

MY CHOICES MATTER

"Be The One"



COLORING BOOK FOR ELEMENTARY STUDENTS

BIG IDEAS. SIMPLE PICTURES. I CAN MAKE A DIFFERENCE EVERY DAY!

THIS BOOK BELONGS TO: _____

HOW TO USE THIS BOOK

1. COLOR THE PICTURES

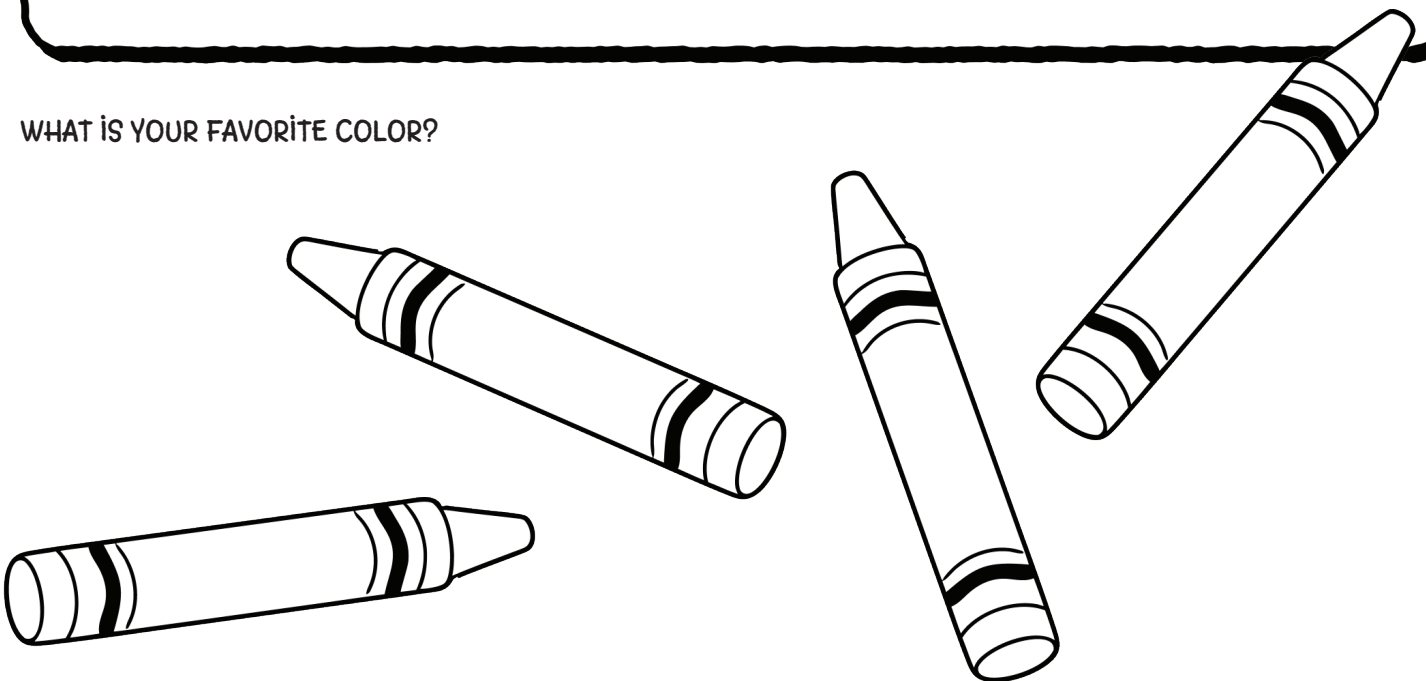
2. READ THE SENTENCE AT THE TOP OF EACH PAGE

3. WRITE OR DRAW YOUR CHOICE IN THE BOX

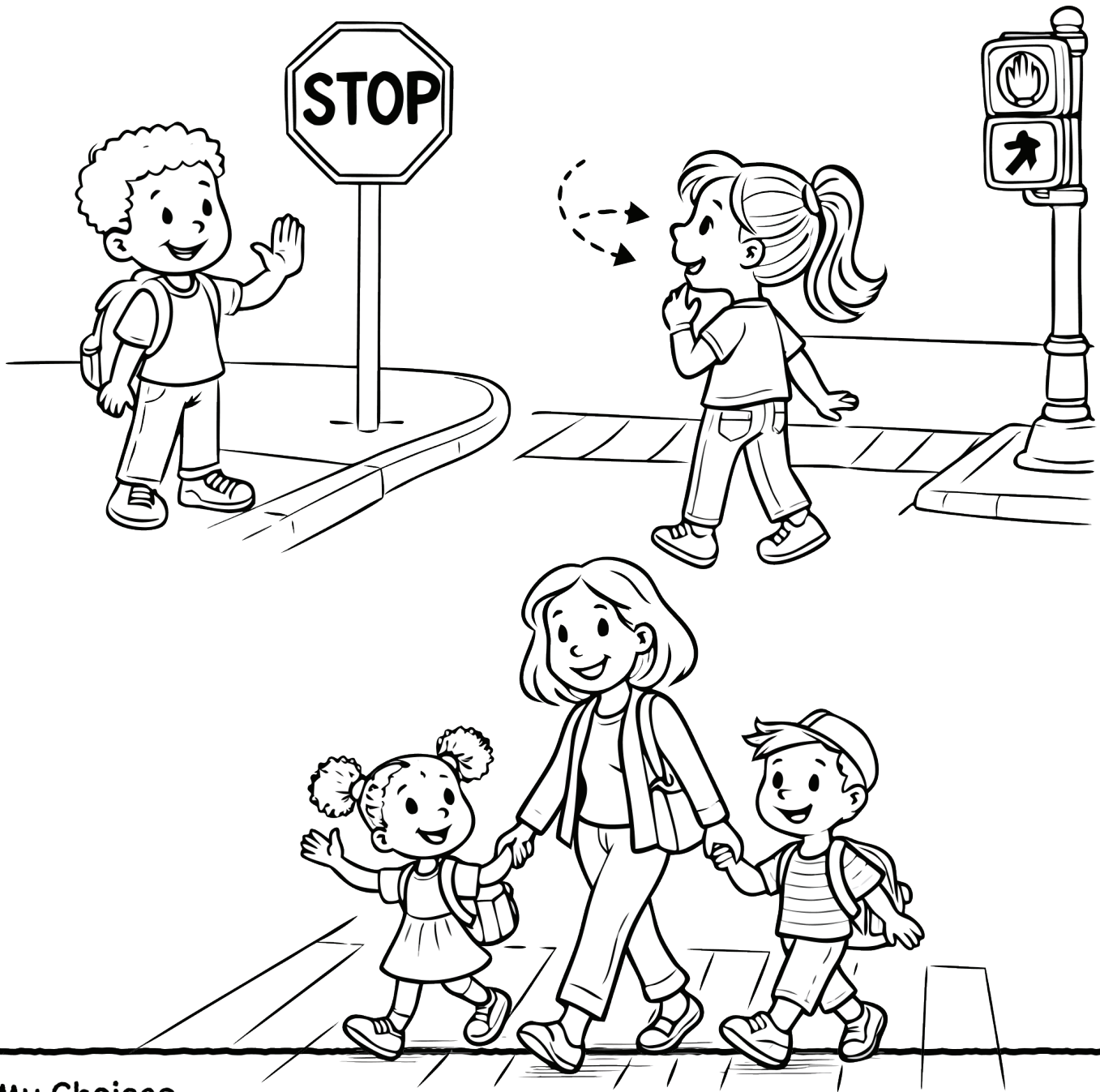
**4. TALK ABOUT YOUR CHOICES WITH A FRIEND, TEACHER,
OR FAMILY MEMBER**

MY NAME IS: _____

WHAT IS YOUR FAVORITE COLOR?

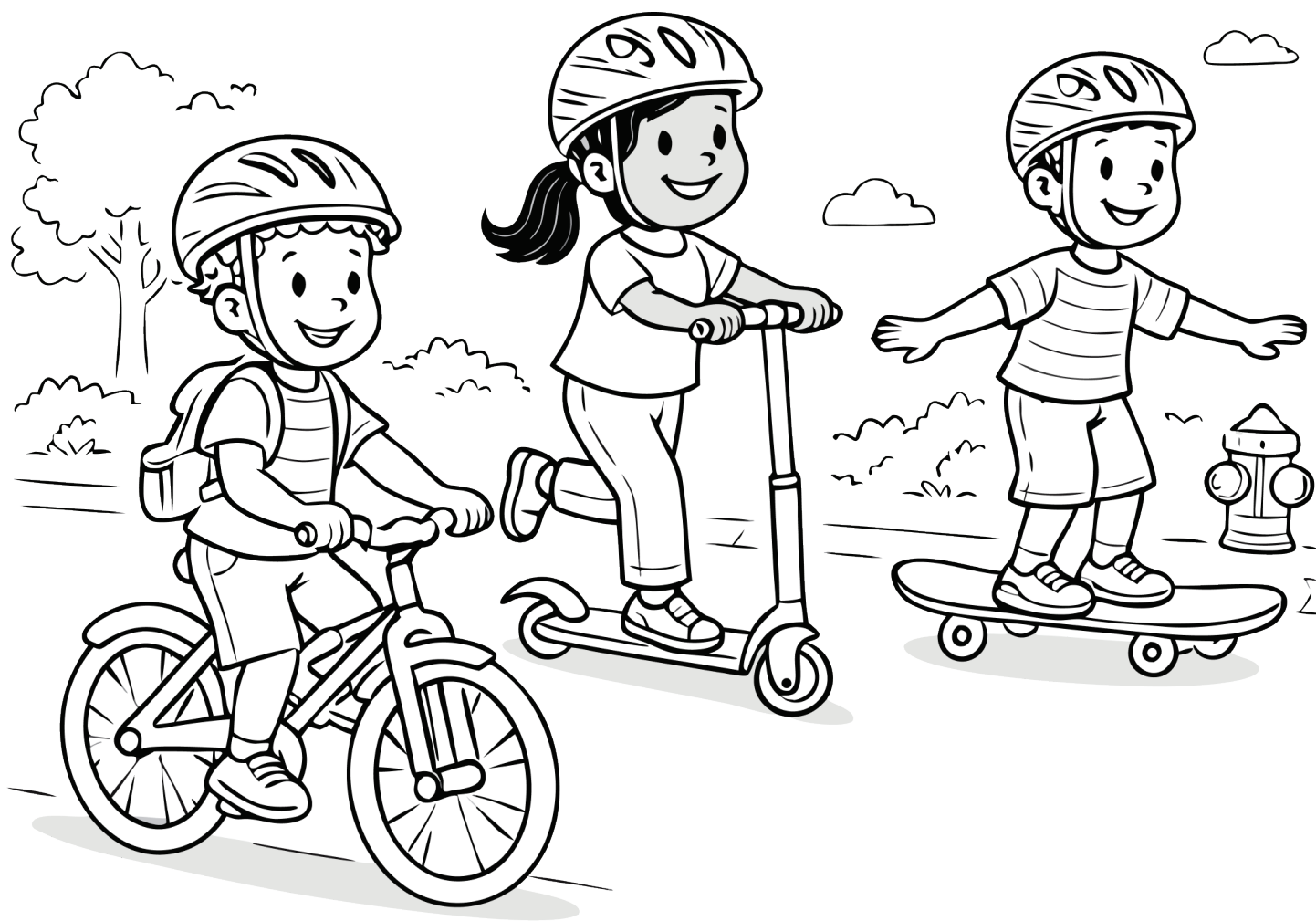


BE THE ONE WHO _____ AT A CROSSWALK



My Choices

WHEN I RIDE A BIKE, SCOOTER OR SKATEBOARD, BE THE ONE WHO _____



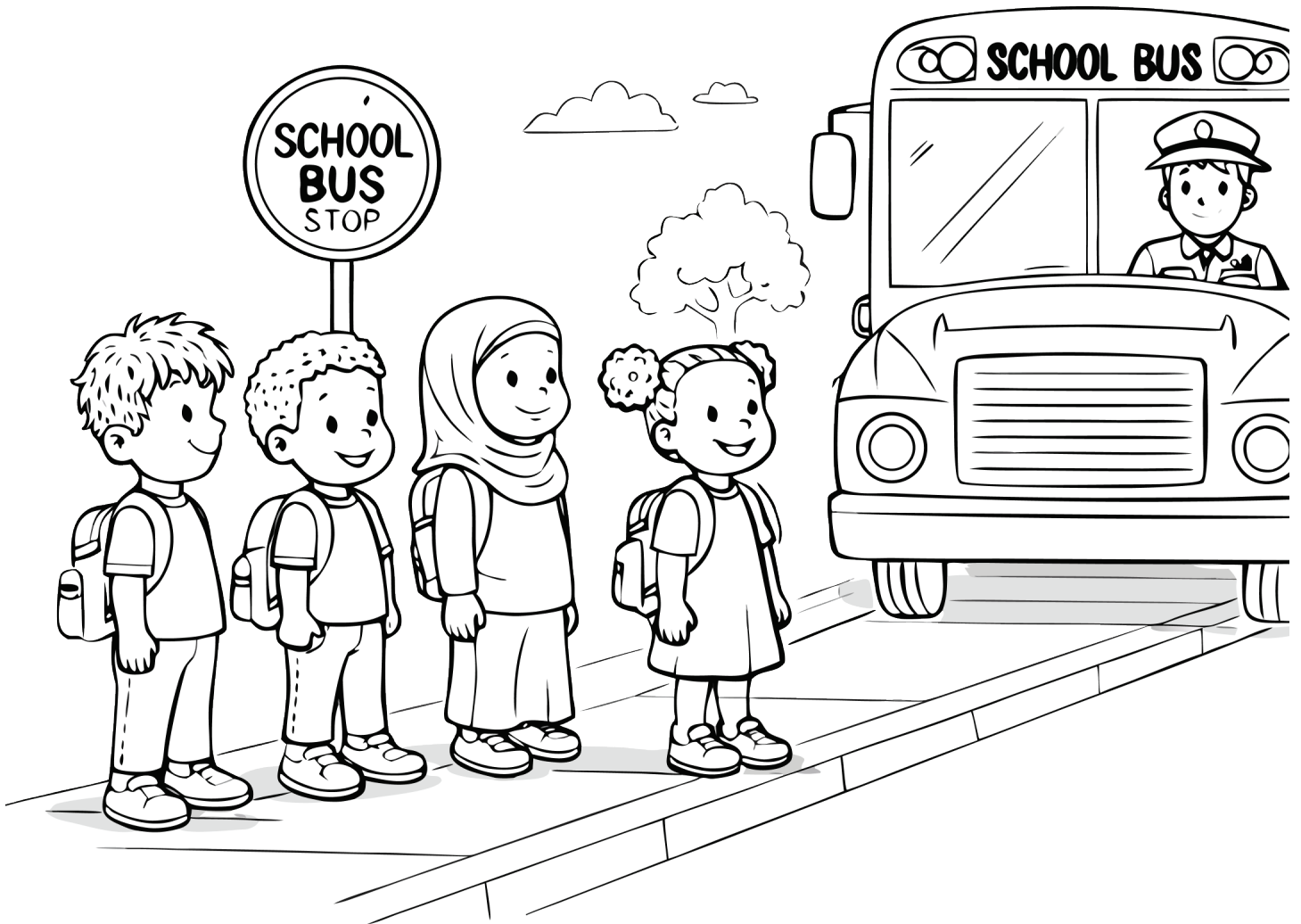
My Choices

WHEN I'M IN A CAR, BE THE ONE WHO _____



My Choices

BE READY FOR THE BUS



How will i be ready for the bus?

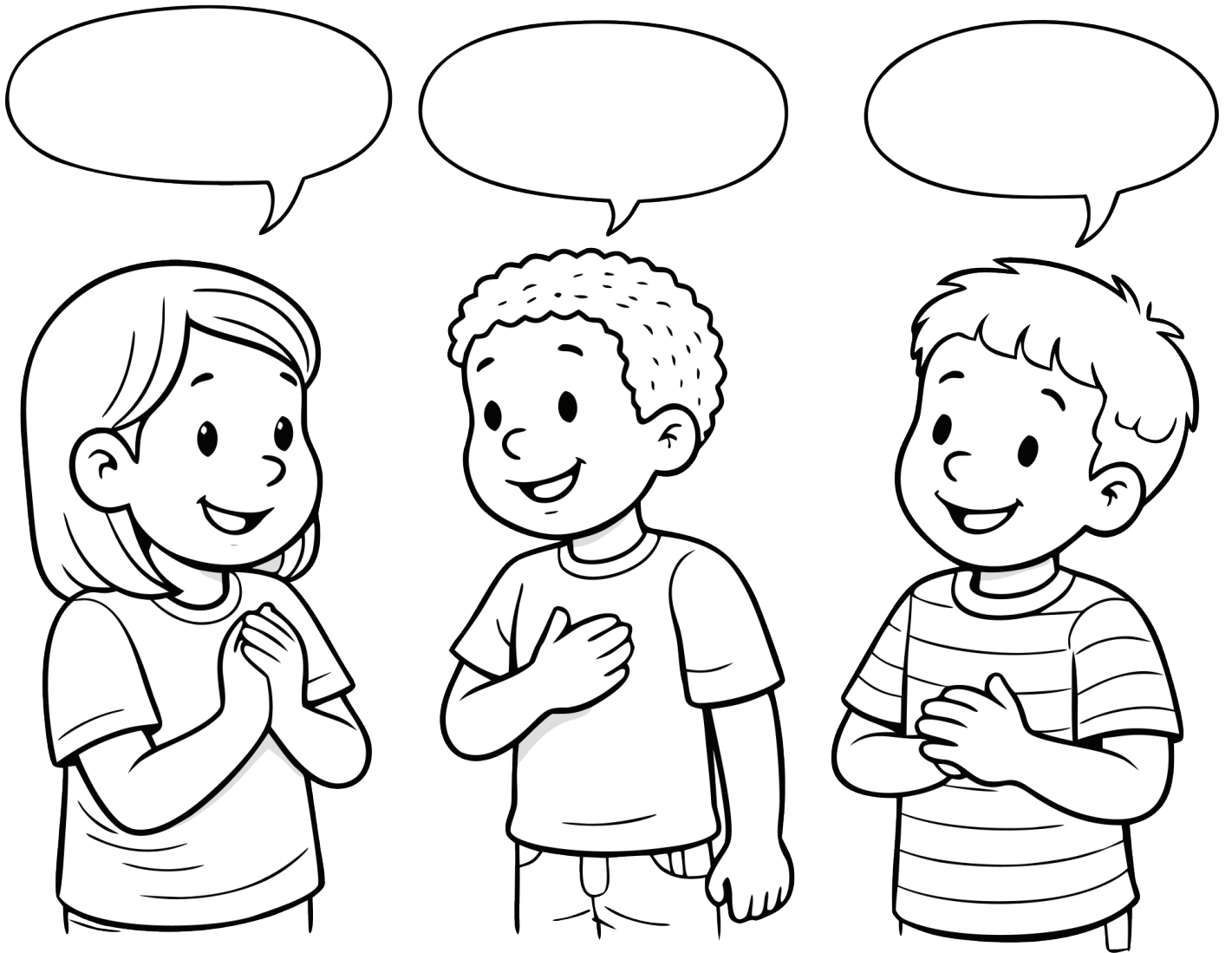
BE THE ONE WHO CHOOSES KINDNESS BY _____



My Choices

USE YOUR WORDS

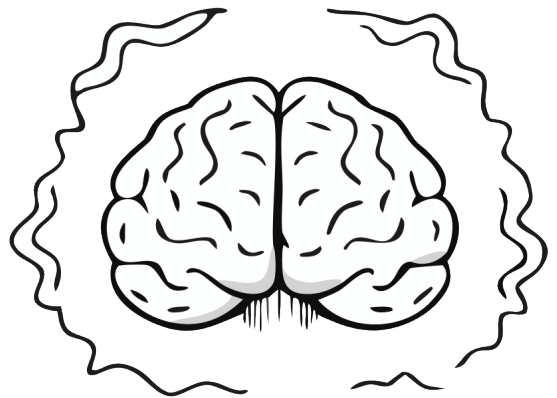
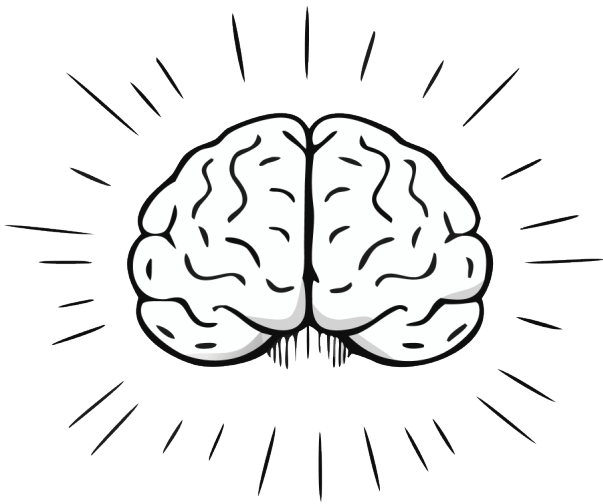
I CAN USE KIND WORDS.



My Choices

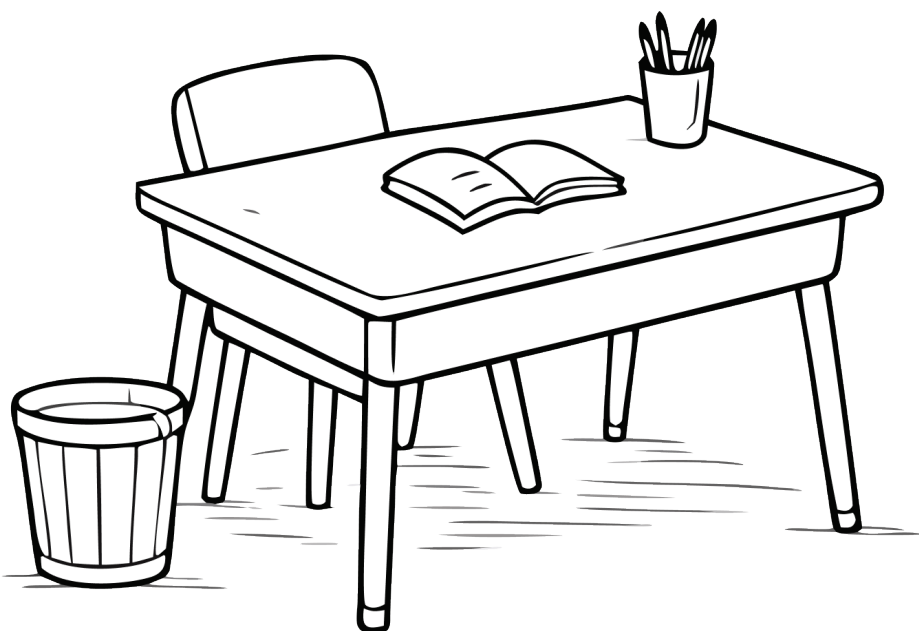
WHEN I CHOOSE HEALTHY THINGS

My brain grows the way it is supposed to. Vaping and drugs can change how my brain develops and make it harder to choose what's right for me.



My Choices

KEEPING IT CLEAN



My Choices

MY CHOICES PLEDGE

When i make good choices, i help myself and the people around me.

- ☐ **BE SAFE:** i WATCH FOR CARS AND FOLLOW RULES.
- ☐ **BE KIND:** i USE RESPECTFUL WORDS AND ACTIONS.
- ☐ **DO MY BEST:** i TRY AGAIN WHEN SOMETHING IS HARD.
- ☐ **BE RESPONSIBLE:** i TAKE CARE OF MY THINGS AND MY SPACE.

SIGNATURE _____

DATE _____

i will choose to:

TODAY!

WHY MY CHOICES MATTER



- **I HAVE POWER:** I FEEL STRONG AND IN CONTROL OF MY LIFE.
- **I AM RESPONSIBLE:** WHAT I CHOOSE CAN BRING GOOD RESULTS OR NOT-SO-GOOD RESULTS.
- **I STAY SAFE AND SMART:** WHEN I STOP AND THINK BEFORE I CHOOSE, I CAN MAKE SAFER AND SMARTER DECISIONS.
- **I GROW MY BRAIN:** I LEARN HOW TO SOLVE PROBLEMS, AND THINK OF NEW IDEAS.
- **I AM KIND:** I CAN BE THE ONE WHO HELPS OTHERS.

**GOOD CHOICES TODAY.
SUPERPOWERS
FOR LIFE**

