



**BOARD OF DIRECTORS**

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FOOD SERVICES DEPARTMENT  
 P.O. BOX 321 TOHATCHI, NM 87325  
 Ph: (505) 733-2722

# October 2022 Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3. Oatmeal Graham Crackers Fruit Choice of Milk	4. Ham Slice & Hashbrown Toast Fruit Choice of Milk	5. Waffles Syrup Fruit Choice of Milk	6. Banana Bread Slice Fruit Juice Choice of Milk Jelly & Butter Packet	7. Professional Development Day No School! 
10. HOLIDAY NO SCHOOL  INDIGENOUS PEOPLE DAY	11. Cream of Wheat Toast Fruit Juice Choice of Milk Jelly Packet	12. Sausage Pancake on a Stick Fruit Choice of Milk	13. Egg & Cheese Omelet Fruit Choice of Milk	14. Cold Cereal Graham Crackers Fruit Choice of Milk
17. Ham & Cheese Croissant Fruit Choice of Milk	18. Rice & Raisin Fruit Choice of Milk	19. Frudel Fruit Choice of Milk	20. Oatmeal Bar Fruit Juice Choice of Milk	21. Cooks Choice Fruit Choice of Milk
24. Biscuit and Sausage Gravy Fruit Choice of Milk	25. Pancake Mini Strawberry Splash Fruit Juice Choice of Milk	26. Breakfast Pizza Sausage Fruit Graham Cracker Choice of Milk	27. Bagel Blueberry Cream Cheese Fruit Choice of Milk	28. Cold Cereal Toast Fruit Choice of Milk
31. Blue Cornmeal Mush Fruit Graham Crackers Choice of Milk				

Menu Subject to change upon product availability.

This institution is an equal opportunity provider.