



Bogdan Marta, Reiki Master

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INFORMED CONSENT FOR REIKI

Reiki Treatment Positions (Hands-on or Floating)

Please note that my Reiki practice is generally a hands-on healing practice. While there is a protocol of hand positions, I also work intuitively as to where to place my hands and which hands positions to use. If, at any time, you are uncomfortable, I can switch positions, or use the floating hands method. Should you desire to alternate positions during the treatment, please feel free to ask me to do so.

Special requests or comments for hands-on or floating

e.g. Please use hand-on entire body, please use floating hands over pelvis etc.

Before your session, please read over the following:

What is Reiki?

The Usui System of Reiki Healing is a palms-on healing practice. Reiki is an ancient laying-on-of-palms healing technique that uses the Universal life force energy to balance the subtle energies within our bodies and to heal. Reiki practitioners act as a conduit or channel through which Reiki energy travels. The intended result of receiving Reiki is a balanced physical, mental, emotional, and spiritual being. Reiki is being used today in clinics and hospitals all over the world to support health, wellness and transition.

What happens during a Reiki treatment?

Your Reiki practitioner will lay his hands on your body in a series of hand positions to deliver Reiki energy. A Reiki session generally covers first your head then the front of your body and finally the back of your body. If the reclined position is uncomfortable, Reiki can be performed while you sit in a chair.

*I understand that Reiki is a relaxation and stress reduction technique. I acknowledge that the purpose of the sessions is to help me **relax and to relieve stress**. Reiki practitioners do not diagnose conditions, nor do they prescribe substances or perform medical treatment, nor interfere with the treatment of a licensed medical professional and are not licensed by the state of Michigan. Reiki is not a replacement for traditional medical treatment.*

I also understand that Reiki is an energetic healing methodology, which involves the laying on of hands. I understand that I will be fully clothed during the session, and experience a series of hand positions on and/or above my body.

Having read, completed and understood the foregoing, I request to receive Reiki. I understand that my practitioner is providing Reiki for me at my request, and is not responsible for the outcome of the Reiki session. I agree to hold Bogdan Marta harmless for any intended or unintended result.

Client's Signature

Client's Name

Date

Phone #

E-mail address