



THE TORCH

Newsletter of Royal Canadian Legion Kingsway Branch # 175

Mar 2026 Edition

BRANCH HOURS

Mon - 5:00 pm - 11:00 pm
Tue - Wed 11:00 am - 11:00 pm
Thu - Sat 11:00 am - 12:00 pm
Sun - Closed

BRANCH OFFICE

Mon - 5:00 pm - 11:00 pm
Tue - Wed 11:00 am - 11:00 pm
Thu - Sat 11:00 am - 12:00 pm
Sun - Closed

CANTEEN BAR

Mon - 5:00 pm - 11:00 pm
Tue - 11:00 am - 11:00 pm
Thu- Sat 11:00 am - 12:00
Sun - Closed

KITCHEN

Mon - 5:00 pm—8:00 pm
Tue - Wed 11:00 am - 8:00 pm
Thu - Sat 11:00 am - 9:00 pm
Sun - Closed

We will be closed on:

Good Friday April 3, 2026

Easter Monday April 6, 2026

Branch General Meetings

The next General Meeting will be on
Tuesday, Mar 31, 2026 at 7:00 p.m.

Please attend the General Meetings and help to
keep the Legion running.

Branch General Meetings take place on the last
Tuesday of each month, from September to June
(except for December), in the Maple Room,
starting at 7:00 p.m.

MEMBERS IN GOOD STANDING

as of Feb 17, 2026

Affiliate	161
Associate	294
Life Members	23
Ordinary	302
Centenary	106
Total	879

14339 – 50th Street NW - Edmonton, AB T5A 0S9 (780)-425-8654

www.kingswaylegion.ca | www.facebook.com/kingswaylegion



They shall grow not old, as we that are left grow old; Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning. We will remember them.



Fallen Comrades

It is with deep regret that we announce the following members have passed on since we last gathered together.

Name	Age	Date	Service
Tracy Colautti (L.A.)		2 Feb	

POST-SECONDARY EDUCATION BURSARY

A Bursary is awarded to students who are Veterans, children, grandchildren, great-grandchildren, spouses or surviving spouses of Veterans; who are in need of financial assistance. Bursaries up to \$2,000 may be awarded at any stage of a college or university program.

Just download the application from: <https://kingswaylegion.ca/bursary-application-form>

Once completed, drop the application off at the Branch office or email it to:

office@kingswaylegion.ca



OUR NEWEST MEMBERS

Zephan Amponsah	Orest Halkd	Desmond Osburn	Bobby Hagen
Manuel Anastascio	Clara Johnson	Susan Osburn	Deborah Olson
Valerie Anastascio	Pauline Sandra Johnson	Ashley Phillips	Jacqueline Wilson
Raymond Ashdown	Gerald Jackson	Walter Rogers	Mark Zabielski
Peggy Bots	Tommy Jackson	Helga Saunders	Sheila Zubot
Lee Bowman	Georgina Kachuk	Frances Sinclair	Dwayne Johnson
Marilyn Brown	Ravi (Rob) Kapoor	Katherine Smith	Mryna Loy Dzioba
Delores Buzdegan	Marlene Komick	Louise Thompson	John Fedynak
Darlene Carter	Azja Konikowski	David Tollefson	Tracey Gerber
Rita Choma	Bohvn Konikowski	Rosaneen Toner	Elaine McDonald
Rose Dalton	Debbie Kosinski	Giuseppi (Joe) Tozzo	Mary McEachern
Kerry Allen Daly	Duane Langille	Cynthia Schluetter	Judy McLaughlin
Candace Davis	Carol Lavalley	Jennifer Shuman	Marie Noselski
Christina Delaven	Frances Lavergne	Shawn Silva	Brenda Struk
Patricia Doucette	Ann Low	Ken St. Germaine	Garry Voshall
Marjorie Dowaniuk	Bernard Maddex	James Wiebe	Laura Walgren
Barbara Weber			

Don't forget to say Hi! to our newest members

Upcoming Notable Dates

28 Feb	Gulf War Ends	8 Mar	International Women's Day
12 Mar	Afghanistan Mission Ends	30 Mar	Battle of Moreuil Wood Commemoration
1 Apr	RCAF founded (1924)	4 Apr	NATO Accord signed (1949)
9 Apr	Battle of Vimy Ridge (1917)	10 Apr	The Great War Veterans' Association of Canada is formed (1917)
19-25 Apr	National Volunteer Week	25 Apr	Anzac Day Battle of Kapyong (1951)

WHAT'S YOUR IRRATIONAL FEAR?

Ombrophobia: is the fear of rain.

Some people are afraid of rain, especially during thunderstorms, even though it's a natural event.



Celebrate Kingsway Legion's 80th Anniversary with a Custom Polo Shirt Only \$45.00

This Core 365 is made with 6.8-oz/Inyd polyester pique and features moisture-wicking properties and UPF sun protection. The flat knit collar and four-button placket keeps the look crisp and presentable



Not to scale

Features

- Fabric: 6.8-oz/Inyd polyester pique
- UPF 40 sun protection
- Moisture-wicking
- Polo
- Flat knit collar
- Four-button placket with matching buttons
- Set-in sleeves
- Self-fabric cuffs and hem
- Side vents



Not to scale

Color: Navy Blue or Red

Embroidered 80th Anniversary (4" round)
on front left side

Embroidered Name on the right sleeve
(if requested)

Embroidered Legion Logo on the back (9" X 4")

Available in both Ladies & Men's

Sizes: XS — 6 XL / LT-6XLT

Order Yours Today! Order Forms Available At The Front Desk.

or you can download the form from our website : <https://kingswaylegion.ca/fund-raising-events>

MEMBERSHIP RECOGNITION



Noella Mahe receives her
10 year Membership Pin
from President Rick Etmanski



Phyllis Moldowan receives her
15 year Membership Pin
from President Rick Etmanski

BRANCH CADET SUPPORT



Comrades Bill Fecteau & Terry Zech present a
cheque for \$1,00.00 to
504 Royal Canadian Air Cadet Squadron



Comrades Don Claggett & Terry Zech
present a cheque for \$1,00.00
to Navy League Cadet Corps C.B. Hill # 55



Come Celebrate Kingsway Legion's 80th Anniversary

Saturday 5:00 p.m. **13** June 2026

Ticket available:
at the Branch
or on [Eventbrite.ca](https://www.eventbrite.ca)



Dance to

Ruby & the Hitmen

Doors Open 5:00 pm

Meal 5:30—6:30 pm

Dance: 7:30—11:30 pm

Enjoy a meal of:

SLOW ROASTED ALBERTA BEEF w/ AU JUS

YORKSHIRE PUDDING

CHICKEN KIEV

DUCHESS POTATOES

Tri Color Baby Carrots

Cauliflower w/ Cheese Sauce

ASSORTED SALAD | BUNS | COFFEE, TEA

RASPBERRY PANNA COTTA PARFAIT

TICKETS (+ gst)

ADVANCED SALES: PRIOR TO MAY 31

\$55.00/LEGION MEMBERS

\$60.00/NON-LEGION MEMBERS

TICKET SALES: JUNE 1 – 10

\$60.00/LEGION MEMBERS

\$65/NON- LEGION MEMBERS

Reserve Seating / Non-Refundable





The Royal Canadian Legion Dominion Convention

The Legion's 50th Dominion Convention will be held in Winnipeg, Manitoba, Aug 22 through 26

This year's theme, **A Century of Service. Honouring the Past. Shaping the Future**, marks the Legion's 100 years of service to Veterans, their families, and communities across Canada. It reflects both the legacy created through service and sacrifice, and the responsibility of today's members—through the decisions and leadership of Convention—to shape the Legion's future.

If you are interested in attending contact the front office. The cost is \$120.00 includes the Delegate registration fee to the convention and the Centenary Banquet on Saturday Night Aug 22.

If you wish you can attend the conference as an observer for \$80.00.
It **DOES NOT** include entry to the Centenary Banquet

80TH ANNIVERSARY MERCHANDISE



11 oz Ceramic Mug wrapped with our
80th Anniversary Logo

Handwash Only

\$12.50 (includes gst) limited quantities.

CENTENARY MERCHANDISE



Looking for a gift for a Legion Member? Check these out!

Click on the image or go to:

<https://www.poppystore.ca/legion-centenary>



For more information Click on the image

During The Royal Canadian Legion's Centenary in 2026, the Royal Canadian Mint honours an organization born from the sacrifices of Canada's earlier Veterans—those who answered the call in the First World War and paved the way for generations of service to come.



Renew your Legion membership and qualify to WIN a Ford F-150!

Add two more chances to win by shopping on the Legion's store and donating to the Poppy Fund!

Renew Today
[Legion.ca/winbig](https://legion.ca/winbig)



Ford Dealers of Canada
Official Partner of The Royal Canadian Legion



No purchase necessary, terms and conditions apply.



Working together to serve Canada's Veterans

St. Patrick's Celebrations

Friday Mar 13, 2026

Door Open 5:00

Traditional Irish Meal \$12.50

Irish Stew w/Irish Soda Bread

5:30 - 6:30 pm

Live Music

7:00 - 11:00pm with

Running River Boys



Kingsway Legion 14339 50th St. Edmonton 780-425-8654

Twilight Time

*A Tribute to The Platters
& the Doo Wop Sound*

**Saturday
March 14**

*Come and listen to many of
The Platters Greatest Hits
and other favorites from that era*



**Dinner & Show \$55.00 (+gst)
Show Only \$30.00 (+gst)**

**Doors Open: 5:00 pm
Dinner 5:30 pm
Show 7:00 pm**

**Pick up your tickets
at the front desk**

or

**Order on Eventbrite.ca
\$33.28 to \$59.91**



Menu
Salsbury Steak
Mashed Potatoes
Toss Salad
Marinated Salad
Bun
Dessert

14339 50th Street Edmonton | www.kingswaylegion.ca | 780.425.8654

JUNO ROOM WEEKEND ENTERTAINMENT

**Here is a quick look at the upcoming entertainment events
in the Juno Room for the month of March**

Mar 6 & 7

Strathcona Country



Mar 13 & 14

Running River Boys



Mar 20 & 21

Sparking Tones



Mar 27 & 28

CC & High Ryder





As of February 24, 2026

we have raised:

\$44,400.00

There is just over four months left before the big prize on the 50/50 Raffle which will be drawn (May 15, 2026).

With 55 % of the tickets still available for purchase we need volunteers to help promote and sell raffle tickets at Legion events and other events throughout Edmonton, if you are interested in helping with this campaign, contact the office at **780.425.8654**



Kingsway Legion invites dedicated individuals to join our vibrant volunteer teams. We're seeking enthusiastic individuals who want to make a difference while supporting Legion values.

Tuesdays 11:30 am - 2:00 pm

Wednesdays 5:00 pm - 7:00 pm

Thursdays 11:30 am - 2:00 pm

Fridays 5:00 pm - 10:00 pm

Saturdays 11:30 am - 2:00 pm

Saturdays 5:00 pm - 10:00 pm

Your assistance will be required for the delivery of food & cleaning of tables.

If you are available to work any of the above mentioned shifts please contact:

Norma Yerex @ 780-478-7680



WHAT'S HAPPENING AT THE LADIES AUXILIARY

We hope you enjoyed spending Valentine's Day with us for our meat draw, 50/50 and fun Bingo. We sure enjoyed the day. Our next fun bingo is Saturday, March 14 and we may have some surprises in anticipation of St. Patrick's Day which falls three days later.

It will be our privilege to stand honour guard for the celebration of life for Tracey Colautti on Saturday, March 7 at 1:00 p.m. at the Kingsway Legion. The honour guard for the Legion has offered to run the meat draw and 50/50 so we can pay our respects to our member. Tracey was an enthusiastic supporter of the Ladies Auxiliary. We will look forward to being with you again on March 14 as usual.

Don't forget the Easter bake sale, meat draw for seven hams and six turkeys, white elephant table and 50/50 draw on March 28. Tickets for our raffle are on sale either from members or at the front desk for two dollars each. Get your tickets before they sell out. We are raffling four prizes. First prize is a grocery hamper valued at more than four hundred dollars including a ham. Second prize is a queen size crocheted blanket, third prize is \$250.00 in gift cards and fourth prize is a limited edition cotton throw with two bottles of wine.

Check out our posters around the Legion. If you have any items to donate for our white elephant table please bring them and drop them with the front desk or give them to a member of the L.A.

The Wise Shopper

The Canadian Legion website has a section that features savings you can access with your Legion membership. Legion.ca-member-login-member-perks

A Special Offer from VIA Rail to Celebrate The Royal Canadian Legion's 100th Anniversary



Here's what you can enjoy as a Royal Canadian Legion member:

- ◆ 25% off the best available fares in Economy class across the VIA Rail network
- ◆ 25% off Berths in Sleeper Plus class on board The Canadian
- ◆ 10% off the best available fares in Business class on board the Corridor
- ◆ Bring up to 3 guests with you!

Booking and travel period: Jan 12 – Dec 31, 2026

WE MOVED
MARK YOUR CALENDAR

THURSDAY NIGHT JAMS ARE NOW
SUNDAY AFTERNOON JAMS
IN THE JUNO ROOM

Band Line Up

- 1 Mar Norm & the Country Jammers**
- 22 Mar Strathcona Country**
- 19 Apr Norm & the Country Jammers**
- 30 Apr Bryce Delorme Band**
- 3 May Hwy 45**
- 17 May Strathcona Country**

Same Great

- ◆ **Location**
- ◆ **Music**
- ◆ **Food**
- ◆ **Service**
- ◆ **Atmosphere**





Kingsway Legion # 175
Ladies Auxiliary

Spring RAFFLE

March 28, 2026



Prize #1 \$400 Food Hamper
(may not be as shown)



Prize #2 Queen Crocheted
Blanket (value \$300)



Prize #3 Assorted Gift Cards
(value \$250)
(cards may not be as shown)



Prize #4 Limited Edition
Blanket & Basket (value \$80)

Tickets available at the front desk or any LA member. Tickets: \$2.00 each

We will be holding our White Elephant Table & Bake Sale (11:00am-1:30 pm)
Followed by the Easter Ham & Turkey draws (1 PM) and our 50/50 raffle

A young boy goes camping in the woods for the first time with his dad.

After they set up camp he asks his dad where he can go to the toilet.

"That's the beauty of camping in the woods," the father replies, "You can go to the toilet wherever you want."

After five minutes or so, the young lad wanders back to the campfire.

"So, where did you go to the toilet then, son?" The father asks.

"In your tent," the boy replies.



LEGION BUDDY CHECK COFFEE

Every 2nd & 4th Wednesday of the Month

Veterans of the Canadian Armed Forces, RCMP and Allied Forces are welcome. You do not need to be a Legion member to attend.

Open to all Veterans, come meet fellow Veterans in a safe, non-judgmental atmosphere of comradeship. There will be free coffee, tea and soft drinks.

For more information contact Louise Abdou at

Edm175buddycheckcoffee@hotmail.com

or call 780-868-8917

MILLER CROSSING FARMERS' MARKET

EDMONTON, AB

The Miller Crossing Framers Market is closed.

We will be open March 29, 2026 for our Easter Market.

The next market is slated for our Mothers Day Market May 3

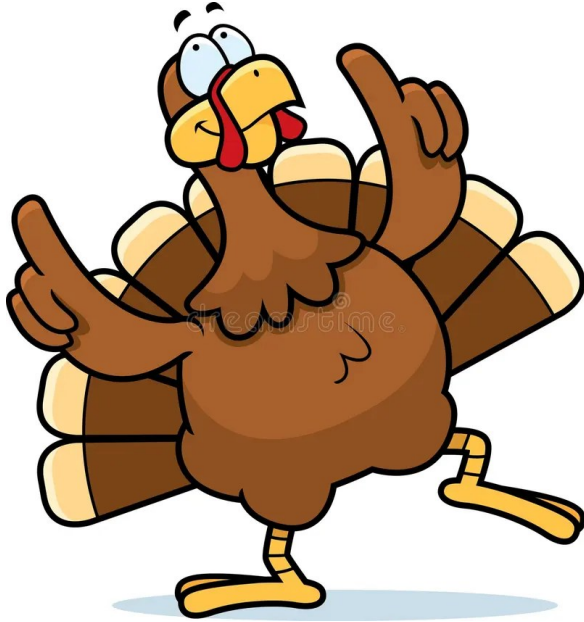
For updates on this event checkout our website: millercrossingfm or on Facebook facebook.com/millercrossingfarmersmarket



Desmond, our new kitchen manager has jumped right in planning new menus and looking at ways we can improve both the quality of the meals and the service.

Say "Hi!" when you see him and lets make him feel welcome

Kingsway Legion Annual Easter Ham & Turkey Draws



Wednesday March 25

**Tickets go on sale at 6:00
pm with the first draw at
6:30 pm**

Tickets \$1 each

12 Draws

Saturday March 28

**Tickets go on sale at 1:00
pm with the first draw at
1:30 pm**

Tickets \$1 each

12 Draws



50/50

**Immediately following
the meat draw
10 Tickets For \$5.00**



SILENT AUCTION JUNE 8-13 2026

This year Kingsway Legion will be celebrating 80 years as Branch # 175.

To offset the cost of Gala Dinner the Branch will be hosting a Silent Auction June 8 to 13, 2026.

We are actively seeking your support in this endeavor. If you have any **New** item just sitting at home, or would consider purchasing an item to donate you can drop them off at the front office any time starting March 1st. Please deliver all Silent Auction items to Kingsway Legion (front desk) at the address above by noon on June 3, 2026. Our hours of operation are 5-9 Monday and 11-9 Tuesday to Saturday.

If you are considering making a financial donation, please make it payable to RCL Kingsway Branch #175.

We invite you to view Silent Auction items online at <https://kingswaylegion.ca/silent-auction>. Our website will be updated on an ongoing basis. Alternatively, you may view items in person at the address above as follows: Monday, June 9, to Saturday, June 13 (hours are 11-9). The Silent Auction will close on Saturday June 13th at **6:00 pm sharp**.

On behalf of our veterans and Kingsway Legion, we thank you for your kind consideration and support in honoring our veterans.

Should you have any questions regarding the Silent Auction, please contact the undersigned.

Sincerely,



Trese Biddiscombe
Silent Auction Chairperson
Kingsway Legion #175
Office: 780.425.8654 / Cell: 780.890.0080
Email: Kingsway_Legion_Silent_Auction@outlook.com
Web: <https://kingswaylegion.ca>



Legion



BSO OSI

OP VETBUILD

Operation VetBuild is a Royal Canadian Legion initiative run by the RCL's OSI Special Section (BSO Legion OSI). This is a peer to peer program by veterans, for veterans and includes RCMP and allied veterans. The objective is to help improve mental health through hobby and in this case, model building. 100% free to veteran's.

Will be held every 3rd Saturday of the month.

**Contact: Anthony Sowards
teutonicknights@shaw.ca**



Ladies' Auxiliary Meat Draw

Every Saturday Afternoon
Starting at 1:30



Ticket on Sale 1:00 pm

Draw 1:30 pm

12 Regular &

1 Bonus Draw

Tickets \$1.00 each



50/50

**Immediately Following The
Meat Draw**

10 Tickets For \$5.00

14339 50th Street NW, Edmonton | 780.425.8654 | <https://www.kingswaylegion.ca>

“LOSS, GREIF, & MOURNING”

One of the most difficult and stress filled parts of my Job as a Police Officer, was the notification of the death of a loved one to members of the family. While we received some, and I add very little training in this area, it was something my colleagues and I almost feared. There are really no nice words one can use, especially when the death was sudden, like a 15-year-old who fell from her horse, and hit a piece of farm machinery. Or, the death by suicide of a young man on Christmas Eve, and the death of a mom, dad, and one of five children, following a train crash, and in this case the N.O.K. were very close friends. Unfortunately, I have had too many of these kinds of notifications.

While none of these and dozens more notifications were related, one thing started to stand out to me, and it was the reaction to the notification by members of the family. I remember one in particular, where there was no reaction whatever, just “okay, thank you for letting us know.” That’s it, and I wondered, why, when in comparison, in one case, the result was an almost violent confrontation, with “I don’t believe you, why are you telling me this when its not true?”

Following my career as a Police Officer and entering vocational church ministry, one of my responsibilities was to meet with families and walk through the process of coming to grips with what had happened. I began to realize that no size fits all when it comes to grief and all the sudden and often unexpected reaction to this terrible news. The church I was a pastor at recognized my interest in helping people through the death and grieving process and allowed me to attend several week-long courses at the “Centre for Loss and Life Transition,” in Fort Collins, Colorado, where I had the privilege of sitting under the teaching of Dr. Alan Wolfelt, a renown “Thanatologist,” and presenter on the topic of grief and mourning. The more I studied grief and how it affects people the more I realized that grief and how we display that differs from individual to individual.

Not long after my first week long session, I returned home to my Church and sat with G. & S. following the death of their 5-day old son Cole, after he underwent 13 hours of open-heart surgery. Within weeks I sat with a single mom, whose 3-month baby died from S.I.D.s. as I sat with N. I wondered why she showed little outward emotions, and then realized she desperately needed to hold her baby, which she had not had the opportunity to do following his death. I reached into the casket and gently moved her baby and placed him in her arms, and the dam broke, but it was exactly what she needed.

Not long after, I was present in a viewing room with K.C.s dad, who had been estranged from his family for a long time. K.C. had committed suicide and dad broke down. I couldn’t remember when I had seen anyone with as much outward emotion as dad. “People Grieve at different levels, and different intensity.” As I reflect on this past year and the past months, I realize that many of you reading this have faced significant losses in your lives. For many these loses come in the form of serious health issues, while for too many others, it is the loss of a spouse, a partner, a parent, a child or other significant people in your lives. Those losses bring grief to our lives like nothing else will or can.

With that as back drop, I would like to refer to some writing by Dr. Wolfelt which we may just find helpful as we walk that difficult journey of grief, but before we do, let me share this quote with you:

“LOSS, GRIEF, & MOURNING” CONT'D

Grief, Grief never ends but it changes. Grief is a passage, and not a place to stay. Grief and tears are not signs of weakness, nor are they a lack of faith. THEY ARE THE PRICE WE PAY FOR LOVING SOMEONE WHO HAS PASSED AWAY.

And, then this quote: **“You can’t walk through a river without getting wet, and you can’t experience deep grief without being hurt.**

After someone you love dies, you grieve inside. You have many different thoughts and feelings, most of them painful. We call this interior experience of loss “grief.”

Quotes by Dr. Wolfelt

Mourning means to express your grief outside of yourself. Mourning is crying, talking to other people about the death, sharing stories, putting together photo albums, journaling, and other actions. Mourning is essential because it’s through mourning that you begin to heal.

The death of someone loved changes our lives forever. And the movement from the “before” to the “after” is almost always a long, painful journey. From my own experiences with loss as well as those of the thousands of grieving people I have worked with over the years, I have learned that if we are to heal, we cannot skirt the outside edges of our grief. Instead, we must journey all through it, sometimes meandering the side roads, sometimes plowing directly into its raw center.

Grief is what you think and feel on the inside after someone you love dies. Mourning is the outward expression of those thoughts and feelings. To mourn is to be an active participant in our grief journeys. We all grieve when someone we love dies, but if we are to heal, we must also mourn.

1: Acknowledging the reality of the death

This first need of mourning involves gently confronting the reality that someone you care about will never physically come back into your life again.

2: Embracing the pain of the loss

This need of mourning requires us to embrace the pain of our loss—something we naturally don’t want to do. It is easier to avoid, repress or deny the pain of grief than it is to confront it, yet it is in confronting our pain that we learn to reconcile ourselves to it.

3: Remembering the person who died

Do you have any kind of relationship with someone when they die? Of course. You have a relationship of memory.

4: Developing a new self-identity

Part of your self-identity comes from the relationships you have with other people. When someone with whom you have a relationship dies, your self-identity, or the way you see yourself, naturally changes.

5: Searching for meaning

When someone you love dies, you naturally question the meaning and purpose of life. You probably will question your philosophy of life and explore religious and spiritual values as you work on this need. You may discover yourself searching for meaning in your continued living as you ask “How?” and “Why” questions. **Unquote**

Jesus had this to say to those who are in grief and mourning, “Come to me all who are wear and heavy with cares, and I will give you rest. Take my yoke upon you and learn from me, for my yoke is easy and my burden is light.” Matt 11:28-29

I know there is much more to say on the topic, but I trust you have found this helpful.

Rev. R.D. (Bob) Wiebe
Padre, RCL, Kingsway Branch

KINGSWAY LEGION LEAGUE SPORTS



Darts

Monday Nights 7 to 9:30 pm
Tue & Thu Afternoons 1 to 3 pm



Cribbage

Monday Nights 6:30 to 8:30 pm



Canasta

Tue & Thu Afternoons 1 to 2:30 pm



Pool

Tue & Thu 12 to 3 pm
Sat Afternoons 12 to 3 pm



Euchre

Wed Nights 7 to 9:30 pm



Shuffleboard

Thu 6:30 to 8:30 pm
Fri 6:30 to 8:30 pm



Mah Jongg

Wed Afternoon 12:30 to 3:30

KENSINGTON BINGO DATES

Below is the list of upcoming dates we are required to support.

Location: **12538 132 Ave NW, Edmonton**

Time: **10:30 – 4:00 pm**

- **Monday March 2**
- **Wednesday March 18**
- **Friday March 27**
- **Tuesday April 7**
- **Friday April 24**
- **Tuesday May 12**

Anyone wishing to volunteer please contact:

Sharon (Blondie) or Ron Charlet at

(780) 416-6102

or leave a message at the Branch by calling 780-425-8654

Lunch Provided!



VETERAN ASSISTANCE PROGRAM

You do not have to be a member of the Legion to obtain support or assistance in receiving benefits or allowances from Veteran Affairs.

Contact any Legion Branch Service Office.

In addition, you can contact the Edmonton Service Bureau.

#102 – 10471 – 178 Street NW
Edmonton, AB T5S 1R5

Phone: (780) 448-4982

Email: info@abnwtlegion.com

Quote of the Month

"I may not be a millionaire in my bank account, but I'm a millionaire when it comes to doing what I enjoy."

2001 Canada's Walk of Fame
Inductee
Walter Ostanek

WE HAVE A WINNER!

**In Fact We Have 10
Every Wednesday Night**

At Our Weekly Meat Draws



Ticket on Sale 6:00 pm

Draw 6:30 pm

10 Regular &

1 Bonus Draw

Tickets \$1.00 each

50/50

**Immediately Following The
Meat Draw**

10 Tickets For \$5.00

Legion 

**Branch 175
Edmonton**

100

1926 • 2026