

Rocking Horse Early Learning Center

2253 American Way
Port Allen, LA 70767

Breakfast
December 2025

225-749-4004
Info@RHELC.com
TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
1 WW Pancakes Sliced Peaches Whole/Skim Milk W-4	2 WW Buttered Toast Mixed Fruit Whole/Skim Milk	3 WW English Muffin Breakfast Sausage Tropical Fruit Whole/Skim Milk	4 Brown Sugar/Cinnamon Oatmeal Diced Pears Whole/Skim Milk	5 WW Waffles w/ Syrup Fruit Cocktail Whole/Skim Milk
8 WW French Toast Sticks Sliced Peaches Whole/Skim Milk	9 Cheese Grits Mixed Tropical Fruit Whole/Skim Milk	10 WW Toast w/ Jelly Fruit Cocktail Whole/Skim Milk	11 WW Cinnamon Biscuits Sliced Pears Whole/Skim Milk	12 Breakfast Sausage Mandarin Oranges Whole/Skim Milk
15 WW Waffle w/ Syrup Sliced Peaches Whole/Skim Milk	16 WW Buttered Biscuit Mixed Tropical Fruit Whole/Skim Milk	17 Dry Cereal Fruit Cocktail Whole/Skim Milk	18 Pancake on a Stick Mandarin Oranges Whole/skim Milk	19 Buttered Grits Fruit Cocktail Whole/Skim Milk
22 Creamy Oatmeal Mixed Tropical Fruit Whole/Skim Milk	23 WW French Toast Sticks Madarine Oranges Whole/Skim Milk	24 WW Cinamaon Toast Mixed Fruit Whole/Skim Milk	25 Breakfast Sausage Fruit Cocktail Whole/Skim Milk	26 Dry Cereal Sliced Pears Whole/Skim Milk
29 WW Pancakes Sliced Peaches Whole/Skim Milk W-4	30 WW Buttered Toast Mixed Fruit Whole/Skim Milk	31 WW English Muffin Breakfast Sausage Tropical Fruit Whole/Skim Milk		

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individuals income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Baked Pork Chop Cajun Rice Dressing Sweet Pototo Casserole Sliced Peaches	WW Grilled Cheese Sandwich Green Beans Sliced Pears Whole/Skim Milk	Chicken & Sausage Jambalya Sweet Peas Fruit Cocktail Whole/skim Milk	Beef Stew Steamed Rice Buttered Squash Pienapple	Breaded Fish Sticks WW Macaroni & Cheese Sweet Peas Tropical Fruit
8	9	10	11	12
Chicken and Sausage Gumbo Steamed Rice Buttered Corn' Sliced Pears	WW Spaghetti w/ Meat Sauce Steamed Brocoli Fruit Cocktail Whole/Skiim Milk	Shrimp Stew w / Rice Green Beans Mandarin Orange Slices Whole/Skim Milk	BBQ Pork Baked Beans Buttered Diced Potatoes Pineapple Tidbits	Red Beans w/ Ham & Sausage Steamed Rice Green Beans Mixed Tropical Fruit
15	16	17	18	19
Meatloaf w/ Gravy Steamed Rice Sweet Peas Sliced Pears	Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chunks	WW Pastalya w/ Pork & Sausage Sweet Potatos Tropical Fruit	All Beef Hot Dog w/ WW Bun Buttered Diced Potatos Mandarin Oranges Whole/Skim Milk	Chicken Stew Steamed Rice Brocoli & Cheese Casserole Fuit Cocktail
22	23	24	25	26
Shrimp Stew w/ Rice Glazed Carrots Pineapple Tidbits Whole/Skim Milk	Smothered Pork Chops Mashed Potatos Sweet Peas Applesauce	White Beans w/ Ham & Sausage Steamed Rice Buttered Squash / Sliced Pears	WW Chicken Nuggets Green Beans Mixed Fruit Whole/Skim Milk	Sloppy Joe on WW Bun Baked Beans Sliced Peaches Whole/Skim Milk
29	30	31		
Baked Pork Chop Cajun Rice Dressing Sweet Pototo Casserole Sliced Peaches	WW Grilled Cheese Sandwich Green Beans Sliced Pears Whole/Skim Milk	Chicken & Sausage Jambalya Sweet Peas Fruit Cocktail Whole/skim Milk		

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
1 WG Animal Cracker 100% Juice	2 Cheddar Cheese Its 100% Juice	3 WW Honey Graham Crackers 100% Juice	4 WG Cheddar Goldfish 100% Juice	5 WG Bean & Veggie Crackers 100% Juice
8 WG Vanilla Wafers 100% Juice	9 WG Tiger Bite Crackers 100% Juice	10 Crackers Mozzarella String Cheese 100% Juice	11 Ritz Bitz Cheese Crackers 100% Juice	12 WG Cheddar Cheese its 100% Juice
15 WG Animal Crackers 100% Juice	16 Cheddar Cheese Its 100% Juice	17 WW Honey Graham Crackers 100% Juice	18 WG Cheddar Goldfish 100% Juice	19 WG Bean & Veggie Crackers 100% Juice
22 WG Vanilla Wafers 100% Juice	23 WG Tiger Bite Crackers 100% Juice	24 WG Cheddar Cheese Its 100% Juice	25 Ritz Bitz Cheese Crackers 100% Juice	26 Crackers Mozzarella String Cheese 100% Juice
29 WG Animal Cracker 100% Juice	30 Cheddar Cheese Its 100% Juice	31 WW Honey Graham Crackers 100% Juice		

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