



Vand Chakna Union

ਸੇਵਾ ਕਰਤ ਹੋਇ ਨਿਹਕਾਮੀ ॥ ਤਿਸ ਕਉ ਹੇਤ ਪਰਾਪਤਿ ਸੁਆਮੀ ॥

Mool Mantra

Volunteer Spotlight

Mool Mantra teaches us who Waheguru is and how we should live with truth, courage, equality, and love for all. Ek Onkar means there is one God who created everyone. It teaches us that all people are equal, we should respect every one and help others. In Langar everyone sits and eats together, no matter who they are or where they come from.



Events

- Speaker Event - Feb 22
- Sehaj Paath started Feb 1
- TVSC Sports Day - March 15
- Uniquely Kaur - March 8
- Garden - Mint plantation- Feb 15

Monthly Challenge

Match the following:

1. Ik Onkar A. Truth is God's Name
2. Nirbhau B. One Creator
3. Nirvair C. No Hate
4. Sat Naam D. Fearless

Write ONE way you can practice the Mool Mantar this month

Email your answers to vandchaknaunion@gmail.com and WIN a special prize!

Khalsa School Events

- Speech Competition- Mar 21
- Basant Keertan Darbar - Feb 22

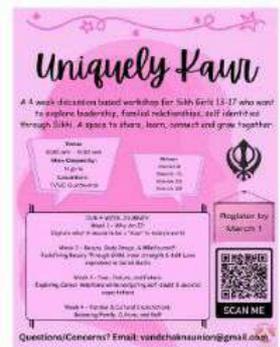
Mool Mantar Through Seva

Stand up for others, include everyone, serve selflessly, and speak truthfully. Every small act of kindness reflects GuruJi's teachings.



Did You Know...

The Mool Mantar, written by Guru Nanak Dev Ji, it at the very beginning of Sri Guru Granth Sahib Ji and is the core of our Sikh values. It teaches that there is One Creator for all people and encourages us to live without fear and without hate for anyone. We should recite it daily as a reminder to live with truth, equality, and compassion.



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