

Rocking Horse Early Learning Center

2253 American Way
Port Allen, LA 70767

Breakfast
October 2025

225-749-4004
Info@RHELC.com
TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
		1 WW Cinamaon Toast Mixed Fruit Whole/Skim Milk	2 Breakfast Sausage Fruit Cocktail Whole/Skim Milk	3 Dry Cereal Sliced Pears Whole/Skim Milk
6 WW Pancakes Sliced Peaches Whole/Skim Milk W-4	7 WW Buttered Toast Mixed Fruit Whole/Skim Milk	8 WW English Muffin Breakfast Sausage Tropical Fruit Whole/Skim Milk	9 Brown Sugar/Cinnamon Oatmeal Diced Pears Whole/Skim Milk	10 WW Waffles w/ Syrup Fruit Cocktail Whole/Skim Milk
13 WW French Toast Sticks Slcied Peaches Whole/Skim Milk	14 Cheese Grits Mixed Tropical Fruit Whole/Skim Milk	15 WW Toast w/ Jelly Fruit Cocktail Whole/Skim Milk	16 WW Cinnamon Biscuits Sliced Pears Whole/Skim Milk	17 Breakfast Sausage Mandarin Oranges Whole/Skim Milk
20 WW Waffle w/ Syrup Sliced Peaches Whole/Skiim Milk	21 WW Buttered Biscuit Mixed Tropical Fruit Whole/Skim Milk	22 Dry Cereal Fruit Cocktail Whole/Skim Milk	23 Pancake on a Stick Mandarin Oranges Whole/skim Milk	24 Buttered Grits Fruit Cocktail Whole/Skim Milk
27 Creamy Oatmeal Mixed Tropical Fruit Whole/Skim Milk	28 WW French Toast Sticks Madarine Oranges Whole/Skim Milk	29 WW Cinamaon Toast Mixed Fruit Whole/Skim Milk	30 Breakfast Sausage Fruit Cocktail Whole/Skim Milk	31 Dry Cereal Sliced Pears Whole/Skim Milk

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individuals income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
		1 White Beans w/ Ham & Sausage Steamed Rice Buttered Squash / Sliced Pears	2 WW Chicken Nuggets Green Beans Mixed Fruit Whole/Skim Milk	3 Sloppy Joe on WW Bun Baked Beans Sliced Peaches Whole/Skim Milk
6 Baked Pork Chop Cajun Rice Dressing Sweet Pototo Casserole Sliced Peaches	7 WW Grilled Cheese Sandwich Green Beans Sliced Pears Whole/Skim Milk	8 Chicken & Sausage Jambalya Sweet Peas Fruit Cockail Whole/skim Milk	9 Beef Stew Steamed Rice Buttered Squash Pienapple	10 Breaded Fish Sticks WW Macaroni & Cheese Sweet Peas Tropical Fruit
13 Chicken and Sausage Gumbo Steamed Rice Buttered Corn' Sliced Pears	14 WW Spaghetti w/ Meat Sauce Steamed Brocoli Fruit Cocktail Whole/Skiim Milk	15 Shrimp Stew w / Rice Green Beans Mandarin Orange Slices Whole/Skim Milk	16 BBQ Pork Baked Beans Buttered Diced Potatoes Pineapple Tidbits	17 Red Beans w/ Ham & Sausage Steamed Rice Green Beans Mixed Tropical Fruit
20 Meatloaf w/ Gravy Steamed Rice Sweet Peas Sliced Pears	21 Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chunks	22 WW Pastalya w/ Pork & Sausage Sweet Potatos Tropical Fruit	23 All Beef Hot Dog w/ WW Bun Buttered Diced Potatos Mandarin Oranges Whole/Skim Milk	24 Chicken Stew Steamed Rice Brocoli & Cheese Casserole Fuit Cocktail
27 Shrimp Stew w/ Rice Glazed Carrots Pinapple Tidbits Whole/Skim Milk	28 Smothered Pork Chops Mashed Potatos Sweet Peas Applesauce	29 White Beans w/ Ham & Sausage Steamed Rice Buttered Squash / Sliced Pears	30 WW Chicken Nuggets Green Beans Mixed Fruit Whole/Skim Milk	31 Sloppy Joe on WW Bun Baked Beans Sliced Peaches Whole/Skim Milk

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
		1 WG Cheddar Cheese Its 100% Juice	2 Ritz Bitz Cheese Crackers 100% Juice	3 Crackers Mozzarella String Cheese 100% Juice
6 WG Animal Cracker 100% Juice	7 Cheddar Cheese Its 100% Juice	8 WW Honey Graham Crackers 100% Juice	9 WG Cheddar Goldfish 100% Juice	10 WG Bean & Veggie Crackers 100% Juice
13 WG Vanilla Wafers 100% Juice	14 WG Tiger Bite Crackers 100% Juice	15 Crackers Mozzarella String Cheese 100% Juice	16 Ritz Bitz Cheese Crackers 100% Juice	17 WG Cheddar Cheese its 100% Juice
20 WG Animal Crackers 100% Juice	21 Cheddar Cheese Its 100% Juice	22 WW Honey Graham Crackers 100% Juice	23 WG Cheddar Goldfish 100% Juice	24 WG Bean & Veggie Carckers 100% Juice
27 WG Vanilla Wafers 100% Juice	28 WG Tiger Bite Crackers 100% Juice	29 WG Cheddar Cheese Its 100% Juice	30 Ritz Bitz Cheese Crackers 100% Juice	31 Crackers Mozzarella String Cheese 100% Juice

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