Patient Protocol for Appointments

Pre-Appointment Screening Questionnaire & Info

Q) Have you had close contact with or cared for someone diagnosed with COVID-19 within the last 14 days?

* Yes/No

Q) Have you experiences any cold or flu like symptoms in the last 14 days (to include fever, cough, sore throat, respiratory illness, difficulty breathing?

* Yes/No

To ensure the safety of all of our patients, if you are able answer yes to any of the above Qs prior to your appointment, we respectfully request that you inform us and not attend the practice.

Waiting Area and Treatment Protocol

Appointments will be staggered so you shouldn't encounter the patient before.

On the floor there are markings for our section of the eating area.

If you do encounter anyone in passing please be considerate and manage your distance. As we are based in a gym, this is a highly likely scenario.

As for you and I, it's our preference you on how to operate.

We have the option of:

• Face Masks

Treatment Table

• You are welcome to observe it being cleaned as we start to ensure we are both happy.

Pillow Case

• We have a medical pillow case which is wipeable. This will be cleaned at the beginning of our appointment.

Hand Sanitiser • Available Hand Wash

• Anti-Bacterial soap will be available..

Dry Needling

• As per our normal procedure. Treatment area is cleaned with surgical spirit. Disposable acupuncture needles are new in packets, which are industrially sterilised.