

Rocking Horse Early Learning Center

2253 American Way
Port Allen, LA 70767

Breakfast
August 2026

225-749-4004
Info@RHELC.com
TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
3 Creamy Oatmeal Mixed Tropical Fruit Whole/Skim Milk	4 WW French Toast Sticks Madarine Oranges Whole/Skim Milk	5 WW Cinamaon Toast Mixed Fruit Whole/Skim Milk	6 Breakfast Sausage Fruit Cocktail Whole/Skim Milk	7 Dry Cereal Sliced Pears Whole/Skim Milk
10 WW Pancakes Diced Peaches Whole/Skim Milk W-4	11 WW Buttered Toast Mixed Fruit Whole/Skim Milk	12 WW English Muffin Breakfast Sausage Tropical Fruit Whole/Skim Milk	13 Brown Sugar/Cinnamon Oatmeal Diced Pears Whole/Skim Milk	14 WW Waffles w/ Syrup Fruit Cocktail Whole/Skim Milk
17 WW French Toast Sticks Diced Peaches Whole/Skim Milk	18 Cheese Grits Mixed Tropical Fruit Whole/Skim Milk	19 WW Toast w/ Jelly Fruit Cocktail Whole/Skim Milk	20 WW Cinnamon Biscuits Diced Pears Whole/Skim Milk	21 Breakfast Sausage Mandarin Oranges Whole/Skim Milk
24 WW Waffle w/ Syrup Diced Peaches Whole/Skiim Milk	25 WW Buttered Biscuit Mixed Tropical Fruit Whole/Skim Milk	26 Dry Cereal Fruit Cocktail Whole/Skim Milk	27 Pancake on a Stick Mandarin Oranges Whole/skim Milk	28 Buttered Grits Fruit Cocktail Whole/Skim Milk
31 Creamy Oatmeal Mixed Tropical Fruit Whole/Skim Milk				

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individuals income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
3 Shrimp Stew w/ Rice Glazed Carrots Pinapple Tidbits Whole/Skim Milk	4 Smothered Pork Chops Mashed Potatos Sweet Peas Applesauce	5 White Beans w/ Ham & Sausage Steamed Rice Buttered Squash / Sliced Pears	6 WW Chicken Nuggets Green Beans Mixed Fruit Whole/Skim Milk	7 Sloppy Joe on WW Bun Baked Beans Diced Peaches Whole/Skim Milk
10 Baked Pork Chop Cajun Rice Dressing Sweet Pototo Casserole Diced Peaches	11 WW Grilled Cheese Sandwich Green Bean Diced Pears Whole/Skim Milk	12 Chicken & Sausage Jambalya Sweet Peas Fruit Cockail Whole/skim Milk	13 Beef Stew Steamed Rice Buttered Squash Pienapple	14 Breaded Fish Sticks WW Macaroni & Cheese Sweet Peas Tropical Fruit
17 Chicken and Sausage Gumbo Steamed Rice Buttered Corn' Diced Pears	18 WW Spaghetti w/ Meat Sauce Steamed Brocoli Fruit Cocktail Whole/Skiim Milk	19 Shrimp Stew w / Rice Green Beans Mandarin Orange Slices Whole/Skim Milk	20 BBQ Pork Baked Beans Buttered Diced Potatoes Pineapple Tidbits	21 Red Beans w/ Ham & Sausage Steamed Rice Green Beans Mixed Tropical Fruit
24 Meatloaf w/ Gravy Steamed Rice Sweet Peas Diced Pears	25 Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chunks	26 WW Pastalya w/ Pork & Sausage Sweet Potatos Tropical Fruit	27 All Beef Hot Dog w/ WW Bun Buttered Diced Potatos Mandarin Oranges Whole/Skim Milk	28 Chicken Stew Steamed Rice Brocoli & Cheese Casserole Fuit Cocktail
31 Shrimp Stew w/ Rice Glazed Carrots Pinapple Tidbits Whole/Skim Milk				

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
3 WG Vanilla Wafers 100% Juice	4 WG Tiger Bite Crackers 100% Juice	5 WG Cheddar Cheese Its 100% Juice	6 Ritz Bitz Cheese Crackers 100% Juice	7 Crackers Mozzarella String Cheese 100% Juice
10 WG Animal Cracker 100% Juice	11 Cheddar Cheese Its 100% Juice	12 WW Honey Graham Crackers 100% Juice	13 WG Cheddar Goldfish 100% Juice	14 WG Bean & Veggie Crackers 100% Juice
17 WG Vanilla Wafers 100% Juice	18 WG Tiger Bite Crackers 100% Juice	19 Crackers Mozzarella String Cheese 100% Juice	20 Ritz Bitz Cheese Crackers 100% Juice	21 WG Cheddar Cheese its 100% Juice
24 WG Animal Crackers 100% Juice	25 Cheddar Cheese Its 100% Juice	26 WW Honey Graham Crackers 100% Juice	27 WG Cheddar Goldfish 100% Juice	28 WG Bean & Veggie Carckers 100% Juice
31 WG Vanilla Wafers 100% Juice				

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