

**Kindness
and
Trust**
Can change
someone's
life

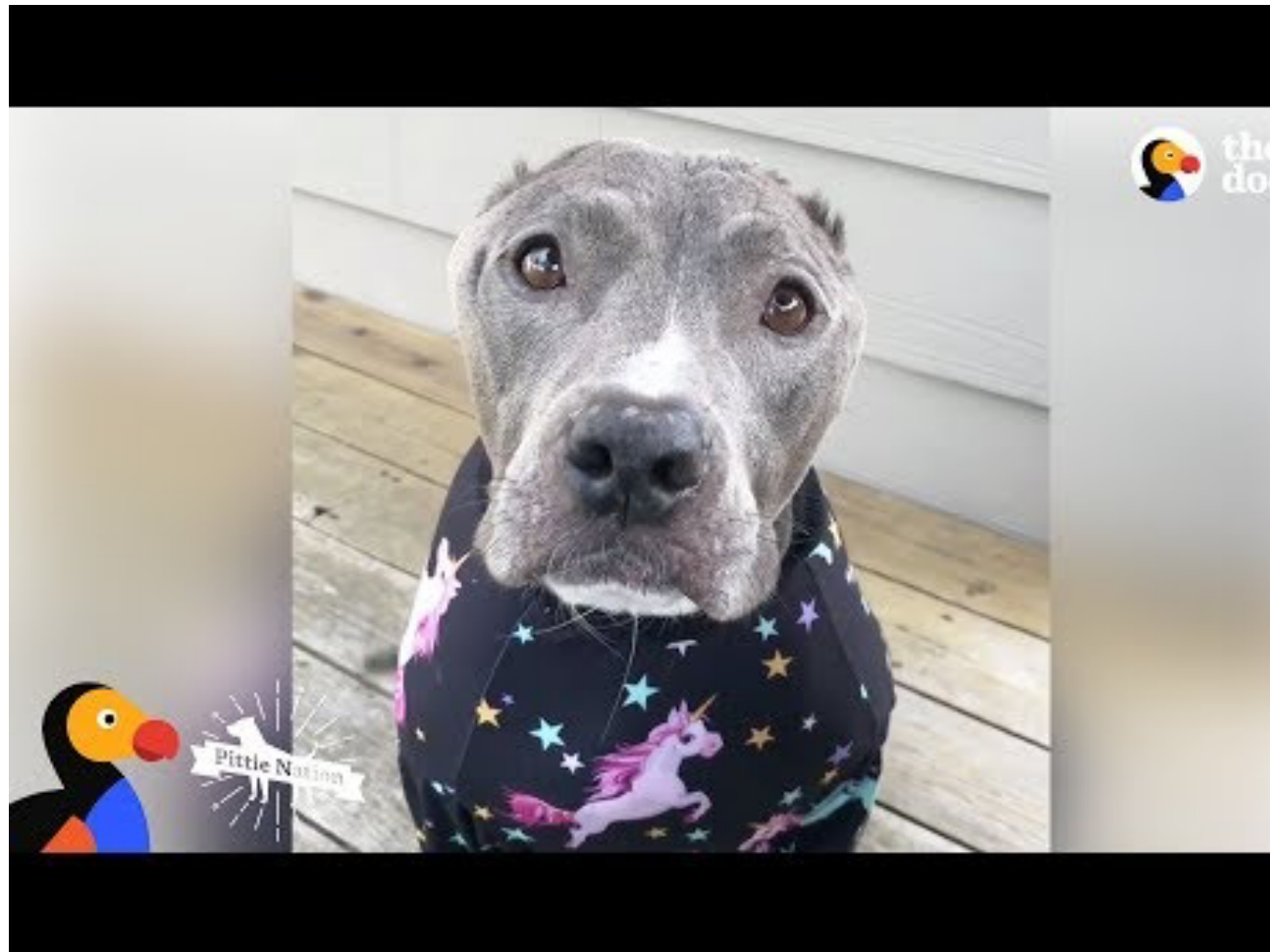
MEET CALISTA



before



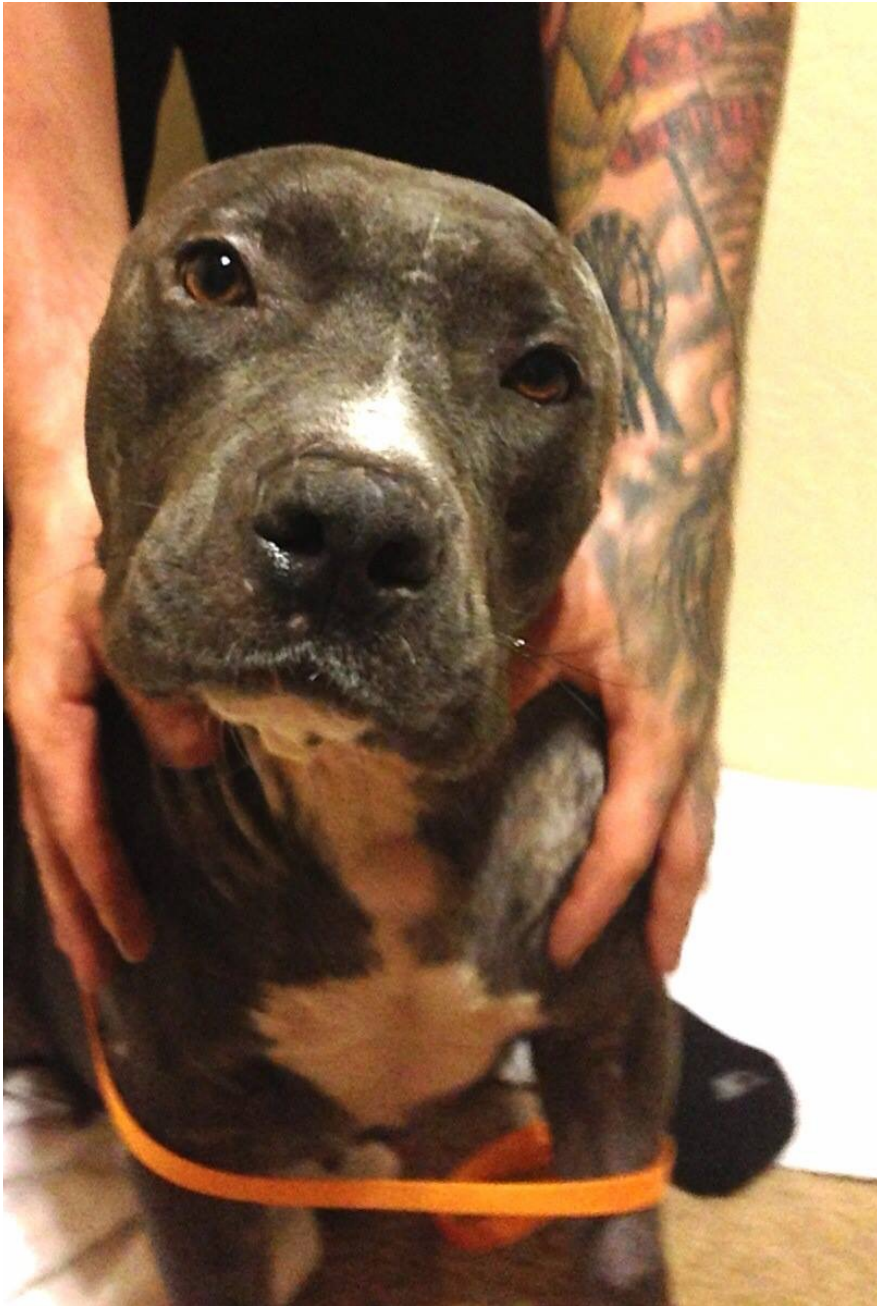
after



<https://www.youtube.com/watch?v=V1dJMhyqXzc&t=1s>

Learning to Trust





Making Friends

What do animals that are mistreated like Calista dream of?



  calistathepitbull



Friendship, kindness,
safety, belonging

What does a person who is lonely or being bullied dream of?



Friendship, kindness, safety,
belonging



Everyone wants to be treated with Kindness. If you see someone that needs kindness, BE KIND.

Be someone that others can trust!!



Your turn:
How can you use
Calista's Lesson
to...

- Help an animal?
- Help a person in your community?
- Help yourself?

