

# Rocking Horse Early Learning Center

2253 American Way  
Port Allen, LA 70767

## Breakfast

July 2025

225-749-4004  
Info@RHELC.com  
TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
	1 WW Buttered Biscuit Mixed Tropical Fruit Whole/Skim Milk	2 Dry Cereal Fruit Cocktail Whole/Skim Milk	3 Pancake on a Stick Mandarin Oranges Whole/skim Milk	4 Buttered Grits Fruit Cocktail Whole/Skim Milk
7 Creamy Oatmeal Mixed Tropical Fruit Whole/Skim Milk	8 WW French Toast Sticks Madarine Oranges Whole/Skim Milk	9 WW Cinamaon Toast Mixed Fruit Whole/Skim Milk	10 Breakfast Sausage Fruit Cocktail Whole/Skim Milk	11 Dry Cereal Sliced Pears Whole/Skim Milk
14 WW Pancakes Sliced Peaches Whole/Skim Milk W-4	15 WW Buttered Toast Mixed Fruit Whole/Skim Milk	16 WW English Muffin Breakfast Sausage Tropical Fruit Whole/Skim Milk	17 Brown Sugar/Cinnamon Oatmeal Diced Pears Whole/Skim Milk	18 WW Waffles w/ Syrup Fruit Cocktail Whole/Skim Milk
21 WW French Toast Sticks Slcied Peaches Whole/Skim Milk	22 Cheese Grits Mixed Tropical Fruit Whole/Skim Milk	23 WW Toast w/ Jelly Fruit Cocktail Whole/Skim Milk	24 WW Cinnamon Biscuits Sliced Pears Whole/Skim Milk	25 Breakfast Sausage Mandarin Oranges Whole/Skim Milk
28 WW Waffle w/ Syrup Sliced Peaches Whole/Skiim Milk	29 WW Buttered Biscuit Mixed Tropical Fruit Whole/Skim Milk	30 Dry Cereal Fruit Cocktail Whole/Skim Milk	31 Pancake on a Stick Mandarin Oranges Whole/skim Milk	

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individuals income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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**Lunch**  
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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chunks	2 WW Pastalya w/ Pork & Sausage Sweet Potatos Tropical Fruit	3 All Beef Hot Dog w/ WW Bun Buttered Diced Potatos Mandarin Oranges Whole/Skim Milk	4 Chicken Stew Steamed Rice Brocoli & Cheese Casserole Fuit Cocktail
7 Tuna Salad w/ WG Crackers Glazed Carrots Pinapple Tidbits Whole/Skim Milk	8 Smothered Pork Chops Mashed Potatos Sweet Peas Applesauce	9 White Beans w/ Ham & Sausage Steamed Rice Buttered Squash / Sliced Pears	10 WW Chicken Nuggets Green Beans Mixed Fruit Whole/Skim Milk	11 Sloppy Joe on WW Bun Baked Beans Sliced Peaches Whole/Skim Milk
14 Baked Pork Chop Cajun Rice Dressing Sweet Pototo Casserole Sliced Peaches	15 WW Grilled Cheese Sandwich Green Beans Sliced Pears Whole/Skim Milk	16 Chicken & Sausage Jambalya Sweet Peas Fruit Cockail Whole/skim Milk	17 Beef Stew Steamed Rice Buttered Squash Pienapple	18 Breaded Fish Sticks WW Macaroni & Cheese Sweet Peas Tropical Fruit
21 Chicken and Sausage Gumbo Steamed Rice Buttered Corn' Sliced Pears	22 WW Spaghetti w/ Meat Sauce Steamed Brocoli Fruit Cocktail Whole/Skiim Milk	23 Shrimp Stew w / Rice Green Beans Mandarin Orange Slices Whole/Skim Milk	24 BBQ Pork Baked Beans Buttered Diced Potatoes Pineapple Tidbits	25 Red Beans w/ Ham & Sausage Steamed Rice Green Beans Mixed Tropical Fruit
28 Meatloaf w/ Gravy Steamed Rice Sweet Peas Sliced Pears	29 Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chunks	30 WW Pastalya w/ Pork & Sausage Sweet Potatos Tropical Fruit	31 All Beef Hot Dog w/ WW Bun Buttered Diced Potatos Mandarin Oranges Whole/Skim Milk	

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## Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cheddar Cheese Its 100% Juice	2 WW Honey Graham Crackers 100% Juice	3 WG Cheddar Goldfish 100% Juice	4 WG Bean & Veggie Carckers 100% Juice
7 WG Vanilla Wafers 100% Juice	8 WG Tiger Bite Crackers 100% Juice	9 WG Cheddar Cheese Its 100% Juice	10 Ritz Bitz Cheese Crackers 100% Juice	11 Crackers Mozzarella String Cheese 100% Juice
14 WG Animal Cracker 100% Juice	15 Cheddar Cheese Its 100% Juice	16 WW Honey Graham Crackers 100% Juice	17 WG Cheddar Goldfish 100% Juice	18 WG Bean & Veggie Crackers 100% Juice
21 WG Vanilla Wafers 100% Juice	22 WG Tiger Bite Crackers 100% Juice	23 Crackers Mozzarella String Cheese 100% Juice	24 Ritz Bitz Cheese Crackers 100% Juice	25 WG Cheddar Cheese its 100% Juice
28 WG Animal Crackers 100% Juice	29 Cheddar Cheese Its 100% Juice	30 WW Honey Graham Crackers 100% Juice	31 WG Cheddar Goldfish 100% Juice	

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