

# Summerton Fun Duck Run (FDR) 2019

## The Very Grueling 2nd Annual 0.5K Run/Walk

October 12, 2019

The FDR is a .5K (1640 feet) race specifically for those of us who aren't inclined, motivated, fit as a fiddle or for any other reason you can think of. If you are a serious runner you've come to the wrong event as this will be a very, tongue-in-cheek, race.

### **Nitty Gritty Details**

FDR will start at 9:00 am at the corner of Main & N. Cantey in Summerton, SC. The run will head south to S. Cantey & turn left onto Cantey Sprott, run up the little hill (I know the hill will take out some of ya'll) turn left onto S. Dukes and then left again on Main St to the finish line at Ridgeway Park.

Approximately halfway thru the course, racers (and I use the term loosely) will find a first aid, cooling off & refreshment station. Here we will serve sweet tea, coffee, and donuts. Oxygen, blood pressure checks and other medical checks will be available. Lounge chairs & fans will be set out for those who need to rest up for the final leg of the race.

After, a sure to be, down to the wire finish, a photo op area will be set up for selfies and or bragging rights photos.

### **Registration and Goodies**

The registration cost is \$25.00 per person and with that you get an almost professionally designed T-shirt, participation medal and a great looking .5k oval shaped car sticker. If you want to wear the shirt on race day you must register before September 30. Registrations after that date will need to pick up their shirt 2-3 weeks after the event. Please make checks payable to Summerton Duckfest Fun Run.

Come dressed for fun! Costumes are encouraged.

Join us for what is sure to be a race to remember, at least for the rest of the day anyway.

## **Proceeds go to Camp Happy Days and Duckfest.**

Follow us on Facebook at SummertonDuckfest and [www.duckfestfun.com](http://www.duckfestfun.com)

### **FUN DUCK RUN ENTRY FORM, PLEASE PRINT LEGIBLY**

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

SHIRT SIZE (circle one) **Youth** S M L **Adults** SM M L XL 2XL

### **Waiver (MUST BE SIGNED)**

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Parent or Guardian if under 18** \_\_\_\_\_