year membership** is also open to all parents or guardians, spouses and children age 18+ of serving, retired or passed CAF and RCMP members who have not yet joined the Legion.

Join generations of Veterans, military families and supporters. Become a member today.

**Kingsway Legion Br. # 175
Traditional Ukrainian Products
Fundraiser Event**

**Help Support the Legion by purchasing your
Festive Season Products Now**

Order Forms Are Available At The Front Desk

Product	Price
Ukrainian Ham Garlic Sausage	\$8.75/pkg
Pepperoni (6 sticks)	\$8.25/pkg
Original Kubbie Burger (5)	\$8.25/pkg
Kubbie Burger Case (42/cs)	\$57.50/cs
Cheese Smokies (5)	\$8.25/pkg
Jalapeno Cheese Smokies (5)	\$8.50/pkg
Regular Beef Jerky (approx. ½ lb.)	\$16.00/pkg
Peppered Beef Jerky (approx. ½ lb.)	\$16.00/pkg
Teriyaki Beef Jerky (approx. ½ lb.)	\$13.00/pkg
Cheddar & Potato Perogies (2 Doz.)	\$15.00/pkg
Pedishke (2 Doz.)	\$17.50/pkg
Nalysynky (2 Doz.)	\$19.00/pkg
Prune Pompeshke (1 Doz.)	\$13.25/pkg
Poppy Pompeshke (1 Doz.)	\$13.25/pkg

All orders must be placed by November 27

Payment is due when placing your order.

**Your order will be available for pickup after Tuesday
December 12**

Call for more info: 780-425-8654

Kingsway Legion 14339 50th St.

<https://kingswaylegion.ca>

WIDYNOWSKIS

Legion 
Kingsway Branch 175

Kingsway Legion Br. # 175
Traditional Ukrainian Products Fundraiser
Order Form

All orders must be placed by November 27

Payment is due when placing your order.

**Your order will be available for pickup after Tuesday
 December 12.**

You will receive e-mails on the status of your order

Name: _____ Phone: _____

Email: _____

Product	Price	Quantity	Cost
Ukrainian Ham Garlic Sausage	\$8.75/pkg		
Pepperoni (6 sticks)	\$8.25/pkg		
Original Kubbie Burger (5)	\$8.25/pkg		
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Nalysynky (2 Doz.)	\$19.00/pkg		
Prune Pompeshke (1 Doz.)	\$13.25/pkg		
Poppy Pompeshke (1 Doz.)	\$13.25/pkg		
Total Cost \$			

All products are handmade with original recipes using fresh, quality ingredients. They are *almost* as good as when Baba makes it, because, of course, no one makes it as good as Baba.



Call for more info: 780-425-8654
 Kingsway Legion 14339 50th St.
<https://kingswaylegion.ca>



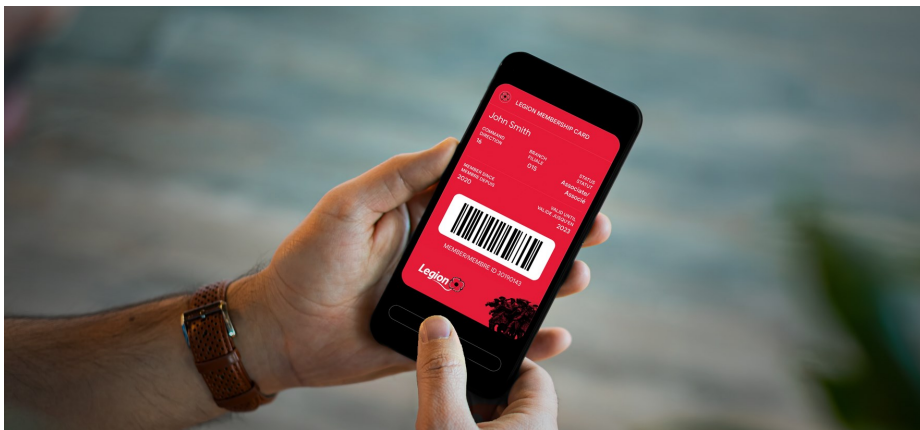
Membership

Next General Meeting

Tuesday November 28, 2023 at 7:00 pm

The general meeting gives you a chance to let us know how we are doing and what we can do to make it better for you the members. Please attend the General Meetings and help to keep the Legion running.

New Digital Membership Card Now Available!



[Get More Details](#)

The Dominion Command Membership Committee is pleased to announce the launch of the Digital Membership Card! A Member can now choose a traditional plastic card or a Digital Card.

The Digital Card meets the needs of Members who prefer the option to store and carry their card on their mobile device. Additionally, the Digital Card offers considerable administration savings for the Legion

“2024 MEMBERSHIP STICKERS ARE NOW AVAILABLE”

This is a special message to all veteran grandparents

There is a new bursary form on the Kingsway Legion #175 Website. Your grandchildren can benefit from this bursary for further funding their education.

<https://kingswaylegion.ca/bursary-application-form>

With the cost of living going up this might be an added benefit for their schooling.



Kingsway Legion Mortgage Fundraising:

We can now purchase gift cards at face value and the companies donate a small percentage back from these purchases.

Cards are available for:

Groceries

Gas Cards

Restaurants

Hardware

Hotels

Shopping Centers

West Jet

Amazon

And Save-On Foods, etc.

How can you help?

Call Vicki Torrie for information on this project at 780-478-1631.

The money raised will go on to the principal of the mortgage, along with, the money raised from the "Forgotten Heroes Gala", silent and live auctions, and "Supporting Our Veterans" merchandise.

Thank you for supporting those who have served and those who are serving.

SPECIAL NOTICE :

2023 Poppy Campaign

2023 Poppy Campaign is requesting your assistance ☐

Greetings fellow Comrades. My name is Brett Finch & this is my inaugural year of being the Kingsway Branch Chairman for the annual Poppy Campaign. There is a core of very experienced volunteers who have been very supportive with assisting the 2023 campaign in early preparations & additionally, many have already slotted in their names to “stand a watch/post/shift” or to take on the role of delivery/passenger driver. With over 300 positions to fill, including our experienced campaign volunteers who are already taking up positions & roles, ***we are still in great need*** to fill the many roles & positions. Positions such as Drivers & helpers for business routes, mall sitter or a Driver to basically “Uber” around other volunteers to their positions (where parking is not available). I truly appreciate how hectic personal schedules can be, I am requesting those that can find an opening in their availability to “stand (sit) ***one*** watch/post/shift” in a mall position (*uniform is encouraged but not required,*) or to contribute a day to be a Driver. Filling these 300+ positions from members & friends of the Kingsway Legion Branch is an attainable goal if every member & friend of the Kingsway Legion can contribute some personal time. Prior to my recent retirement, when I was working fulltime & coaching, some years I could volunteer for a daytime role, other years, I was only able to work in a couple night slots in the Northgate mall where I could take the last shift & return the Poppy Campaign kit & cash donations back to the Legion. Perhaps you may be able to find an available time slot that will fit within your personal schedule? Please sign up via the clipboards & volunteer sheets located in the Kingsway Branch lobby for just ***one*** position or role. We have created [this link where you can view the current roles & positions required](#)
<https://1drv.ms/f/s!AvjhpI6vcmDXg9dVkzMSRW1wIBx5ww?e=0zw62S> & then pop down to the Branch to sign up or even contact [me directly](#) & volunteer for a role or position (again, a reminder, wearing the Legion uniform is not a requirement). Additionally, the Kingsway Branch poppy fundraising campaign could certainly use a few members who would be able to fill in positions on very short notice (unexpected illness, other type of short notice emergencies that may arise), that sign-up sheet, I expect it to be an invaluable resource this fall season.

2023 Poppy Campaign

Trese Biddiscombe has offered to coordinate the volunteers for the sporting events, we have tentatively two dates, November 3 & 5 for Edmonton Oil Kings games & confirmed dates of November 2 & 4 for Edmonton Oiler games & it is not looking good for the Elks to make the playoffs though there may be an opportunity for the Heritage Classic game October 29th at Commonwealth Stadium. Please contact Trese directly (when she returns from Ireland, ~ **October 15**) for details & if you can volunteer for those positions (these events require a minimum of 12-14 pers each event).

Thank you for your time & consideration into this request, I hope to see you this 2023 Poppy campaign. Please encourage anyone you meet looking to donate, to visit the “poppyfund.ca” website where they will receive a tax receipt within minutes after making their online donation (\geq \$25).

Sincerely,

Brett Finch

2023 Kingsway Poppy Campaign Chairman.



Claude LaLonde at Clarke Stadium at the pregame concert for the Heritage Classic Hockey Game on October 29, 2023

A Special Thanks to Norwood Legion Branch No. 178 for the hospitality given to our Volunteers.

The following Volunteers to the Heritage Classic Hockey Game on October 29, 2023 were:

Claude Lalonde

Kevin Livingstone

Geoff Biddiscombe

Trese Biddiscombe

Stan Hawkes

Tammy Ewaschuk

Jackie Hyshka

Wes Hyshka

Russell Clarke

Brett Finch

A very special thanks to the above volunteers. A job well done.

A Talk with the Padre

Note from your Padre, Sept. 10, 2023

I begin by saying it is good to be back after a couple months hiatus from having an article for the Branch Newsletter. It has been a good summer for the most part, and I trust you have been able to enjoy the sun, rain, and I trust that the hail we had one night did minimal damage to your properties.

One of the things that has given me pause for thought over the past while is that I don't stop often enough to simply enjoy the life I have been blessed with. I know I/we have much to be thankful for, and for me it is often easier to not show or extend that gratitude to those around me. That has got me thinking how much fun do I actually have in life. I know life is often difficult and there are all sorts of valleys we are walking through, and often they are just plain hard, and we find little if anything to laugh about.

Years ago, my mentor John, (who passed away years ago) took me under his wing when I was a sixteen-year-old kid, scared, skinny, (yes you saw that right) and incredibly insecure. John believed in me and saw some potential in me and helped with achieving some of that potential. Okay, what has this got to do with laughter? Glad you asked. One of the things John used to say to me was, "Bob you take life so seriously. You know you could laugh a lot more and enjoy your life so much more." Well, you know John was right, "laughter is still good medicine."

Not long ago a friend of mine reminded me that we are indeed a blessed people and I had to agree, and then he sent me something that made me laugh. I'm talking a deep belly laugh, and you know what I felt a whole lot better after that. So, with that in mind I submit the following for your enjoyment and the encouragement to find something to laugh about each day. I'm not talking about the simple laugh at some crazy, corny, maybe even off colour joke, but something that makes your eyes tear up and maybe even you belly to hurt.

I did a little un-scientific research into laughter and here is what I found. Google can be trusted right?

[Laughter has many positive effects on the body and mind](#): These include:

- Strengthening the immune system
- Boosting mood
- Diminishing pain
- Protecting from the damaging effects of stress
- Lightening burdens
- Inspiring hope
- Connecting to others
- Keeping grounded, focused, and alert

And that is not even taking into consideration that it's a whole lot of fun to laugh.

A Talk with the Padre

Laughter isn't about jokes

“Ask adults what makes them laugh, and most will tell you it's jokes and humour. But they would be wrong. Robert Provine, a psychologist from the University of Maryland found that we actually laugh most when talking to our friends.

In fact, we're 30 times more likely to laugh at something when we are with other people.

Intriguingly, within these conversations, we are still not laughing at jokes: we laugh at statements and comments that do not seem on the face of them to be remotely funny.

It's a form of communication, not a reaction.

The science of laughter is telling us that laughter is less to do with jokes and more a social behaviour which we use to show people that we like them and that we understand them.”

In the book of Proverbs Chapter 17:22 we read:

“A cheerful heart is good medicine, but a crushed spirit dries up the bones.”

So, let's take a look to see what God has to say about laughter.

God invented laughter! It would do us well to remember that the Creator Himself thought up glee. He incited giggles around the globe. Not only did the Father make laughter though, He also created something within us that desperately wants to share it. **Studies show that babies laugh up to 8x more when they're around others than when they are alone**—meaning we don't so much crave something to laugh at, as much as someone to laugh with. And isn't that such a picture of how we were made in God's image?

So, Comrades, while we all face anxious times in life, when in many cases we face health issues, some pretty serious, and other anxious times, it is good for us to remember that: **The same God who walks with us through our struggles is the God who encourages us to delight. To laugh. To be playful. To embrace the sillier side of ourselves.**

And, like my mentor John encouraged me often: “Bob don't take yourself so seriously, and laugh a lot more.”

Rev. R.D. (Bob) Wiebe, Padre

Royal Canadian Legion, Kingsway Branch

Kingsway Legion Ladies Auxiliary



A Message from the Ladies Auxiliary

Just a reminder there will be no Saturday meat raffle or 50/50 by the Ladies Auxiliary on Nov 11, 2023.

Thank you for understanding our October "Button Bingo" had to move dates. November we will hold our "Button Bingo" on Nov 18th right after our meat raffle and 50/50.

Do you have your Christmas raffle tickets yet? Tickets are \$2.00. First prize is a food hamper (\$400), second prize a Ninja Dual Air Fryer (\$300), third prize is Christmas decorations (\$150) and fourth prize a Magic Bullet (\$50). Tickets can be purchased from LA members or at the front desk. The draw is Dec 16th which is also our annual Christmas bake and craft sale and ham and turkey meat raffle.

It's a big fundraising day for us so come out if you can to support the Ladies Auxiliary. Donations of crafts are welcome and can be given to the ladies at the meat raffle or dropped off at the front desk letting staff know it is for the LA. We also accept donations of baked goods Dec 16th between 10:00 AM and 11:00 AM. Thank you for all your support. It is greatly appreciated.

With elections with both the Legion and the Ladies Auxiliary in November I ask that you strongly consider coming out to the general meetings. No different than a city, provincial or federal election each vote counts! That being said not just the November meetings come out regularly. It is how we as members stay informed and have the opportunity to voice concerns and give thanks to those giving time to make our Legion and LA great!! We certainly have a Legion to be proud of.

Kim Earles
President

KINGSWAY LEGION #175

**GREY CUP
TICKETS**

\$1.00



BUY NOW



**Tickets at
Front Counter
Support our Legion**

Saturday Afternoon

Meat Draw

Ticket on sale 1:00pm

Draw 1:30pm

12 Draws

1 Bonus Draw

Tickets \$1.00 each



Everybody Welcome

50 /50 Raffle



Sponsored by :
Kingsway Legion Ladies Auxiliary
14339 50th Street, Edmonton
780.425.8654

*Ticket on sale following
the Meat Draw*

10 Tickets for \$5.00

Wednesday Meat Draws



Ticket on sale 5:30pm

Draw 6:00pm

12 Draws

Tickets \$1.00 each

Everybody

Welcome

50 /50 Raffle

**Ticket on sale following
the Meat Draw**

10 Tickets for \$5.00

Legion 

Kingsway Branch 175

14339 50th Street, Edmonton 780.425.8654

Now at the Branch
The Last Wednesday of
Every Month



\$100.00
GIFT CARD

Tickets are 3 for \$5.00
Can only be purchased
on the day of the draw.

The winning ticket will be drawn
following the regular Meat Draw.

MILLER CROSSING

FARMERS' MARKET

EDMONTON, AB



For updates on this event checkout our website:

millercrossingfm

or on Facebook

facebook.com/millercrossingfarmersmarket

Over 45-50 Vendors,

Open Sunday October 15, 2023 indoors and will continue on every
Sunday until December 2023 or further notice

From 11:00 am to 3:00 pm



*Fresh vegetables , locally
grown*

*Locally made Arts and
Crafts*

*RR mobile Sharpening
Need your knives sharpened come and
see Bill*



**Every 2nd and 4th Wednesday of every month
1100 hrs**

	<p>RCL Kingsway Branch 175 14339 50 St NW Edmonton Alberta</p>	
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Veterans of the Canadian Armed Forces, RCMP and Allied Forces are welcome. You do not need to be a Legion member to attend.

Open to all Veterans. Your local legion is here supporting our area.

Come meet fellow Veterans in a safe, non-judgemental atmosphere of comradeship. There will be free coffee, tea and soft drinks.

For more information contact Louise Abdou at Edm175buddycheckcoffee@hotmail.com or call 780-868-8917

VOLUNTEERS NEEDED

Kensington Bingo

Kingsway Legion Bingo Schedule for 2023 – 2024

Wednesday, November 29

Monday, December 4

Thursday, December 21

Tuesday, January 2

Friday, January 5

Monday, January 29

Thursday, February 8

Friday, February 23

Tuesday, March 12

Thursday, March 21

Monday, April 1

Thursday, April 18

Friday, May 3

Thursday, May 23

Anyone wishing to volunteer please contact Steve Criss at 780 279-1263, or leave a message at Kingsway Legion Branch 175 at 780 425-8654

Joke of the Day

A fellow falls off a roof and suffers severe Brain damage.

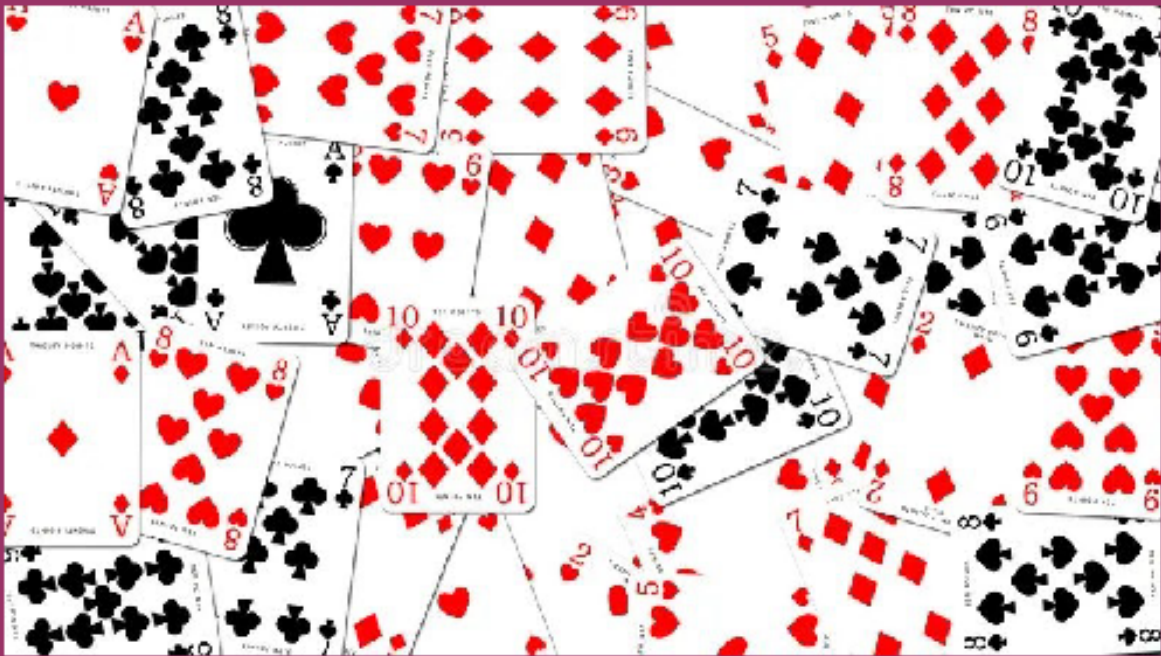
The Doctors feel that the only procedure that will help him is a Brain Transplant.

They approach the family to discuss the procedure.

To replace his brain with a Male brain will cost \$5000.00. If they use a Female brain, it will cost \$1000.00.

The family are confused, why such a big difference?

Dr.: "Well, the women's brain is used".



Did you know that on Tue afternoons all summer long, we hold drop in Canasta?

Start Time 12:30 pm

Entrance Fee: \$1.00

Starting Thu Jul 6 we will be starting a second afternoon of Canasta

For more info: Call the Office 780-425-8654

SPORTS

ATTENTION:

2023 - 2024 Sports

District 2 AB/NWT Command

Begins in September

Check the Sports Board

All players who are interested

contact their League President for further information

ATTENTION ALL LEAGUE SPORTS:

All sports leagues start on September 5th, 2023 except Crib and Monday Night Darts which starts on Monday, September 11th, 2023

**Interbranch Sports will be commencing in
September 2023**

Donna Olsen is our Branch Liaison

Announcements to time and place will be place on the Sports Board

ATTENTION ALL POOL PLAYERS:

As of July 17th, 2023, we will be asking all Drop-In, Casual Pool players to pay \$5.00 per person daily for the use of the pool tables.

This will be totally on the HONOUR SYSTEM and the monies are to be deposited in the box mounted on the wall by the pool tables.

Thank You in advance for your co-operation

**INTER – BRANCH SCHEDULE
2023 - 2024**

September 24, 2023	Jasper Place
October 22, 2023	Kingsway
November 12, 2023	Fort Sask.
December 17, 2023	Strathcona
RETURN - JANUARY 28, 2024 – HAVE A MERRY CHRISTMAS & A HAPPY NEW YEAR.	
January 28, 2024	Jasper Place
February 25, 2024	Kingsway
March 24, 2024	Fort Sask.
April 21, 2024	Strathcona

**Windup Banquet –
Strathcona - Saturday, May 25, 2024
9020 – 51 Ave**

2023 - 2024 Sports Schedule
District 2 AB/NWT Command
Area – B

TENTATIVE SCHEDULE

Sport	Area-B	District	Command	Dominion
Senior Cribbage	Smoky Lake # 227 Sat. Sept 16, 2023	McGrane # 28 Sun. Nov. 19, 2023	Dist. # 3 Jan.12 – 13,2024	
Legion Darts	Kingsway # 175 Sat. Sept 23, 2023	Westlock # 97 Sat. Nov 25, 2023	Dist. # 8 Jan. 19 – 20, 2024	Laval Quebec Br. # 251 May 3 – 6, 2024
Euchre	Fort Sask. # 27 Sat. Sept. 30, 2023	Fort Assiniboine #210 Sun. Nov 26, 2023	Athabasca Br. 103 Jan. 26 – 27, 2024	
Legion Cribbage	Norwood # 178 Sat. Oct. 7, 2023	McGrane # 28 Sat. Dec. 2, 2023	Dist. # 9 Feb. 2 – 3, 2024	Shediac, NB Br. # 33 April 26 – 29, 2024
Pairs Cribbage	Gibbons # 226 Sat. Oct. 14, 2023	Westlock 97 Sun. Dec. 3, 2023	Dist. # 1 Feb. 9 – 10, 2024	
Shuffleboard Men's & Ladies	Strathcona # 150 Sat. Oct. 21, 2023	Strathcona # 150 Sat. Dec. 9, 2023	Dist. # 5 Mar 8 – 9, 2024	
Shuffleboard Mixed & Sr.	Strathcona # 150 Sat. Oct. 21, 2023	Strathcona # 150 Sat. Dec. 9, 2023	Dist. # 4 Feb. 16 – 17, 2024	
8 Ball Pool Doubles	Kingsway # 175 Sat. Oct. 28, 2023	Kingsway # 175 Sun. Dec. 10, 2023	Dist. # 4 Feb. 23 – 24, 2024	The 1 st . & 2 nd . Place teams from The 8 Ball Doubles will be selected as the Dominion Team.
Senior Mixed Darts	Strathcona # 150 Sat, Nov. 4, 2023	Smoky Lake # 227 Sat. Dec. 16, 2023	Dist. # 6 Mar. 1 – 2, 2024	
Mixed Darts	Norwood # 178 Sun. Nov. 12, 2023	Strathcona # 150 Sun. Dec. 17, 2023	Dist. # 5 Mar. 15 – 16, 2024	
8 Ball Pool Singles	Strathcona # 150 Sat. Nov. 18, 2023	Strathcona # 150 Dec. 30, 2023	Dist. # 8 Mar. 22 – 23, 2024	
Fall Rally	Kingsway # 175	Sept. 10, 2023		
Spring Rally	Fort Assiniboine # 210	April 7, 2024		



Dance like the Northern Lights And Sing your Way to Spring

With old time Fiddle Tunes and Open Mic!

KINGSWAY LEGION

14339 – 50 Street NW, Edmonton AB

FEATURING

THE WILD ROSE OLD TYME FIDDLERS AND JAMMERS

Doors open at 5:00 pm
Open Mic starts at 6:15 pm
Only \$7.00 Cover Charge



**Kingsway Legion
Branch No. 175
Bill O'Brien
780.222.6111**



Wild Rose Old Tyme
Fiddlers Association

Ava at 587.784.6786
Or Craig at 780.918.4784
craigrepchuk@shaw.ca

THURSDAY

2023

NOVEMBER 2

NOVEMBER 16

NOVEMBER 30

DECEMBER 14

2024

JANUARY 4

JANUARY 18

Come early and enjoy a meal before the show. (You don't have to be a Legion member to participate.)

Weekly Meal Specials are available.



Deck THE Heels

Dinner & Drag Show

FRIDAY, NOVEMBER 24

Kingsway Legion

14334 56 Street, Edmonton

Show only: \$25
Dinner & Show: \$55

Doors: 5:30 pm
Dinner: 6:00 pm
Show: 7:30 pm

DINNER INCLUDES: TRADITIONAL TURKEY
BUFFET WITH ALL THE FIXINGS AND DESSERT.



RESERVE YOUR SEAT TODAY
BY CLICKING ON THE QR CODE



Sunday Evening Buffet

November 12, 2023

5:00 - 7:00 pm

Tickets: \$30.00

Kids under 12: \$15.00

Please purchase tickets in advance at the Front Desk

Alberta AAA Roast Beef w/ Yorkshire Pudding

Roast Pork w/ Dressing & Apple Sauce

Roast Lamb w/ Mint Sauce

Vegetable Lasagna

Creamy Mashed Potatoes

Fresh Winter Vegetables

Home Baked Desserts

Includes: Buns, Salads, Coffee or Tea

Kingsway Legion 14339 50th Street

Call: 780-425-8654



Let us Prepare your Christmas Dinner



Cooking a turkey might seem a big task this year so let us help make your Christmas Day a little easier.

Our Take Out/ Dine In Christmas Dinner is available December 25 from 12:00-6:00 pm.

Place your order your by Dec 19 and pick it up or dine in.

Cost: \$30.00 per person
(Take Out or Dine In)

Your meal includes:

Slow Roasted Turkey Fully Cooked Carved White and Dark Meat

OR Glazed Baked Ham

Creamy Yukon Gold Mashed Potatoes

Honey Glazed Baby Carrot

White Wine-Spiked Green Peas

Traditional Savory Stuffing with Candied Cranberries (gluten free option available upon request at no extra charge)

Gravy from Home Made Turkey Stock. (gluten free option available upon request at no extra charge)

Assorted Cookies or Squares

Call Kingsway Legion @ 780-425-8654 to place your order or drop off your order at 14339 50th Street Edmonton

Christmas Dinner Order Form

Name: _____ Phone # _____

Address _____

City _____ Take Out or Dine In

Time (take out only): _____

Number of Meals Requested: _____

Cost per Meal: \$30.00

Total Cost: \$ _____

Menu (please indicate your choices)

Slow Roasted Turkey White and Dark Meat _____

or Glazed Baked Ham _____

or Turkey & Ham Mix _____

Creamy Yukon Gold Mashed Potatoes _____

Honey Glazed Baby Carrot _____

White Wine-Spiked Green Peas (peas served with shallots & a little white wine) _____

Savory Stuffing with Candied Cranberries _____

or Gluten Free Savory Stuffing with Candied Cranberries _____

Gravy from Home Made Turkey Stock _____

or Gluten Free Gravy from Home Made Turkey Stock _____

Assorted Home Made Cookies or Squares _____

Special Instructions: _____

Call 780-425-8654 to place your order or drop off the order form below at the office.

(office use only)

Order #	Payment Method:	Credit Card	Interact	Cash
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HAPPY NEW YEAR 2024

Dinner and Dance

Music Provided by Edmonton's Own:

**euphoria
band**

TICKETS ON SALE STARTING OCTOBER 15

DINNER BUFFET

SLOW ROASTED ALBERTA BEEF

YORKSHIRE PUDDING

ROSEMARY AU JUS

BREAST OF CHICKEN

IN MUSHROOM SAUCE

CREAMY WHIPPED POTATOES

RICE PILAF

FRESH MIXED VEGETABLES

ASSORTED SALAD

BUNS

ASSORTED DESSERTS

COFFEE / TEA

DOORS OPEN AT 6:00 PM

COCKTAILS 6:30 PM

DINNER: 7:00 PM

MUSIC 9:00 PM - 1:00 AM

TICKETS

ADVANCED SALES: TO DEC 1

\$70.00/LEGION MEMBERS

\$75/NON-MEMBERS

TICKETS: DEC 2 - 27

\$75.00/LEGION MEMBERS

\$80/NON-MEMBERS

TICKETS ON SALE UNTIL DEC 27

RESERVE SEATING ONLY / NO REFUNDS

YOUR TICKET INCLUDES:

- * DINNER BUFFET
- * A GLASS OF CHAMPAGNE
- * DOOR PRIZES
- * PARTY FAVORITES
- * LATE LUNCH

KINGSWAY LEGION 14339 50TH STREET EDMONTON

CALL FOR TICKETS 780-425-8654



Legion Dispatch

Your Legion Calendar: October—November 2023

This calendar lists upcoming commemorative days of relevance to The Royal Canadian Legion that raise awareness of an issue, commemorate a group or event, or celebrate an important topic.

Date	Event	Date	Event
	November		
Nov 1	Announcement of National Silver Cross Mother	Nov12	Passchendaele ends (1917)
Nov 8	Aboriginal Veterans Day	Nov 18	Battle of the Somme (1916)
Nov 11	Remembrance Day		
Nov 11	First World War ends - Armistice Day (1918)		
	December		
Dec 1	International Day of Persons with Disabilities	Dec 10	Nobel Prize for Peace Awarded to Peace-keepers (1988)
Dec 5	International Volunteer Day	Dec 25	Fall of Hong Kong (1941)
Dec 6	Halifax explosion (1917)	Dec 25	Christmas (Legion supports Operation Santa Claus)
Dec 6	National Day of Remembrance and Action on Violence Against Women		

Legion



BSO  OSI

OP VETBUILD

Operation VetBuild is a Royal Canadian Legion initiative run by the RCL's OSI Special Section (BSO Legion OSI). This is a peer to peer program by veterans, for veterans and includes RCMP and allied veterans. The objective is to help improve mental health through hobby and in this case, table top / miniature games, model building and board games 100% free to veteran's.

Will be held every 3rd Saturday of the month.

From 1pm -4pm

OP VETBUILD

**Contact: Anthony Swards
teutonicknights@shaw.ca**

TABLETOP

**Contact: James Morris
phgang02@hotmail.ca**

**Kingsway Legion Branch #175
14339 50th Street, Edmonton, AB**



**AS A CF VETERAN YOU'LL BE
IN VERY GOOD COMPANY.**

Commissionaires. Work with like-minded people in new opportunities.

Commissionaires:

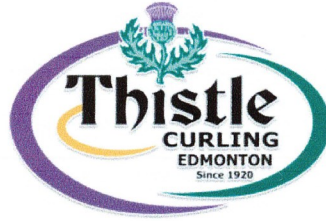
- > **Providing rewarding employment to veterans for over 80 years.**
- > **Canada's leading security provider, based on a solid reputation of integrity.**
- > **Diverse opportunities, full & part time shifts, competitive pay, and benefits for full-time employees.**

You:

- > **Work alongside other former members of the Canadian Forces.**
- > **Continue doing what you do best – protecting Canadians.**
- > **Belong to an organization with a real purpose.**

Visit www.commissionaires.ca/veterans or contact recruitment at [780-451-1974](tel:780-451-1974) ext 239 today for immediate opportunities!





Looking For New Curling Members

All Skills Welcome

Great place to meet great people and have fun!

MONDAY MIXED AM SENIORS

2 Sessions of 10 games – Teams Change

Oct 16 – Dec 18, 2023 Christmas Banquet - Dec 19, 2023	Jan 8 – Mar 18, 2024 Spring Banquet - Mar 19, 2024
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\$ 120.00 / Session (Includes banquet and prizes)

Contact: Al Wright @ 780-880-2111 / adwright@me.com

Want to spare for Mondays? \$5.00/game

Contact: Linda Froese @ 780-271-9123 / froese2@telus.net



TUESDAY / THURSDAY AM SENIORS MEN

3 Sessions of 15 games – Team Change

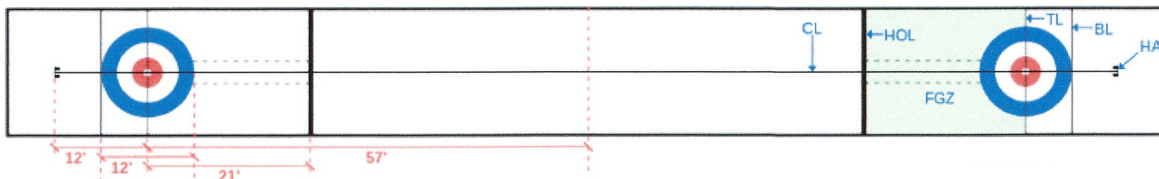
Oct 3 – Nov 23, 2023	Nov 28/23 – Jan 25/24 Christmas Banquet - Dec 19, 2023	Jan 30 – Mar 19, 2024 Spring Banquet - Mar 19, 2024
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\$ 155.00 / Session (Includes banquet and prizes)

Contact: Lyle Dahl @ 780-464-3396 / ledahl@telus.net

Want to spare for Tuesday / Thursday - \$5.00 /game

Contact: Les Mckain @ 780-463-0763 / les.r.mckain@gmail.com





Home Care

Need Care Services?

Let us help with:

- Personal care
- Housekeeping
- Medication assistance
- Appointment support
- Companionship
- Support with government funding



780.328.6500 Northwest

780.423.9100 South

780.328.6655 East



Serving Edmonton and Area

The 360° Approach

At Qualicare, we view home care through a holistic lens, with the goal of improving quality of life from every possible angle. In keeping with this view, we offer four different types of complementary home care services, covering a full spectrum of caregiving needs directed by our local Care Experts.

Care Expert

Our Care Experts have an extensive background in home or health care, and many are Registered Nurses. They'll be there every step of the way guiding and/or providing access to local resources. Care Experts play an important part in every aspect of our 360° Approach, including leading the planning process, managing the client's 360° Care Plan, and coordinating with caregiving staff and family members.

Daily Tasks & Household Management

Our caregivers offer a helping hand around the home and assist with activities of daily living. These activities include:

- Dressing & Grooming
- Bathing, Toileting & Hygiene
- Mobility & Transfer Assistance
- Medication Reminders
- Exercise Assistance
- Grocery Shopping
- Prescription Pickups
- Meal Planning & Preparation
- Housekeeping & Laundry
- Transportation Services
- Wellness Monitoring

Specialized Health Care

As we work together, we'll discuss your loved one's health and well-being along with additional services that may be needed or specialized for their care. Including but not limited to:

- Alzheimer's & Dementia Care
- Hospital to Home Care
- Hospice & Palliative Care

Companionship & Outings

We incorporate emotional care into each client's 360° Care Plan. This way, we're always finding ways to make life more enjoyable and joyful. We support this with:

- Conversation & Companionship
- Leisure Outings
- Mindful Activities
- Errand Services
- Appointment Assistance

Family Care Coordination

Designed to support the entire family, this type of care provides a truly consultative approach to home care services. We offer:

- Family Care Planning
- Family Care Scheduling
- Family Care Monitoring
- Respite Care
- Family Caregiver Support
- Medical Equipment & Supplies





Kingsway Legion Branch
 14339 – 50th Street NW, Edmonton Alta
 Edmonton AB T5A 0S9 780 425-8654



NOVEMBER 2023

Branch Hour: SUNDAY CLOSED MONDAY 5 pm – 11:00 pm, Tuesday- Saturday 11 am – Close
Closing time varies depending on number of people in the Canteen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Meat Draw 5:30 pm Pool EEE 6pm Peggery 6:30 pm Euchre 7 pm	2 Pool Tourney 11:30 Over 60 Darts 1pm Jam Session 5 pm Old Tyme Fiddlers Shuffleboard 6:30 Pool League 6:30 pm	3 Shuffleboard 6:30 pm Entertainment: 7 – 11 pm CC & High Ryder	4 Pool Tourney noon Meat Draw 1 pm Entertainment: 7 – 11 pm CC & High Ryder
5 Farmers Market (inside) 11-3pm	6 Opens at 5 pm Pool EEE 6pm Crib 6:30 pm Darts 7 pm	7 Pool Tourney 11:30 Canasta 12:30 pm Over 60 Darts 1 pm Dart League 7pm	8 Meat Draw 5:30 pm Pool EEE 6pm Peggery 6:30 pm Euchre 7 pm	9 Pool Tourney 11:30 Over 60 Darts 1pm Jam Session 5 pm Kingsway Cowboys Shuffleboard 6:30 Pool League 6:30 pm	10 Shuffleboard 6:30 pm Entertainment: 7 – 11 pm Sweetwater	11 REMEMBRANCE DAY Entertainment: 7 – 11 pm Sweetwater
12 Farmers Market (inside) 11-3pm	13 Opens at 5 pm Pool EEE 6pm Crib 6:30 pm Darts 7 pm	14 Pool Tourney 11:30 Canasta 12:30 pm LA Ex meeting 12:30 Over 60 Darts 1 pm Dart League 7pm	15 Meat Draw 5:30 pm Pool EEE 6pm Peggery 6:30 pm Euchre 7 pm	16 Pool Tourney 11:30 Over 60 Darts 1pm Jam Session 5 pm Old Tyme Fiddlers Shuffleboard 6:30 Pool League 6:30 pm	17 Shuffleboard 6:30 pm Entertainment: 7 – 11 pm Sparkling Tones	18 Pool Tourney Noon Meat Draw 1 pm Button Bingo 2pm Entertainment 7 – 11 pm Sparkling Tones
19 Farmers Market (inside) 11-3pm	20 Opens at 5 pm Pool EEE 6pm Crib 6:30 pm Darts 7 pm	21 Pool Tourney 11:30 Canasta 12:30 pm LA Gen meeting 12:30 Over 60 Darts 1 pm Ex meeting 6:30 Dart League 7pm	22 Meat Draw 5:30 pm Pool EEE 6pm Peggery 6:30 pm Euchre 7 pm	23 Pool Tourney 11:30 Over 60 Darts 1pm Jam Session 5 pm Trick Ryder Shuffleboard 6:30 Pool League 6:30 pm	24 Shuffleboard 6:30 pm Entertainment: 7 – 11 pm Dean Henry	25 Pool Tourney Noon Meat Draw 1 pm Entertainment: 7 – 11 pm Dean Henry
26 Farmers Market (inside) 11-3pm	27 Opens at 5 pm Pool EEE 6pm Crib 6:30 pm Darts 7 pm	28 Pool Tourney 11:30 Canasta 12:30 pm Over 60 Darts 1 pm Dart League 7pm General Meeting 7PM	29 Meat Draw 5:30 pm Pool EEE 6pm Peggery 6:30 pm Euchre 7 pm	30 Pool Tourney 11:30 Over 60 Darts 1pm Jam Session 5 pm Old Tyme Fiddlers Shuffleboard 6:30 Pool League 6:30 pm		