

ITASCSC News

November 2023

Illinois Township Association of Senior Citizens' Services Committees

FROM OUR PRESIDENT...

Dear ITASCSC Members, Elected Officials, and Friends,

We are thrilled to be back in-person for this year's Township Officials of Illinois Education Conference. We hope you "Get on BOARD" with ITASCSC in 2024!

As all services started to return to pre-pandemic levels, the membership of ITASCSC grew in 2023. Once again, we saw the highest number of member organizations, reaching **FORTY**. The Association conducted four hybrid meetings in February, April, June, and August. Each meeting saw nice attendance both in-person and virtually. A shoutout to **Karen Spencer with Downers Grove Township** who launched a "committee of the whole" meeting which provides an open forum for discussion in months when there is no general membership meeting.

The membership continued to offer creative, cost-effective, and innovative programs over the past year. **Rich Township's Man Cave** saw record participation from older adult men by providing interesting programs. The **Weekend Transportation Options** offered by Waukegan Township brought much-needed Transportation to older adults using an innovative partnership. ITASCSC's membership stands ready to assist other townships in launching programs, generating ideas, or supporting services.

We invite you to congratulate our annual **Commitment to Senior Services award winners** who we are proud to recognize during Tuesday's Awards Breakfast. I encourage you to attend one of our sponsored sessions on Monday, November 13 or the ITASCSC Annual Meeting on Tuesday, November 14 (see page 3 for more details). The three education presentations represent varying topics relevant to townships and providers of older adults services: **Celebrating Seniors** is a panel presentation from two podcast hosts over the age of 70 who are redefining aging; **Aging in Place** brings valuable insight into cost efficient methods for home modification and strategies to remain safe at home; and, **Crafting Up Connection** is a networking space where an easily replicated craft project is presented by ITASCSC members. See page three for more details.

Please reach out to any ITASCSC member for more information and visit us at our exhibitor booth during the TOI conference. Join us at an upcoming hybrid meeting - details are available on our website at www.itascsc.net. As always, ITASCSC remains ready to support the Townships of Illinois and their goal to provide exemplary services to older adult residents.

Respectfully,

Megan Conway
Hanover Township
Director of Aging Services



Our mission is to enable townships to provide services necessary to empower older adults to maintain independent lifestyles within their communities.

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Benefits to ITASCSC Membership

- ⇒ Network with other professionals serving older adults
- ⇒ Five hybrid meetings per year (February, April, June, August, November)
- ⇒ Training and educational workshop opportunities
- ⇒ Legislative updates on issues affecting older adults and townships
- ⇒ Support, information, and resources in establishing a senior committee, expanding programs, launching a new idea, or troubleshooting an issue
- ⇒ Access to “members only” section of website
- ⇒ Eligibility for annual awards

2023 Award Winners

Please congratulate this year's

Commitment to Senior Services Award Winners

Township of the Year
DuPage Township

Elected Official of the Year
Calvin Jordan, Supervisor, Rich Township

Senior Volunteer of the Year
Anna Scrementi, Bloom Township

Innovative Senior Program of the Year
Man Cave—Rich Township
Weekend Transportation Options—Waukegan Township

The Illinois Township Association of Senior Citizens' Services Committees is proud to sponsor the

“Commitment to Senior Services Awards.”

These awards are presented at the awards breakfast during the annual education conference of TOI on Tuesday, November 14, 2023. They are given in recognition of outstanding commitment to meeting the needs of older adults.

VISIT OUR WEBSITE— CHECK OUT WWW.ITASCSC.NET FOR ALL THE LATEST NEWS!

ITASCSC-SPONSORED SESSIONS

Education sessions are **Monday, November 13**. The **Annual Meeting** is **Tuesday, November 14**.

1:15 PM—2:15 PM **Celebrating Seniors 2023**

In this interactive session, we welcome podcast hosts from *Women Over 70: Aging Reimagined* who use their creativity and knowledge to advocate for older adults in key areas such as accessible and affordable housing, living with dementia, end-of-life options, and transportation. Through their commitments and deeds, these women defy ageist stereotypes and suggest boundless possibilities for community enrichment. Join us in exploring the gifts of women over 70 and ways to engage them.

Presented by Catherine Marienau and Gail Zelitzky



2:45 PM—3:45 PM **Aging in Place: Methods and Resources to Living Independently at Home During the Golden Years**

Dr. Kirsten Davin and Leslie Ladage present on the Aging in Place concept. Aging in Place is defined by the CDC as the ability to live in one’s own home and community safely, independently and comfortably, regardless of age, income, or ability level. As Occupational Therapists, the presenters encourage clientele to remain as independent as possible. This course provides a brief overview of the Aging in Place concept as well as offers cost efficient methods to home modification and resources available to Illinois residents to provide independent living.

Facilitated by Dr. Kirsten Davin, OTD, OTR/L, ATP, SMS, CAPS and Leslie Ladage, COTA/L



Dr. Kirsten Davin

4:00—5:00 PM **Crafting UP Connection**

Learn a simple craft that is easy to replicate in your Township. Attendees have time to network, share program ideas, and enjoy a mock-tail. Space is limited. Sign up in the Exhibitor Hall on Sunday.

Facilitated by ITASCSC Members



10:00 AM—11:20 AM **Annual Meeting**

ITASCSC members and interested individuals are welcome to attend the Annual Meeting of ITASCSC. During the Annual Meeting, members review the bylaws as well as conduct elections for board positions in 2024. No advance registration is necessary.

MEMBER TOWNSHIPS

Aging Care Connections Algonquin Bloom Dorr Downers Grove DuPage Elk Grove Fox Valley Community Services Frankfort Gardner Geneva Granite City Hanover Joliet	Leyden Lisle Lockport Lyons Township Mental Health Commission Maine McHenry Millstadt Monee Normal Township Activity and Recreation Center Oak Park and River Forest Palatine Plainfield	Proviso Rich Riverside Roscoe Schaumburg Thornton Troy Vernon Washington Wauconda Waukegan Wheatland Wheeling Zion
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2024 Membership Registration

Membership Dues: \$75 for up to 2 delegates.

Membership is from December 1, 2023 through November 30, 2024. Checks should be made payable to ITASCSC. Please mail to:

Monika Jaroszewicz, Maine Township

1700 Ballard Rd, Park Ridge, IL 60068

Township: _____ Telephone: _____

Address: _____ City: _____ Zip: _____

Website: _____

1st Delegate Name: _____

Telephone: _____ Email: _____

2nd Delegate Name: _____

Telephone: _____ Email: _____

For more details, visit our website at www.itascsc.net.

2022-2023 Officers

President

Megan Conway
Director of Aging Services
Hanover Township
mconway@hanover-township.org

Vice President

Becky Cordes
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Schaumburg Township
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Treasurer

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Oak Park and River Forest Townships
pmahn@oakpartownship.org

Financial Secretary & Perspective Coordinator

Lynndah Easterwood Lahey
Director of Senior and Disability Services
Wheeling Township
llahey@wheelingtownship.com

Secretary

Desiree Scully
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