

Rocking Horse Early Learning Center

2253 American Way
Port Allen, LA 70767

Breakfast
September 2026

225-749-4004
Info@RHELC.com
TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
	1 WW French Toast Sticks Madarine Oranges Whole/Skim Milk	2 WW Cinamaon Toast Mixed Fruit Whole/Skim Milk	3 Breakfast Sausage Fruit Cocktail Whole/Skim Milk	4 Dry Cereal Sliced Pears Whole/Skim Milk
7 WW Pancakes Diced Peaches Whole/Skim Milk W-4	8 WW Buttered Toast Mixed Fruit Whole/Skim Milk	9 WW English Muffin Breakfast Sausage Tropical Fruit Whole/Skim Milk	10 Brown Sugar/Cinnamon Oatmeal Diced Pears Whole/Skim Milk	11 WW Waffles w/ Syrup Fruit Cocktail Whole/Skim Milk
14 WW French Toast Sticks Diced Peaches Whole/Skim Milk W-1	15 Cheese Grits Mixed Tropical Fruit Whole/Skim Milk	16 WW Toast w/ Jelly Fruit Cocktail Whole/Skim Milk	17 WW Cinnamon Biscuits Diced Pears Whole/Skim Milk	18 Breakfast Sausage Mandarin Oranges Whole/Skim Milk
21 WW Waffle w/ Syrup Diced Peaches Whole/Skiim Milk W-2	22 WW Buttered Biscuit Mixed Tropical Fruit Whole/Skim Milk	23 Dry Cereal Fruit Cocktail Whole/Skim Milk	24 Pancake on a Stick Mandarin Oranges Whole/skim Milk	25 Buttered Grits Fruit Cocktail Whole/Skim Milk
28 Creamy Oatmeal Mixed Tropical Fruit Whole/Skim Milk W-3	29 WW French Toast Sticks Madarine Oranges Whole/Skim Milk	30 WW Cinamaon Toast Mixed Fruit Whole/Skim Milk		

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individuals income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Smothered Pork Chops Mashed Potatos Sweet Peas Applesauce	2 White Beans w/ Ham & Sausage Steamed Rice Buttered Squash / Sliced Pears	3 WW Chicken Nuggets Green Beans Mixed Fruit Whole/Skim Milk	4 Sloppy Joe on WW Bun Baked Beans Sliced Peaches Whole/Skim Milk
7 Baked Pork Chop Cajun Rice Dressing Sweet Pototo Casserole Diced Peaches	8 WW Grilled Cheese Sandwich Green Bean Diced Pears Whole/Skim Milk	9 Chicken & Sausage Jambalya Sweet Peas Fruit Cockail Whole/skim Milk	10 Beef Stew Steamed Rice Buttered Squash Pienapple	11 Breaded Fish Sticks WW Macaroni & Cheese Sweet Peas Tropical Fruit
14 Chicken and Sausage Gumbo Steamed Rice Buttered Corn' Diced Pears	15 WW Spaghetti w/ Meat Sauce Steamed Brocoli Fruit Cocktail Whole/Skiim Milk	16 Shrimp Stew w / Rice Green Beans Mandarin Orange Slices Whole/Skim Milk	17 BBQ Pork Baked Beans Buttered Diced Potatoes Pineapple Tidbits	18 Red Beans w/ Ham & Sausage Steamed Rice Green Beans Mixed Tropical Fruit
21 Meatloaf w/ Gravy Steamed Rice Sweet Peas Diced Pears	22 Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chunks	23 WW Pastalya w/ Pork & Sausage Sweet Potatos Tropical Fruit	24 All Beef Hot Dog w/ WW Bun Buttered Diced Potatos Mandarin Oranges Whole/Skim Milk	25 Chicken Stew Steamed Rice Brocoli & Cheese Casserole Fuit Cocktail
28 Shrimp Stew w/ Rice Glazed Carrots Pinapple Tidbits Whole/Skim Milk	29 Smothered Pork Chops Mashed Potatos Sweet Peas Applesauce	30 White Beans w/ Ham & Sausage Steamed Rice Buttered Squash / Sliced Pears		

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Afternoon Snack
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Monday	Tuesday	Wednesday	Thursday	Friday
	1 WG Tiger Bite Crackers 100% Juice	2 WG Cheddar Cheese Its 100% Juice	3 Ritz Bitz Cheese Crackers 100% Juice	4 Crackers Mozzarella String Cheese 100% Juice
7 WG Animal Cracker 100% Juice	8 Cheddar Cheese Its 100% Juice	9 WW Honey Graham Crackers 100% Juice	10 WG Cheddar Goldfish 100% Juice	11 WG Bean & Veggie Crackers 100% Juice
14 WG Vanilla Wafers 100% Juice	15 WG Tiger Bite Crackers 100% Juice	16 Crackers Mozzarella String Cheese 100% Juice	17 Ritz Bitz Cheese Crackers 100% Juice	18 WG Cheddar Cheese its 100% Juice
21 WG Animal Crackers 100% Juice	22 Cheddar Cheese Its 100% Juice	23 WW Honey Graham Crackers 100% Juice	24 WG Cheddar Goldfish 100% Juice	25 WG Bean & Veggie Carckers 100% Juice
28 WG Vanilla Wafers 100% Juice	29 WG Tiger Bite Crackers 100% Juice	30 WG Cheddar Cheese Its 100% Juice		

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