

### The Royal Canadian Legion Kingsway Branch No. 175

14339 - 50th Street NW - Edmonton, AB T5A 0S9

Phone: 780-425-8654 Fax: 780-425-0134

www.kingswaylegion.ca

"The Home of Hospitality"

### October 2022

#### **BRANCH HOURS**

Mon - 5:00 - 11:00 pm

Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

#### **BRANCH OFFICE**

Mon - 5:00 - 11:00 pm

Tue - Wed 11:00 am - 11:00 pm

Thu - Sat 11:00 am - 12:00 pm

Sun - Closed

#### **CANTEEN BAR**

Mon - 5:00 - 11:00 pm

Tue - 11:00 am - 11:00 pm

Thu- Sat 11:00 am - 12:00

Sun - 11 am - 2:30 pm

#### **KITCHEN**

Mon - 5:00 - 8:00 pm

Tue - Wed 11:00 am - 8:00 pm

Thu - Sat 11:00 am - 9:00 pm

Sun - 11:00 am - 2:30 pm

#### **BRANCH GENERAL MEETING**

The last Tuesday of every month except July, August, and December.

#### **President's Message**

Kingsway Legion has been very busy since we last met. Currently we have 1209 members in good standing and a full complement of executive members.

We had eight members attend the Command Convention in Red Deer in May.

We have been holding monthly Music Bingo, which has proven to be a great success with over 100 players in attendance.

In addition, we are hosting a monthly special event including shows like Elvis, Allen Jackson, and Bonny Killroy drawing in 150 plus guests.

Our Thu, Fri, and Sat Jams and Dances continued to bring in 60 - 100 people over the summer.

The Branch Sports Leagues are starting up over the next two weeks.

Functions held at the Legion are increasing and we are almost back to pre-Covid levels.

Volunteers are an important part of the operation of the Branch saving us over 650 man hours in wages since Apr. Thanks to all our volunteers!!

Kingsway Legion held a Remembrance Ceremony in honour of Her Majesty Queen Elizabeth on Monday Sep 19. Over 75 people attended enjoying refreshment and sandwiches after the event.

Alle

WK Fecteau President

## Membership

#### **Fallen Comrades**

It is with deep regret that we announce the following members have passed on since we last gathered together.

Name	Age	Date	Service
"Rocky" Roch Detonnancour	95	2 Sep	
Norman Hrywkiw	84	1 Sep	Army
Diane Harvey	73	25 Sep	



#### **Our Newest Members**

If you see our new members in the Legion please take a moment out and welcome them.

Haberer, William	Wiens, Michael D.	Thomas, Ann
White, Neil G.	Denison, Donald	Johnson, Verner J.G
Reichert, Daniel	Rudkowski, Victor	Walsh, John D.
Slaght, James D.	Silver, Heather	Moldowan, Trinda C.
Parker, Steven J.	Kravontka, Christine	Wesley, Alan A
Zoe, Frederic		

Members in Good Standing as of Sep 21, 2021				
Affiliate 313				
Associate	439			
Life Members	27			
Ordinary 470				
Total:	1249			

## **Membership Recognition**



Dawn Receives her 15 year Membership Pin

Trevor receives his 15 year Membership Pin





Bill Lawrence receives his 25 year Membership Pin

## **Membership**

# 2023 Membership Sticker

Your 2023 Membership Sticker will be available starting September 1, 2022.

You have three choices to pay:

In person;

By phone;

or on line at: <a href="https://portal.legion.ca/renew">https://portal.legion.ca/renew</a>

## **Next General Meeting**

Tuesday, Oct 25, 2022 at 7:00 pm

The general meeting gives you a chance to let us know how we are doing and what we can do to make it better for you the members. Please attend the General Meetings and help to keep the Legion running.

There are no General Meeting held in July & August!



## **Over 60 Luncheon Club**

Please come and join in for some fun with the Over 60 Luncheon Club on Wednesday, October 19th, 2022.

We are going to have a fun free Bingo after our lunch. You do not have to be a member, it is open to all who would like to participate in this fun activity. It costs nothing except some laughter and smiles.

Feel free to join us for lunch, that will be the only cost. Looking forward to seeing all of you.

## Her Majesty Queen Eilzabeth II

## On Sep 19 Kingsway Legion held a Special Remembrance Ceremony Honoring Her Majesty Queen Elizabeth II 1926 - 2022





70 Years of Dedicated Service to the Commonwealth

#### **Queen Elizabeth II Commemorative Pin**

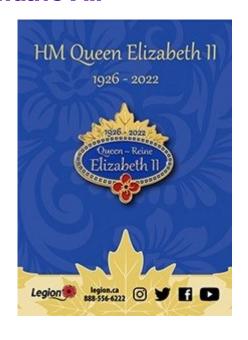
As a commitment to preserve the memory of Her Majesty, the Supply Department will be creating a lapel pin to serve as a visible representation of our gratitude to her service.

Golden maple leaves at the top of the pin serve as the backdrop for the dates of Her Majesty's birth and passing, 1926-2022.

A Poppy adorns the bottom of the pinto symbolize remembrance, the late Queen's service, and how she will be remembered by all for generations to come.

Place your order at the front desk.

SKU # 600112 Price: \$6.95 + gst



## 2022 Poppy Campaign

Now that summer is over, we turn our focus to November 11 and the 2022 Poppy Campaign. **Our Veterans Need Your Help.** We are looking for members to work as Drivers, Mall Sitters, Route Managers etc. There are over 300 positions that need to be filled and we can only do it with your support. Please help us by signing up early so we can confirm all positions are filled. Sign up sheets are located in the hall just outside the boardroom or contact the Poppy Office at 780-456-6518.

#### **Dates to Remember**

Monday 03 Oct. - 10:00 AM: Prepare kits for school.

**Wednesday 12 Oct.** – 09:00 to 11:00 AM Deliver kits to Catholic School Board depot. 10734-120 Street. Driver (School kits to be distributed by the school board)

Thursday 13 Oct. – 09:00 to 11:00 AM Deliver kits to Edmonton Public school depot. 18004-116 Ave. Driver (School kits to be distributed by the school board)

Monday 24 Oct. – 09:00 AM: Prepare kits for Business Sector

Friday 28 Oct. – 09:00 AM Deliver kits to Business Sector, Driver and Helper.

Friday 28 Oct. to Saturday 19 Nov. – Kingsway Poppy and Wreath office opens in the Boardroom for 3 weeks. Phone number: (780) 456-6518

**Tuesday 1 Nov.** – We start manning **Northgate Shopping Center & Londonderry Mall.** 7 days a week for 10 days. 3 shifts weekdays & 2 shifts on weekends.

**Tuesday 1 Nov.** -We start manning **Commerce Place, Weekdays only**. 2 shifts for 8 days. Transportation will be provided between Legion and Commerce Place.

Driver and vehicle needed for 3 runs per day for 7 days

**Monday 31 Oct.** – Top up Runs to empty buckets and refill poppy boxes. This will occur Monday & Thursday (Oct 31, Nov 3, 7 and 10). Drivers and Helpers required for routes 1&2.

**Friday 4 Nov.** – **Ladies Auxiliary** will require 3 drivers with car to deliver the ladies to 3 locations. Canada Place, Royal Alex. & Glenrose Hospitals.

Saturday 5 Nov. - Tag Day. (To be confirmed) For more details call Ron Wills (780) 425-8654

Monday 14 Nov. – 09:00 AM Pickup leftover Poppies & Buckets from Business. Driver and Helper.

Wednesday 16 Nov. – 09:00 AM Pickup leftover Poppies & Buckets from Schools. Driver and Helper.

Nov. 4-10 Money count. (To be confirmed)

Nov.18 Final Money count (To be confirmed)

For more information contact Geoff Biddiscombe 780-819-1247 or the Boardroom Poppy Office (780) 456-6518

The Royal Canadian Legion presents

# Lest We Forget

...a musical tribute

#### **Featuring**

The Cosmopolitan Music Society Bands and Chorus

#### With Special Guests

Clan MacNaughton Pipes & Drums of Edmonton

#### **Hosted By**

J'lyn Nye

#### Sunday, November 6, 2022

6:00 PM - Doors & Silent Auction

6:30 PM - Seating

7:00 PM - Concert Begins

#### **Festival Place**

100 Festival Way Sherwood Park, AB

#### **General Admission**

Tickets \$30 Early Bird \$25 until Nov. 3 Under 18 & All Cadets \$10

Tickets available at the Festival Place Box Office: In-Person or at (780) 449-3378

**OR at Ticketmaster.ca** (780) 451-8000

For more Info: 780.432.9333 info@cosmopolitanmusic.org

















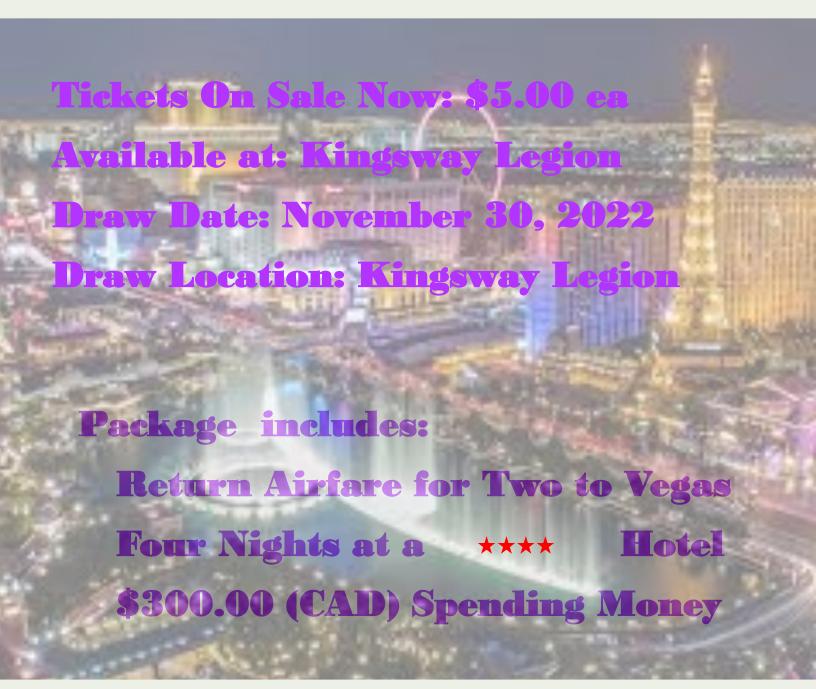
#### PUTTING A FACE ON REMEMBRANCE - LEST WE FORGET

Families embrace every opportunity to honour and acknowledge their loved ones who have served or who are currently serving Canada. The Royal Canadian Legion and the Lest We Forget Concert Committee will create a powerpoint presentation and memorial booklet as a means for families to share photos and information of a selected eligible family member. If you would like to participate, send this information to the Cosmopolitan Music Society or drop it off at the CMS office. Email us a jpg photo or drop off the photo itself along with the information you would like us to know about your family. All of your special memory pictures will be returned to you in the lobby the night of the concert, **OR** you can pick them up at the CMS office.

Send this signed application no later than Sunday, Oct. 23, 2022. We have room for approximately 60 nominees.

Name of HONOREE:		
(Print first and	d last name)	
Branch and Rank:	<del>dinahir kadhi</del> da birahir dir.	
All honorees must be a member of and/or served in one or monformation and/or fill the blank as required.)  Canadian Forces Navy Army  Allied Forces (name of Country)  Merchant Marine (name of ship if possible)  Member of the Diplomatic Corps (served in what country)  RCMP / Provincial Police / Civic Police who aided in respect to the Provincial Police, name the province - If you circled the Provincial Police, name the town or city  Please answer the following two questions using ten (10 What do you want the audience to know about the country of the province of the Pro	Air Force Navy Army Air Force  untry?) econstruction of war torn countries. e  )) words or less for each answer: his person?	
SUBMISSION INFO	ORMATION	
SUBMITTED BY:  Print Your Name Phone Number Cell Number Email Relationship to Honoree If applicable, CMS ensemble or R.C.L. Branch  Request to use previously submitted honoree -	- attach a high quality photo as a jpg, phig, or pur	
information and photo (Check if applicable)  Name of Honoree  Year it Was Submitted  Changes (if any, explain)	powerpoint presentation and memorial booklet. Esigning this application you acknowledge that you ow the picture and have permission to allow us to use the information.  Signature	

# Win a Trip to Las Vegas



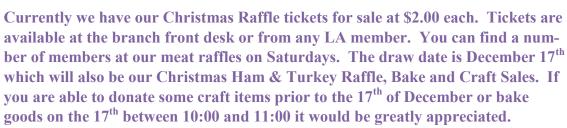
Estimated Value: \$3,500 (based at Aug 15 prices)

AGLC Licence # 607758

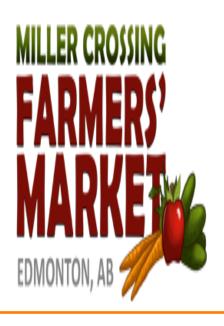
## **Kingsway Legion Ladies Auxiliary**

October 1<sup>st</sup> 2022 is our Thanksgiving Ham & Turkey Draws. Ticket sales begin at 1PM. Thank you for all your generous support throughout the summer!!

At our September General meeting it was reported that we have 47 members in good standing. A reminder to Legion members, friends and family members if you join the Ladies Auxiliary at Kingsway Br 175 as a new member your 2023 membership is free. AB-NWT Ladies Auxiliary Command and Kingsway LA have waived fees so check us out!! Normally LA membership is \$35 a year at our branch. Applications are on the front desk at the Legion.



The Kingsway LA is welcoming Legion members to swap or borrow books from our Library (two book shelves) in our storage room on Saturdays during the meat raffle. Please ask an LA member for access.



For updates on this event checkout our website:

millercrossingfm

or on Facebook

facebook.com/millercrossingfarmersmarket

Over 50 Vendors, Food Trucks, and Lunch Specials at the Legion

Open every Sunday 11:00 to 3:00 pm in the Legion Parking Lot.

## The Legion Dispatch

#### Your Legion Calendar: October - November 2022

This calendar lists upcoming commemorative days of relevance to The Royal Canadian Legion that raise awareness of an issue, commemorate a group or event, or celebrate an important topic.

Date	Event
2 –8 Oct	National Family Week
2 –8 Oct	Mental Illness Awareness Week
10 Oct	World Mental Health Day
10 Oct	Thanksgiving
14 Oct	Van Doos Anniversary (1914)
17 Oct	International Day for the Eradication of Poverty
24 Oct	Anniversary of United Nations (1946)
28 Oct	Poppy Campaign Starts

Date	Event
1 Nov	Announcement of National Silver Cross Mother
8 Nov	Aboriginal Veterans Day
11 Nov	Remembrance Day
11 Nov	First World War ends - Armistice Day (1918)
12 Nov	Passchendaele ends (1917)
18 Nov	Battle of the Somme (1916)
29 Nov	#GivingTuesday



APEU Executive Jason Morohy & Mike Dyer presenting a cheque for \$2,000 as part of our Go-Fund Me Campaign.

Thank you for your contribution!

## **Sports Schedule**

#### **BRANCH LEAGUES:**

Cribbage ····· Mon	6:00 —	9:00 pm
Darts ······ Mon	6:00 —	9:00 pm
Euchre ····· Wed	7:00 —	10:00 pm
Darts (Over 60) ····· Thur	1:00 —	3:30 pm
8 Ball Pool ·····Thu	7:00 —	10:00 pm
Shuffleboard ······Thu	7:00 —	10:00 pm
Shuffleboard ······ Fri	6:00 —	10:00 pm







#### **NON-BRANCH LEAGUES:**

Pool (Drop in Tourney) Tue	11:30 am
Darts (Drop in League) Tue	1:00 pm
Pool (Drop in Tourney) Thu	11:30 am
Pool (Drop in Tourney) Sat	11:30 am





- All members, whether novice or expert, are invited to participate.
- All times are approximate and maybe changed to fit the requirements of the Branch.

All Sports queries should be directed to the Legion Sports Officer:

Audrey Ferguson.

## **Over 60 Luncheon Club**

Please come and join in for some fun with the Over 60 Luncheon Club on Wednesday, Oct 19<sup>th</sup>, 2022.

We are going to have a fun free Bingo after our lunch. You do not have to be a member, it is open to all who would like to participate in this fun activity. It costs nothing except some laughter and smiles.

Feel free to join us for lunch, that will be the only cost.

Looking forward to seeing all of you.

## Command Sports Schedule

#### 2022-2023 Sports Schedule District 2 AB/NWT Command AREA B

Sport	Area – B District		Command	Dominion	
EUCHRE	Fort Sask. # 27	Norwood 178	District # 9		
	Sept. 10, 2022	Nov.13,2022	Jan.20 - 21, 2023		
CRIBBAGE	Kingsway # 175	Fort Sask. # 27	Norwood # 178	Men of Vision	
LEGION	Sept. 17, 2022	Nov.19, 2022	Jan.27 – 28, 2023	Cochrane, AB. TBC	
DARTS	Strathcona # 150	Fort Sask. # 27	District # 6	Br.# 265	
LEGION	Sept. 24, 2022	Nov. 20, 2022	0, 2022 Feb. 3 - 4, 2023		
SHUFFLEBOARD	Norwood # 178	Kingsway # 175	District # 1		
MEN'S & LADIES	Oct 1, 2022	Nov. 26, 2022	Mar.17 – 18, 2023		
SHUFFLEBOARD	Norwood # 178	Kingsway # 175	District# 9		
MIXED & SR.	Oct. 1, 2022	Nov. 26, 2022	Feb. 17 – 18, 2023		
8 BALL POOL	Strathcona # 150	Norwood # 178	District # 6		
(DOUBLES)	Oct. 2, 2022	Nov. 27, 2022	Mar. 24 – 25, 2023		
DARTS SR.	Fort Sask. # 27	Gibbons # 226	District # 5		
MIXED	Oct. 15, 2022	Dec. 3, 2022	Feb. 24 – 25, 2023		
DARTS MIXED	Kingsway # 175	Athabasca # 103	District # 4		
	Oct. 29, 2022	Dec. 10, 2022	Mar.10 -11, 2023		
CRIBBAGE PRS.	Norwood # 178 Oct. 22, 2022	McGrane # 28 Dec. 4, 2022	Strathcona # 150 Mar. 3- 4, 2023		
8 BALL POOL	Norwood # 178	Westlock # 97	District # 8	Branch # 104	
(SINGLES)	Nov. 5, 2022	Dec. 11, 2022	Mar. 31/Apr.1, 2023	Innisfail, AB. TBC	
CRIBBAGE SR.	Gibbons # 226	McGrane # 28	District # 1		
	Nov. 12, 2022	Dec. 17, 2022	Jan. 13 – 14, 2023		
SPRING RALLY		Norwood # 178 Apr. 23, 2023			
FALL RALLY		Strathcona # 150 Sept. 11, 2022	Kingsway # 175 Sept. 10, 2023		

## **A Talk With The Padre**

I would like to take this opportunity to again say what an honour and privilege it is to serve you, the members of our Legion as your Padre. It was a special honour to be involved in the Memorial/Remembrance Service for our late Sovereign, Queen Elizabeth 11, on Sept. 19, 2022.

By the time you read this publication Thanksgiving weekend will have come and gone here in Canada. My prayer was/is that each of us will have found the opportunity to be genuinely thankful for what we take so much for granted here in our amazing Canada, which we call home. For those of you who have swerved and are still serving my sincere appreciation for your service and in many cases your sacrifice.

One of the things I have been reflecting on in the past while is the whole notion of being grateful for what I have and the many blessings I enjoy. For quite some time now I make it a habit/routine to spend the first minutes of my day, recording at least five things I am grateful for that day. This practice has been a real value add for me and goes a long way in keeping me in a positive frame of mind, especially these days as I am recovering from an injured knee. (Hence the cane at the recent service of remembrance.)

Lack of gratitude and thankfulness seems to be a diminishing attribute in our society and culture. As I considered this, especially on Monday after reflecting on the many years our Sovereign served so faithfully, I read again the story recorded for us in Luke 17:11-19. I would encourage each of you to take the time to read the story and allow its truth to impact you.

#### Ten Healed of Leprosy

As Jesus continued toward Jerusalem, he reached the border between Galilee and Samaria. As he entered a village there, ten men with leprosy stood at a distance, crying out, "Jesus, Master, have mercy on us!" He looked at them and said, "Go show yourselves to the priests." And as they went, they were cleansed of their leprosy.

One of them, when he saw that he was healed, came back to Jesus, shouting, "Praise God!" He fell to the ground at Jesus' feet, thanking him for what he had done. This man was a Samaritan. Jesus asked, "Didn't I heal ten men? Where are the other nine? Has no one returned to give glory to God except this foreigner?" And Jesus said to the man, "Stand up and go. Your faith has healed you."

Jesus encounters these ten men who were outcasts of society. They were by the laws of the day banned from living near anyone else. These men were lepers and lived completely isolated. They came from a variety of levels of society, but had one thing in common, "they were outcasts," and not part of society. Jesus is walking, not around Samaria as would other Jewish people, taking a trip with many more miles to walk, but sparing them from this place called Samaria. But, Jesus was not a common man, He was never one to walk away from someone in need and we see him in close proximity to these ten lepers, who somehow got wind of the fact that Jesus could do something about their plight, so they call out, Jesus, Master have mercy on us. And Jesus did. Without any concern of who these men were, what their ethnicity was, or their former social status, He simply says, "Go show yourselves to the priest."

The law required that when and it seldom happened, a person believed they no longer had leprosy, they would show themselves to a priest who would sign off on it as it were. As they ran, I am quite certain this passage tells us they were healed.

## A Talk With The Padre

And here is the main point I am trying to make. It is as though this event took place today. Ten men were healed of a terrible disease. Ten men who, following an audience with a priest would no longer be outcasts and would be re-integrated into society. Ten men were given a new lease on life. Ten men who in fact had been rescued from a lifetime of being ostracized. Ten men all healed from the same devastating disease. Their gift from Jesus Himself was equal in value, and significance. And yet only one returned to express his gratitude to Jesus "The Healer."

One of them, when he saw that he was healed, came back to Jesus, shouting, "Praise God!" He fell to the ground at Jesus' feet, thanking him for what he had done. This man was a Samaritan. Jesus asked, "Didn't I heal ten men? Where are the other nine? Has no one returned to give glory to God except this foreigner?" And Jesus said to the man, "Stand up and go. Your faith has healed you." My challenge for myself and for all of us, is that we will be like that one man who came and said, "Thank you." That I will be one of those who expresses gratitude for what I have, and the multitude of blessings that come my way each day.

The truth is that everything we have, and is given to us, is given to us by God Himself. So, gratitude must be a way we live, so let's be quick to be grateful and slow to complain when things don't quite go the way we had them planned.

Rev. R.D.(Bob) Wiebe, Padre Kingsway Branch RCL #175



## Saturday October 1, 2022



Bavarian Dinner: \$30.00

Jagerschnitzel:Pork Cutlet with fried mushrooms

Spatzel-Fried Egg Noodles

Geschmorter Rottohl-Braised Red Cabbage

Schwarzwälder Kirschtorte-Black Forest Cake

Doors Open: 5:00 pm

Dinner 5:30 = 6:30 pm

Music: 7:00 pm

Reserve Seating / No Refunds

Kingsway Legion 14339 50th St. Edmonton 780-425-8654





# Saturday Oct 29, 2022

# 90's music bingo

Remembering the Macarena

Doors open at 5:00 pm

Games start at 7:00 pm

Cards: \$2.00 ea

Meal \$15.00

Chicken & Chips

Dinner 5:00 -6:00 pm

Prizes for best Halloween Costumes

DJ: Joe Luce

Dinner Ticket Must Be Purchased by Oct 27, 2022 Kingsway Legion 14339 50th St. Edmonton 780-425-8654

**Order Tickets On-Line** 

or Contact the Office

## RING IN THE NEW YEAR WITH US!

## New Year's Eve Dinner & Dance

DANCE THE NIGHT AWAY TO "RUBY AND THE HITMEN" PLAYING YOUR FAVOURITE'S FROM THE 60'S AND 70'S.

#### TICKETS

ADVANCED SALES: PRIOR TO DEC 11

\$65.00/LEGION MEMBERS

\$70/Non-Legion Members

SALES: DEC 13 - 27

\$70.00/LEGION MEMBERS

\$80/Non-Legion Members

#### YOUR TICKET INCLUDES:

- \* DINNER BUFFET
- \* A GLASS OF CHAMPAGNE TO TOAST IN THE NEW YEAR
- \* Door Prizes
- \* PARTY FAVORITES
- \* LATE LUNCH

TICKETS WILL NOT BE AVAILABLE AFTER DEC 27

#### DINNER BUFFET

SLOW ROASTED ALBERTA BEEF

YORKSHIRE PUDDING

ROSEMARY AU JUS

BREAST OF CHICKEN IN MUSHROOM SAUCE

CREAMY WHIPPED POTATOES

RICE PILAF

PEAS & CARROTS WITH SCALLIONS

ASSORTED SALAD

BUNS

ASSORTED DESSERTS

COFFEE / TEA

DOORS OPEN AT 6:00PM DINNER AT 7:00PM

KINGSWAY LEGION 14339 50TH STREET EDMONTON
CALL FOR TICKETS 425-8654 RESERVE SEATING ONLY

#### **Public Service Health Care Plan (PSHCP)**

On Aug. 3, 2022, following more than 2 1/2 years of negotiations, the Public Service Health Care Plan (PSHCP) Partners Committee reached a deal on a renewed, modernized PSHCP.

The deal will see meaningful enhancements and improvements across nearly every benefit category and will take effect July 1, 2023, when Canada Life takes over from Sunlife as the plan administrator. The terms of the agreement are subject to approval by the Treasury Board, which is anticipated over the

Read More



25% OFF – EXCLUSIVE OFFER TO LEGION MEMBERS



Starting September 1st until November 11th, 2022, the Royal Canadian Legion members can save 25% off the best available fares in Economy class valid across the VIA Rail network and Berths in Sleeper Plus class on board the Canadian. Bring up to 3 guests! \*Certain conditions apply and forms of identification are required.

**DISCOUNT CODE: LEGION25** 

## Thousands of CAF members eligible for compensation for drinking contaminated water



Former residents of CFB Valcartier may be eligible for financial compensation due to a ruling regarding contaminated water sources between 1995 and 2006.

In 2012, the Quebec Superior Court ruled that the Department of National Defense (DND), SNC-Lavalin and General Dynamics should pay millions of dollars to those who lived on-base or in the neighbouring municipality of Shannon, Quebec, where water was contaminated with the dangerous carcinogenic trichloroethylene.

It's estimated that thousands of former CFB Valcartier residents may be entitled to compensation, which could total hundreds of thousands of dollars. Any person who believes they are eligible should visit actioncollectiveshannon.ca for more information.

The deadline to apply is January 2023

## Submit a Claim



New Lawn Signs \$20.00 (gst included)

Order from the front office

# Are you a Canadian veteran who has been experiencing pain longer than 3 months?

## We want to hear from you!

Resilient Valor is a study lead by the University of Waterloo. The aim of this study is to provide opportunities for Canadian veterans to express which evidence-based values and resources are most meaningful in terms of navigating and negotiating for their chronic pain management needs. These opportunities include a 25 minute online survey (link below) and a group dialogue.

## Interested in sharing your experience?

### Complete our online survey by clicking here

For more information about this research study: please contact our Study Coordinator Sarah Versteeg at sarah.versteeg@uwaterloo.ca

This study has been reviewed by, and received ethics clearance through the University of Waterloo Research Ethics Committee.

This project is funded by: Chronic Pain Centre of Excellence for Canadian

Veterans

UNIVERSITY OF



The Last Post Fund's mission is to ensure that no Veteran is denied a dignified funeral and burial, as well as a military gravestone, due to insufficient funds at the time of death.

Our Veterans Affairs Canada Program provides financial assistance for the funeral, burial and headstone of eligible\* Canadian and Allied Veterans. If you know someone who could benefit from this aid, please contact us or visit lastpostfund.ca.

1 (800) 465-7113 I info@lastpost.ca











Follow us! @Lastpostfund





Call for Applications for the Pilgrimage of Remembrance 2023

The Legion National Foundation is now accepting applications for Legion members to represent their Provincial Command and the Legion in the 2023 Pilgrimage of Remembrance, July 8 to 22, 2023.

Selected individuals will share a once in a lifetime journey visiting the First and Second World War battle-grounds, museums, commemorations, and final resting places of soldiers who fought in and around Normandy, France and Belgium.

See the memo and application form for details. Completed application form, with Provincial Command signature, must be received by October 31, 2022 for consideration.

2023 Pilgrimage Memo

**Application Form** 

## 2022 Christmas Dinner

The Branch is once again be hosting a Christmas Dinner on Dec 25 from 4:30 to 6:00 pm. We will offer both take out and dine in. Cost \$25.00

More info to follow once we have finalized the details.

#### **Veterans Service Centre**

The Veterans Service Centre in Edmonton is a place for veterans to get help accessing:

- financial programs and supports
- employment and training services
- housing location and supports
- crisis supports
- community services and opportunities

Supports and services are available to any veteran who is:

- homeless
- at-risk of homelessness
- struggling in the civilian community

To visit the Veterans Service Centre: Hours: 9 am to 12 pm and 1 pm to 4 pm (Monday to Friday)

For more information visit:

https://www.alberta.ca/veterans-service-centre.aspx

#### The Veterans Emergency Fund

The fund covers essential needs, such as:

- Food, Clothing, Rent, Mortgage
- Medical care/expenses
- Expenses required to maintain safety and shelter.

As this is only temporary financial relief, we will also work with you to identify your long-term needs. Together, we will look for solutions to improve your financial stability.

If you have an urgent financial need, and are:

- a former member of the Canadian Armed Forces (CAF);
- the spouse/common-law partner of the former member;
- a survivor of a deceased CAF member or Veteran:

For more information go to: <a href="https://www.veterans.gc.ca/eng/financial-support/emergency-funds/veterans-emergency-fund">https://www.veterans.gc.ca/eng/financial-support/emergency-funds/veterans-emergency-fund</a>



Wounded Warriors Canada is a national mental health service provider utilizing clinical best practices and evidence-informed care to create an environment of compassion, resiliency and hope for Canada's Veterans, First Responders and their families. Our programs are designed to provide support in the following areas:

Trauma Informed Workplace Training
Operational Stress Injury Group Based Programs
Spousal & Youth Programs
K9 Assisted Therapy

#### Kingsway Legion Branch No.175



#### **OCTOBER 2022**

<u>Branch Hours</u>: Sunday 11-3 Monday 5 pm – 10:00 pm, Tuesday- Saturday 11 am – Close Closing time varies depending on number of people in the Canteen

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Pool Tourney 11:30 Meat Draw 1 pm Ham & Turkeys Octoberfest 5pm Country Gold 7- 11pm
CANADIAN PROPERTY OF THE PROPE	3 Opens at 5 pm Crib 6:30 pm Darts 7 pm	4 Pool Tourney 11:30 Over 60 Darts 1 pm Canasta 1 pm Dart League 7pm	5 Meat Draw 5:30 pm Ham & Turkeys Peggers 6:30 pm Euchre 7 pm	6 Pool Tourney 11:30 Over 60 Darts 1pm Shuffleboard 6:30 pm Pool League 6:30 pm Jam Session 6:30 pm Trick Ryder City Darts 7pm	7 Meat Draw 5:30pm Shuffleboard 7 pm Entertainment: 7 – 11 pm Dean Henry	8 Pool Tourney 11:30 Meat Draw 1 pm Entertainment: 7 – 11 pm Dean Henry
CANADIAN CAN	10 THANKS - GIVING DAY CLOSED	Pool Tourney 11:30 Over 60 Darts 1 pm LA Ex meet 1pm Canasta 1 pm Dart League 7pm	12 Meat Draw 5:30 pm Peggers 6:30 pm Euchre 7 pm	Pool Tourney 11:30 Over 60 Darts 1pm Shuffleboard 6:30 pm Pool League 6:30 pm Jam Session 6:30 pm Old Tyme Fiddlers City Darts 7 pm	14 Meat Draw 5:30pm Shuffleboard 7 pm Entertainment: 7 – 11 pm Steppin Out	Pool Tourney 11:30 Meat Draw 1 pm Divas 5pm Entertainment: 7 – 11 pm Steppin Out
Open 11-3  PARMETS  MARKET  MA	17 Opens at 5 pm Crib 6:30 pm Darts 7 pm	18 Pool Tourney 11:30 Over 60 Darts 1 pm LA Gen Meet 1pm Canasta 1 pm Dart League 7pm	19 Meat Draw 5:30 pm Peggers 6:30 pm Euchre 7 pm	Pool Tourney 11:30 Over 60 Darts 1pm Shuffleboard 6:30 pm Jam Session 6:30 pm Vinyl Country City Darts 7pm Pool league 6:30 pm	21 Meat Draw 5:30pm Shuffleboard 7 pm Entertainment: 7 – 11 pm Steppin Out	Pool Tourney 11:30 Meat Draw 1 pm Entertainment: 7 – 11 pm Steppin Out
Open 11-3  Open 11-3  Substitute Colonic Colon	24 Opens at 5 pm Crib 6:30 pm Darts 7 pm	Pool Tourney 11:30 Over 60 Darts 1 pm Canasta 1 pm Dart League 7pm Gen Meet 7pm	26 Meat Draw 5:30 pm Peggers 6:30 pm Euchre 7 pm	Pool Tourney 11:30 Over 60 Darts 1pm Shuffleboard 6:30 pm Jam Session 6:30 pm Old Tyme Fiddlers City Darts 7pm Pool league 6:30 pm	28 Meat Draw 5:30pm Shuffleboard 7 pm Entertainment: 7 – 11 pm Norm & Country Jammers	29 Mixed Darts- 8am Pool Tourney 11:30 Meat Draw 1 pm Extreme Bingo 5pm Norm & Country Jammers 7-11pm
30 Open 11-3 FARMERY MARKET Manual VI I I I I I I I I I I I I I I I I I I	31 Opens at 5 pm Crib 6:30 pm Darts 7 pm					