



Seasons Counseling Center

What Is a Child-Centered Registered Play Therapist?

Helping Children Communicate, Heal, and Grow Through the Language of Play

Understanding Child-Centered Play Therapy

Children do not naturally express themselves through long conversations the way adults do. They communicate through play, creativity, movement, and symbolism.

A Child-Centered Registered Play Therapist (RPT™) is specially trained to understand this language and use it therapeutically to help children process emotions, build regulation skills, and strengthen relationships.



What Makes a Registered Play Therapist Different?

A Registered Play Therapist has:

- ✓ Advanced education in child development and neuroscience.
- ✓ Specialized play therapy training beyond graduate school.
- ✓ Supervised clinical experience using play as treatment
- ✓ Credentialing through the Association for Play Therapy
- ✓ Ongoing continuing education specific to children's mental health



This is not simply "playing with toys." It is a structured, evidence-based therapeutic approach.

How Child-Centered Play Therapy Works

- The Child Leads the Process**
Children choose activities that reflect their internal experiences.
- Grief and loss**
- Family changes**
- Family changes**
- ✓ The therapist allows their lead to build safety, trust and expression.

Why This Approach Matters

Play Therapy meets children where they are developmentally, allowing healing to occur in ways that feel natural, not forced.



Call: (575) 327-9841 <https://seasonccom/>