

Rocking Horse Early Learning Center

2253 American Way
Port Allen, LA 70767

Breakfast
October 2026

225-749-4004
Info@RHELC.com
TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast Sausage Fruit Cocktail Whole/Skim Milk	2 Dry Cereal Sliced Pears Whole/Skim Milk
5 WW Pancakes Diced Peaches Whole/Skim Milk W-4	6 WW Buttered Toast Mixed Fruit Whole/Skim Milk	7 WW English Muffin Breakfast Sausage Tropical Fruit Whole/Skim Milk	8 Brown Sugar/Cinnamon Oatmeal Diced Pears Whole/Skim Milk	9 WW Waffles w/ Syrup Fruit Cocktail Whole/Skim Milk
12 WW French Toast Sticks Diced Peaches Whole/Skim Milk	13 Cheese Grits Mixed Tropical Fruit Whole/Skim Milk	14 WW Toast w/ Jelly Fruit Cocktail Whole/Skim Milk	15 WW Cinnamon Biscuits Diced Pears Whole/Skim Milk	16 Breakfast Sausage Mandarin Oranges Whole/Skim Milk
19 WW Waffle w/ Syrup Diced Peaches Whole/Skim Milk	20 WW Buttered Biscuit Mixed Tropical Fruit Whole/Skim Milk	21 Dry Cereal Fruit Cocktail Whole/Skim Milk	22 Pancake on a Stick Mandarin Oranges Whole/skim Milk	23 Buttered Grits Fruit Cocktail Whole/Skim Milk
26 Creamy Oatmeal Mixed Tropical Fruit Whole/Skim Milk	27 WW French Toast Sticks Madarine Oranges Whole/Skim Milk	28 WW Cinamaon Toast Mixed Fruit Whole/Skim Milk	29 Breakfast Sausage Fruit Cocktail Whole/Skim Milk	30 Dry Cereal Sliced Pears Whole/Skim Milk

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individuals income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
			1 WW Chicken Nuggets Green Beans Mixed Fruit Whole/Skim Milk	2 Sloppy Joe on WW Bun Baked Beans Diced Peaches Whole/Skim Milk
5 Baked Pork Chop Cajun Rice Dressing Sweet Pototo Casserole Diced Peaches	6 WW Grilled Cheese Sandwich Green Bean Diced Pears Whole/Skim Milk	7 Chicken & Sausage Jambalya Sweet Peas Fruit Cockail Whole/skim Milk	8 Beef Stew Steamed Rice Buttered Squash Pienapple	9 Breaded Fish Sticks WW Macaroni & Cheese Sweet Peas Tropical Fruit
12 Chicken and Sausage Gumbo Steamed Rice Buttered Corn' Diced Pears	13 WW Spaghetti w/ Meat Sauce Steamed Brocoli Fruit Cocktail Whole/Skiim Milk	14 Shrimp Stew w / Rice Green Beans Mandarin Orange Slices Whole/Skim Milk	15 BBQ Pork Baked Beans Buttered Diced Potatoes Pineapple Tidbits	16 Red Beans w/ Ham & Sausage Steamed Rice Green Beans Mixed Tropical Fruit
19 Meatloaf w/ Gravy Steamed Rice Sweet Peas Diced Pears	20 Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chunks	21 WW Pastalya w/ Pork & Sausage Sweet Potatos Tropical Fruit	22 All Beef Hot Dog w/ WW Bun Buttered Diced Potatos Mandarin Oranges Whole/Skim Milk	23 Chicken Stew Steamed Rice Brocoli & Cheese Casserole Fuit Cocktail
26 Shrimp Stew w/ Rice Glazed Carrots Pinapple Tidbits Whole/Skim Milk	27 Smothered Pork Chops Mashed Potatos Sweet Peas Applesauce	28 White Beans w/ Ham & Sausage Steamed Rice Buttered Squash / Sliced Pears	29 WW Chicken Nuggets Green Beans Mixed Fruit Whole/Skim Milk	30 Sloppy Joe on WW Bun Baked Beans Diced Peaches Whole/Skim Milk

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Ritz Bitz Cheese Crackers 100% Juice	2 Crackers Mozzarella String Cheese 100% Juice
5 WG Animal Cracker 100% Juice	6 Cheddar Cheese Its 100% Juice	7 WW Honey Graham Crackers 100% Juice	8 WG Cheddar Goldfish 100% Juice	9 WG Bean & Veggie Crackers 100% Juice
12 WG Vanilla Wafers 100% Juice	13 WG Tiger Bite Crackers 100% Juice	14 Crackers Mozzarella String Cheese 100% Juice	15 Ritz Bitz Cheese Crackers 100% Juice	16 WG Cheddar Cheese its 100% Juice
19 WG Animal Crackers 100% Juice	20 Cheddar Cheese Its 100% Juice	21 WW Honey Graham Crackers 100% Juice	22 WG Cheddar Goldfish 100% Juice	23 WG Bean & Veggie Carckers 100% Juice
26 WG Vanilla Wafers 100% Juice	27 WG Tiger Bite Crackers 100% Juice	28 WG Cheddar Cheese Its 100% Juice	29 Ritz Bitz Cheese Crackers 100% Juice	30 Crackers Mozzarella String Cheese 100% Juice

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