



# ESS NEWSLETTER

CH'OOSHGAI COMMUNITY SCHOOL  
EXCEPTIONAL STUDENT SERVICES

Fall 2019

DEAR PARENTS,

Thank you for picking up our Fall 2019 ESS Newsletter. The ESS department will be publishing newsletters with the goal of providing information, guidance, and support for families of the students with special education needs.

Please take some time to read through this newsletter. If you have any questions, please call or stop by the ESS office. We will be more than happy to assist you. Thank you for all you do for your child.



## About Us

The Exceptional Student Services department at Ch'ooshgai Community School works closely with parents, teachers, and staff members to identify and support children ages 3 to 21 who are eligible for special education and related services. Our staff is comprised of one ESS Coach, three ESS Teachers, four ESS Teacher Assistants, one ESS Bus Driver and one Bus assistant. We currently serve 36 students in our program of various disabilities offering specially designed instruction in inclusion or pull out settings depending on the students' needs. Other areas of support and related services include counseling, speech, physical therapy and occupational therapy.



## Upcoming Events:

- School Board Meeting  
Nov. 4, 2019
- PAC Meeting  
Nov. 19, 2019  
@ 6pm
- CCS FALL BREAK  
No School  
Nov. 25-29, 2019
- End of 2<sup>nd</sup> Quarter  
Dec. 20, 2019



## What is Special Education?

Special Education programs are designed for those students who are mentally, physically, socially and/or emotionally delayed.



The Individuals with Disabilities Education Act (IDEA) defines Special Education as “specially designed instruction, at no cost to the parents, to meet the unique needs of a child with a disability,” but still, what exactly is Special Education? Often met with an ambiguous definition, the umbrella term of Special Education broadly identifies the academic, physical, cognitive and social-emotional instruction offered to children who are faced with one or more disabilities.

## What is IDEA?

The Individuals with Disabilities Education Act (IDEA) is a federal law that requires schools to serve the educational needs of eligible students with disabilities.

## Six Principles of IDEA

Principle	Requirement
Zero Reject	Locate, identify, & provide services to all eligible students with disabilities
Evaluation	Conduct an assessment to determine if a student has an IDEA related disability and if he/she needs special education services
Free Appropriate Public Education	Develop and deliver an individualized education program of special education services that confers meaningful educational benefit.
Least Restrictive Environment	Educate students with disabilities with nondisabled students to the maximum extent appropriate.
Procedural Safeguards	Comply with the procedural requirements of the IDEA.
Parent Participation	Collaborate with parents in the development and delivery of their child's special education program.



# What is Child Find?



The Individuals with Disabilities Education Act includes the Child Find Mandate. Child Find requires all school districts to identify, locate and evaluate all the children with disabilities, regardless of the severity of their disabilities. This obligation to identify all children who may need special education services exists even if the school is not providing special education services to the child.

Schools are required to locate, identify and evaluate **all children** with disabilities from **birth through age 21**. The Child Find Mandate applies to all children who reside within a State, including children who attend private school and public schools, highly mobile children, migrant children, homeless children, and children who are wards of the state. (20 U.S.C. 1412(a)(3))

The Child Find Mandate requires each state to devise a practical method to determine which children are receiving the needed special education services, and which children are not. After identifying children who may need services, all necessary evaluations must be completed on these children, at no cost to parents.

The Individuals with Disabilities Education Acts Mandates “general public notice obligation”, i.e., using notices to inform and educate the public about the need to locate and identify all children with disabilities.

*Information retrieved from: <http://www.wrightslaw.com/info/child.find.mandate.htm>*



## Blueberry Fruit Dip Recipe

Create this recipe with your child and enjoy a delicious treat!



### Ingredients:

- 4 ounces cream cheese, softened
- ½ cup confectioners' sugar
- ½ teaspoon ground cinnamon
- ½ teaspoon lemon juice
- ½ cup fresh blueberries
- Assorted fresh fruit, graham crackers and/or cookies

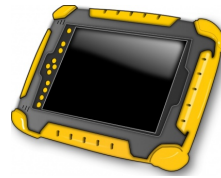
### Directions:

In a small bowl, beat the cream cheese, confectioners' sugar, cinnamon and lemon juice until smooth. Fold in blueberries. Serve with fruit, crackers and/or cookies.





## App Corner

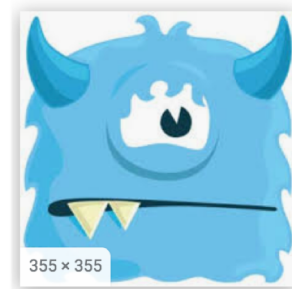


Download these useful apps on your phone, tablet, or other compatible devices!



**My First Voice Lite** – This app has been created using the principles of Applied Behavior Analysis (ABA) to allow children with autism or any other language deficit to easily and effectively communicate their basic needs and wants in five main categories: food, drink, clothing, toys, and emotions using actual photographs and real voices. The Photo and Voice library contains over 100 actual photographs of food, drink, clothing, and toys nine emotions, and four common request icons.

**ChoreMonster** – Kids earn points by completing their chores or tasks. Earn reward like ice cream, an hour or Xbox, or a camping trip. Win monsters at the Monster Carnival (over 100 available, more being added monthly!).



## Here are some tips for helping your child with homework:



1. Be positive about homework
2. Have a designated homework time and workspace at home
3. Encourage and motivate, but don't do the actual work
4. Keep a homework folder or box at home to stay organized
5. Know how to contact the teacher for clarification on assignments

Source: [7 Simple Homework Tips](#)

Don't forget to take the parent survey!

You can access the following link through a computer or your cell phone:

<https://eprovesurveys.advanc-ed.org/surveys/#/action/119675/26176>

# Exceptional Student Services

P.O. Box 321 Tohatchi, NM 87325

Phone: (505) 733-2738

Fax: (505) 733-2703

## ESS Staff Listing - School Year 2019-2020

### Special Education Instructional Staff:

Renee Tolino, ESS Coach

Jelbeth Cadelinia, ESS Teacher

Maria Centeno, ESS Teacher

Paula James ESS, Teacher

Shelby Capitan, ESS Teacher Assistant

Mabel Nelson, ESS Teacher Assistant

Mary Pine, ESS Teacher Assistant

Jennie Whitney, ESS Teacher Assistant

David Barber, ESS Home Liaison

### Related Service Providers:

Causley Jarrett, Occupational Therapist

Pat New-Jenkins, Physical Therapist

Kathy McCray, ESS Counselor

Dr. Darryl Benally, School Psychologist

Christle Ricketts, Speech Language Pathologist

### Transportation:

Lorinda Dennison, Bus Driver

Genevieve Brewer, Bus Aide

