Rocking Horse Early Learning Center

Breakfast July 2024

2253 American Way Port Allen, LA 70767 225-749-4004 Info@RHELC.com TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
WW Waffle w/ Syrup	WW Buttered Biscuit	Dry Cereal	4	5
Sliced Peaches	Mixed Tropical Fruit	Fruit Cocktail		
Whole/Skiim Milk	Whole/Skim Milk	Whole/Skim Milk		
8	9	10	11	12
Creamy Oatmeal	WW French Toast Sticks	WW Cinamaon Toast	Breakfast Sausage	Dry Cereal
Mixed Tropical Fruit	Madarine Oranges	Mixed Fruit	Fruit Cocktail	Sliced Pears
Whole/Skim Milk	Whole/Skim Milk	Whole/Skim Milk	Whole/Skim Milk	Whole/Skim Milk
15	16	17	18	19
WW Pancakes	WW Buttered Toast	WW English Muffin	Brown Sugar/Cinnamon	WW Waffles w/ Syrup
Sliced Peaches	Mixed Fruit	Breakfast Sausage	Oatmeal	Fruit Cocktail
Whole/Skim Milk	Whole/Skim Milk	Diced Pears	Fresh Banana	Whole/Skim Milk
W-4		Whole/Skim Milk	Whole/Skim Milk	
	Lool		Loci	Lock
22	23	24	25	26
WW French Toast Sticks	Cheese Grits	WW Toast w/ Jelly	WW Cinnamon Biscuits	Breakfast Sausage
Slcied Peaches	Mixed Tropical Fruit	Fruit Cocktail	Sliced Pears	Mandarin Oranges
Whole/Skim Milk	Whole/Skim Milk	Whole/Skim Milk	Whole/Skim Milk	Whole/Skim Milk
29	30	31	1	
WW Waffle w/ Syrup	WW Buttered Biscuit	Dry Cereal		
Sliced Peaches	Mixed Tropical Fruit	Fruit Cocktail		
Whole/Skiim Milk	Whole/Skim Milk	Whole/Skim Milk		
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2253 American Way Port Allen, LA 70767 Lunch July 2024

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Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Meatloaf w/ Gravy	Oven Fried Fish	WW Pastalya w/ Pork &		
Steamed Rice	Garlic Mashed Potatoes	Sausage		
Sweet Peas	Lima Beans	Sweet Potatos		
Sliced Pears	Pineapple Chunks	Tropical Fruit		
8	9	10		12
Tuna Salad w/ WG Crackers	Smothered Pork Chops	White Beans w/ Ham &	WW Chicken Nuggets	Sloppy Joe on WW Bun
Glazed Carrots	Mashed Potatos	Sausage	Green Beans	Salad w Ranch Dressing
Pinapple Tidbits	Sweet Peas	Steamed Rice	Mixed Fruit	Sliced Peaches
Whole/Skim Milk	Applesauce	Buttered Squash / Sliced Pears	Whole/Skim Milk	Whole/Skim Milk
WHOIC/OKITI WIIIK	Applesauce	Buttered oquasiry oneed rears	WHOIC/ORITH WIIIR	WHOIC/CKITT WIIK
15	16	17	18	19
Baked Pork Chop	WW Grilled Cheese Sandwich	Chicken & Sausage Jambalya	Beef Stew	Breaded Fish Sticks
Cajun Rice Dressing	Green Beans	Sweet Peas	Steamed Rice	WW Macaroni & Cheese
Sweet Pototo Casserole	Sliced Pears	Fruit Cockail	Buttered Squash	Sweet Peas
Sliced Peaches	Whole/Skim Milk	Whole/skim Milk	Pienapple	Fresh Banana
22	23	24	25	26
Chicken and Sausage Gumbo	WW Spaghetti w/ Meat Sauce	Tuna Salad w/ WW Sliced	BBQ Pork	Red Beans w/ Ham & Sausage
Steamed Rice	Steamed Brocoli	Bread	Baked Beans	Steamed Rice
Buttered Corn'	Fruit Cocktail	Green Beans	Buttered Diced Potatoes	Green Beans
Sliced Pears	Whole/Skiim Milk	Mandarin Orange Slices	Pineapple Tidbits	Mixed Tropical Fruit
Sliced Feats	VVIIOIE/SKIIIII IVIIIK	Mandarin Orange Slices	Ріпеарріе Парії5	Mixed Tropical Ffult
29	30	31		
Meatloaf w/ Gravy	Oven Fried Fish	WW Pastalya w/ Pork &		
Steamed Rice	Garlic Mashed Potatoes	Sausage		
Sweet Peas	Lima Beans	Sweet Potatos		
Sliced Pears	Pineapple Chunks	Tropical Fruit		

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
WG Animal Crackers 100% Juice	Cheddar Cheese Its 100% Juice	WW Honey Graham Crackers 100% Juice	4	5
8 WG Vanilla Wafers 100% Juice	WG Tiger Bite Crackers 100% Juice	WG Cheddar Cheese Its 100% Juice	Ritz Bitz Cheese Crackers 100% Juice	Crackers Mozzarella String Cheese 100% Juice
WG Animal Cracker 100% Juice	Cheddar Cheese Its 100% Juice	WW Honey Graham Crackers 100% Juice	WG Cheddar Goldfish 100% Juice	WG Bean & Veggie Crackers 100% Juice
WG Vanilla Wafers 100% Juice	WG Tiger Bite Crackers 100% Juice	Crackers Mozzarella String Cheese 100% Juice	Ritz Bitz Cheese Crackers 100% Juice	WG Cheddar Cheese its 100% Juice
WG Animal Crackers 100% Juice	Cheddar Cheese Its 100% Juice	WW Honey Graham Crackers 100% Juice		