



Your **best play** is passing  
your **keys** to a **designated driver**.

# PLAY IT SAFE!

and drink responsibly.



**Challenge**  
OF TARRANT COUNTY



ONE COMMUNITY.  
ONE GOAL.  
**SAFE CELEBRATIONS.**

# PLAY IT SAFE!



Before you **raise the cup**,  
you need a **strong game plan**.



Have your safe ride winning strategy  
before the first whistle blows.



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## DON'T LET THE HEAT STEAL YOUR VICTORY.

Stay Cool. Stay Sharp. Stay in the Game.



### HYDRATE EARLY & OFTEN

Drink water before, during, and after activity.



### WEAR IT SMART

Lightweight, breathable clothing helps your body stay cool.



### TAKE GOOD BREAKS

Rest in the shade and listen to your body.



### CHECK THE CONDITIONS

Avoid intense activity in high heat and humidity.



### KNOW THE SIGNS

Headache, dizziness, nausea, rapid heartbeat, or confusion can signal heat stroke.



### ACT FAST. SAVE LIVES.

Move to shade, cool down, hydrate, and seek medical help if needed.



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**7 True champions  
celebrate responsibly.**

**The biggest win is  
making it home safely.**



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# PLAY IT SAFE!

and drink responsibly.

**Think** before you  
take the shot.

**Plan** your ride home  
before you celebrate.



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